# Student Handbook Counseling Psychology Program

# 2022-2023

Accredited by the American Psychological Association (APA) since 1954

APA Office of Program Consultation and Accreditation 750 First Street NE Washington, DC 20002-4242 (202) 336-5979

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**College of Liberal Arts & Sciences** Department of Psychology 114 Psychology Building PO Box 112250 Gainesville, FL 32611-2250 TEL: (352)-392-0601 FAX: (352)-392-7985

Dear Counseling Psychology Student:

Greetings! On behalf of the faculty and students of UF's Counseling Psychology Doctoral Training Program, I am delighted to welcome you to our program community. This Handbook provides students with information needed for successful completion of the program. Included in this Handbook are procedures, policies, guidelines, and regulations of the Program, as well as relevant policies of the Department of Psychology and the University of Florida. The Handbook is intended to (a) assist students in planning each phase of their studies; (b) familiarize students with the Program's policies, expectations, and standards; and (c) assist faculty in advising students in ways that apply the Program's policies systematically and fairly. Students and faculty members frequently refer to the Handbook, especially while and in anticipation of completing important Program milestones. New students should devote considerable time to reading the Handbook carefully.

The Program Handbook is revised periodically. However, generally those changes affect incoming, not current, students. Though rare, exceptions may occur, for example, when curricular changes are instituted in response to critical changes in professional standards or accreditation requirements The Handbook version in the year students were admitted governs their time in the program. If a policy is implemented after the admission-year version of the Handbook, students will not need to conform to that policy, with rare exceptions noted earlier, but students may *choose* to conform to new policies. Therefore, students should retain a copy of and rely primarily on the Handbook version from the year they were admitted. To be informed of Handbook revisions, students may also want to consult the most recently updated Handbook, which is available on the Program website. Recommendations for clarifications in program policies and procedures, or suggestions for improving this Handbook should be submitted to the Training Director.

Additional information about graduate curriculum or institutional policies and procedures may be obtained from the Department of Psychology Graduate Degree Regulations (also called Graduate Handbook) available on the Psychology Department website (<u>http://www.psych.ufl.edu/</u>), as well as the University of Florida Graduate Catalog or the University of Florida Graduate Student Handbook both of which are available from the UF Graduate School web site <u>http://graduateschool.ufl.edu/</u>).

The Counseling Psychology Program's faculty members hope this Handbook is useful and that your time in this Program will be both educational and fulfilling. Again, let me welcome you to the Program. I wish you continued success.

Martin Heesacker, Ph.D. Training Director Counseling Psychology Doctoral Training Program Please attest to the fact that you have carefully and completely read the Handbook

## Signature Requirement

Student name: \_\_\_\_\_

Student signature: \_\_\_\_\_Date: \_\_\_\_\_

# **Mission Statements**

## **Counseling Psychology Program Mission Statement**

The Counseling Psychology Program at the University of Florida is dedicated to advancing psychological science and practice that are informed by each other, emphasize human strengths, and utilize and value individual, developmental, contextual, and multicultural perspectives, and to promoting scholarly inquiry, advancing the field of counseling psychology, and improving the quality of people's lives.

## **Department of Psychology Mission Statement**

The Department of Psychology at the University of Florida is dedicated to the pursuit of excellence in the generation of psychological science and to its application and dissemination.

## **College of Liberal Arts and Sciences Mission Statement**

The College of Liberal Arts and Sciences constitutes the intellectual core of the university. Its principal mission is to lead the academic quest to understand our place in the universe and to help shape our society and environment. More specifically, the College pledges to devote this understanding to the fulfillment of the American Creed by earnest endeavor to ensure equitable access to inclusion and development for all its present and prospective citizens, mindful of reflecting and drawing strength from our rich heritage of racial, ethnic and gender diversity. Through teaching, research and service, the College continually expands our knowledge and practice in the most fundamental questions in the arts, humanities, social sciences, and natural and mathematical sciences.

At the undergraduate level, students acquire an intellectual foundation based on a well-rounded and comprehensive education designed for an increasingly technological and rapidly changing society. At the graduate level, students master a specialized body of knowledge and pursue original research under the guidance of outstanding faculty.

As a public institution, the College serves society through its research programs to advance our knowledge and capabilities, through its teaching to prepare tomorrow's leaders, and through its outreach programs to insure dissemination of the state of the art in areas ranging from aging, child development, and ethics, to environmental science, genetics and high energy physics. The College captures the brightest ideals of intellectual inquiry and human values mirrored in society, and remains ever conscious that it must represent and reflect all segments of society to remain the intellectual core of the university.

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## Introduction

The University of Florida is the oldest and largest university in the State of Florida. It is a member of the Association of American Universities, the organization comprised of the top public and private institutions in North America. The University of Florida is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools, one of the six regional accrediting bodies recognized by the Council on Post-Secondary Accreditation. Because the University has a broad range of graduate academic programs and professional schools (e.g., medicine, dentistry, veterinary medicine, business administration, education and law), it is the largest university in the Southeast both in terms of number of departments and number of students. Additional information about the University of Florida is available at <u>www.ufl.edu</u>.

The Counseling Psychology Graduate Training Program at the University of Florida is one of five graduate programs offered in the Department of Psychology; the other programs in the Department of Psychology are Behavior Analysis, Behavioral and Cognitive Neuroscience, Developmental, and Social. The Counseling Psychology Program is accredited by the American Psychological Association (APA). The Program's faculty is comprised of faculty members with primary or joint appointments in the Department of Psychology, clinical faculty members with primary appointments in the University's Counseling and Wellness Center, and affiliate faculty in other units, such as Clinical and Health Psychology. For additional information, please visit the following related links.

- Counseling Psychology http://www.psych.ufl.edu/co
- Department of Psychology www.psych.ufl.edu
- College of Liberal Arts & Sciences
   www
- American Psychological Association www.ap
- UF Counseling and Wellness Center www.cou

## Philosophy

Following are the six core beliefs that constitute the education and training philosophy of the Counseling Psychology Program:

- There is an inseparable relationship between science and practice in the field of counseling psychology such that science informs practice and practice informs science.
- Training in counseling psychology should include an emphasis on learning to conduct and report scholarly research.
- Training in counseling psychology should include an emphasis on learning to conduct effective interventions, which are facilitated by considering the biological, social, environmental, relational, cultural and other system variables that affect clients' lives.
- The use of a developmental approach provides the context for considering the full range of adjustment issues and psychological disorders that constitute the professional practice of counseling psychology.
- Training in counseling psychology should progress in an organized, gradual, and sequential fashion.
- It is important to promote the professional development of counseling psychology students.

http://www.psych.ufl.edu/coun/ www.psych.ufl.edu www.clas.ufl.edu www.apa.org www.counseling.ufl.edu/cwc/

## **Training Model**

The Counseling Psychology Program at the University of Florida adheres to a generalist, scientistpractitioner training model that emphasizes education and training in the integration of theory, scientific thinking, assessment, research, and practice. This training model conceptualizes science and practice as inseparable and thus promotes practice that is science-based and science that is informed by practice. Furthermore, this training model promotes science and practice that consider individual, developmental, multicultural, and contextual perspectives and that emphasize human strengths with attention to aspects of psychopathology. A dedication to psychological science is essential.

## **Program Commitment to Diversity and Social Justice**

The Counseling Psychology Program at the University of Florida is a multicultural and diverse community. As members of the Counseling Psychology community, we strive to learn from each other in an atmosphere of positive engagement and mutual respect. To this end, the program endorses, and our training reflects, the APA Board of Educational Affairs Statement on Preparing Professional Psychologists to Serve a Diverse Public (see Appendix A of the Student Handbook). Students in the program are required to read this statement and confirm that they will abide by it, and they are evaluated accordingly.

Our commitment to diversity and social justice means that we strive to attend to issues of power, privilege, and oppression in courses, research, clinical practica, and professional service. In these efforts, we are guided by feminist and multicultural principles summarized by Goodman et al. (2004) as a useful compass for social justice work in counseling psychology. These principles are:

- 1. Ongoing self-examination, including vigilance regarding power dynamics and the assumptions and values underlying our views, goals, and commitments.
- 2. Sharing power, including transparency about power differences, engaging in collaborative processes when appropriate, and fostering the power of marginalized individuals and groups.
- 3. Amplifying and attending to the voices and experiences of groups and individuals with relatively less power.
- 4. Consciousness raising by attending to how individual or group difficulties may be shaped by political, societal, institutional, interpersonal, and other contextual power dynamics.
- 5. Focusing on people's strengths and engaging these strengths to address challenges, including working toward social change.
- 6. Promoting self-determination with the people we work with by developing tools that are informed by the needs and experiences of the constituent communities.

We acknowledge that the vision and principles articulated above are not achieved completely by any individual or training experience. Rather, this vision and the principles guide our shared responsibility for ongoing efforts to enact our commitment to diversity and social justice in our professional work.

For further detail, see Goodman, Liang, Helms, Latta, Sparks, & Weintraub (2004). Training counseling psychologists as social justice agents: Feminist and multicultural principles in action. *The Counseling Psychologist, 32,* 793-837.

#### **Relevant APA Guidelines, Codes, & Policies**

The following are ethical codes and guidelines adopted as policy by the American Psychological Association. As an APA-accredited program, we require our students to abide by these codes and guidelines.

- Ethical Principles of Psychologists and Code of Conduct (<u>http://www.apa.org/ethics/code/index.aspx</u>);
- APA Guidelines for Assessment of and Intervention with Persons with Disabilities (<u>http://www.apa.org/pi/disability/resources/assessment-disabilities.aspx</u>);
- APA Guidelines on Multicultural Education, Training, Research, Practice, and Organizational Change for Psychologists (http://www.apa.org/pi/oema/resources/policy/multicultural-guidelines.aspx);
- APA Guidelines for Psychological Practice with Girls and Women (https://www.apa.org/about/policy/psychological-practice-girls-women.pdf);
- APA Guidelines for Psychological Practice with Older Adults (http://www.apa.org/practice/guidelines/older-adults.pdf);
- APA Guidelines for Psychotherapy with Lesbian, Gay, and Bisexual Clients (<u>http://www.apa.org/pi/lgbt/resources/guidelines.aspx</u>). These standards and guidelines apply to all aspects of professional behavior, including (but not limited to) the practice of counseling and psychotherapy, supervision, teaching, classroom behavior, research, consultation, and collegial relations.

## **Training Goals**

The Program has three major goals, all of which are consistent with its mission, philosophy, and training model. These goals are as follows:

- To prepare students to become generalist counseling psychologists who (a) have a broad knowledge of scientific psychology, (b) engage in science-based conceptualization, assessment, and treatment of human problems utilizing individual, developmental, contextual, and multicultural perspectives, and (c) emphasize human strengths and appreciate the full range of human potential and vulnerability in their work.
- To prepare students to be counseling psychologists who can evaluate the efficacy of their interventions and who can conduct, evaluate, synthesize and report culturally sensitive and scholarly psychological research that informs and is informed by the practice of counseling psychology.
- To prepare students to be counseling psychologists who engage in professional problem solving, leadership, and professional activities that advance the field of counseling psychology.

## **Counseling Psychology Faculty**

## **Core Faculty**

### Roberto Abreu, Ph.D. (University of Kentucky, 2018).

Assistant Professor of Psychology

Interests: Impact of systemic oppression on the well-being of Black, Indigenous, and People of Color (BIPOC) and queer communities. Unpacking how Latinx communities use cultural values, beliefs, and historical events to affirm queer people. Culturally-affirming interventions to promote *bienestar colectivo* (collective well-being).

## Ryan Duffy, Ph.D. (University of Maryland, College Park, 2009)

Professor of Psychology Interests: Vocational psychology, calling and its impact on academic/work/well-being outcomes, work volition and constraints, the psychology of working.

## Martin Heesacker, Ph.D. (University of Missouri-Columbia, 1983)

Professor of Psychology Interests: Under-studied group biases, gender and emotion, attitude change in counseling, interface of social and counseling psychology

## Laurie Mintz, Ph.D. (The Ohio State University, 1987)

Professor of Psychology Interests: The efficacy of bibliotherapy, with a special focus on the efficacy of bibliotherapy for sexual disorders and concerns

#### Bonnie Moradi, Ph.D. (University of Akron, 2001)

Professor of Psychology

Interests: Minority stressors (e.g., experiences of discrimination) and collective identity, their associations with health and well-being for women, racial/ethnic minority, sexual minority, and other minority populations, and the intersections of multiple forms of minority stressors and identities,

## Anne Zhou, Ph.D.

Assistant Professor of Psychology

Interests: Minority/marginalized health disparities particularly regarding mental health service use, mental health service gap, barriers to mental health treatment, mental health stigma, mental health literacy

## **Emeritus and Former Faculty**

Della Mosley, Ph.D. (University of Kentucky, 2018).

Carolyn M. Tucker, Ph.D. (State University of New York at Stony Brook, 1976), Professor Emeritus
Gregory J. Neimeyer, Ph.D. (University of Notre Dame, 1981), Professor Emeritus
Franz R. Epting, Ph.D. (The Ohio State University, 1967), Professor Emeritus
Harry A. Grater, Ph.D. (Pennsylvania State University, 1958), ABPP, Professor Emeritus
Dorothy D. Nevill, Ph.D. (University of Florida, 1971), Professor Emeritus
Kenneth G. Rice, Ph.D. (University of Notre Dame, 1990), Professor, Georgia State University
Dorothy L. Espelage, Ph.D. (University of Indiana, 1997), Professor, UNC-Chapel Hill

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#### **Clinical and Affiliate Faculty**

Julie Abrams-Bernier, Ph.D.\* Patricia Ashton, Ph.D. Jeffrey Bates, Ph.D. Beverly Brady, Ph.D.\* Felicia Brown, Ph.D.\* Charles Byrd, Ph.D. Analesa Clarke, Ph.D.\* Ernesto Escoto, Ph.D.\* Brian Ess, Ph.D.\* Natalie Fala, Ph.D. Jamie R. Funderburk, Ph.D.\* Julie Graber, Ph.D. Anthony F. Greene, Ph.D.\* Janet Greene, Ph.D. Anyaliese Hancock-Smith, Ph.D. Michael Herkov, Ph.D. Jamie Jasser, Ph.D. Marshall Knudson, Ph.D. Alvin Lawrence, Ph.D.\* Carol Lewis, Ph.D.

Michael Marsiske, Ph.D. Ali Martinez, Ed.S. Natasha Maynard-Pemba, Ph.D.\* Melanie Nelson, Ph.D. William Perlstein, Ph.D. Joseph P. McNamera, Ph.D. Lisa J. Merlo, Ph.D. Jason Pickren, Ph.D. James Probert, Ph.D.\* Zully Rivera-Ramos, Ph.D.\* Monica Rosier, Ph.D. Brian Shaw, Ph.D.\* Gavin Shoal, Ph.D. Colin Smith, Ph.D. Jennifer Stuart, Ph.D.\* Suna Uzun, Ph.D. Alisha Wray, Ph.D. Lisa Winn, Ed.S.

\*Clinical Faculty in the Department of Psychology with primary appointments in the University of Florida Counseling and Wellness Center.

# **Academic Advising and Related Information**

## Advisor

Each student is assigned a faculty advisor who is responsible for facilitating initial registration and who serves as a resource person until the student's supervisory committee is formed and approved.

## **Supervisory Committees**

Students should form their Master's and Doctoral Supervisory Committees in consultation with their advisor. Depending on the student's pursuit of a Master's Degree or a Master's Equivalency (described later in this handbook), a Master's or Doctoral Supervisory Committee must be formed no later than the end of the student's second semester in the Program and before completing 12 or more credits.

Master's Committee Composition

- 1. At least three committee members
- 2. At least two members of the Counseling Psychology core area faculty
- 3. One member from another department OR a member from Psychology but not Counseling Psychology
- 4. Chairperson, a member of the Counseling Psychology core area faculty, who is generally the students' advisor
- 5. At least one member who has a full-time appointment budgeted in the Department of Psychology
- 6. All members should have Graduate Faculty status. Students can petition the Graduate Dean for an exception to this requirement by requesting a Special Appointment for the member without Graduate Faculty status.

#### Doctoral Committee Composition

- 1. At least four committee members
- 2. Chairperson, and at least one additional member in Counseling Psychology. The Chairperson or the additional member must be from the core area Counseling Psychology faculty.
- 3. At least one member from another department to serve as the "external" member. Faculty members holding affiliate or clinical appointments in Psychology may not serve as the "external" member
- 4. At least one member from Psychology but not Counseling Psychology core area faculty
- 5. At least one member must hold a full-time appointment budgeted in the Department of Psychology
- 6. All four members should have Graduate Faculty status. However, except for the "external" committee member, students can petition the Graduate Dean for an exception to this requirement by requesting a Special Appointment for the member without Graduate Faculty status.

#### Committee Approval and Changes

Committees must be approved by the Counseling Psychology Area/Training Director, the Graduate Coordinator, and the Department Chair. Changes in committee membership will usually be approved by the Graduate Coordinator only with the prior approval of members of the original committee. Changes in committee membership are not permitted during the semester of graduation, except by petition.

## Student-Advisor Match, Research Collaborations, and Changing Advisors

The student-advisor match is made based upon information gathered through the admissions process and typically reflects a match in the research and professional interests of the student and the advisor. Often (but not always), these matches endure throughout the student's program of study such that the initial advisor serves as the Chair of the student's Master's and Dissertation Supervisory Committees and collaborates with the student beyond these roles as well.

The student-advisor match is an important source of mentoring and training for students, but additional mentoring and collaborative relationships with other faculty and students are encouraged as well. Specifically, students are encouraged to pursue research and professional collaborations with both their advisors and their research teams, and with other faculty, students, and research teams. Please consult the faculty directory on the Department of Psychology Website (http://www.psych.ufl.edu) for an up-to-date description of faculty research programs.

Student-advisor changes are often an appropriate part of graduate training and development. Studentadvisor changes can occur for a variety of reasons (e.g., changes in the interests, goals, or needs of the student; divergence in style, organization, or other approaches; faculty member moves, retirement, or other role changes). When the desire or need for student-advisor transition arises, the Program is committed to facilitating the student-advisor transition and will make an advisor available to each student. The proceeding steps are used to facilitate student-advisor transitions:

Note: In all of the proceeding steps, if the area/training director's advisees wish to transition to another faculty advisor, the students shall contact a designated Program faculty member for this purpose. For the academic year 2022-2023, the designated faculty member is Dr. Sarah McConnell

- 1. Identifying a new student-advisor match
  - a. If the student already has a collaborative relationship with a faculty member who has agreed to serve as the student's new advisor, the student can move to step 2.
  - b. If a student prefers assistance with identifying a new advisor, the student can inform the area/training director of this request in writing. At this stage, it is also helpful to inform the area/training director of the new advisor possibilities that the student is interested in exploring, and any preparatory steps the student has taken to explore new advisor matches (e.g., researched faculty interests, inquired about other graduate students' experiences with their advisors). The area/training director will then contact the area faculty to identify one or more options for a new advisor and subsequently will present the option(s) to the student. The student then pursues discussions with potential advisors about professional interests, goals, and styles to identify an optimal match among the possible options.
  - c. In the event that the need for an advisor transition arises from a faculty member moving or changing roles, that faculty member and the area/training director will work together to initiate the aforementioned process; the student may also initiate this process in such circumstances.
- 2. Facilitating and implementing the transition with the current advisor
  - a. Once a new student-advisor match is identified and agreed upon by the student and new advisor, the student and new advisor inform the area/training director. The area/training director then arranges a "transition facilitation meeting" that will include the current advisor,

new advisor, and area/training director. The student may also choose to attend this meeting. The purposes of this meeting are to assess (a) the student's needs in implementing the transition, (b) develop a plan for the completion of projects and responsibilities between the current advisor and student, and (c) transfer any relevant information and resources to the new advisor. In the event that the student does not attend this meeting, the area/training director and the new advisor will follow-up with the student regarding these points.

- b. The area/training director will notify the area faculty of this meeting.
- c. The student will submit the appropriate forms for establishing or changing the supervisory committee.

## **Supervisory Committee Appointment Form**

Department of Psychology

College of Liberal Arts & Sciences at The University of Florida

NOTE: Use this form to establish or make changes to your Supervisory Committee for either a Master's or Ph.D. degree.

#### STUDENT INFORMATION

Name:		UFID:
Area of Study:		Anticipated Graduation:
Degree:Master of Science	Ph.D.	This is for a:new committeecommittee change
Master's degree options (select one):	Thesis	Non-ThesisThesis Equivalency

#### **COMMITTEE INFORMATION**

The Supervisory Committee is the official committee of Graduate Faculty designed to plan a student's program, guide and evaluated the student's progress, and direct their research. To form a committee, the student selects a member of the Psychology Graduate Studies Faculty who agrees to serve as the Chair of the student's Committee. Together, the Chair and student recommend other members to the appropriate Training Director and the Graduate Coordinator, who normally approve the recommendation for the Department.

**Master of Science:** In general, a student's Supervisory Committee should be established before the student completes 12 credits. Thesis and non-thesis committees should consist of at least two members of the Psychology Graduate Studies Faculty and either a faculty member from another department or a Psychology faculty member whose research area is different than that of the student. Thesis Equivalency committees must meet member guidelines for the Ph.D. committee.

**Ph.D.:** This committee must be appointed the semester following completion of the M.S. program or within two semesters after entering the Ph.D. program with an M.S. degree. Committees should consist of three Psychology Graduate Studies Faculty members and an external member. The Chair and at least one other committee member should be in the student's specialization area and one member should be from an area different than that of the student. Faculty members and an external member. The Chair and at least one other should be in the student area and one member should be from an area different than that of the student's specialization area and one member should be from that of the student.

	Name	UFID	Department
Committee Chair:			
Co-Chair (if applicable):			
Member:			
Member:			
Member:			
External Member:			

#### APPOINTMENT AUTHORIZATION

Area Director Signature

Date

Revised 5/13/2011

## **Evaluation Policies and Procedures**

Below describes the three areas of which students are evaluated upon on a yearly basis and in order to graduate the program.

#### **Interpersonal Competencies**

The following policy is from the American Psychological Association Student Competence Task Force of the Council of Chairs of Training Councils (CCTCT) on December 4, 2003 and is the governing policy for the UF Counseling Psychology training program's evaluation of student interpersonal competencies

Students in psychology training programs (at the masters, doctoral, internship, and postdoctoral level) should know – at the outset of their training – that their faculty, training staff, and supervisors have a professional, ethical, and potentially legal obligation to: (a) evaluate the interpersonal competence and emotional well-being of student trainees who are under their supervision and who provide services to clients and consumers, and (b) ensure – insofar as possible – that the trainees who complete their programs are competent to manage future relationships (e.g., client, collegial, professional, public, scholarly, supervisory, teaching) in an effective and appropriate manner. Because of this commitment, professional psychology training programs strive to not "pass along" students with issues or problems (e.g., cognitive, emotional, psychological, interpersonal, technical, and ethical) that may interfere with professional competence to other programs, the profession, employers or the public at large.

Therefore, within a developmental framework and with due regard for the inherent power differences between student and faculty, students and trainees should know that their faculty, training staff and supervisors will evaluate their competence in areas other than coursework, seminars, scholarship, comprehensive examinations, or related program requirements. These evaluative areas include, but are not limited to, demonstration of sufficient:

- (a) interpersonal and professional competence (e.g., the ways students relate to diverse individuals, groups, and organizations including clients, peers, faculty, staff, allied professionals and the public)
- (b) self-awareness, self-reflection, and self-evaluation (e.g., knowledge of the content and the potential impact of one's own beliefs and values on diverse individuals, groups, and organizations including clients, peers, faculty, staff, allied professionals and the public).
- (c) openness to processes of supervision (e.g., the ability and willingness to explore issues that interfere with the appropriate provision of care or impede the professional development or functioning); and
- (d) resolution of problems or issues that interfere with professional development or functioning in a satisfactory manner (e.g., by responding constructively to feedback from supervisors or program faculty; by participating in personal therapy in order to resolve problems or issues).

Please note that the four evaluative areas listed above overlap with the APA Board of Educational Affairs Statement on Preparing Professional Psychologists to Serve a Diverse Public. As detailed below, student evaluations will take into account both adherence to the APA Board of Educational Affairs Statement and these four evaluative areas listed above. Thus, annual progress reviews for students in the counseling psychology program include not only consideration of academic

performance and the meeting of program milestones, but also reviews of personal attributes that reflect upon students' ability to function effectively and ethically as professional counseling psychologists. Such comprehensive evaluation is implemented in the Counseling Psychology Doctoral Training Program through a number of specific mechanisms, occurring at various points in a student's training, which are described below.

#### **Profession Wide Competencies**

Note: Course passed = grade better than C+; Qualifying question passed = Total score of 9 or higher

#### 1. Research

#### Competencies

Trainees are expected to:

- a. Demonstrate the substantially independent ability to formulate research or other scholarly activities (e.g., critical literature reviews, dissertation, efficacy studies, clinical case studies, theoretical papers, program evaluation projects, program development projects) that are of sufficient quality and rigor to have the potential to contribute to the scientific, psychological, or professional knowledge base;
- b. Conduct research or other scholarly activities; and
- c. Critically evaluate and disseminate research or other scholarly activity via professional publication and presentation at the local (including the host institution), regional, or national level.
- d. FOR INTERNS: Demonstrate the substantially independent ability to critically evaluate and disseminate research or other scholarly activities (e.g., case conference, presentation, publications) at the local (including the host institution), regional, or national level.

#### **Minimum Thresholds for Achievement**

#### By End of Program

- a. PCO 6931 Counseling Psychology History and Contemporary Issues course passed. This course exposes students to research in counseling psychology. Students also complete a research proposal in this course designed to help students learn about the entire research process.
- b. Masters thesis/equivalency defended
- c. Research Qualifying Exam question passed
- d. Dissertation Defended
- e. Submitted journal article

#### OR

- f. Presented 1 conference paper
- g. Presented 2<sup>nd</sup> conference paper (or more)

#### Yearly Evaluation

 $a. \ \ Practicum/Advanced \ Practicum(s) \ evaluations \ meet \ competency-Research/Science$ 

b. Satisfactory evaluation by program faculty

#### 2. Ethics and legal standards

#### Competencies

Trainees are expected to be knowledgeable of and act in accordance with each of the following:

- a. The current version of the APA Ethical Principles of Psychologists and Code of Conduct;
- b. Relevant laws, regulations, rules, and policies governing health service psychology at the organizational, local, state, regional, and federal levels;
- c. Relevant professional standards and guidelines;
- d. Recognize ethical dilemmas as they arise, and apply ethical decision-making processes in order to resolve the dilemmas; and
- e. Conduct self in an ethical manner in all professional activities.

#### **Minimum Thresholds for Achievement**

#### **By End of Program**

- a. PCO 7217 Professional Ethics and Skills (Pre-Practicum) course passed. This course exposes students to the current ethics code and incorporates exercises where they work through ethical dilemmas using decision making models.
- b. Ethics Qualifying Exam question passed

#### Yearly Evaluation

- a. Practicum/Advanced Practicum(s) evaluations meet competency Ethical and Legal standards
- b. Satisfactory evaluation by program faculty

#### 3. Individual and cultural diversity

#### Competencies

Trainees are expected to:

- a. Demonstrate an understanding of how their own personal/cultural history, attitudes, and biases may affect how they understand and interact with people different from themselves;
- b. Demonstrate knowledge of the current theoretical and empirical knowledge base as it relates to addressing diversity in all professional activities including research, training, supervision/consultation, and service;
- c. Demonstrate the ability to integrate awareness and knowledge of individual and cultural differences in the conduct of professional roles (e.g., research, services, and other professional activities). This includes the ability apply a framework for working effectively with areas of individual and cultural diversity not previously encountered over the course of their careers. Also included is the ability to work effectively with

individuals whose group membership, demographic characteristics, or worldviews create conflict with their own; and

- d. Demonstrate the requisite knowledge base, ability to articulate an approach to working effectively with diverse individuals and groups, and apply this approach effectively in their professional work.
- e. **FOR INTERNS:** Demonstrate the ability to independently apply their knowledge and approach in working effectively with the range of diverse individuals and groups encountered during internship.

#### **Minimum Thresholds for Achievement**

#### By End of program

- a. PCO 6278 Multiculturalism and Diversity in Counseling Psychology course passed. This course exposes students to the latest literature in multicultural diversity and social justice topics and uses discussion to facilitate student exploration and reflection on their own identities.
- b. Social Justice Course passed

#### **Yearly Evaluation**

- a. Practicum/Advanced Practicum(s) evaluation meets competency Individual and Cultural Diversity
- b. Satisfactory evaluation by program faculty

#### 4. Professional values, attitudes, and behavior

#### Competencies

Trainees are expected to:

- a. Behave in ways that reflect the values and attitudes of psychology, including integrity, deportment, professional identity, accountability, lifelong learning, and concern for the welfare of others;
- b. Engage in self-reflection regarding one's personal and professional functioning; engage in activities to maintain and improve performance, well-being, and professional effectiveness;
- c. Actively seek and demonstrate openness and responsiveness to feedback and supervision; and
- d. Respond professionally in increasingly complex situations with a greater degree of independence as they progress across levels of training.

#### **Minimum Thresholds for Achievement**

#### Yearly Evaluation

- a. Practicum/Advanced Practicum(s) evaluations meet competency Professional values, attitudes, and behavior
- b. Satisfactory evaluation by program faculty

#### 5. Communication and interpersonal skills

#### Competencies

Trainees are expected to:

- a. Develop and maintain effective relationships with a wide range of individuals, including colleagues, communities, organizations, supervisors, supervisees, and those receiving professional services;
- b. Produce and comprehend oral, nonverbal, and written communications that are informative and well-integrated; demonstrate a thorough grasp of professional language and concepts; and
- c. Demonstrate effective interpersonal skills and the ability to manage difficult communication well.

#### **Minimum Threshold for Achievement**

#### **Yearly Evaluation**

- a. Practicum/Advanced Practicum(s) evaluations meet competency Communication and interpersonal skills
- b. Satisfactory evaluation by program faculty

#### 6. Assessment

#### Competencies

Trainees are expected to demonstrate the following competencies:

- a. Select and apply assessment methods that draw from the best available empirical literature and that reflect the science of measurement and psychometrics; collect relevant data using multiple sources and methods appropriate to the identified goals and questions of the assessment as well as relevant diversity characteristics of the service recipient;
- b. Interpret assessment results, following current research and professional standards and guidelines, to inform case conceptualization, classification, and recommendations, while guarding against decision-making biases, distinguishing the aspects of assessment that are subjective from those that are objective; and
- c. Communicate orally and in written documents the findings and implications of the assessment in an accurate and effective manner sensitive to a range of audiences.

#### **Minimum Thresholds for Achievement**

#### By End of Program

a. PCO 6316 - Psychological Assessment I (Cognitive and Intellectual Assessment) course passed. In this course, students learn the science and research behind cognitive and intellectual assessments as well as how to administer and score these assessments.

b. PCO 6317 - Psychological Assessment II (Personality Assessment) course passed. In this course, students learn the science and research behind personality assessments well as how to administer and score these assessments.

#### Yearly Evaluation

- a. Practicum/Advanced Practicum evaluations meet competency Assessment
- b. Satisfactory evaluation by program faculty (if applicable)

#### 7. Intervention

#### Competencies

Trainees are expected to demonstrate the ability to:

- a. Establish and maintain effective relationships with the recipients of psychological services;
- b. Develop evidence-based intervention plans specific to the service delivery goals;
- c. Implement interventions informed by the current scientific literature, assessment findings, diversity characteristics, and contextual variables;
- d. Demonstrate the ability to apply the relevant research literature to clinical decision making;
- e. Modify and adapt evidence-based approaches effectively when a clear evidence-base is lacking; and
- f. Evaluate intervention effectiveness, and adapt intervention goals and methods consistent with ongoing evaluation.

#### **Minimum Thresholds for Achievement**

#### By End of Program

- a. PCO 6057 Counseling Theories & Research & Their Implications for Practice course passed. This course exposes students to key counseling theories and facilities students beginning the development of their own theoretical orientation.
- b. CLP 6169 Deviant Behavior (note this will be re-titled Diagnosis and Treatment Planning starting Spring, 2023) course passed. This course exposes students to diagnosis and utilizing empirically supported treatment in counselling.
- c. PCO 7217 Professional Ethics and Skills (Pre-Practicum) course passed. This course help students integration ethical principles in counseling practice.
- d. PCO 7944 Practicum in Counseling Psychology course passed. This course is a two semester sequence where students see clients, receive group supervision, and further develop their theoretical orientation.
- e. PCO 7945 Advanced Practicum in Counseling Psychology course passed. This course occurs is for students in their third year and beyond. Students see clients in a variety of different sites around Gainesville, further developing their intervention skills.
- f. Theory Qualifying exam question passed.
- g. APA accredited internship completed.

#### **Yearly Evaluation**

- a. Practicum/Advanced Practicum(s) evaluations meet competency Intervention Skills
- b. Satisfactory evaluation by program faculty (if applicable)

#### 8. Supervision

#### Competencies

Trainees are expected to:

- a. Demonstrate knowledge of supervision models and practices.
- b. FOR INTERNS: Apply this knowledge in direct or simulated practice with psychology trainees, or other health professionals. Examples of direct or simulated practice examples of supervision include, but are not limited to, role-played supervision with others, and peer supervision with other trainees.

#### **Minimum Thresholds of Achievement**

#### **By End of Program**

- a. PCO 6939 Consultation and Supervision course passed. This course exposes students counseling supervision research and theories.
- b. Direct or simulated supervision practice with trainees or other health professional conducted

#### **Yearly Evaluation**

- a. Practicum/Advanced Practicum(s) evaluations meet competency Supervision
- b. Satisfactory evaluation by program faculty (if applicable)

#### 9. Consultation and interprofessional/interdisciplinary skills

#### Competencies

Trainees are expected to:

- a. Demonstrate knowledge and respect for the roles and perspectives of other professions; and
- b. Demonstrate knowledge of consultation models and practices.
- c. FOR INTERNS: Apply this knowledge in direct or simulated consultation with individuals and their families, other health care professionals, interprofessional groups, or systems related to health and behavior. Direct or simulated practice examples of consultation and interprofessional/interdisciplinary skills include but are not limited to: role-played consultation with others, peer consultation, provision of consultation to other trainees.

#### **Minimum Thresholds for Achievement**

#### **By End of Program**

- a. PCO 6939 Consultation and Supervision course passed. This course exposes students to consultation research and theories.
- b. Successfully complete consultation project

#### Yearly Evaluation

- a. Practicum/Advanced Practicum(s) evaluations meet competency Consultation
- b. Satisfactory evaluation by program faculty (if applicable)

#### **Discipline Specific Knowledge**

Note: Course passed = grade better than C+; Qualifying question passed = Total score of 9 or higher

#### 1. History and Systems of Psychology

- PCO 6931: Counseling Psychology History & Contemporary Issues course passed
- PSY 6608: History of Psychology course passed
- Theme Qualifying Exam question passed

#### 2. Basic content areas

- a. SOP 6099: Survey of Social Psychology course passed
- b. DEP 6099: Survey of Developmental Psychology course passed
- c. PSB 6099: Survey of Physiological & Comparative Psychology course passed
- d. CLP 7934: Cognitive and Affective Bases of Behavior course passed

#### 3. Advanced integrative knowledge of basic discipline specific content areas

a. CLP 7934: Cognitive and Affective Bases of Behavior course passed

#### 4. Research methods

- Research project passed in PCO 6931: Counseling Psychology History & Contemporary Issues course
- CLP 6527: Measurement, research design, and statistical analyses Part I passed
- CLP 6528: Measurement, research design, and statistical analyses Part II passed
- Masters thesis/equivalency defended
- Research Qualifying Exam question passed
- Dissertation Defended

#### 5. Data Analysis

• CLP 6527: Measurement, research design, and statistical analyses Part I passed

- CLP 6528: Measurement, research design, and statistical analyses Part II passed
- b. Qualitative Research Methods or graduate level data analysis course
- c. Research Qualifying Exam question passed

#### 6. Psychometrics

- d. PCO 6316C: Psychological Assessment I (Cognitive and Intellectual Assessment) course passed
- e. PCO 6317: Psychological Assessment II (Personality Assessment) course passed

#### **Yearly Evaluation**

In April of each year the counseling psychology faculty will meet and assess each student's progress and performance in meeting interpersonal competencies, profession wide competencies, discipline specific knowledge, coursework, seminars, scholarship/research, assistantships, teaching, practicum and internship placements, and the meeting of other program milestones such as master's thesis/equivalency (successfully defended prior to beginning the third year in the program), qualifying exams, and dissertation. Please see profession wide competencies and disciple specific knowledge outlined below. Additional information and regulations pertaining to academic progress and milestones can be found in the Department of Psychology Graduate Degree Regulations, presented at the end of this handbook and at <a href="http://www.psych.ufl.edu/">http://www.psych.ufl.edu/</a>).

At this April meeting each year, students will also be evaluated for their degree of adherence to the APA Board of Educational Affairs Statement on Preparing Professional Psychologists to Serve a Diverse Public, and the four evaluative areas outlined above. Evaluation of students are based on input from their academic advisor, clinical supervisors, assistantship supervisors, course instructors, and other departmental and area faculty. Written evaluations from teaching and practicum/internship supervisors will also be consulted in the evaluation process.

Students will be informed of their progress by their academic advisors and the Area/Training Director, who provide this feedback via the Annual Student Progress Report Forms, which each student is required to sign.

If a student is deemed not to be making satisfactory progress, he or she may be assigned a preprobationary status or placed on probation. Pre-probationary status is used for issues of concern that don't require probation but must be addressed and if not successfully addressed, will likely result in probation. If pre-probationary status is recommended, the Annual Student Progress Report letter, written by the Advisor and co-signed by the Area/Training Director, will detail the specific performance/behaviors that are problematic, actions required to reach a level of satisfactory progress, a time-table for achieving these steps, and specification of future consequences for not achieving these steps, which is generally, but not always, that of probationary status.

A student may be placed directly on probation without having been placed in pre-probationary status. Probationary status requires a 2/3 majority vote of the Counseling Psychology core area faculty. If a student is placed on probationary status, the student will be provided a written letter from the Training Director detailing the specific performance/behaviors that are problematic, actions required to reach a level of satisfactory progress, a time-table for achieving these steps, and specification of future

consequences for not achieving these steps (e.g., continued probationary status or unsatisfactory progress resulting in discontinuation in the Program).

A student may be placed on probation related to problems noted in the four evaluative areas and/or adherence to the APA Board of Educational Affairs Statement on Preparing Professional Psychologists to Serve a Diverse Public with a 2/3 majority vote of the Counseling Psychology core area faculty. As noted above, the student will be provided a letter detailing the actions needed to be taken off probation<sup>1</sup>. If deemed appropriate to the specific situation, the student may be asked to first meet with the faculty to present a plan regarding what he or she would propose to do to address identified deficits and how the outcomes would be measured (i.e., how will the faculty judge that the plan has worked and that the deficits have been remedied?). After the meeting in which the student presents his or her plan, the faculty will take the students presentation into account, and then outline the exact conditions of probation, which will subsequently be provided to the student in writing.

#### **Ongoing Evaluation**

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For the purposes of ongoing evaluation, the decisions and actions outlined in the section above under *Yearly Evaluation* (e.g., placing a student on pre-probation or probationary status due to concerns with performance and progress in coursework, seminars, scholarship, comprehensive examinations, related program requirements, adherence to the APA Board of Educational Affairs Statement on Preparing Professional Psychologists to Serve a Diverse Public, and the four evaluative areas outlined above) may also be initiated by the faculty at any time during the academic year. In other words, such actions and decisions are not confined to the yearly meeting.

#### **Evaluation for Readiness to Enter Practicum**

#### Practicum (7944) at Counseling and Wellness Center:

The consent of the Counseling Faculty is required for enrollment in this course. Such consent will be granted at a special meeting for this purpose in April of each year. The attendance of the instructor of PCO 7217 is required at this meeting. Admission to practicum will be made based on an evaluation of a trainee's performance in PCO 7217 and other coursework, adherence to the APA Board of Educational Affairs Statement on Preparing Professional Psychologists to Serve a Diverse Public, and the four evaluative areas outlined above. Additionally, the faculty will consider whether the student has met the relevant Competency Benchmark's in Professional Psychology at the level of readiness to enter practicum (see <a href="http://www.apa.org/ed/graduate/benchmarks-evaluation-system.aspx">http://www.apa.org/ed/graduate/benchmarks-evaluation-system.aspx</a> for more information, and also see Benchmarks document Practicum and Advanced Practicum Manual of this Handbook).

At this meeting, faculty may either grant admission to practicum, or may deny admission. Decisions to deny enrollment into practicum requires a 2/3 majority vote of Counseling Psychology core area faculty. If the faculty denies a student admission to PCO 7944 the Counseling Psychology Area/Training Director shall, at the first denial, provide in writing to the student the reasons why, which can include poor performance in PCO 7217, lack of adherence to the APA Board of Educational

<sup>&</sup>lt;sup>1</sup> For this probation and all other probations referred to in this document, the faculty may recommend personal counseling as part of the conditions of probation, and may also, as appropriate, ask for a release of information so that communication with the therapist may occur.

Affairs Statement on Preparing Professional Psychologists to Serve a Diverse Public, and/or concerns regarding the four areas of competency outlined above. The student will also be placed on probation. The student will be provided a letter detailing the actions needed to be taken off probation. If deemed appropriate to the specific situation, the student may be asked to first meet with the faculty to present a plan regarding what he or she would propose to do to address identified deficits and how the outcomes would be measured (i.e., how will the faculty judge that the plan has worked and that the deficits have been remedied?). After the meeting in which the student presents his or her plan, the faculty will take the student's presentation into account, and then outline the exact conditions of probation (and related re-application to practicum), which will subsequently be provided to the student in writing.

When a denied student seeks entry to practicum again, he or she must describe what has been done to resolve the previously identified problem or issue. In this case, a second denial into practicum will result in the student no longer being allowed to continue in the program.

#### **Evaluation of Readiness for Internship**

Evaluation of readiness for internship is an ongoing process that occurs in multiple ways: a) admission to doctoral candidacy; b) dissertation proposal defense requirement; c) certification of internship eligibility and readiness on APPIC application; and d) ongoing monitoring and evaluation of readiness.

The Program has endorsed the following Expectations for Internship Eligibility, adopted on February 9, 2013 by the Council of Counseling Psychology Training Programs (CCPTP):

- 1. Trainee meets or exceeds foundational and functional competencies as articulated by the program objectives and national guidelines. These include multicultural competencies in working with diverse populations.
- 2. Trainee successfully completed a pre-dissertation research experience.
- 3. Trainee passed program's comprehensive or qualifying exams (or equivalent).
- 4. Trainee's dissertation proposal has been accepted at the time of application to internship.
- 5. Trainee successfully completed all required coursework for the doctoral degree prior to starting the internship (except hours for dissertation and internship).
- 6. Trainee completed at least 450 face-to-face, program-sanctioned, doctoral practicum hours of assessment/intervention that includes evidence-based practice and at least 150 hours of supervision by a licensed psychologist or other mental health professional (as appropriate for the jurisdiction). Supervision was delivered according to accepted individual or group models and included observation of the trainee's work.
- Trainee has contributed to the scientific knowledge within psychology, as evidenced by:
   a. Submitting a manuscript (e.g., journal article, book chapter) as an author or co-author, or

b. Presenting at least two papers/posters/workshops at local, regional, national, or international professional conferences or meetings.

8. Trainee was enrolled in a program that conducts formal annual evaluations of each student for purposes of monitoring trainees' developing competencies and assuring that only students making satisfactory progress are retained and recommended for doctoral candidacy and entry into the profession. This annual program review of each student utilized evaluations obtained from different faculty and supervisors and covered the full range of competencies including academic, research, clinical skills, and ethical professional behavior. Trainee has been rated as

meeting expectations and possessing the required competencies at the time of applying for internship.

As per the policy of the Council of Counseling Psychology Training Programs, once a student has submitted a rank ordered list by the APPIC deadline, the program faculty will not prevent a student from going on internship unless a gross ethical violation has occurred and the internship site is notified.

#### Dissertation proposal defense requirement

In order to apply for internship, students must have been admitted to doctoral candidacy and successfully proposed the dissertation.

#### **APPIC Application:**

The APPIC Application for Psychology Internship (AAPI) Part 2 (Academic Program's Verification of Internship Eligibility and Readiness) contains an item which states, "The faculty agrees that this student is ready to apply for internship. Yes or No."

The faculty will decide a student's readiness for application to internship based on an evaluation of the trainee's successful completion of all pre-requisite courses and requirements, adherence to the APA Board of Educational Affairs Statement on Preparing Professional Psychologists to Serve a Diverse Public, and the four evaluative areas outlined above. Additionally, the faculty will consider whether the student has met the relevant Competency Benchmarks in Professional Psychology at the level of readiness for internship (for more information see <a href="http://www.apa.org/ed/graduate/benchmarks-evaluation-system.aspx">http://www.apa.org/ed/graduate/benchmarks-evaluation-system.aspx</a>, and also see Benchmarks document in the Practicum and Advanced Practicum Manual of this Handbook).

In the Spring Semester, students will be asked if they intend to apply for internship the following Fall Semester. Those students who indicate they intend to apply for internship will be evaluated for readiness at a special meeting for this purpose. At this meeting, the Counseling Psychology core area faculty may either grant or deny permission to apply for internship (i.e., may either deem a student ready to apply for internship or not). The decision that a student is not ready to apply for internship will be determined by a 2/3 majority vote of the Counseling Psychology core area faculty.

If the faculty denies application to internship, they shall, at the first denial, provide in writing to the student the reasons why, which can include failure to meet academic standards or pre-requisites (including the dissertation proposal defense requirement outlined above), lack of adherence to the APA Board of Educational Affairs Statement on Preparing Professional Psychologists to Serve a Diverse Public, and/or concerns about the four areas of competency outlined above. The student will also be placed on probation. The student will be provided a letter detailing the actions needed to be removed from probation. If deemed appropriate to the specific situation, the student may be asked to first meet with the faculty to present a plan regarding what he or she would propose to do to address identified deficits and how the outcomes would be measured (i.e., how will the faculty judge that the plan has worked and that the deficits have been remedied?). After the meeting in which the student presents his or her plan, the faculty will take the student's presentation into account, and then outline the exact conditions of probation (and related re-application to internship), which will subsequently be provided to the student in writing.

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When a denied student seeks approval to apply for internship again, he or she must describe what has been done to resolve the previously identified problem or issue. In this case, a second denial to apply for internship will result in the student no longer being allowed to continue in the program.

#### Ongoing Monitoring and Evaluation of Readiness for Internship

The faculty will engage in ongoing monitoring and evaluation of readiness for internship throughout the time between when they deem a student ready to apply for internship (see above) and the time the student submits his or her internship rank-order to APPIC. Thus, if any concerns surface during this time period regarding whether the student has met academic standards or pre-requisites, lack of adherence to the APA Board of Educational Affairs Statement on Preparing Professional Psychologists to Serve a Diverse Public, and/or regarding the four areas of competency outlined above, the faculty may revoke approval to apply for or go on internship.

If the faculty revoke approval to apply for or go on internship, they shall provide in writing to the student the reasons why, which can include failure to meet academic standards or pre-requisites, lack of adherence to the APA Board of Educational Affairs Statement on Preparing Professional Psychologists to Serve a Diverse Public, and/or concerns about the four areas of competency outlined above. The student will also be placed on probation. The student will be provided a letter detailing the actions needed to be taken off probation. If deemed appropriate to the specific situation, the student may be asked to first meet with the faculty to present a plan regarding what he or she would propose to do to address identified deficits and how the outcomes would be measured (i.e., how will the faculty judge that the plan has worked and that the deficits have been remedied?). After the meeting in which the student presents his or her plan, the faculty or faculty committee will take the student's presentation into account, and then outline the exact conditions of probation (and related re-application to internship), which will subsequently be provided to the student in writing.

When a denied student seeks approval to apply for internship again, he or she must describe what has been done to resolve the previously identified problem or issue. In this case, a second denial to apply for internship will result in the student no longer being allowed to continue in the program.

#### **Violations of Ethical Conduct**

As per Department of Psychology regulations, violations of ethical conduct by graduate students will be evaluated by the Departmental Graduate Studies Committee. If, in the judgment of the committee, unethical behavior of a sufficiently serious nature as to compromise a graduate student's promise as a psychologist, that student will be dropped from the program. Examples of such serious violations include but are not limited to felony convictions or gross violations of the APA ethical code or Federal guidelines. The appeals process is the same as in the case of failure to meet minimum standards of scholarship. Students found responsible for violation of the UF Student Conduct Code or Honor Code may be subject to the program's Ethical Conduct Process as well. The UF Student Conduct Code and Honor Code are university processes that will take precedence. The program's Ethical Conduct Process may progress simultaneously but does not replace the University processes.

If the unethical behavior pertains to a violation of the APA ethical code and if the Graduate Studies Committee determines that the student should be retained in the program, the Counseling Psychology faculty will then meet to discuss the ethical violation and to determine if further remediation is necessary to avoid such violations in the future. If it is determined to be appropriate to the situation, and pending a 2/3 vote of the Counseling Psychology core area faculty, the student may be placed on probation. The student will be provided a letter detailing the actions needed to be taken off probation. If deemed appropriate to the specific situation, the student may be asked to first meet with the faculty to present a plan regarding what he or she would propose to do to address identified deficits and how the outcomes would be measured (i.e., how will the faculty judge that the plan has worked and that the deficits have been remedied?). After the meeting in which the student presents his or her plan, the faculty or faculty committee will take the student's presentation into account, and then outline the exact conditions of probation (and related re-application to internship), which will subsequently be provided to the student in writing.

#### <u>Situations and Course Grades Which Result in Automatic Consideration of Probation,</u> <u>Automatic Probation<sup>2</sup> or Dismissal</u>

- 1. If, in accordance with the University of Florida CWC Practicum Training Manual, a student is terminated from PCO 7944, they will be placed on probation. Similarly, if they are terminated from any PCO 7945 site, they will be placed on probation. However, if the reason for termination involved a violation of the APA Ethics code, department policy will first be followed (see *Violation of Ethical Conduct* above).
  - a. If, in accordance with the University of Florida CWC Practicum Training Manual, a student is placed on probation or temporary suspension, the area faculty will meet with the CWC Training Committee to ascertain details. The Counseling Faculty may choose, with a 2/3 majority vote of the Counseling Psychology core area faculty, to place the student on probation or to await the result of the CWC procedures to conclude.
- 2. If a supervisor of students enrolled in PCO 7944 (Practicum at the UF CWC) or PCO 7945 (Advanced Practicum) raises a concern about a student's competency, initiates their own internal remediation procedures, or recommends a grade other than "A," the area faculty will be promptly apprised of the situation by the Area/Training Director. The faculty may also choose to request a meeting with the PCO 7944 or PCO 7945 supervisor, practicum coordinator, or any other relevant training staff. The counseling faculty may choose, with a 2/3 majority vote of the Counseling Psychology core area faculty, to place the student on probation or to await the results of any internal procedures in place at the Practicum site. Note, however, that the assignment of a grade of "Fail" for PCO 7944 or PCO 7945 will automatically result in the student being placed on probation.
- 3. If the internship site/supervisors of students enrolled in PCO 7946 (Internship) raise concerns about a student's competency or initiate their own internal remediation procedures, the area faculty will be promptly apprised of the situation by the Area/Training Director. The counseling faculty may choose, with a 2/3 majority vote of the Counseling Psychology core area faculty, to place the student on probation or to await the results of any internal procedures in place at the Internship site. Note, however, that any student not passing his or her Internship will be terminated from the program.
- 4. As per department and graduate school policy outlined elsewhere in this Handbook, students with two unsatisfactory grades (a grade of C+ or lower, or an "I" that remains on the record for more than one term) will have their records referred to the Graduate Studies Committee which will determine whether those students should be allowed to continue in the program. Should the committee rule that a student be dropped from the program, the decision may be appealed to

<sup>&</sup>lt;sup>2</sup> Probation will be handled according to the same procedures outlined in the final paragraph under "Yearly Evaluations" above.

the Policy and Planning Committee of the Department. Under no circumstances will students be permitted to continue with three unsatisfactory grades. (Note: Any grade of C+ or lower in a required course must be replaced by presenting satisfactory evidence that B level competency has been acquired).

5. If a student does not meet the programmatic expectation of successfully defending the Master's Degree or Equivalency requirement prior to beginning the third year in the program, the student will be placed on probation.

#### **Important Note:**

If a student does not agree with any faculty feedback provided on Annual Progress Report Forms, or any decisions regarding probation or dismissal outlined above, she/he can choose to communicate such disagreement to the core program faculty in writing. The core program faculty considers the student's concerns/requests and provides a written response from the core program faculty. The student can appeal the feedback in accordance with Department of Psychology grievance and due process procedures that protect students' rights, which are contained in the Grievance Procedure section of this handbook.

# **Counseling Psychology Student Progress Report Form**

Department of Psychology, University of Florida

This form is due at the end of each Spring term. Please file signed form in the student file. Note: Overall progress across time in program will be tracked by training director

#### **Courses & Grades**

Number of Incompletes (I):	Number	Number of Cs:	
Student is on track for year level in terms of courses?	Yes	No	
If no, please comment:			

Assistantship (leave areas blank of not applicable)					
Position and Supervisor <b>Summer, 2022</b> :					
Quality of Work:	Satisfactory	Unsatisfactory			
Please comment (required if unsatisfactory)	:				
Position and Supervisor Fall, 2022:					
Quality of Work:	Satisfactory	Unsatisfactory			
Please comment (required if unsatisfactory)	:				
Position and Supervisor Spring, 2023:					
Quality of Work:	Satisfactory	Unsatisfactory			
Please comment (required if unsatisfactory)					

#### **Defenses and Exams**

Master's Degree or Equivalency completed?	Yes, date:	No, anticipated date:
Qualifying Exam passed?	Yes, date:	No, anticipated date:
Dissertation proposal defended?	Yes, date:	No, anticipated date:
Dissertation defended?	Yes, date:	No, anticipated date:

## **Contribution to Scientific Knowledge**

List in APA format, manuscripts (journal articles or book chapters) **published (note not in press or online first) from 5/1/2022 to 4/30/2023:** 

List in APA format, manuscripts (journal articles or book chapters) submitted, but not yet published to date **(including in press and online first)**, from **5/1/2022 to 4/31/2023**:

List in APA format, papers, posters, workshops presented or co-presented at local, regional, national, or international conferences delivered **from 5/1/2022 to 4/30/2023:** 

Practicum and Internship (leave areas blank of not applicable)							
Practicum this year? Yes No							
Summer, 2	022						
Site #1:	Site #1:						
Evaluation by supervisors indicate that work is:	Satisfactory	Unsatisfactory					
Grade:							
Site #2:							
Evaluation by supervisors indicate that work is:	Satisfactory	Unsatisfactory					
Grade:							
Site #3:							
Evaluation by supervisors indicate that work is:	Satisfactory	Unsatisfactory					
Grade:		· · · · · · · · · · · · · · · · · · ·					
Fall, 202	2						
Site #1:							
Evaluation by supervisors indicate that work is:	Satisfactory	Unsatisfactory					
Grade:							
Site #2:	·						
Evaluation by supervisors indicate that work is:	Satisfactory	Unsatisfactory					
Grade:							
Site #3:	1						
Evaluation by supervisors indicate that work is:	Satisfactory	Unsatisfactory					
Grade:	<u>P</u>						
Spring, 20	23						
Site #1:							
Evaluation by supervisors indicate that work is:	Satisfactory	Unsatisfactory					
Grade:							
Site #2:	1						
Evaluation by supervisors indicate that work is:	Satisfactory	Unsatisfactory					
Grade:							
Site #3:	I						
Evaluation by supervisors indicate that work is:	Satisfactory	Unsatisfactory					
Grade:							
Please comment (required if unsatisfactory on ar	v practicums):						
	<u>, , , , , , , , , , , , , , , , , , , </u>						
On internship this year?	Yes	No, anticipated date:					
If on internship, name of site:							
Accreditation:	APA/CPA	APPIC member (non- APA/CPA)					
Evaluation by Internship site indicates that work	is Satisfactor						
Please comment (required if unsatisfactory):		, should late to y					

Note: Course passed = grade betterthan C+ ; Qualifying question passed = Total s	Yes	No	<u>N/A</u>	U/J
1. Research	103	<u> </u>	<u> 11/A</u>	<u>0/1</u>
Counseling Psychology History and Contemporary Issues course				
passed				
Masters thesis/equivalency defended				
Research Qualifying Exam question passed				
Dissertation Defended				
Submitted journal article				
Presented 1 conference paper				
Presented 2 <sup>nd</sup> conference paper (or more)				
Summer Practicum/Advanced Practicum meets competency –				
Research/Science (this last year only)				
Fall Practicum/Advanced Practicum meets competency –				
Research/Science (this last year only)				
Spring Practicum/Advanced Practicum meets competency –				
Research/Science (this last year only)				
Satisfactory evaluation by program faculty				
2. Ethics and legal standards				
Professional Ethics Course Passed (1st-4th years)/Pre-Prac passed (5th				
years and up)				
Ethics Qualifying Exam question passed				
Summer Practicum/Advanced Practicum evaluation meets				
competency – Ethical, Legal Standards, Policy (this last year only)				
• Fall Practicum/Advanced Practicum evaluation meets competency –				
Ethical, Legal Standards, Policy (this last year only)				
• Spring Practicum/Advanced Practicum evaluation meets competency				
<ul> <li>Ethical, Legal Standards, Policy (this last year only)</li> </ul>				
Satisfactory evaluation by program faculty				
3. Individual and cultural diversity				
Multiculturalism and Diversity in Counseling Psychology course				
passed	_			
Social Justice Course passed				
Summer Practicum/Advanced Practicum evaluation meets				
competency – Individual and Cultural Diversity (this last year only)				
• <b>Fall</b> Practicum/Advanced Practicum evaluation meets competency –				
Individual and Cultural Diversity (this last year only)				
• <b>Spring</b> Practicum/Advanced Practicum evaluation meets competency				
– Individual and Cultural Diversity (this last year only)				
Satisfactory evaluation by program faculty				
4. Professional values, attitudes, and behavior				<u> </u>
Summer Practicum/Advanced Practicum evaluation meets     sompatongy Professionalism (this last year only)				
competency – Professionalism (this last year only)				<u> </u>
• <b>Fall</b> Practicum/Advanced Practicum evaluation meets competency –				
Professionalism (this last year only)				-
• <b>Spring</b> Practicum/Advanced Practicum evaluation meets competency				
Professionalism (this last year only)				├──
Satisfactory evaluation by program faculty				

5. Con	munication and interpersonal skills		
•	Summer Practicum/Advanced Practicum evaluation meets		
	competency – Relationships (this last year only)		
•	Fall Practicum/Advanced Practicum evaluation meets competency –		
	Relationships (this last year only)		
•	<b>Spring</b> Practicum/Advanced Practicum evaluation meets competency		
	– Relationships (this last year only)		
•	Satisfactory evaluation by program faculty		
6. Ass	essment		
•	Psychological Assessment I (Cognitive and Intellectual Assessment)		
	course passed		
•	Psychological Assessment II (Personality Assessment) course passed		
•	Summer Practicum/Advanced Practicum evaluation meets		
	competency – Assessment (this last year only)		
•	<b>Fall</b> Practicum/Advanced Practicum evaluation meets competency –		
•	Assessment (this last year only)		
•	Spring Practicum/Advanced Practicum evaluation meets competency	 	
•	- Assessment (this last year only)		
•	Satisfactory evaluation by program faculty (if applicable)		
7. Inte	ervention		
•	Counseling Theories & Research & Their Implications for Practice		
	course passed		
•	Professional Ethics and Skills (Pre-Prac) course passed		
•	Deviant Behavior course passed		
٠	Practicum in Counseling Psychology course passed		
•	Advanced Practicum in Counseling Psychology course passed		
•	Theory Qualifying exam question passed		
•	APA Accredited Internship completed		
•	Summer Practicum/Advanced Practicum evaluation meets		
	competency – Intervention Skills (this last year only, overall		
	competence reached at all sites)		
•	Fall Practicum/Advanced Practicum evaluation meets competency –		
	Intervention Skills (this last year only, overall competence reached at		
	all sites)		
•	<b>Spring</b> Practicum/Advanced Practicum evaluation meets competency		
	- Intervention Skills (this last year only, overall competence reached		
	at all sites)		
•	Satisfactory evaluation by program faculty (if applicable)		
8. Sup	ervision		
•	Supervision course passed		
•	Direct or simulated supervision practice with trainees or other health		
	professional conducted		
٠	Summer Practicum/Advanced Practicum evaluation meets	1	
	competency – Supervision (this last year only)		
•	<b>Fall</b> Practicum/Advanced Practicum evaluation meets competency –		
•	Supervision (this last year only)		
•	<b>Spring</b> Practicum/Advanced Practicum evaluation meets competency		
•	- Supervision (this last year only)		
•	Satisfactory evaluation by program faculty (if applicable)		

9. Consultation and interprofessional/interdisciplinary skills		
Consultation course passed		
Successfully complete consultation project		
Summer Practicum/Advanced Practicum evaluation meets		
competency – Consultation (this last year only)		
• Fall Practicum/Advanced Practicum evaluation meets competency –		
Consultation (this last year only)		
• <b>Spring</b> Practicum/Advanced Practicum evaluation meets competency		
- Consultation (this last year only)		
• Satisfactory evaluation by program faculty (if applicable)		

<b>Discipline Specific Knowledge</b> – Completed thus far in the program Note: Course passed = grade better than C+; Qualifying question passed = Total score of 9 or higher						
		Yes	<u>No</u>			
1. Hist	ory and systems of psychology					
•	Counseling Psychology History & Contemporary Issues course passed					
•	History of Psychology course passed					
•	Theme Qualifying Exam question passed					
2. Bas	ic content areas					
•	Survey of Social Psychology course passed					
•	Survey of Developmental Psychology course passed					
•	Survey of Physiological & Comparative Psychology course passed					
•	Cognitive/Affective Bases of Behavior course passed					
3. Adv	anced integrative knowledge of basic discipline specific content areas					
•	Integrative course passed (Cognitive/Affective Bases of Behavior)					
4. Res	earch methods					
•	Research project passed in Counseling Psychology History & Contemporary Issues course					
•	Measurement, research design, and statistical analyses Part I passed					
•	Measurement, research design, and statistical analyses Part II passed					
•	Masters thesis/equivalency defended					
•	Research Qualifying Exam question passed					
•	Dissertation Defended					
5. Dat	a Analysis					
•	Measurement, research design, and statistical analyses Part I passed					
•	Measurement, research design, and statistical analyses Part II passed					
•	Qualitative Research Methods in Psychology passed					
•	Research Qualifying Exam question passed					
6. Psy	chometrics					
•	Psychological Assessment I (Cognitive and Intellectual Assessment) course passed					
•	Psychological Assessment II (Personality Assessment) course passed					

# Faculty's Overall Evaluation of Student Progress Satisfactory progress: insert narrative evaluation per instructions below Areas needing specific attention to continue in good standing (pre-probationary status): insert narrative evaluation per instructions below Probationary status: insert notice that letter of probation is forthcoming Recommend dismissal: insert notice that letter of dismissal is forthcoming Narrative evaluation:

Advisor or Chair Signature

Student Signature

# Area/Training Director Signature

#### **General Information:**

- 1. Graduate School Ruling: Students have five years after passing the Doctoral Qualifying Exam to complete Doctoral Degree requirements. The Dean of the Graduate School makes decisions for extensions based on individual situations.
- 2. Department of Psychology Ruling: Students are allowed only <u>one</u> unacceptable grade (C+ or lower). They must appear before the Graduate Studies Committee if they have more than one <u>or</u> if they do not complete an Incomplete grade by the deadline the following term. After this deadline an incomplete becomes a failing grade--E.
- 3. Counseling Psychology Ruling: Before applying for an internship, a student must be admitted to candidacy for the doctorate and must successfully propose the dissertation.

Drops and Incompletes: Students wishing to drop courses and not pay for them must do so during the first week of classes. Students may drop courses before the term is one-third completed and not receive grades for these courses; however, payment is forfeited.

Students dropping courses after more than one-third of the term must make such arrangements with the instructor. Two such drops are permitted by the Counseling Psychology Program. Any further such drops must be approved by the student's advisor or committee.

Incomplete grades are given in courses that students fail to complete prior to the formal course deadline. Completion of all such courses must be arranged with the instructors of these courses. Incomplete grades become "E"s if the work is not completed by the end of the subsequent term. Each "E" grade is changed to passing grade only after the necessary coursework is completed and a change of grade request form is submitted to the Registrar's Office by the instructor for the course in which the "E" grade was given.

# Curriculum

# Credits, Courses, and Other Requirements

#### **Total Credit Requirements and Credit Transfers**

A minimum of ninety (90) credits are required by the Graduate School for graduation. These 90 credits include required courses, credits associated with the Master's and Dissertation requirements, credits associated with practica and internship, and elective credits. Minimum registration is required in PSY 7980, Research for Doctoral Dissertation, in the student's final term. Specifically, final term minimum registration for either the Fall or Spring semesters is 3 credits (Fall or Spring) or 2 credits (Summer). For additional information regarding final term registration please consult the Graduate Catalog at <a href="http://gradschool.rgp.ufl.edu/">http://gradschool.rgp.ufl.edu/</a>. Should you defend your dissertation prior to going on internship or during your internship, work with your advisor or the training director on how to register for courses and prevent the university from expecting you to graduate the semester you defend.

As many as 30 credits may be transferred into the Program from other institutions. If you are entering the program with a Master's degree from another institution, submit a letter to the graduate secretary that requests the transfer of up to 30 credits (as a block) based on your previous graduate coursework (all with grades of A or B). Include a copy of the transcript for the credits involved and a statement regarding the relevance of the course work to the degree. This letter should be signed by your advisor (on behalf of your full supervisory committee and with that committee's approval), as well as by the Area/Training Director and the Graduate Coordinator. The graduate secretary will submit a Transfer of Credit form requesting the transfer. This transfer must be requested within the first year as a UF student.

If you want to waive specific program courses, request letters from UF professors who teach the course(s) you wish to waive. You should give these professors copies of relevant syllabi to assist their decision-making. When a decision is made by a professor to waive a course, ask her/him to state this decision in writing. Give a copy of this letter to your advisor and two copies to the Graduate Secretary for your departmental student file (she will also place a copy in your program student file). Keep a copy for your own files.

Credits earned in other University of Florida graduate programs are not considered to be transfer credits, and therefore there is no limit to the number which may be applied to the degree. Acceptance of such courses as exemptions to Counseling Psychology required courses must be approved by the student's doctoral committee. Furthermore, all course exemptions must be approved by a student's doctoral committee.

Students may not exempt Multiculturalism and Diversity in Counseling Psychology (PCO 6278), Pre-Practicum.

#### **Progress Towards Degree - Credit Requirements**

It is expected that students will progress full-time towards their degrees. Full-time means a minimum of 9 credits a semester. This is a general expectation, however, rather than a firm requirement.

There are firm parameters on the course load of students receiving fellowships or assistantships. These are:

Appointment Type	Minimum Credit Load	Maximum Credit Load
Fellowship	12	18
1/4-time Assistantship	9	15
1/3-time Assistantship	9	15
1/2-time Assistantship	9	15
3/4-time Assistantship	6	9
Full-time Assistantship	3	6

There may also be minimum credit requirements for recipients of student loans. Students should make themselves aware of such requirements by contacting the UF Office for Student Financial Affairs at <a href="http://www.sfa.ufl.edu/">http://www.sfa.ufl.edu/</a> or relevant lending institutions.

While work across an academic semester may vary and is not always consistent week-to-week, in accordance with the agreement between the Graduate Assistants United and the UF Board of Trustees, no research assistant shall be assigned employment responsibilities during semester that exceed an average of ten (10) hours per week for one-fourth time (.25 FTE); thirteen and one third (13.3) hours per week for one-third time (.33 FTE); twenty (20) hours per week for a one half time appointment (.50 FTE); or thirty (30) hours per week for a three-quarter time appointment (.75 FTE).

# **Continuous Enrollment**

Students must be enrolled in at least two of three semesters per academic year (i.e., fall, spring, summer), including the internship year. Minimum enrollment requirement for fall and spring semesters is 3 credits and minimum enrollment requirement for summer semester is 2 credits. However, a student may request a leave of absence for a period lasting no more than one year. These requests, which must be approved by the Area/Training Director and the Graduate Coordinator, are usually granted if the student is in good standing and has good and sufficient reasons for the leave of absence.

# Residency

The program requires a minimum of 3 full-time academic years of graduate study (or the equivalent) plus internship prior to receiving the doctoral degree; b) at least 2 of the 3 academic training years (or the equivalent) must be at the program from which the doctoral degree is granted; and c) at least 1 year must be in full-time residence at the program. Students will not be allowed to graduate if these residency requirements are not met.

# **Course Order**

Generally, courses may be taken in any order, with a few exceptions. Students must participate in the weekly departmental Seminar on Psychological Science during the first year. The Seminar is not a graded course and is not offered for formal course credit, but attendance is mandatory. The required core counseling courses PCO 6057 (Counseling Theories & Research & Their Implications for Practice), PCO 6931 (Counseling Psychology History and Contemporary Issues), and PCO 6278 (Multiculturalism

and Diversity in Counseling Psychology) must be taken during the first two years in the Program. PCO 7247 (Seminar in Group Counseling) may not be taken the first year except by students with prior counseling experience and the appropriate theoretical background and who have permission of the instructor.

# Proseminar (Basic Science Courses in Psychology)

The proseminar courses are five separate courses. Counseling Psychology students must take the following courses for three credit hours: PSB 6099 (Survey of Physiological & Comparative Psychology); CLP 7934 (Cognitive Bases of Behavior); SOP 6099 (Survey of Social Psychology); DEP 6099 (Survey of Developmental Psychology), and PSY 6608 (History of Psychology).

# **Order of Requirements**

The Seminar on Psychological Science must be completed in the first year. Three core counseling psychology courses PCO 6057 (Counseling Theories & Research & Their Implications for Practice), PCO 6931 (Counseling Psychology History and Contemporary Issues), and PCO 6278 (Multiculturalism and Diversity in Counseling Psychology), and the Master's Thesis or Master's equivalency must be completed prior to the Doctoral Qualifying Exam (DQE). The written and oral components of the DQE must be passed before students may take dissertation credits. Students must also successfully propose the dissertation before applying for internship. Students cannot graduate until the internship and dissertation are completed and documentation of this is received.

# **Research Hours**

Students obtaining a Master's degree must take 6 hours of PSY 6971 (Master's Thesis). For the dissertation, students must take 12 credits of PSY 7980 (Doctoral Dissertation).

Additional research hours (e.g., PSY 6905, PSY 6910, PSY 7979) may be taken in accord with the guidelines outlined in the Department of Psychology Graduate Degree Regulations, presented at the end of this handbook and at <u>http://www.psych.ufl.edu/</u>.

# **Social Justice Course Requirement**

Students will take one 3 credit social justice course prior to graduation. Any social justice-oriented course approved by the student's supervisory committee at the 6000-level or higher taught at the University of Florida, satisfies our program's social justice course requirement.

# **Required Courses, Practica, and Internship**

#### **Required Basic Scientific Psychology Core [15 hours required]**

- (3) CLP 7934 Cognitive Bases of Behavior
- (3) PSB 6099 Survey of Physiological & Comparative Psychology
- (3) PSY 6608 History of Psychology
- (3) SOP 6099 Survey of Social Psychology
- (3) DEP 6099 Survey of Developmental Psychology

#### Required Basic Counseling Psychology Core [24 hours required]

- (3) PCO 6057 Counseling Theories & Research & Their Implications for Practice
- (3) PCO 6931 Counseling Psychology History & Contemporary Issues
- (3) PCO 6278 Multiculturalism and Diversity in Counseling Psychology
- (3) PCO 7537 Vocational Counseling Psychology
- (3) PCO 7217 Professional Ethics and Skills: Pre-Practicum
- (3) CLP 6169 Diagnosis and Treatment Planning
- (3) PCO 6939 Consultation and Supervision
- (3) PSY 6930 Professional Ethics

#### **Required Assessment Core [6 hours required]**

- (3) PCO 6316 Psychological Assessment I (Cognitive and Intellectual Assessment)
- (3) PCO 6317 Psychological Assessment II (Personality Assessment)

#### **Required Social Justice Course**

(3) TBD Graduate level course approved by supervisory committee and taught at UF

#### **Required Statistics and Research Courses [27 hours required]**

- (3) CLP 6527 Measurement, Research Design, and Statistical Analyses Part I
   (3) CLP 6528 Measurement, Research Design, and Statistical Analyses Part II
   (3) Qualitative Research Methods in Psychology (or other graduate level data analysis course approved by supervisory committee)
   (6) PSY 6971 Master's Thesis Research (if obtaining a Master's Degree)
- (1) PSY 7090 Dispertentian Descently (11 Obtaining a Wite
- (12) PSY 7980 Dissertation Research

# **Required Practica/Internship Training [7 hours required]**

- (1) PCO 7944 Practicum in Counseling Psychology at the UF Counseling Center
- (1) PCO 7944 Practicum in Counseling Psychology at the UF Counseling Center
- (1) PCO 7945 Advanced Practicum in Counseling Psychology
- (1) PCO 7945 Advanced Practicum in Counseling Psychology
- (1) PCO 7949 Internship in Counseling Psychology Part I
- (1) PCO 7949 Internship in Counseling Psychology Part II
- (1) PCO 7949 Internship in Counseling Psychology Part III

# 8 additional hours of elective credits are required

The elective credit hours must be approved by the student's Ph.D. Supervisory Committee. These credits should round out the student's curriculum in light of the student's career goals and background. Total Number of Credits Required = 90

# Year-by-Year Course Selection Planning Guide – <mark>5 YEAR</mark>

The proceeding guide includes only fall and spring semester. For fall and spring semester, students on assistantships (.25 - .75 FTE) must enroll in at least 9 credits (amount covered by assistantship tuition waivers) but no more than 15 credits. Students on fellowships, grants, or other aid may have different course credit requirements and tuition waivers. **Students are financially responsible for any credits beyond the number of credits covered by their tuition waivers.** One way to reduce the out-of-pocket expenses for credits beyond those covered by tuition waivers is to register for credits (e.g., masters, thesis, electives) during the summer semesters in which students have summer assistantships that carry tuition remission. Note, however, such summer funding is not guaranteed; these assistantships require application and are allocated on a competitive basis. For updated information on in-state and out-of-state tuition and fees, visit the graduate school website at http://graduateschool.ufl.edu/.

\*Courses that are sequential and must be taken in the semester listed. All other courses are required but non-sequential and may be taken according to students' individual plans created in consultation with their advisor; note that courses are listed in the semester that they are typically offered.

**\*\*Note:** To meet the total requirement of 90 credits, you will need to take 14 additional elective credits in addition to the specified courses in this planning guide.

# **First Year**

#### Fall

*PCO 6057	Counseling Theories & Research & Their Implications for Practice	(3)
*PSY 6930	Professional Ethics	(3)
*CLP 6527	Measurement, Research Design, & Statistical Analyses I	(3)
*Seminar in H	Psychological Science (no registration, but attendance required)	<u>(0)</u>
	Total cred	dits = 9
	[Master's research tonic identified]	

# [Master's research topic identified]

#### Spring

*PCO 7217	Pre-Practicum	(3)
*CLP 6528	Measurement, Research Design, & Statistical Analyses II	(3)
*PCO 6278	Multiculturalism and Diversity in Counseling Psychology	(3)
*Seminar in F	Psychological Science (no registration, but attendance required)	<u>(0)</u>
	Tota	al credits $= 9$

# [Master's research proposal completed]

[By the start of the second year, every U.S. citizen and green card holder should have established Florida residency, as defined by UF.]

# SECOND YEAR

# Fall

*PCO 7944	First Practicum	(1)
*PCO 6931	Counseling Psychology History and Contemporary Issues	(3)
PCO***	Qualitative Research Methods in Psychology or other appr analysis course (3)	roved graduate level data
PSY 6905	Individual work (**counted as elective credits)	<u>(3)</u>
		Total credits = 10
Spring		
*PCO 7944	Second Practicum	(1)
PCO 6316	Assessment I	(3)
*CLP 6169	Diagnosis and Treatment Planning	(3)
PSY 6971	Master's Thesis (if obtaining a Master's Degree)	<u>(3)</u>
		Total credits = 10

- Master's research paper successfully defended prior to beginning of third year; Successful defense prior to the third year is required to avoid probation.]
- If obtaining a Master's degree at UF, upon your Master's defense, request that the graduate secretary submit a Transfer of Credit form to Graduate Student Records, requesting a "block" transfer of your Master's credits toward your doctoral degree.
- [If obtaining a Master's degree, a total of 3 credits of PSY 6971 must be completed. These 3 credits are required during the semester in which the Master's degree is earned (e.g. 3 credits in spring)
- Review requirements for taking the Doctoral Qualifying Examination (DQE) which include successfully defending Master's research, completing a Planned Program of Study, choosing a dissertation topic, and applying for the DQE.]

# THIRD YEAR

Fall		
*PCO 7945	First Advanced Practicum	(1)
PCO 7537	Vocational Psychology (even years)	
	OR	
PCO 6939	Consultation and Supervision (odd years)	(3)
DEP 6099	Survey of Developmental Psychology (odd number years)	(3)
	OR	
PSB 6099	Psychobiology Prosem (even numbered years)	
PCO 6317	Assessment II	<u>(3)</u>
		Total credits $= 10$

Spring		
*PCO 7945	Second Advanced Practicum	(1)
SOP 6099	Survey of Social Psychology	(3)
PSY 6608	History of Psychology	(3)
	**Elective credits	<u>(3)</u>
		Total credits $= 10$

[During the fall semester of the fourth year, students planning to graduate in five years should plan to submit internship applications (generally due from late October to November). In order to be ready to apply for internship, students must pass the DQE and successfully defend their dissertation proposal.]

# FOURTH YEAR

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Fall		
CLP 7934	Cognitive and Affective Bases of Behavior	(3)
DEP 6099	Survey of Developmental Psychology (odd numbered years OR	s) (3)
PSB 6099	Psychobiology Prosem (even numbered years)	
PCO 7537	Vocational Psychology (even years)	
	OR	
PCO 6939	Consultation and Supervision (odd years)	(3)
	**Elective credits	<u>(3)</u>
		Total credits $= 12$
Spring		
PSY 7980	Dissertation	(6)
	**Elective credits	<u>(5)</u>
		Total credits = $11$

- Dissertation Proposal should be defended and internship applications submitted
- By the end of year 4, students will also have taken an approved Social Justice Course

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# YEAR FIVE

Please note that during the internship year, students do not have UF assistantships or tuition waivers. As such, you may not be able to receive financial aid loans during your internship year depending on your enrollment status. *Eligibility for loans/federal financial aid requires enrollment for 5 credits*. Therefore, students are financially responsible for the required credit hours during the internship year. U.S. citizens or green card holders who originally came from another state and during their first year in the program established in-state residence, as defined and required by UF, would pay for these credits at the in-state rate. For international students, these credits are charged at the out-of-state rate which is higher than the in-state rate. For updated information on in-state and out-of-state tuition and fees, visit the graduate school website at http://graduateschool.ufl.edu/

Fall		
PCO 7949	Internship	(1)
PSY 7980	Dissertation	<u>(2)</u>
		Total credits = $3$
Spring		
PCO 7949	Internship	(1)
PSY 7980	Dissertation	(2)
		Total credits = $3$
Summer		
PCO 7949	Internship	(1)
PSY 7980	Dissertation	<u>(2)</u>
		Total credits = $3$

**\*\*Note:** To meet the total requirement of 90 credits, you will need to take 11 additional elective credits in addition to the courses listed in this planning guide.

#### **Total Required Program Credits:**

**Important:** If obtaining a Master's degree at UF, upon your Master's defense, request that the graduate secretary submit a Transfer of Credit form to Graduate Student Records, requesting a "block" transfer of your Master's credits toward your doctoral degree.

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# Year-by-Year Course Selection Planning Guide – <mark>6 YEAR</mark>

The proceeding guide includes only fall and spring semester. For fall and spring semester, students on assistantships (.25 - .75 FTE) must enroll in at least 9 credits (amount covered by assistantship tuition waivers) but no more than 15 credits. Students on fellowships, grants, or other aid may have different course credit requirements and tuition waivers. **Students are financially responsible for any credits beyond the number of credits covered by their tuition waivers.** One way to reduce the out-of-pocket expenses for credits beyond those covered by tuition waivers is to register for credits (e.g., masters, thesis, electives) during the summer semesters in which students have summer assistantships that carry tuition remission. Note, however, such summer funding is not guaranteed; these assistantships require application and are allocated on a competitive basis. For updated information on in-state and out-of-state tuition and fees, visit the graduate school website at http://graduateschool.ufl.edu/.

\*Courses that are sequential and must be taken in the semester listed. All other courses are required but non-sequential and may be taken according to students' individual plans created in consultation with their advisor; note that courses are listed in the semester that they are typically offered.

**\*\*Note:** To meet the total requirement of 90 credits, you will need to take 14 additional elective credits in addition to the specified courses in this planning guide.

# FIRST YEAR

Fall

Spring

ган		
*PCO 6057	Counseling Theories & Research & Their Implications for Practice	(3)
*PSY 6930	Professional Ethics	(3)
*CLP 6527	Measurement, Research Design, & Statistical Analyses I	(3)
*Seminar in I	Psychological Science (no registration, but attendance required)	<u>(0)</u>
	Total credi	ts = 9
	[Master's research topic identified]	

~P8		
*PCO 7217	Pre-Practicum	(3)
*CLP 6528	Measurement, Research Design, & Statistical Analyses II	(3)
*PCO 6278	Multiculturalism and Diversity in Counseling Psychology	(3)
*Seminar in F	Psychological Science (no registration, but attendance required)	<u>(0)</u>
	Т	otal credits = 9

# [Master's research proposal completed]

[By the start of the second year, every U.S. citizen and green card holder should have established Florida residency, as defined by UF.]

# SECOND YEAR

# Fall

*PCO 7944	First Practicum	(1)
*PCO 6931	Counseling Psychology History and Contemporary Issues	(3)
PCO***	Qualitative Research Methods in Psychology or other appro-	oved graduate level data
	analysis course	(3)
PSY 6905	Individual work (**counted as elective credits)	<u>(2)</u>
		Total credits $= 9$
Spring		
*PCO 7944	Second Practicum	(1)
PCO 6316	Assessment I	(3)
*CLP 6169	Diagnosis and Treatment Planning	(3)
PSY 6971	Master's Thesis (if obtaining a Master's Degree)	<u>(3)</u>
		Total credits $= 10$

- Master's research paper successfully defended prior to beginning of third year; Successful defense prior to the third year is required to avoid probation.]
- If obtaining a Master's degree at UF, upon your Master's defense, request that the graduate secretary submit a Transfer of Credit form to Graduate Student Records, requesting a "block" transfer of your Master's credits toward your doctoral degree.
- [If obtaining a Master's degree, a total of 3 credits of PSY 6971 must be completed. These 3 credits are required during the semester in which the Master's degree is earned (e.g. 3 credits in spring)
- Review requirements for taking the Doctoral Qualifying Examination (DQE) which include successfully defending Master's research, completing a Planned Program of Study, choosing a dissertation topic, and applying for the DQE.]

# THIRD YEAR

Fall		
*PCO 7945	First Advanced Practicum	(1)
PCO 7537	Vocational Psychology (even years)	
	OR	
PCO 6939	Consultation and Supervision (odd years)	(3)
PCO 6317	Assessment II	(3)
PSY 6905	Individual work (**counted as elective credits)	<u>(2)</u>

Total credits = 9

Spring		
*PCO 7945	Second Advanced Practicum	(1)
SOP 6099	Survey of Social Psychology	(3)
PSY 6608	History of Psychology	(3)
PSY 6905	Individual work (**counted as elective credits)	<u>(2)</u>
		Total credits $= 9$

[During the fall semester of the fourth year, students planning to graduate in five years should plan to submit internship applications (generally due from late October to November). In order to be ready to apply for internship, students must pass the DQE and successfully defend their dissertation proposal.]

# FOURTH YEAR

Spring PSY 7980 \*\*Elective credits

**\*\***Elective credits

Dissertation

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Fall		
PCO 7537	Vocational Psychology (even years)	
	OR	
PCO 6939	Consultation and Supervision (odd years)	(3)
DEP 6099	Survey of Developmental Psychology (odd numbered years)	(3)
	OR	
PSB 6099	Psychobiology Prosem (even numbered years)	
	**Elective credits	(3)
		Total credits = $9$
Spring		
PSY 7980	Dissertation	(6)
101	**Elective credits	(3)
		$\int \frac{9}{100000000000000000000000000000000000$
FIFTH YEA		
	N	
I7 - 11		
Fall		
DEP 6099	Survey of Developmental Psychology (odd number years)	(3)
	OR	
PSB 6099	Psychobiology Prosem (even numbered years)	
CLP 7934	Cognitive and Affective Bases of Behavior	(3)

[Dissertation Proposal should be defended and internship applications submitted] By the end of your fifth year, you will have taken a required and approved social justice course.

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<u>(3)</u>

(6)

(3)

Total credits = 9

Total credits = 9

# SIXTH YEAR

Please note that during the internship year, students do not have UF assistantships or tuition waivers. Therefore, students are financially responsible for the required credit hours during the internship year. U.S. citizens or green card holders who originally came from another state and during their first year in the program established in-state residence, as defined and required by UF, would pay for these credits at the in-state rate. For international students, these credits are charged at the out-of-state rate which is higher than the in-state rate. For updated information on in-state and out-of-state tuition and fees, visit the graduate school website at http://graduateschool.ufl.edu/

Fall		
PCO 7949	Internship	(1)
PSY 7980	Dissertation	<u>(2)</u>
		Total credits $= 3$
Spring		
PCO 7949	Internship	(1)
PSY 7980	Dissertation	(2)
		Total credits = $3$
Summer		
PCO 7949	Internship	(1)
PSY 7980	Dissertation	<u>(2)</u>
		Total credits = $3$

**\*\*Note:** To meet the total requirement of 90 credits, you will need to take 11 additional elective credits in addition to the courses listed in this planning guide.

#### **Total Required Program Credits:**

**Important:** If obtaining a Master's degree at UF, upon your Master's defense, request that the graduate secretary submit a Transfer of Credit form to Graduate Student Records, requesting a "block" transfer of your Master's credits toward your doctoral degree.

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# **Elective Credits**

To fulfill the 11 additional elective credit hours, students may choose to take credits across a number of areas in order to tailor their curriculum to their professional objectives and goals. What follows are examples of training areas which student may pursue.

Aging/gerontology	Personality
Assessment	Psychology of women
Body image and eating disorders	Psychology of men and masculinities
Children and adolescents	Prejudice, stigma, and discrimination
Consultation	Qualitative research methods
Crisis intervention	Quantitative research methods and statistics
Cross-cultural or multicultural counseling	Rehabilitation counseling
Death and dying	Relationship and family therapy
Disability issues	Sexuality and sexual functioning
Forensics/Criminal justice	Sexual orientation and identity
Health psychology	Substance abuse and counseling
Gender studies and identities	Vocational behavior and career development
Organizations/administration	

The list above is not exhaustive, but is based on the interests of current and former students and faculty. In addition to the Department of Psychology, many departments on campus provide offerings in the areas above and in other areas of potential interest. These departments include but are not limited to African Studies; African American Studies; Anthropology; Education; Health Professions; Languages, Literature, and Cultures; Sociology, Statistics, Women's Studies and Gender Research. Students are encouraged to review the updated schedule of courses offered each semester at: <a href="http://www.registrar.ufl.edu/soc/">http://www.registrar.ufl.edu/soc/</a>.

# **Suggested Steps for Completing Program Milestones**

#### Phase I: Master's Degree or Master's Equivalency

- Step #1 Early on in your first semester in the Program, meet with your advisor to discuss directions for your master's research, and explore the advantages and disadvantages of meeting the Master's research requirement of the program via a Master's Degree or a Master's Equivalency (see Department of Psychology Graduate Student Handbook for detailed description of these options: <u>http://www.psych.ufl.edu/</u>).
- Step #2 If you choose to pursue a Master's Degree, form your Master's Supervisory Committee no later than then end of your second semester in the Program and before completing 12 or more credits.

If you choose to pursue the Master's Equivalency option, form your Doctoral Supervisory Committee.

Make sure that a valid and current Supervisory Committee Appointment Form is filed with the Graduate School and the Graduate Coordinator no later than the end of your second semester in the Program and before completing 12 or more credits (Master's committee if pursuing Master's degree option; Doctoral committee if pursuing the Master's Equivalency option). Have a copy put in your student file (form can be found on Current Grads section of the psychology department website: <a href="http://www.psych.ufl.edu/">http://www.psych.ufl.edu/</a>).

Step #3 Complete the Master's Degree by completing and defending your Master's Thesis OR by completing and defending the Master's Equivalency (see Department of Psychology Graduate Degree Regulations for detailed description of these options: <u>http://www.psych.ufl.edu/</u>).

Successful defense prior to the third year is required to avoid probation.

If obtaining a Master's degree at UF, upon your Master's defense, request that the graduate secretary submit a Transfer of Credit form to Graduate Student Records, requesting a "block" transfer of your Master's credits toward your doctoral degree.

Step #4 Complete PCO 6057, PCO 6931, and PCO 6278.

#### Phase II: Planned Program of Study and Qualifying Exam

- Step #5 If your earlier committee was a Master's Committee because you pursued a Master's degree option, form your Doctoral Supervisory committee and file the Doctoral Supervisory Committee Form with the Graduate School and the Graduate Coordinator. If you pursued the Master's Equivalency option, then your Doctoral Committee should already be formed.
- Step #6 Have your Doctoral Supervisory Committee review and approve your Doctoral Planned Program of Study. This review can occur in an in-person meeting or via other communication method agreed upon by your committee. Have the Planned Program of

Study form and accompanying materials signed by your Doctoral Supervisory Committee chairperson and placed in your student file.

- Step #7 File an application to take the qualifying exam by the application deadline (Application deadlines are typically about one week before the start of the exam).
- Step #8 Take the written component of the Doctoral Qualifying Exam.
- Step #9 Schedule and take the oral component of the Doctoral Qualifying Exam no longer than three weeks after the written exam has been completed. After successful completion of the qualifying exam, you are formally admitted to doctoral candidacy. Have your Admission to Candidacy Form signed by all your committee members before they leave the exam room.

#### **Phase III: Dissertation and Internship**

- Step #10 Prepare your formal dissertation proposal which typically includes the introduction, literature review, and proposed methods and analyses of your dissertation.
- Step #11 Schedule and hold your dissertation proposal meeting. After successfully proposing your dissertation, you are eligible to apply for internship.
- Step #12 Apply for internship.
- Step #13 Complete the dissertation and after your advisor's approval, submit the dissertation to the Graduate School (first submission). Be sure to check with the graduate school about the deadline for first submission in the semester that you are planning to graduate.
- Step #15 Schedule your dissertation defense (oral exam). After successful defense, submit your dissertation in final form (two copies; one for the graduate school, one for the library) to the graduate school and a copy to the Counseling Psychology Program.
- Step #17 Complete internship.
- Step #18 Graduation and celebration!

# **Counseling Psychology Doctoral Program of Study**

Department of Psychology, University of Florida

\*Note: This form should be attached to a one-page statement of purpose or goals, and a dissertation title with a brief description of the dissertation, before being submitted.

Name:	UFID:
SUPERVISORY COMMITTEE	
Chair:	External Member:
Member:	_Member:
Member:	Member:

#### **PROGRAM OF STUDY**

I. Basic Scientific Psychology Core (15 credits required)						
Course	Title	Crd	Term Completed	Grade		
SOP 6099	Survey of Social Psychology	3				
PSB 6099	Survey of Physiological & Comparative Psychology					
CLP 7934	Cognitive and Affective Bases of Behavior	3				
DEP 6099	Survey of Developmental Psychology	3				
PSY 6608	History of Psychology	3				

II. Basic Counseling Psychology Core (21 credits required)					
Course	Title	Crd	Term Completed	Grade	
PCO 6057	Counseling Theories and Research & Their Implications for Practice	3			
PCO 6931	Counseling Psychology History and Contemporary Issues	3			
PCO 6278	Multiculturalism and Diversity in Counseling Psychology	3			
PCO 7537	Vocational Counseling Psychology	3			
PCO 7217	Professional Ethics and Skills: Pre-Practicum	3			
CLP 6169	Diagnosis and Treatment Planning	3			
PCO 6939	Consultation and Supervision	3			
PSY 6930	Professional Ethics	3			
TBD	Social Justice Course	3			

III. Assessment (6 credits required)					
Course	Title	Crd	Term Completed	Grade	
PCO 6316C	Psychological Assessment I	3			
PCO 6317	Psychological Assessment II	3			

IV. Statistics and Research (27 credits required)					
Course	Title	Crd	Term Completed	Grade	
CLP 6527	Measurement, Research Design & Statistical Analysis - Pt I	3			
CLP 6528	Measurement, Research Design & Statistical Analysis - Pt II	3			
PCO****	Qualitative Research Methods Psychology	3			

V. Practica / Internships (7 credits required)					
Course	Title	Crd	Settings		
PCO 7944	Practicum I	1			
PCO 7944	Practicum II	1			
PCO 7945	Advanced Practicum I	1			
PCO 7945	Advanced Practicum II	1			
PCO 7949	Internship I [Fall]	1			
PCO 7949	Internship II [Spring]	1			
PCO 7949	Internship III [Summer]	1			
- OR -	another Multivariate Statistics co	ourse		3	
PSY 6971	Master's Research			3	
PSY 7980	Doctoral Research			12	

VI. Elective C	VI. Elective Credits (11 credits required)					
Course	Title	Crd	Term Completed	Grade		

# **VII.** Publications and Presentations

List in chronological order on a separate sheet.

VIII. Credits Earned for Doctoral Program					
Source of Credits	Number of Credits				
University of Florida total credits					
Transfer credits					
Total Program credits         (Do not calculate until term of graduation)					

#### SIGNATURES

Student Signature

Date

Committee Chair Signature

Date

# **Procedures for Credit Transfers and Course Exemptions**

#### **Prior Coursework**

If obtaining a Master's degree at UF, upon your Master's defense, request that the graduate secretary submit a Transfer of Credit form to Graduate Student Records, requesting a "block" transfer of your Master's credits toward your doctoral degree.

If you are entering the program with a Master's degree from another institution, submit a letter to the graduate secretary that requests the transfer of up to 30 credits (as a block) based on your previous graduate coursework (all with grades of A or B). Include a copy of the transcript for the credits involved and a statement regarding the relevance of the course work to the degree. This letter should be signed by your advisor (on behalf of your full supervisory committee and with that committee's approval), as well as by the Area/Training Director and the Graduate Coordinator. The graduate secretary will submit a Transfer of Credit form requesting the transfer. This transfer must be requested within the first year as a UF student.

If you want to waive specific program courses, request letters from UF professors who teach the course(s) you wish to waive. You should give these professors copies of relevant syllabi to assist their decision-making. When a decision is made by a professor to waive a course, ask her/him to state this decision in writing. Give a copy of this letter to your advisor and two copies to the Graduate Secretary for your departmental student file (she will also place a copy in your program student file). Keep a copy for your own files.

Students will not be granted exemptions for Multiculturalism and Diversity in Counseling Psychology, Pre-Practicum, or Practicum courses.

# **Overview of Research Training**

The Program includes required research training composed of research courses, Master's research, and Dissertation research. The program also encourages students to pursue additional research opportunities that promote their research training and productivity (e.g., conference presentations, journal publications).

# **Research Course Requirements**

Research competency in the Counseling Psychology Program involves the completion of a two-course sequence (6 credit hours) plus course in qualitative research methods. The two-course sequence is:

- CLP 6527 (3 credits) Measurement, Research Design, and Statistical Analyses Part I Students are taught topics including research design, data screening, internal and external validity, correlation, and simple regression.
- CLP 6528 (3 credits) Measurement, Research Design, and Statistical Analyses Part II Students are taught topics including analysis of variance and covariance, non-parametric statistics, power analysis, logistic regression, and tests and measurements including reliability and validity.

Students generally need a sufficient background in statistics, research design, and computer operations prior to the initiation of their own research. For this reason, the two-course sequence titled Measurement, Research Design, and Statistical Analyses is completed during the first year of the Program. In both of the above courses, practice in applying analyses to actual data within the context of appropriate research designs is emphasized.

In addition to the two-course quantitative sequence described above, students must complete a qualitative research course. This may be PCO \*\*\*\*(3 credits) Qualitative Research Methods in Psychology OR another 3- credit qualitative research course approved by the student's supervisory committee. This is a content (qualitative research methods) and not course-specific requirement. Students can also petition program faculty to take a multivariate statistics course, instead, if it is approved by the student's supervisory committee.

Additional courses in research methods or analyses may be taken as part of the students' 12 elective credits. Such courses may be offered across a variety of departments (e.g., Education, Statistics). Students are encouraged to review the updated schedule of courses offered each semester at: <u>http://www.registrar.ufl.edu/soc/</u>.

# **Master's and Dissertation Research Requirements**

All students are required to complete the Master's and Dissertation research requirements. Steps and requirements for the Master's and Dissertation research are summarized in the "Steps for Completing Program Milestones" section of this Handbook and in the Psychology Department Graduate Regulations: <u>http://www.psych.ufl.edu/</u>. Students are encouraged to pursue scholarly presentation and publication of their Master's and Dissertation research.

Students are required to successfully defend the Master's Thesis or Equivalency prior to their third year in the program in order to avoid probation.

#### Master's Thesis and Oral examination

All students must submit a thesis, which must be an original, scholarly contribution to the student's area of Psychology. Most will entail empirical studies and all should be of a publishable quality as determined by the student's supervisory committee. Although the student will work closely with the advisor and Supervisory Committee throughout the thesis process, the writing and analysis of the thesis is expected to be conducted by the student. Should the student solicit any type of paid or substantive assistance in conducting the writing and analysis of the thesis, the student must provide a comprehensive description of all such assistance to the Supervisory Committee prior to scheduling the oral examination. Committee members may ask for additional details or prior drafts as needed to verify the independence of the work.

The thesis must be formatted for submission to an identified peer-reviewed scholarly journal. After the thesis has been passed as acceptable by the Supervisory Committee at an oral examination, the student must format the final version according to the formatting requirements of the graduate school for Master's theses and submit that final version to the graduate school.

The oral examination will be conducted by the Supervisory Committee on the thesis and other aspects of the student's program. All faculty members are invited to participate in every oral examination, and student observers are welcome if invited by the candidate and approved by the committee chair. The oral examination ordinarily will take place during the fall or spring semester; this exam will be given during the summer only with the consent of all members of the Supervisory Committee.

#### Master's Equivalency & Oral Examination

Students who do not wish to acquire a Master's degree in our department, and who do not already have a Master's degree with a research report component that has been recognized by the student's supervisory committee as equivalent to a Master's degree with thesis in our department, need to follow the regulations for Master's degrees outlined in Subsection A above, with the following departures.

Students submit to the same examination as for a Master's degree.

#### **Doctoral Dissertation & Oral Examination**

The departmental regulations concerning the dissertation proposal and defense are identical to those for the Master's described in Section II.A above. The Doctoral dissertation must be an original, scholarly contribution to the discipline of Psychology. Most will entail empirical studies. As with the thesis, the writing and analysis of the dissertation is expected to be conducted by the student. Should the student solicit any type of paid or substantive assistance in conducting the writing and analysis of the thesis, the student must provide a comprehensive description of all such assistance to the Supervisory Committee prior to scheduling the oral examination. Committee members may ask for additional details or prior drafts as needed to verify the independence of the work. The final oral defense of the dissertation should be scheduled no later than three weeks before the end of the term, and the Graduate Program Assistant should be notified as soon as the meeting is scheduled. The final defense ordinarily will take place during the fall or spring semester; a summer defense will be given only with the consent of all members of the Supervisory Committee.

# Additional Research Training Opportunities

Beyond the above research requirements, students are encouraged to pursue research collaboration opportunities that promote their research training and productivity (e.g., conference presentations, journal publications). For example, students may pursue collaborative research through existing or newly initiated research teams that consist of faculty members and students who work together on projects of special interest. These research team collaborations may occur with students' advisors and their research teams, and well as with other faculty, students, and research teams; please consult the faculty directory on the Department of Psychology Website (<u>http://www.psych.ufl.edu</u>) for an up-to-date description of faculty research programs.

These additional research training opportunities are encouraged, but optional, and should be pursued in the context of students' interests, goals, and other responsibilities, and in a manner that does not hinder students' progress and performance in required coursework, Master's or Dissertation research, required clinical training, or other required responsibilities (e.g., teaching assistantship). An important caveat is that research training obtained while a student is employed as a research assistant has required time and effort responsibilities commensurate with the assistantship appointment. Specifically, while work across an academic semester may vary and is not always consistent week-to-week, in accordance with the agreement between the Graduate Assistants United and the UF Board of Trustees, no research assistant shall be assigned employment responsibilities during semester that exceed an average of ten (10) hours per week for one-fourth time (.25 FTE); thirteen and one third (13.3) hours per week for one-third time (.33 FTE); twenty (20) hours per week for a one half time appointment (.50 FTE); or thirty (30) hours per week for a three-quarter time appointment (.75 FTE).

# **Teaching Assignment Guide**

Students are given the opportunity to teach undergraduate psychology courses during the Fall and Spring semesters if they are funded via a teaching assistantship. Students are required to have a master's degree to be the instructor of record. Students typically only teach their third year in the program and beyond. Occasionally students who enter the program with a master's degree can teach during their second year. However, this is unusual and often not possible given the limited number of courses available to teach each semester and priority given to more senior students in the program. Below are key Questions and Answers about the process:

# 1. Do I have to teach?

Yes, you must teach at least one course during your time in the program.

# 2. How can I request to teach?

Usually about 6 months prior to a semester starting the area director will ask if you want to teach that semester. You will need to reply to that email with a yes or a no. It is important that if you request to teach, you are certain that for that semester you have a teaching assistantship (versus a research assistantship). You can only teach when your assistantship is a teaching assistantship. If you are not sure what your assistantship is for an upcoming semester, please consult with your advisor.

# 3. Is everyone who requests to teach able to teach?

Some semesters there are fewer courses available to teach then students who request to teach. In this case some students may need to serve as TAs, instead of teachers.

# 4. How are specific teaching assignments made?

In the email asking about teaching interest, the area director will also ask you to rank order your preferences for courses that are available to teach that semester. However, historically some courses have been more popular to teach then others and so the program works to ensure equity amongst assignments for all students. Therefore, most students will teach 2-3 different courses during their time in the program. More senior students are given priority in teaching their preferred courses.

The area director will then compile all preferences, track students to best ensure equity, and then make recommendations for students to teach specific courses to the department chair. The area director and counseling area make recommendations but do not have final say on assignments. The department chair has final say. Although most area recommendations are approved, there are occasional changes made at the department level due to such things as a greater need for teaching in certain courses or low course enrollment.

# 5. When do we know final course assignments?

Typically, about three months before the semester starts the area director will share a full list of all course assignments. This is an opportunity to make sure the date and time of your course assignment does not interfere with courses you are taking as a student.

#### 6. If I do not like my final course assignment, can I change it?

Typically, no. The final course assignment schedule represents the official schedule for that semester with budgets allocated based on those specific courses being offered and those specific instructors teaching them. However, occasionally students have been able to trade course assignments with one another as long as all courses remained covered.

#### 7. How do I best prepare to teach a course I have not taught before?

Virtually every course you will be assigned to teach has been taught by more senior students. Feel free to reach out to them with your questions and to ask for their materials. If you are not sure who has taught it before, ask the area director.

#### 8. Can I teach in the summer?

Maybe. Summer is separately budgeted and decided directly by the department chair and associate chair, without area or area director coordination. Watch for an email from the department during Fall semester soliciting student applicants to serve as instructors and teaching assistants.

# **Overview of Clinical Training**

# Practicum

Students will be engaged in a pre-practicum experience during the Spring semester of their first year. In addition, students are required to complete a two-semester practicum at the UF Counseling and Wellness Center, and two advanced practica at approved university or community practicum sites. One (1) advanced practicum credit may be exempted by virtue of prior training or experience. Detailed information regarding practicum and advanced practicum training can be found in the Practicum and Advanced Practicum Manual for the Counseling Psychology Program at the end of this section.

# **Professional Practice**

The Counseling Psychology Program has endorsed the general guidelines provided by APA for the provision of professional clinical services by trainees. The Program policy is as follows:

APA ethical standards are binding on counseling psychology graduate students. Students are responsible for acquainting themselves with

- a. the APA Ethical Principles of Psychologists
- b. Standards of Providers of Psychological Services
- c. Specialty Guidelines for the Delivery of Services by Counseling Psychologists
- d. Standards concerning the use of Psychological Tests
- e. Standards Governing the Use of Animals and Humans in Research
- f. Standards concerning Information Dissemination, and
- g. Standards concerning Professional Relationships.

Students seeking extra-curricular professional experience beyond the required practicum sequence must file a Professional Practice Request with the program. A copy of this Form is at the end of this section. Such practice must 1) be judged by the students' advisor and the Area/Training Director to be consistent with the student's program of professional training, 2) be supervised by a licensed psychologist, or other licensed mental health professional reviewed and approved by the Area/Training, Director and 3) not otherwise interfere with the successful completion of the student's program of study.

Again, extra-curricular clinical training opportunities are optional and should be pursued in the context of students' interests, goals, and other responsibilities, and in a manner that does not hinder students' progress and performance in required coursework, Master's or Dissertation research, required clinical training, or other required responsibilities (e.g., teaching assistantship). An important caveat is that clinical training obtained while a student is employed as a graduate assistant in a clinical setting has required time and effort responsibilities commensurate with the assistantship appointment. Specifically, while work across an academic semester may vary and is not always consistent week-to-week, in accordance with the agreement between the Graduate Assistants United and the UF Board of Trustees, no research assistant shall be assigned employment responsibilities during semester that exceed an average of ten (10) hours per week for one-fourth time(.25 FTE); thirteen and one third (13.3) hours per week for one-third time (.33 FTE); twenty (20) hours per week for a one half time appointment (.50 FTE); or thirty (30) hours per week for a three-quarter time appointment (.75 FTE).

In order for any counseling practice to be considered sanctioned training within the program and for the purposes of internship application, the practice must be approved by the student's advisor and the

Area/Training Director (see Approval for Professional Practice for Counseling Psychology Students form in this Handbook), and the student must be registered for appropriate course credit (typically PCO 7945 Advanced Practicum). Any counseling practice pursued as part of the students' training in the program that is not cleared with a student's advisor and the Area/Training Director is in violation of program procedures and may not be listed on the internship application form. 62

Approval for Professional Practice for Counseling Psychology Students Department of Psychology, University of Florida					
Name:					
Email:		Phone:			
Mailing Address:					
Place and nature of proposed Professional Pra					
Beginning Date: Ending I	Date: Semester:				
Number and types of clients involved:					
Setting and hours of counseling:					
Total Weekly Hours at Site:					
Nature of Supervision:					
Days and Times of Individual Supervision: Weekly Hours of Group Supervision:	Weekly Hours of Individual Supervisi				
Supervisor:	Email:				
Phone:	Address:				
Is supervisor a licensed psychologist, or other	licensed mental health professional?	Yes No			
Is supervisor present at the training site, include	ling when the student is seeing clients?	Yes No			
Will evaluation be based in part on direct obse	1	or electronic? Yes No			
Please attach supervisor's vita, including licen	sure information.				
My signature indicates that I am willing to sup	pervise this student as described above.				
Student Date	Supervisor	Date			
Supervisory Committee Chair Date	Area/Training Director	Date			

# Practicum & Advanced Practicum Manual

Counseling Psychology Program

# 2022-2023

An APA Accredited Program American Psychological Association Office of Program Consultation and Accreditation 750 First Street NE Washington, DC 20002-4242 (202) 336-5979

Department of Psychology, University of Florida

Note: The Program Handbook is subject to change over time and this version of the Handbook may not contain the most current procedures and forms. Please use the most updated version of the Handbook on the program website for procedures, forms, and appendices related to practicum training. As per the introductory letter in this Handbook, changes to practicum procedures and forms will be applicable to all enrolled students in the program.

# **Counseling Psychology Training Through Practica**

The practicum sequence in the Counseling Psychology Program at the University of Florida (UF) provides an excellent graduated and community-integrated training experience in counseling psychology. In addition to a pre-practicum experience, each student is required to complete two semesters of practicum (1 credit each) and two semesters of advanced practicum (1 credit each) before the year-long pre-doctoral internship. Students ordinarily obtain experiences in university, community, and institutional/medical settings in preparation for internship, which customarily occurs during the fifth year in the Program.

# **Practicum Structure**

# **Pre-practicum**

All first year students are enrolled in a professional training sequence. During the Spring semester of the first year students enroll in the pre-practicum (entitled Ethics and Skills, PCO 7217) in which they establish carefully monitored contact with clients through the UF Counseling and Wellness Center (CWC). The objective of the pre-practicum is to develop proficiency in basic communication and interview skills, including the ability to establish therapeutic rapport, regulate therapeutic interaction, and terminate the counseling process.

# **Overview of Practicum and Advanced Practicum Training**

Practicum training is required to develop broad-based counseling competencies that are tailored to the student's subspecialization interests (e.g., vocational, family, assessment). This training involves a sequence of graduated practicum experiences.

During the Fall and Spring semesters of students' second year, following the successful completion of the Pre-practicum experience (PCO 7217), students enroll for a two-semester Practicum (PCO 7944) at the University Counseling and Wellness Center. Practicum students are provided midpoint and final evaluations during each of the two semesters to maximize feedback regarding their progress and professional development. The successful completion of this two-semester practicum sequence qualifies students to enroll for an Advanced Practicum (currently listed as PCO 7945) in their third year. Successful completion of two Advanced Practicum is required with enrollment in the second Advanced Practicum contingent upon successful completion of the first. Successful completion of the second Advanced Practicum must occur prior to the internship experience.

The program requirements for the practicum sequence are designed to ensure that each student accumulates in excess of 900 pre-doctoral, pre-internship practicum hours. Supervision should be conducted by licensed psychologists in individual or group supervision contexts, or by other licensed mental health professional subject to review and approval by the Area/Training Director. In addition to the supervision provided during the pre-practicum, each student receives two hours of normally scheduled supervision per week as part of the two semesters of Practicum and as a part of the two semesters of Advanced Practicum, resulting in a total of approximately 120 hours of formally scheduled supervision across these four semesters of practicum experiences, excluding the Pre-Practicum experiences that precedes them.

#### **Counseling Center Practicum Requirements**

During the two-semester practicum at the Counseling and Wellness Center, students are expected to see an average of 5-6 clients per week. The CWC practicum typically ends the final full week of courses and you are expected to have all paperwork done by finals week. Students should plan hours accrual accordingly. There is a minimum expectation of 40 client contact hours for the Fall semester, and a minimum of 50 hours during the Spring semester. Other criteria for obtaining a passing course grade include adherence to the Counseling and Wellness Center administrative policies and recommendations for professional behavior, attendance and participation at group and individual supervision meetings, and completion of all assigned work within the supervision settings.

The practicum requires an average of 12 - 15 hours per week of on-site time, typically distributed as follows: 4 to 5 hours of client contact, 2 to 4 hours of case management, consultation and preparation of supervision (including watching of own video's), 3 hours for group supervision, 1 hour of individual supervision, and 1.5 hours of participation in clinical team meetings. Additional time is also required for class requirements, such as preparation of case presentations, viewing of peer's videos, etc.

#### **Advanced Practicum Requirements**

Each student will spend between 12 and 15 hours per week (and no more than 20 hours) at their required two-semester Advanced Practica. Allowing for time spent getting started during the first week of each semester, students will log approximately 225 on-site hours (15 weeks x 15 hours) per semester of each of their two required Advanced Practica. Consequently, each student should accumulate approximately 450 hours of Advanced Practica. Students are expected to maintain a minimum service load of approximately 5 client contacts per week (including contacts with individuals, families, and groups), resulting in approximately 75 client contact hours per semester, minimally (15 weeks x 5 clients). Over the course of the required two-semester Advanced Practicum, approximately 150 client contacts will be logged, minimally.

The two semesters of Advanced Practicum may be completed at one or more of the approved practicum agencies (see the Manual Appendices Section) or at an alternative Advanced Practicum site for which approval is requested by a student and then approved by the core program faculty, the student's advisor and the Area/Training Director. Students may elect to enroll in an Advanced Practicum in the summer following their first year provided that they have suitable practicum experience prior to their matriculation in the Counseling Psychology Program (i.e., a master's degree). This option requires the prior approval of the student's advisor and the Area/Training Director. In order to secure Advanced Practica, students follow these steps:

- Step 1. Contact the Practicum Coordinator during the Spring Semester of their first year to discuss professional interests and practicum availability.
- Step 2. Complete the site's application and contact that agency no later than midterm of the semester preceding their proposed practicum assignment.
- Step 3. Notify the Practicum Coordinator of the acceptance of their application by the appropriate person at the practicum site. A course section number is provided for registration purposes.
- Step 4. Once a supervisor is identified, the supervisor and student sign an Advanced Practicum Supervisory Agreement Form. Ordinarily, at least two hours per week of supervision are

provided: one hour of individual supervision and one hour of group supervision or case conference.

Some advanced students may choose to do a smaller advanced practicum that does not accrue the typical total hours for advanced practicum, but otherwise meets all program requirements for program sanctioned and for "counting" for internship. In such cases, students would be evaluated according to their performance in the advanced practicum and not penalized for hours below the minimum for advanced practicum. However, this option would only be available and allowed AFTER the two required semesters of advanced practicum have been completed. It is important to document the expected number of hours in the supervisory agreement form at the beginning of the semester.

# Criteria for Established and Alternative Advanced Practicum Sites

Criteria that are met by established Practica and Advanced Practica sites and that are used to determine the viability of alternative sites include:

- 1. Overall satisfactory conformity to the American Psychological Association and program standards;
- 2. Goodness-of-fit between the training that will be provided and the specialty interests of the student;
- 3. Completion of a satisfactory contract within the agency concerning the nature of training experience; and
- 4. Availability of a licensed psychologist, or other licensed mental health professional for supervision.
- 5. Presence of a supervisor at the site where the practicum will occur. A supervisor must be present on site during any time in which a student is seeing clients.
- 6. Evaluation of practicum student will be based in part on direct observation of the practicum student, as defined by APA and organizational practices.

Arrangements regarding Advanced Practicum assignment to alternative sites are initiated with the Practicum Coordinator.

# Supervision

Students in the University of Florida's Counseling Psychology Doctoral Program are viewed as psychotherapists-in-training. A very large component of learning how to conduct psychotherapy comprises the development and maintenance of a supervisory relationship with a clinical supervisor. To this end, all doctoral students who are enrolled in Practica or Advanced Practica (PCO 7944 and PCO 7945 respectively) should receive at least one hour per week (or one hour for every 5-10 direct service hours) of individual supervision for the clinical work that they do. Practicum students cannot render clinical services unless or until they have an individual supervisor. Additionally, one or more hours must be devoted to participation in group supervision, case conferences, staffings, and other activities. Additionally, the content of supervision may vary from site to site.

If students are not supervised by a licensed psychologist in State of Florida at a practicum site and want an opportunity to consult with one, the program will provide ongoing weekly opportunity to discuss clinical work.

Students should understand the following characteristics of supervision experiences:

a) Supervision is not therapy, and therefore all communication in supervision is not confidential and can be mentioned during evaluations.

b) Clinical faculty members from the UF Counseling and Wellness Center meet with Counseling Psychology core faculty each semester to discuss the progress of students in pre-practicum and practicum.

c) Forms used to evaluate Advanced Practicum sites and supervisors are not given directly to the individual supervisors. Instead, students should complete and give this form to the Advanced Practicum Instructor. This feedback is used to inform the Program faculty regarding practicum sites and reasonable efforts will be made to keep the identity of the student providing feedback confidential from the individual supervisor; this may involve aggregating feedback across semesters or years. The forms used to evaluate the CWC practicum experience are also treated with respect and concern for student confidentiality.

# **Student Malpractice Insurance**

All students who are enrolled in Pre-practicum, Practicum, or an Advanced Practicum, are required to possess an active student malpractice insurance policy. By becoming student members of the American Counseling Association or the American Psychological Association, students can purchase malpractice insurance for a very reasonable cost. Information about insurance policies can be found at: <u>www.apait.org</u> or <u>http://www.counseling.org/Students/PDF/ACA\_Student\_Coverage\_FAQs.pdf</u>. Students are expected to purchase coverage prior to the time that they begin their Pre-practicum work with their clients at the Counseling Center. That is, students should purchase this insurance before beginning the pre-practicum (Ethics & Skills Course) in the spring semester of their first year. Students also can be required to provide proof of their insurance coverage upon inquiry by either the Practicum Coordinator or their supervisor(s) at the Practicum or Advanced Practicum site.

# **Procedures for Practicum Evaluations and Grading**

Each semester students are enrolled in practicum they must complete and submit evaluations of their current skills, practicum site, and supervisor.

# Practicum (PCO 7944)

The UF Counseling and Wellness Center has an established evaluation procedure that will be described to students during their practicum orientation. In this procedure, students will be evaluated by their individual and group supervisor and graded by the Practicum Course instructor with input from their individual and group supervisor. In addition:

1. It is the student's responsibility to track their direct, supervision, and indirect hours using Time to Track, paid for by the department. Their hours documentation forms should be signed by their supervisor at the end of the semester. One copy is retained by the CWC, one copy should be retained for the student's own records, and a third copy should be provided to the Training Director (either by the student or the CWC practicum coordinator) by the end of Finals week each semester.

2. Students are required to complete evaluation forms of their training experience, their individual supervisor, their group supervisor, and the CWC practicum coordinator. These will be provided by the CWC practicum coordinator, and then redacted and sent to the Area/Training Director.

# Advanced Practicum (PCO 7945)

Each agency may have its own forms and procedures for evaluation. In addition to any agency-specific forms and procedures, the Program requires the following procedures.

<u>One week before the last week of classes</u>, students must submit the following completed forms to the Advanced Practicum Instructor (all forms are included in this Handbook). Students should also retain a copy of all completed forms for their own records.

- 1. Students are required to provide their supervisor(s) with the Advanced Practicum Evaluation Form. This form is completed by the student's supervisor(s) and signed by the supervisor(s) and student. The supervisor will also be asked to go over this form with the trainee. Students should submit (or have their supervisor submit) the completed and signed form to the Advanced Practicum Instructor.
- 2. Students are required to complete the **Practicum Hours Documentation Form** and obtain their supervisor's signature approving these hours. Students should track their hours using Time to Track, which is paid for by the department.
- 3. Students are required to complete the **Practicum Site**, **Supervisor**, and **Student Evaluation Form** and to submit it to the Advanced Practicum Instructor.
- 4. The Advanced Practicum Instructor will be responsible for receiving the forms, monitoring their timely submission, and submitting grades based on an assessment of supervisor evaluations, any additional information, and completion of the required forms. Forms not submitted for any reason by the deadline will result in a grade of incomplete for the semester and/or may warrant further review and remediation.
- 5. The Advanced Practicum Instructor will share the forms above with faculty advisor and area faculty so that this information can be incorporated into the Annual Evaluation. The Advanced Practicum Instructor will then place the evaluation forms in the student file.

Each student in a Practicum or Advanced Practicum receives two evaluations per practicum; one formal or informal mid-point evaluation and one formal written evaluation at the end of the semester. Written evaluations are retained in the student's program file.

The Pre-practicum, Practicum, and Advanced Practicum experiences are graded as follows:

- A: Complete all requirements and met expectations of the practicum. Additionally, students must demonstrate competency in counseling skills and professional behavior expected at this level of counselor development, as well as achieve expected number of client contact hours, supervision, and participation in training activities.
- **B**: Student has demonstrated competency in some of the counseling skills and professional behavior expected at this level of counselor development, however significant weaknesses have been observed

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in counseling or overall professional functioning. Student has achieved expected number of client contact hours, supervision and participation in training activities.

- I: Student has demonstrated competency in counseling skills and professional behavior expected at this level of development, however, student has failed to complete the expected number of client contact hours or other required training activities. Grade is withheld pending completion of requirements.
- E: Student has failed to meet expectations of the practicum. Student has not demonstrated competency in counseling skills and professional behavior expected at this level of development.

# **Unsatisfactory Progress**

In cases of unsatisfactory progress or a failing grade, the procedures outlined in the Evaluation of Student Competencies section are followed.

#### Incompletes

Students will receive a grade on an of Incomplete (I) because they have not logged the required number of contacts or practicum hours the allotted semester. Incompletes must be resolved as soon as possible given the student's and practicum site's availability for students to see clients and be supervised beyond the semester-long Practicum or Advanced Practicum training period. Once the semester requirement has been met for removing the incomplete, a student for whom the Incomplete should be removed will submit a completed Practicum Evaluation form and notify the practicum course instructor and the Area/Training Director.

Department of Psyc	chology, University of Florida	
Name:	UFID:	
Email:	Phone:	
Mailing Address:		
Place and nature of Advanced Practicum Ad		
Beginning Date: Endin		ster:
Number and types of clients involved:		
Total Weekly Hours at Site:	Anticipated Client Contact Weekly	' Hours:
Nature of Supervision:		
Days and Times of Individual Supervision:		
Weekly Hours of Group Supervision:	_Weekly Hours of Individual Supervi	ision:
Supervisor:	_Email:	
Phone:	Address:	
Is supervisor a licensed psychologist, or oth Yes No	her licensed mental health professional	1?
Is supervisor present at practicum site, inclu Yes No	iding when the student is seeing client	ts?
Will evaluation be based in part on direct of electronic? Yes No	bservation of the practicum student, e	ither live or
I will attend supervision as described above	e. Student	Date
I agree to supervise this student as described	d above	
	Supervisor	Date

# **Advanced Practicum Competencies Evaluation Form**

Department of Psychology, University of Florida

Student Name	Academic Term
Supervisor Name	Date of Evaluation
Setting	

Setting \_\_\_\_\_

Is this evaluation based in part on direct observation (live or electronic) of the practicum student as agreed to in the Advanced Practicum Supervisory Agreement Form? Yes No

Please rate the level of competency of your supervisee on each of the following items based on the following scale.

iono ning bearer			
Significantly below	Approach expected	Meet expected level of	Surpass expected level
expected level of	level of competency:	competency:	of competency:
competency:	Performance is near	Performance is at	Performance is above
Performance is	expected level for this	expected level for this	expected level for this
significantly below	stage of training	stage of training	stage of training
expected level for this			
stage of training			
1	2	3	4

If you have not had the opportunity to observe a behavior in question, please indicate this by circling "No Opportunity to Observe" [N/O]. If you give a rating of "1" or "2," explain and provide recommendation for training in the narrative evaluation at the end of the evaluation form.

# FOUNDATIONAL COMPETENCIES

# **I. PROFESSIONALISM**

1. Professionalism: as evidenced in behavior and comportment that reflect the values and attitudes of						
psychology.						
1A. Integrity - Honesty, personal responsibility and adherence to professional values						
Adherence to professional values infuses work as psychologist-						
in-training; recognizes situations that challenge adherence to						
professional values	1	2	3	4	[N/O]	
1B. Deportment						
Communication and physical conduct (including attire) is						
professionally appropriate, across different settings	1	2	3	4	[N/O]	
1C. Accountability						
Accepts responsibility for own actions	1	2	3	4	[N/O]	
1D. Concern for the welfare of others						
Acts to understand and safeguard the welfare of others	1	2	3	4	[N/O]	
1E. Professional Identity						
Displays emerging professional identity as psychologist; uses						
resources (e.g., supervision, literature) for professional						
development	1	2	3	4	[N/O]	

	1 1 111 .	1	•	<u> </u>	11 .1
2. Individual and Cultural Diversity: Awareness, sensitivity a					
diverse individuals, groups and communities who represent var		al and	persona	il backg	round and
characteristics defined broadly and consistent with APA policy.					
2A. Self as Shaped by Individual and Cultural Diversity (e.g., cult					
those based on age, gender, gender identity, race, ethnicity, culture, na	itional origi	in, relig	ion, sexu	ual orient	tation,
disability, language, and socioeconomic status) and Context					
Monitors and applies knowledge of self as a cultural being in					
assessment, treatment, and consultation	1	2	3	4	[N/O]
2B. Others as Shaped by Individual and Cultural Diversity and C	ontext				
Applies knowledge of others as cultural beings in assessment,					
treatment, and consultation	1	2	3	4	[N/O]
2C. Interaction of Self and Others as Shaped by Individual and C	ultural Div	ersity a	and Con	text	
Applies knowledge of the role of culture in interactions in					
assessment, treatment, and consultation of diverse others	1	2	3	4	[N/O]
2D. Applications based on Individual and Cultural Context					
Applies knowledge, sensitivity, and understanding regarding ICD					
issues to work effectively with diverse others in assessment,					
treatment, and consultation	1	2	3	4	[N/O]
3. Ethical Legal Standards and Policy: Application of ethical	concepts a	and aw	areness	of legal	issues
regarding professional activities with individuals, groups, and o	rganizatio	ns.			
3A. Knowledge of Ethical, Legal and Professional Standards and	Guidelines				
Demonstrates intermediate level knowledge and understanding of					
the APA Ethical Principles and Code of Conduct and other					
relevant ethical/professional codes, standards and guidelines,					
laws, statutes, rules, and regulations	1	2	3	4	[N/O]
<b>3B.</b> Awareness and Application of Ethical Decision Making					
Demonstrates knowledge and application of an ethical decision-					
making model; applies relevant elements of ethical decision					
making to a dilemma	1	2	3	4	[N/O]
3C. Ethical Conduct					
Integrates own moral principles/ethical values in professional					
conduct	1	2	3	4	[N/O]
4. Reflective Practice/Self-Assessment/Self-Care: Practice co	nducted w	ith per	sonal ar	nd profe	ssional
self-awareness and reflection; with awareness of competencies;	with appro	opriate	self-ca	re.	
4A. Reflective Practice					
Displays broadened self-awareness; utilizes self- monitoring;					
displays reflectivity regarding professional practice (reflection-					
on-action); uses resources to enhance reflectivity; demonstrates					
elements of reflection-in-action	1	2	3	4	[N/O]
4B. Self-Assessment					
Demonstrates broad, accurate self-assessment of competence;					
consistently monitors and evaluates practice activities; works to					
recognize limits of knowledge/skills, and to seek means to					
enhance knowledge/skills	1	2	3	4	[N/O]
4C. Self-Care (attention to personal health and well-being to assure e	ffective pro	fession	al functi	oning)	
Monitors issues related to self-care with supervisor; understands					
the central role of self-care to effective practice	1	2	3	4	[N/O]
4D. Participation in Supervision Process		-	2		<u>[- " 0]</u>
Effectively participates in supervision	1	2	3	4	[N/O]
	1	4	5	7	

# **II. RELATIONAL**

5. Relationships: Relate effectively and meaningfully with individuals, groups, and/or communities.

5A. Interpersonal Relationships					
Forms and maintains productive and respectful relationships					
with clients, peers/colleagues, supervisors and professionals					
from other disciplines	1	2	3	4	[N/O]
5B. Affective Skills					
Negotiates differences and handles conflict satisfactorily;					
provides effective feedback to others and receives feedback					
nondefensively	1	2	3	4	[N/O]
5C. Expressive Skills					
Communicates clearly using verbal, nonverbal, and written					
skills in a professional context; demonstrates clear					
understanding and use of professional language	1	2	3	4	[N/O]

# **III. SCIENCE**

**6.** Scientific Knowledge and Methods: Understanding of research, research methodology, techniques of data collection and analysis, biological bases of behavior, cognitive-affective bases of behavior, and development across the lifespan. Respect for scientifically derived knowledge.

		U			
6A. Scientific Mindedness					
Values and applies scientific methods to professional practice	1	2	3	4	[N/O]
6B. Scientific Foundation of Psychology					
Demonstrates intermediate level knowledge of core science					
(i.e., scientific bases of behavior)	1	2	3	4	[N/O]
6C. Scientific Foundation of Professional Practice					
Demonstrates knowledge, understanding, and application of the					
concept of evidence-based practice	1	2	3	4	[N/O]
7. Research/Evaluation: Generating research that contributes to	the prof	essiona	ıl know	ledge ba	use and/or
evaluates the effectiveness of various professional activities.	-			-	
7A. Scientific Approach to Knowledge Generation					
Demonstrates development of skills and habits in seeking,					
applying, and evaluating theoretical and research knowledge					
relevant to the practice of psychology	1	2	3	4	[N/O]
7B. Application of Scientific Method to Practice					
Demonstrates knowledge of application of scientific methods to					
evaluating practices, interventions, and programs	1	2	3	4	[N/O]

# **FUNCTIONAL COMPETENCIES**

#### **IV. APPLICATION**

8. Evidence-Based Practice: Integration of research and clinical expertise in the context of patient									
factors.									
8A. Knowledge and Application of Evidence-Based Practice									
Applies knowledge of evidence-based practice, including									
empirical bases of assessment, intervention, and other									
psychological applications, clinical expertise, and client									
preferences		1	2	3	4	[N/O]			
9. Assessment: Assessment and diagnosis of problems, cap	abilities a	and iss	sues as	sociate	d with	individuals,			
groups, and/or organizations.									
9A. Knowledge of Measurement and Psychometrics									
Selects assessment measures with attention to issues of									
reliability and validity	<u> </u>	1	2	3	4	[N/O]			

OD Knowledge of Assessment Methods					
9B. Knowledge of Assessment Methods					
Demonstrates awareness of the strengths and limitations of					
administration, scoring and interpretation of traditional		2	2		D.V.O.
assessment measures as well as related technological advances	1	2	3	4	[N/O]
9C. Application of Assessment Methods	1				
Selects appropriate assessment measures to answer diagnostic					
question	1	2	3	4	[N/O]
9D. Diagnosis	1				
Applies concepts of normal/abnormal behavior to case					
formulation and diagnosis in the context of stages of human					
development and diversity	1	2	3	4	[N/O]
9E. Conceptualization and Recommendations					
Utilizes systematic approaches of gathering data to inform					
clinical decision-making	1	2	3	4	[N/O]
9F. Communication of Assessment Findings					
Writes adequate assessment reports and progress notes and					
communicates assessment findings verbally to client	1	2	3	4	[N/O]
10. Intervention: Interventions designed to alleviate suffer	ing and to pro	omote h	ealth ar	nd well-l	
individuals, groups, and/or organizations.	ing and to pro				
10A. Intervention planning					
Formulates and conceptualizes cases and plans interventions					
utilizing at least one consistent theoretical orientation	1	2	2	4	
10B. Skills	1	2	3	4	[N/O]
Displays clinical skills	1	2	2	4	D1/01
	1	2	3	4	[N/O]
10C. Intervention Implementation	1	2	2	4	DI/O1
Implements evidence-based interventions	1	2	3	4	[N/O]
10D. Progress Evaluation					
Evaluates treatment progress and modifies treatment planning					D.1/01
as indicated, utilizing established outcome measures		2	3	4	[N/O]
11. Consultation: The ability to provide expert guidance of	r professional	assistar	nce in r	esponse	to a
client's needs or goals.					
11A. Role of Consultant					
Demonstrates knowledge of the consultant's role and its unique					
features as distinguished from other professional roles (such as					
therapist, supervisor, teacher)	1	2	3	4	[N/O]
11B. Addressing Referral Question					
Demonstrates knowledge of and ability to select appropriate					
means of assessment to answer referral questions	1	2	3	4	[N/O]
11C. Communication of Consultation Findings		_	-		L J
Identifies literature and knowledge about process of informing					
consultee of assessment findings		2	2		D1/07
5	1	2	3	4	[N/O]
11D. Application of Consultation Methods	T				
Identifies literature relevant to consultation methods					
(assessment and intervention) within systems, clients, or		-			
settings	1	2	3	4	[N/O]

# **V. EDUCATION**

<b>12. Teaching:</b> Providing instruction, disseminating knowledge, and evaluating acquisition of knowledge							
and skill in professional psychology.							
12A. Knowledge							
Demonstrates awareness of theories of learning and how they							
impact teaching	1	2	3	4	[N/O]		

12B. Skills					
Demonstrates knowledge of application of teaching methods	1	2	3	4	[N/O]
13. Supervision: Supervision and training in the professional k	nowledge	base of	f enhan	cing and	1
monitoring the professional functioning of others.	C			e	
13A. Expectations and Roles					
Demonstrates knowledge of, purpose for, and roles in					
supervision	1	2	3	4	[N/O]
13B. Processes and Procedures					
Identifies and tracks progress achieving the goals and tasks of					
supervision; demonstrates basic knowledge of supervision					
models and practices	1	2	3	4	[N/O]
13C. Skills Development					
Demonstrates knowledge of the supervision literature and how					
clinicians develop to be skilled professionals	1	2	3	4	[N/O]
13D. Supervisory Practices					
Provides helpful supervisory input in peer and group					
supervision	1	2	3	4	[N/O]

# **VI. SYSTEMS**

14. Interdisciplinary Systems: Knowledge of key issues and	d concepts in	n related	l discip	lines. Id	lentify
and interact with professionals in multiple disciplines.	1		1		5
14A. Knowledge of the Shared and Distinctive Contributions of	f Other Prof	essions			
Demonstrates beginning, basic knowledge of the viewpoints and					
contributions of other professions/professionals	1	2	3	4	[N/O]
14B. Functioning in Multidisciplinary and Interdisciplinary Co	ontexts				
Demonstrates beginning knowledge of strategies that promote					
interdisciplinary collaboration vs. multidisciplinary functioning	1	2	3	4	[N/O]
14C. Understands how Participation in Interdisciplinary Colla	boration/Co	nsultatio	n Enha	nces Out	comes
Demonstrates knowledge of how participating in interdisciplinary					
collaboration/consultation can be directed toward shared goals	1	2	3	4	[N/O]
14D. Respectful and Productive Relationships with Individuals	from Other	Professi	ions		
Develops and maintains collaborative relationships and respect					
for other professionals	1	2	3	4	[N/O]
15. Management-Administration: Manage the direct delive		es (DDS	5) and/o	or the	
administration of organizations, programs, or agencies (OPA	).				
15A. Appraisal of Management and Leadership					
Forms autonomous judgment of organization's management and					
leadership	1	2	3	4	[N/O]
15B. Management	1				
Demonstrates awareness of roles of management in organizations	1	2	3	4	[N/O]
15C. Administration					
Demonstrates knowledge of and ability to effectively function					
within professional settings and organizations, including					
compliance with policies and procedures	1	2	3	4	[N/O]
16. Advocacy: Actions targeting the impact of social, politic		e or cult	ural fac	tors to p	oromote
change at the individual (client), institutional, and/or systems	s level.				
16A. Empowerment					
Uses awareness of the social, political, economic or cultural					
factors that may impact human development in the context of					
service provision	1	2	3	4	[N/O]
16B. Systems Change					
Promotes change to enhance the functioning of individuals	1 4	2	3	4	[N/O]

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# **Overall Assessment of Trainee's Current Level of Competence**

Please provide a brief narrative summary of your overall impression of this trainee's current level of competence. In your narrative, please be sure to address the following questions:

- What are the trainee's particular strengths and weaknesses?
- Do you believe that the trainee has reached the level of competence expected by the program at this point in training?
- If applicable, is the trainee ready to move to the next level of training (i.e., another Advanced Practicum or an Internship?)

Supervisor's Signature

Date

I have received a copy of this evaluation and have reviewed it with my supervisor. I understand that this evaluation will be sent to my academic department.

Trainee, please provide any comments or reactions to this evaluation:

Trainee's Signature

Date

Please return this completed form to: Advanced Practicum Instructor, Counseling Psychology Program Department of Psychology, Room 114 Psychology Building P.O. Box 112250 Gainesville, Florida 32611-2250

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# Practicum Site, Supervisor, and Student Evaluation Form

Department of Psychology, University of Florida

**\*\*Note**: This form is to be completed by the practicum student via an online survey every semester.

Name:	Supervisor:
Semester:	Practicum Site:
Total Hours On-Site this Term:	Direct Client Contact Hours:

1. Please evaluate the following characteristics of the Practicum Site.

	Strongly Disagree			Strongly Agree		
1. The site furthered my efforts to achieve my professional goals.	N/A	1	2	3	4	5
2. The site provided the kinds of clients and client problems that I wanted to experience.						
3. I was provided the physical facilities and materials to be successful in my practicum.						
4. My experiences furthered my skills in conducting therapy.						
5. My experiences furthered my skills in conducting psychological assessments.						
6. My experiences at this site furthered my supervisory skills.						
7. My experiences furthered my skills in working with culturally different clients.						

2. Please provide additional narrative comments below about your experiences at this site for the current term:

#### Strongly Strongly Disagree Agree 3 1. My supervisor helped me to assess my own counseling behavior. N/A 1 2 4 5 2. I perceived a match between my theoretical orientation and my supervisor's orientation. 3. I felt comfortable discussing difficult client issues with my supervisor. 4. My supervisor's comments about my work were helpful and constructive. 5. My supervisor was available when I needed to consult with him/her outside of regularly scheduled supervision. 6. My supervisor helped me to accomplish the goals I had set for myself at this site. 7. I would recommend this supervisor to another practicum student. 8. My supervisor appropriately challenged me. 9. My supervisor appropriately supported me. 10. I would choose to have this supervisor again. 11. My supervisor helped me to learn how to provide counseling services to culturally different persons.

#### 3. Please evaluate the following characteristics of your **Practicum Supervisor**.

4. Please provide additional narrative comments below about your experiences with your supervisor.

5.	Please evaluate	the following	characteristics about	Yourself:

Poor		oor	r Average			bood
1. Knowledge of facilitative skills (warmth, empathy, genuineness, concreteness).	N/A	1	2	3	4	5
2. Ability to apply facilitative skills.						
3. Ability to facilitate client self exploration.						
4. Ability to recognize and handle positive affect.						
5. Ability to recognize and handle negative affect.						
6. Ability to begin and end the sessions.						
7. Ability to establish continuity across sessions.						
8. Awareness of meaningful client data						
9. Ability to discriminate meaningful from irrelevant client data.						
10. Ability to formulate goals for counseling.						
11. Ability to organize case material.						
12. Ability to analyze client-counselor interactions.						
13. Ability to formulate a clinical hypothesis.						
14. Ability to complete clinical documentation in a timely manner.						
15. Ability to administer psychological assessments.						
16. Ability to interpret results of psychological tests.						
17. Ability to work with clients possessing a different cultural background than your own.						

6. Please provide additional narrative comments below about your development as a counseling psychologist this semester.

# **Approved Advanced Practicum Sites**

# **Alachua County Crisis Center**

218 SE 24<sup>th</sup> Street Gainesville, FL 32641 264-6785 Contact: Ariel Drescher at adrescher@alachuacounty.us or at 264-6761

#### Description

The Crisis Center provides short-term crisis intervention services to a broad range of clients within the Alachua County area. This site is available as a first advanced practicum though previous experience in crisis intervention theory and techniques is recommended. Advanced Practicum students spend approximately 15 hours per week on-site, in addition to serving on on-call mobile response teams. Case conferences are held weekly and supervision is provided by the program staff.

#### **Direct Service**

Trainees are expected to conduct individual, family, and couples' counseling. An average caseload is approximately 10 clients per week. Trainees also participate in on-call mobile response shifts (12-14 hours per shift) every 2 weeks. Opportunities for community outreach, education, and consultation are also available.

#### Supervision

Trainees have multiple supervision opportunities. On-site supervision includes weekly case conferences and group supervision sessions, as well as frequent and readily available informal supervision with Crisis Center staff.

#### **Application Procedures**

Prior counseling experience is desirable but not required of prospective trainees. Graduate students in Counselor Education and Counseling Psychology are eligible to apply. Applicants should contact Ariel Drescher at adrescher@alachuacounty.us or 352-264-6761. Applicants should provide a brief synopsis of previous experience and current vitae/resume. A personal interview will be scheduled as part of the application process. There is no deadline for application, but trainees are admitted on a rolling basis and when all slots are filled the admission process for that semester would be closed.

#### **Social Justice Statement**

The mission of the Crisis Center is to respond to every request to participate in the solution of any human problem whenever and wherever it occurs. All of our services are no-cost and available to any member of the community in need. We recognize that culture impacts how we define crises, and how we respond to it. In accordance with ACA Code of Ethics A.4.b. and ACA Ethics Code Principle E, counselors at the Crisis Center uphold a commitment to social justice and are expected to examine their beliefs, biases, attitudes and values towards aspects of culture and identity including but not limited to: age, gender, gender identity, race,

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ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status.

# Alachua County Victim Services & Rape Crisis Center

218 SE 24th Street Gainesville, FL 32641 (352)-264-6760 Contact Jennifer Heard (jheard@alachuacounty.us)

# Description

The Alachua County Victim Services & Rape Crisis Center (ACVS&RCC) provides services to survivors of interpersonal violence, sexual violence and personal injury crimes. Established in the Gainesville/Alachua County community for more than 27 years, the program is available to support and assist anyone who is a victim or survivor of violence. Originally, providing primarily traditional core services such as criminal justice accompaniment, crisis intervention and assistance with victim compensation, the County's Victim Services & Rape Crisis Center is the cornerstone of victim services in the Gainesville/Alachua County community. The program has received statewide and national recognition for providing creative and non-traditional services for victims of violence.

# **Direct Service**

CP students may engage in the following activities as available: participation in and observation of educational procedures provided by ACVS&RCC staff; conduct individual or conjoint counseling for individuals or groups; participation in psycho-educational and outreach activities; participation in staff meetings, group supervision (case review), and administrative meetings; and any other activities deemed relevant for didactic purposes.

# Supervision

Thirty hours of training are provided in crisis counseling and advocacy skills, with additional training as needed for certain positions. CP practicum students shall receive between one and two hours of individual supervision each week. Individual supervision shall consist of face-to-face supervision with a licensed mental health counselor reviewed and approved by the Counseling Psychology Program. Additional individual supervision by other qualified staff may occur but shall be adjunctive to the one-to-two hours of supervision provided by the counselor.

# **Application Procedures**

Contact Jennifer Heard, at (352)-264-6760 for more information and application procedures.

# **Social Justice Statement**

Alachua County Victim Services & Rape Crisis Center works with crime victims. Counseling practicums can be a part of the healing process for our clients by providing counseling. The clients we see range from survivors of sexual assault and domestic violence to victims of robbery, felony assault and battery. Since we are community-based, we do not require our clients report their victimization to the police (except for minors.) We are committed to empowering survivors of abuse, crime and trauma to take steps to address the effects of the victimization. For some this means accompanying them through the criminal justice system, and for others, its simply to have a safe place to share the burdens they carry, receive validation that these burdens have been painful and receive encouragement that they can heal. We believe that clients have the ultimate decision on what level of services they engage with. We work to recognize that each individual comes with their own background and respect the goals they develop for themselves. When survivors want to engage the criminal justice system, we provide support and information on how to access the system and how to be heard. We are committed to social justice principles in our work and welcome practicum students who would like to join us in serving our community by these principles.

# Counseling and Wellness Practicum at the College of Veterinary Medicine

University of Florida College of Veterinary Medicine 2015 SW 16<sup>th</sup> Avenue Gainesville, FL 32610 Contact Ron Del Moro, PhD (<u>rondel@ufl.edu</u>, or 352-283-0028)

#### Description

The college of veterinary medicine provides counseling and support services to the students, faculty and staff of the Vet med community as well as clients of the hospitals who are having a difficult time coping with the illness, treatment, or death of a pet. Counseling services range from assisting students and/or clients with reducing their anxiety to crisis intervention in regard to death and loss. Emphasis of services with clients of the hospital is on the human-animal bond and grief and bereavement. Practicum students will also be working with veterinary students on their personal and academic concerns. Practicum students have opportunities to develop/co-facilitate/implement wellness initiations for the students and staff of the Veterinary College. We offer mini-workshops on stress/depression and how to avoid compassion fatigue and host a weekly yoga class here at the college. Advanced Practicum students spend 12 to 15 hours per week on-site. Case reviews are done weekly. In the fall semester, practicum students will have an opportunity to assist in teaching a course on the human-animal bond. This of course is optional. This is not a traditional counseling setting as counseling is often on the spot and not in a "counseling" room or by appointment. Students applying must be comfortable interacting with veterinarians and veterinary students who are making referrals to the program. Client contact hours will vary and much of the time spent with clients is spent on establishing rapport and easing tension while waiting for diagnostic results or surgery.

#### **Direct Service**

Advanced practicum students will have the opportunity to provide ongoing counseling to students and employees of the hospital and veterinary college, co-facilitate multiple on-going group counseling for students and staff of the College and Animal Hospitals, co-facilitate a weekly pet-loss support group, and co-facilitate Wellness interventions for the College of Veterinary Medicine's community (e.g. organizing wellness talks and yoga classes as well implementing other health initiatives).

#### **Supervision**

One hour each week of individual supervision by Dr. Ron Del Moro, will be given on-site. Frequent informal supervision will be given on a PRN basis.

#### **Application Procedures**

Graduate students are eligible to apply. Some of our clients are extremely attached to their animals, and therefore, interested students should have some knowledge of the human-animal bond such as having a pet to which they are closely bonded or having had one in the past. Also important is that applicants feel comfortable around animals of all types, including sick or injured animals. Applicants should contact Dr. Del Moro rondel@ufl.edu or (352-294-4430) at the College of Veterinary Medicine. A personal interview will be scheduled as part of the application process. Practicum students are welcome to apply for the spring, summer, or fall semesters. The deadline for submitting applications is one month prior to the first day of the semester for which the student is applying.

#### Department of Psychiatry – Division of Psychology

University of Florida

Faculty Contact: Dr. Melanie Nelson (352-265-9173 or nelsonm@ufl.edu)

#### Description

The University of Florida Division of Psychology, Department of Psychiatry Practicum placement offers training in psychotherapy, assessment, and consultation in outpatient and inpatient clinical settings. Our approach to treatment is cognitive-behavioral with a focus on evidence-based interventions. Advanced practicum students spend approximately 10-16 hours per week on site. Training programs will be designed to fit the interests and needs of the student and there are numerous research experiences available within this placement if the student is interested.

#### **Direct Service**

- Outpatient Psychotherapy Outpatient psychotherapy cases for child, adolescent, and adult clients with a variety of diagnoses including OCD and anxiety disorders, depressive disorders, trauma, personality disorders, oppositional defiant disorder, ADHD, and bipolar disorder.
- Pediatric and Adult OCD Intensive Treatment Involvement on a therapeutic team that provides daily (Monday through Friday) 60 to 90 minute sessions for OCD. Intensive, as well as weekly treatment, utilizes Cognitive-Behavioral Therapy with Exposure and Response Prevention. This treatment involves exposing patients in a graduated manner to feared stimuli and challenging anxiety related cognitions until the patient's anxiety decreases. Working with the family members is a key component of this treatment.
- Parent Child Interaction Therapy (PCIT)– PCIT is a behavioral parent training intervention for children ages 3-6 with disruptive behavior, ADHD, anxiety, autism, and/or trauma. In PCIT, clinicians work with parents to shape their child's behaviors through attending skills and contingency management. Sessions are held weekly for about 14-16 weeks. In order to become eligible for certification in PCIT, students must complete the training program which includes: 40 hours of training, demonstrating therapeutic competencies, and graduating two successful cases, all of which usually requires at least a one-year commitment.
- Assessment This rotation allows practicum students to become proficient in administering tests that are
  commonly used in psychoeducational assessments, including tests of cognitive ability, achievement tests, and
  social-emotional rating scales. Supervision is provided using a scaffolded approach. Practicum students who
  participate in this rotation will eventually learn how to administer and interpret various psychological tests and
  write an integrated report. Referral questions include complex diagnostic concerns, learning concerns, ADHD
  evaluations, and autism evaluations.

#### Supervision

Our program emphasizes student development through a progressive cascading model of mentorship. Using this competency based model, the program focuses on skill acquisition and competency based evaluation through mentoring, collaboration, and co-therapy with clinicians and other trainees (see <u>this publication</u> for more information). Students are supervised by a member of the faculty or a postdoctoral fellow. Dr. Melanie Nelson, the training director, serves as the primary contact and practicum coordinator for the Counseling Psychology Program. There is opportunity to receive supervision from faculty with specific interests such as Disruptive Behavior Disorders, Autism Spectrum Disorders, Family therapy, and OCD including sub-specialties like post-partum OCD. Individual and group supervision is scheduled weekly with options for additional supervision throughout the week as needed or desired.

#### **Application Procedure**

The deadline for submitting applications is three months before the beginning of the fall, spring, or summer semesters. Students should have some previous clinical experience and a desire to learn about cognitive-behavioral therapy. Only students able to spend at least two semesters are considered. Applicants should contact Dr. Melanie Nelson at <a href="mailto:nelsonm@ufl.edu">nelsonm@ufl.edu</a> to inquire and complete the Google form at: <a href="https://forms.gle/hXpMY11e7cpCwp3x6">https://forms.gle/hXpMY11e7cpCwp3x6</a> . An informal personal interview will be scheduled as part of the application process. In addition, a current vitae or resume will be requested.

Free Therapy Night University of Florida Equal Access Clinic HealthStreet 2401 SW Archer Road Gainesville, FL 3268

Note: This is a supplemental advanced practicum that yields a small number of service hours; it does not meet the required advanced practicum hours on its own, but may be a supplemental part of an existing advanced practicum (PCO 7945). You must complete an Advanced Practicum Supervisory Agreement form for this practicum.

#### Description

The University of Florida Equal Access Clinic first opened its doors in 1992 as a way for medical school students to give back to the Gainesville community. Today, Equal Access has evolved into a network of interdisciplinary student-run free healthcare clinics united by a shared vision of improving the physical, mental, and social well-being of the underserved and indigent. *Free Therapy Night* (FTN) operates under the auspices of the Equal Access Clinics by providing free short-term individual psychotherapy to anyone who is otherwise unable to afford mental health services (e.g., uninsured). Our diverse clientele present with a wide variety of concerns, including depression, anxiety, pain, and sleep disorders. Currently, FTN occurs on Monday evenings from 5:30pm – 7:30pm.

#### **Direct Service**

FTN depends entirely on master and doctoral-level University of Florida graduate students who generously volunteer their time. Therapists may see up to two individual clients per week for 50-minute sessions. Including case management, note-writing, and supervision, the total on-site time commitment per week rarely exceeds 3 hours.

FTN also function as a clinical research sites. When opportunities arise, students may contribute to ongoing studies.

#### **Supervision**

Licensed clinical social workers and clinical psychologists provide supervision on-site for approximately 30 minutes per week. The format varies week to week between individual and group meetings. Therapists typically seek out a supervisor immediately following their sessions.

#### **Application Procedures**

Students in the counseling psychology program who have completed their first practicum at the Counseling and Wellness Center are encouraged to apply. Email the current FTN directors for more information: Erin Ferguson (eferguson1@ufl.edu), Gabriel Cartagena (g.cartagena@ufl.edu), and Grace Ann Hanvey (ghanvey@phhp.ufl.edu).

#### **Social Justice Statement**

Free Therapy Night (FTN) is a doctoral student-run, volunteer clinic held every Monday between 5:30 and 7:30 at Health Street, supervised by Licensed Clinical Social Workers and Clinical Psychologists. At FTN, we provide free, short-term mental health services for local uninsured and underprivileged communities. We

offer an initial, brief psychological evaluation, which is followed by a maximum of 5 hour-long therapy sessions. Though these interventions are relatively brief, our goal is to extend our services to as many individuals in the community as possible. Volunteers in our clinic primarily consist of graduate students from the UF Clinical Psychology and Counseling Psychology doctoral programs, UF undergraduates in the health sciences, and LCSW supervisors. FTN operates under the umbrella of the UF College of Medicine's Equal Access Clinic Network (EACN), which is comprised of specialized student-run free healthcare services involving many UF Health training programs. FTN strives to uphold the EACN vision "to improve the physical, mental and social well-being of all, by enhancing access to high-quality, comprehensive, patient-centered care and by facilitating community-level action."

Gainesville Job Corps Center 5301 NE 40th Terrace Gainesville, FL 32609 (352) 377-2555, ext. 318 <u>http://gainesville.jobcorps.gov/home.aspx</u> <u>http://www.jobcorps.gov/home.aspx</u>

#### Description

The Gainesville Job Corps Center (GJCC) is part of the National Job Corps program operated by the U.S. Department of Labor. It is a primarily residential academic and vocational training program for approximately 275 low-income youths (ages 16-24). A majority of GJCC students have experienced academic and behavioral difficulties in traditional school settings for various reasons with a estimated 75% having one or more learning disabilities. The student population is diverse, comprised of African American (94%), Hispanic/Latino (3%) and Caucasian (3%) students as well as a significant number of lesbian, gay, bisexual, and questioning students. Job Corps is a career development program for young people, *not* a mental health facility. As a result, mental health services are provided within the context of assisting Job Corps students with overcoming barriers to employment. Students will learn to creatively address the referral question, "How can I help this student be more successful at Job Corps and in the workplace?"

#### **Direct Service**

This advanced practicum experience offers many opportunities to provide individual and group mental health services. The practicum student will also receive broad training in clinical/diagnostic interviewing and assessment (formal and informal), case conceptualization, treatment planning, consultation, and crisis intervention. A specialty track in psycho-educational and neuropsychological assessment with integrated report writing is also available. Practicum students will also have the opportunity to develop and present an in-service training to staff on a mental health-related topic. The practicum can begin at the start of any semester. A two-semester commitment is preferred but not required. Students should plan to work a minimum of 10 and a maximum of 16 hours weekly during the semester (approximately 130-200 practicum hours). The practicum takes place on Tuesdays and Thursdays.

#### Supervision

This advanced practicum is supervised by the GJCC Center Mental Health Consultant, Dr. Tamara D. Warner, who is a licensed clinical psychologist and neuropsychologist. Practicum students receive a minimum of one hour of face-to-face individual supervision per 10 hours of service. Group supervision may also be provided in addition to individual supervision. Additional individual supervision by other qualified staff may occur but shall be adjunctive to the supervision provided by the psychologist.

### **Application Procedures**

Students must be:

- willing to successfully engage a culturally diverse population possessing a wide range of value systems,
- flexible, relatively self-sufficient, capable of working independently (under supervision),
- willing to be appropriately challenged in individual supervision as part of the professional development process,
- comfortable delivering group and individual psycho-educational presentations to audiences consisting of students and center staff,

For more information or to obtain an application, interested students should contact **Tamara D. Warner**, **Ph.D.** at <u>warner.tamara@jobcorps.org</u> (352) 377-2555 ext. 318. Following review of applications, an inperson interview will be scheduled on a Tuesday or Thursday prior to final selection.

Contact: Kenli Urruty, PhD; kenli.urruty@care.ginger.io

Note: This advanced practicum is only for students who have completed all of their required practicum and adv practicum semesters. Before applying for this advanced practicum, discuss it with your faculty advisor and have your faculty advisor submit to the Advanced Practicum Coordinator and Training Director an email confirming that you have completed all required practicum and advanced practicum semesters, noting the specific sites and semesters of the required advanced practicums.

# Description

Ginger employs psychologists and licensed masters level mental health clinicians to provide empirically based teletherapy to clients. Additionally, Ginger's behavioral health coaches provide text-based coaching services and our psychiatrists provide psychiatric care via our telehealth platform. We employ a collaborative care model, with therapists, coaches, and psychiatrists working together to provide services. The treatment model at Ginger, as well as the use of technology in providing mental health care, make it a timely and innovative training opportunity for doctoral students.

During the Ginger practicum experience you will be closely supervised by licensed psychologists on the Ginger team and will participate in a weekly didactic training seminar on a variety of topics relevant to your work at Ginger, with a particular emphasis on training in diversity, equity, and inclusion. Therapy sessions will be video recorded and you will be provided weekly feedback on your skills. In addition to close contact with your supervisor and the Director of Training, the Ginger practicum experience will provide the opportunity to learn about Ginger's unique service delivery model, including the opportunity to collaborate with behavioral health coaches and leverage in-app content to help members gain skills and meet treatment goals. The practicum experience will also provide the opportunity to gain exposure to a breadth of functions within the company, including marketing, sales, and product development. The remote nature of the training experience will allow students to connect with trainees from other doctoral programs, as well as Ginger staff members from across the country; a unique and enriching opportunity.

# **Direct Service**

Practicum students provide individual therapy to adults via telehealth. Practicum students are "on site" from 10-20 hours per week, and your specific schedule will be determined prior to beginning the position. Trainees will be provided with a laptop and access to all relevant systems for the year.

#### Supervision

All students will receive a minimum of one hour per week of individual supervision from a licensed psychologist on the team. Additionally, all practicum students participate in a weekly didactic seminar and weekly case consultation group.

#### **Application Procedures**

Ginger's practicum program is open to advanced doctoral students. To apply, please submit the following materials via email to Kenli Urruty, PhD, Director of Training at <u>kenli.urruty@care.ginger.io</u>. Applications will be reviewed until positions are filled.

- 1) A current curriculum vitae
- 2) A brief statement (1 page or less) describing you interest in the practicum program at Ginger
- 3) Contact information (email and phone number) for two professional references who have direct knowledge of your clinical skills

### North Florida Evaluation and Treatment Center (NFETC)

1200 NE 55th Boulevard Gainesville, FL 32641-2759 (352) 264-8173

#### Description

NFETC is a Department of Children & Families (DCF) 193 bed maximum security mental health hospital for the evaluation and treatment of adult males who have been adjudicated by a circuit court as either incompetent to proceed to trial or not guilty by reason of insanity. The psychology team includes five full-time clinical psychologists with diverse specialties such as neuropsychological testing, projective testing, and assessing for malingering. Training programs are tailored to meet the student's needs and special interests. At this practicum site there is an emphasis on standardized evaluation procedures and structured interview skills to answer various questions but mostly the one of restorability to competence. This practicum is a rare chance to work with patients with chronic psychiatric disorders in a forensic setting. Additional experiences are accessible depending on the student's availability such as observing medication court, group experiences, behavior modification/behavior analysis, and skills training.

#### **Direct Service**

The Psychology Department at NFETC is dedicated to advancing forensic practices that emphasize human strengths, improve quality of life, utilize and value individual, developmental, contextual, and multicultural perspectives. We feel it is important to fuel the professional development and well-being of every student and we make every attempt to customize the practicum experience to the students' needs. Students will be assigned treatment cases for which close supervision is provided. Caseloads will vary based on upon the students' training comfort, ability, and the resident's needs. Students will have opportunities to participate in grand rounds, attend drug court and clinical seminars.

#### **Supervision**

Weekly individual supervision by a licensed clinical psychologist will be provided. This supervision will include planning appropriate assessment batteries, discussing planned treatment interventions, discussing assessment results, and reviewing written evaluations and progress notes. Practicum students typically rotate supervisors so that they are exposed to multiple perspectives on evaluation and treatment.

#### **Application Procedures**

Practicum students should have completed courses in both intellectual and personality assessment as well as coursework in Abnormal Psychology or Forensic Psychology prior to beginning their practicum at this site. Some experience with projective techniques may be helpful, but not required. Interested applicants should contact Clarence Collins (352) 264-8224, Clarence.collins@myflfamilies.com so an application packet can be sent to you. Students will need to pass a background screening and undergo training at NFETC prior to the actual start of providing services for their practicum.

#### Santa Fe College Counseling Center Internship/ Advanced Practicum Program

3000 NW 83<sup>rd</sup> Street, R-227, Gainesville, FL 32606 Ph: 352-395-5508 www.sfcollege.edu/counseling

#### Description

Our mission is to assist students are experiencing problems and concerns as they progress toward their academic goals. Our mission is accomplished through short-term, solution-focused counseling. The Counseling Center provides Mental Health Counseling, Career Counseling, Academic Counseling, Crisis Intervention, Outreach, and Consultation. The Center is part of the Trauma Response Team at Santa Fe and provides needed support to students, faculty, staff and families in times of crisis. Counselors also assist students, faculty, and staff to identify other services in the college and in the community that may be helpful.

It is the intent of the Santa Fe College Counseling Center to serve as a site for internships for graduate students in the MHC and MFT tracks in Counselor Education at the University of Florida as well as a site for Advanced Practicum for Counseling Psychology PhD students who are pursuing degrees and careers in counseling, thereby giving them the opportunity to further develop their counseling abilities and evolving professional identities. This experience is designed to broaden their understanding of how the Counseling Center, and other student-oriented services on campus can promote academic learning, career development, and personal/emotional growth of students within a college environment.

#### **Direct Service**

Trainees are all expected to provide individual mental health, and academic, and career counseling to a diverse population of traditional and non-traditional aged college students seeking AS, AAS, AA degrees and certificates, and Bachelors' degrees. Many of our students are planning to transfer to BA/BS degree-granting colleges and universities. On an average, the case load would be about 8-15 students a week. In addition, there are opportunities to participate in outreach and consultation. Interns and Advanced practicum PhD students spend 20 hours per week at the Counseling Center. Approximately 15 hours per week are spent in direct service activities.

#### Supervision

Trainees are supervised by Steve Vutsinas, the Counseling Center Coordinator, who is a Licensed Mental Health Counselor and Qualified Supervisor in the state of Florida. All individual supervision is provided on the site, for one hour every week, as well as on an informal basis as needed. Opportunities to observe and consult with other counselors in our Center are available and required during the initial orientation process.

#### **Application Procedures**

Please consider applying if you have an interest in working with students in higher education. We accept interns who are in the Mental Health Counseling and Marriage and Family Tracks at the University of Florida, as well as Counseling Psychology Advanced Practicum Doctoral students. Preferred prerequisite course work includes Introduction to Counseling, Counseling Theories and Applications, Professional Ethics, Multicultural Counseling, Career Development, Diagnosis and Treatment of Mental Disorders, Substance Abuse Counseling, Brief Therapy, and Practicum course. Preferred experience may include counseling, mentoring, advising, and student-related experience. Minimum semester commitment is one semester, but preferred is two semesters. Contact Steve Vutsinas (steven.vutsinas@sfcollege.edu) by email with a cover letter of interest and resume or CV. The applicant will also interview with all the counselors (Zoom or in person as the situation allows).

# UF Health Shands Psychiatric Hospital and PALS THRIVE Program 4101 NW 89th Blvd Gainesville, FL 32606 Contacts: Dr. Lucy Marrero at 352- 219-0988/ <u>marrel@shands.ufl.edu</u> Yanel Casanova, LMHC at 305-338-7876/ casany@shands.ufl.edu

#### Description

The UF Health Shands Psychiatric Hospital offers practicum and internship experiences in a multidisciplinary setting including graduate students, medical students, and residents from the Department of Psychiatry. There are two tracks: inpatient and outpatient. Students in the inpatient track will be based in the child/adolescent unit, general adult, or adult substance abuse treatment units. The child and adolescent program treats a number of diagnoses including but not limited to depression, conduct disorder, bipolar disorder, psychosis, attention deficit disorder, and substance-related disorders. Experience in group, individual, and family therapy as well as testing may be gained in the inpatient track.

The outpatient track is set in the PALS THRIVE program. The PALS (Partners in Adolescent Lifestyle Support) THRIVE (Talk, Heal, Reach out, Include, Validate, Encourage) program provides peer support and therapeutic intervention to troubled students as well as leadership skills for teen leaders. The PALS THRIVE program was awarded the Blue Cross Blue Shield Sapphire Award in 2007 and nominated for the Nobel Peace Prize in 2011.

PALS THRIVE is involved in providing individual and group counseling services, outreach, prevention, and educational services within the schools led by professionals to provide an altruistic, tolerant, nonviolent atmosphere in the school. With the permission and supervision of your supervisor, students in the outpatient program often have the freedom to develop creative programming in the clinical or preventive fields. Examples of past creative student programming include therapeutic groups to include art therapy, peer empowerment, leadership, anger management, teen parenting, LGBTQ, stress management, social skills, managing diabetes, and more. Other creative programming has included the creation of anti-bullying videos, teen art showcase, mental health and suicide awareness campaigns within the school, and diversity training. Experience in psychological assessment may be gained from the outpatient track.

The goal for PALS THRIVE is to be in every middle and high school in Gainesville. Currently, PALS THRIVE is involved in the following schools: Gainesville High, Eastside High, Buchholz High, Loften High, Kanapaha Middle, Fort Clarke Middle, Saint Francis Catholic Academy, and A. Quinn Jones.

#### **Direct Service**

Counseling Psychology (Clinical Practicum or Advanced Practicum) students may engage in the following activities as available: participation in and observation of assessment and therapeutic procedures provided by UF Health Shands Psychiatric Hospital; conduct of individual or conjoint therapy for individuals; participation in group therapy, family therapy, and dealing with topical issues such as diversity and therapeutic practice and/or ethical issues in psychotherapy; participation in staff and administrative functions; and any other activities deemed relevant for didactic purposes. Students are also required to attend morning treatment team, which allows for a didactic multi-disciplinary teaching experience where students learn differential diagnosis, new medical and psychopharmacological interventions, and application of treatment techniques.

#### Supervision

Counseling Psychology practicum students shall receive between one and two hours of individual supervision each week and one hour of group supervision each week. Group supervision is every Wednesday at 9am and is mandatory. Individual supervision shall consist of face-to-face supervision with a licensed or license-eligible psychologist, or by a licensed mental health professional reviewed and approved by the Counseling Psychology

Program. Group supervision will be with a multidisciplinary team to include a licensed psychologist, licensed mental health counselor, and licensed clinical social worker. In addition, Dr. Marrero will give supervision on a variety of testing (projective, intellectual, etc) on-site to provide students with training in diagnosis through testing, testing administration, and writing integrative reports. Additional individual supervision by other qualified staff may occur but shall be adjunctive to the one-to-two hours of supervision provided by the psychologist.

# **Application Procedures**

Applicants should contact Dr. Lucy Marrero at 352-219-0988/ <u>marrel@shands.ufl.edu</u>. Students can also contact Yanel Casanova, LMHC 305-338-7876/ <u>casany@shands.ufl.edu</u> regarding specifics of the program. A personal interview will be scheduled as part of the application process. Practicum students are welcome to apply for the spring or fall semesters. Summer semesters are usually reserved for those who have already done a practicum or internship. There is no deadline for application, but applicants should keep in mind that students are admitted on a rolling admission basis and when all slots are filled the admission process for that semester would be closed.

# Stipend:

All doctoral students will be given a stipend of \$1500 a semester. Students must be on site a minimum of 20 hrs.

# **Evaluation:**

Each practicum evaluation is based in part on direct observation of the practicum student and her/his developing skills. The licensed supervisor will observe by doing co-therapy and/or sitting in on testing, group, family, and/or individual therapy. As Shands is a teaching hospital this is routine practice for instructional purposes during evaluation.

# **Social Justice Statement**

The UF Health network is committed to providing care to all members of the community and is especially concerned with making primary care and advanced clinical services to economically disadvantaged community members. As a member of the state's "safety-net" hospital system, there is a large commitment to assisting those with little or no medical coverage. As such, a core principle of the UF Health network is to help all people regardless of ability to pay. In 2014 alone the UF Health network spent a combined \$151.1 million in unreimbursed charity care. Additionally, the UF Health network supports local agencies and engages in community outreach activities such as offering health-education programs to the public.

Contact Shinlay Rivera (shinlay@ufl.edu)

# Description

The advanced practicum program offers training in counseling with a late adolescent and adult population in a university setting. Advanced practicum students spend approximately 15-18 hours per week at the Counseling and Wellness Center (CWC). Programs are individualized to meet the trainee's needs, interests, and competency level.

# **Direct Service**

Trainees are all expected to provide individual counseling services. An average client case load for a trainee in the Generalist position is about 10-12 clients per week. In addition, there are additional training opportunities to co-facilitate groups, serve as a co-counselor in couples counseling (per availability), administer and complete assessments, and participate in outreach/consultation programs. Approximately 10-12 hours per week are spent in direct service activities.

# Supervision

Trainees are supervised by a team consisting of a senior staff member (licensed or license eligibleclinician) or a doctoral intern (from our APA Accredited Internship in Health Service Psychology). All supervision is provided on the site. Additional supervision is available through co-counseling experiences and participation in the didactic seminars.

# **Application Procedures**

All students in the Counseling Psychology program complete their first Practicum through the CWC during the Fall and Spring semesters of their second year. Additional advanced practicum experience at the center may be negotiated with the Assistant Director of Training at the CWC.

# **Social Justice Statement**

**Respect for diversity and for values different from one's own is a central value of the CWC.** Trainees and trainers at the CWC are expected to be committed to the social values of respect for diversity, inclusion, and equity. Further, trainees and trainers are expected to be committed to critical thinking and the process of self-examination so that such prejudices or biases (and the assumptions on which they are based) may be evaluated in the light of available scientific data, standards of the profession, and traditions of cooperation and mutual respect. Thus, trainees and trainers are asked to demonstrate a genuine desire to examine their own attitudes, assumptions, behaviors, and values and to learn to work effectively with "cultural, individual, and role differences including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status" (APA Ethics Code, 2002, Principle E, p. 1063). **Stated simply, both trainers and trainees are expected to demonstrate a willingness to examine their personal values, and to acquire and utilize professionally relevant knowledge and skills regardless of their beliefs, attitudes, and values.** 

Trainees will be expected to examine and attempt to resolve any of the above to eliminate potential negative impact on their ability to perform the functions of a psychologist, including but not limited to providing effective services to individuals from cultures and with beliefs different from their own and in accordance with APA guidelines and principles.

Members of the CWC training community are committed to educating each other on the existence and effects of racism, sexism, ageism, heterosexism, religious intolerance, and other forms of invidious prejudice. Evidence of bias, stereotyped thinking, and prejudicial beliefs and attitudes will not go unchallenged, even when such behavior is rationalized as being a function of ignorance, joking, cultural differences, or substance abuse. When these actions result in physical or psychological abuse, harassment, intimidation, substandard psychological services or research, or violence against persons or property, members of the training community will intervene appropriately.

In summary, all members of the CWC are committed to a training process that facilitates the development of professionally relevant knowledge and skills focused on working effectively with all individuals inclusive of demographics, beliefs, attitudes, and values. Members agree to engage in a mutually supportive process that examines the effects of one's beliefs, attitudes, and values on one's work with all clients. Such training processes are consistent with counseling psychology's core values, respect for diversity and for values similar and different from one's own.

# North Florida/South Georgia Veterans Health System (NF/SGVHS) Gainesville Veterans Affairs Medical Center 1601 Southwest Archer Road Gainesville, FL 32608-1197

Contact Dr. Elizabeth Dizney elizabeth.dizney@va.gov 376-1611 extension 10-6308

#### Description

The mission of the North Florida/South Georgia Veterans Health System (NF/SGVHS) is "To honor America's veterans by providing exceptional health care that improves health and well-being." This mission is carried out not only by providing high quality health care but also by engaging in research and education. The NF/SGVHS places special emphasis on maintaining its role as a major teaching hospital – and this role in teaching can be seen in the commitment we have to training psychologists.

NF/SGVHS was formed in 1998 through the integration of the Malcom Randall (Gainesville) VA Medical Center and the Lake City VA Medical Center. The integrated healthcare system now consists of the two major medical centers, three large multi-specialty outpatient clinics (Jacksonville, Tallahassee, and The Villages) and nine community-based outpatient clinics (Ocala, Middleburg, Valdosta (Georgia), St. Augustine, Marianna, St. Marys (Georgia), Waycross (Georgia), Palatka, and Taylor County). NF/SGVHS remains one of the busiest systems in the Department of Veterans Affairs. This healthcare system serves a catchment area of over 450,000 veterans in a geographical area of more than 30,000 square miles--31 counties in Florida and 19 counties in Georgia. Available to veterans in this 50county rural and urban catchment area is an array of services, including intensive hospital-based detoxification, ambulatory detoxification, residential care, transitional housing program, dual diagnosis residential care, and a full range of outpatient services including vocational rehabilitation. This continuum of care takes place in a variety of milieus in several different locations, including the Malcom Randall VA Medical Center in Gainesville, the Lake City VA Medical Center, the outpatient Substance Abuse Treatment Team (SATT) facility in the Gainesville community and the neuropsychological facility in Gainesville. In combination, all our clinics treat approximately 140,000 veterans for a total of 1.6 million visits with a minimum of 34,000 Veterans receiving mental health services. In addition to outpatient visits, there were approximately 124,000 hospital admissions that occurred in a facility that has 586 beds (which includes 264 nursing home beds). The expansion at NFSGVHS includes a 250,000 square feet bed tower, which has expanded the services that are available to the Veterans we serve. We have an operating budget of more than \$1.7 billion per year and over 5,755 permanent staff and 207 temporary staff members. We value our role in assisting in the training of psychologists and have APA Accredited internship and postdoctoral residency programs. Our ability to accept and place practicum students varies from time to time, based on staffing levels in the various services in which our psychologists work and the training needs of our interns and residents.

#### **Direct Service**

Direct service includes individual, couple, family, or group therapy, as appropriate to the treatment needs of the population served. Assessment experiences are also available as a component of some of our rotations (e.g., neuropsychology). Time spent in training and direct contact is flexible and can be negotiated as part of the interview and selection process. Typically, practicum students will spend 8-16 hours per week in one of our facilities.

#### Supervision

Trainees receive supervision on site by one of the psychologists in the unit to which they are assigned. Supervision may also be provided by advanced trainees (interns or postdoctoral fellows) under the direct supervision of a licensed psychologist. Additional training experiences may include co-therapy, case-conferences, training seminars, or staff conferences, as available in each unit.

#### **Application Procedures**

The practicum experiences at the NF/SGVHS are considered advanced placements for doctoral students in clinical or counseling psychology. Applicants must be U.S. Citizens. Prior therapy and/or counseling experience or advanced practicum is required. Applicants should prepare an application packet that includes the following: the application document found on our website (<u>Psychology Training Program - North Florida/South Georgia Veterans Health</u> <u>System (va.gov)</u>)a cover letter, a professional vita, a brief summary of any previous social service experience, and a

letter of readiness signed by the Director of Clinical Training. That information should be provided to Dr. Elizabeth Dizney , Director of Psychology Training, who will then arrange for an interview. Applications should be made no later than midterm of the semester prior to the advanced practicum semester.

# Description

We serve a diverse population of marginalized adolescent females who have dealt with various traumas and challenges already in their lives. Some of the risk factors of our resilient population include: sexual abuse, physical abuse, parent bereavement, parent incarceration, substance abuse, academic underachievement, health issues such as cancer, etc. Our alternative school is a non-residential safe environment where middle and high school aged girls can learn coping skills and thrive, despite whatever circumstances they face. Our balanced emphasis on academics and social services is combined with our program model to produce an experience that is nationally recognized as one of the most effective programs for helping at-promise girls realize brighter and more productive futures. The values and principles that guide our actions include: *Honor the Female Spirit, Focus on Strengths, Act with Integrity and Positive intent, Embrace Growth and Change, Value the Wisdom of Time, Exhibit Courage, Seek Excellence, Create Partnerships, and Invest in the Future.* 

Here is the link to our website: <u>http://www.pacecenter.org/centers/alachua</u> and Facebook page: <u>https://www.facebook.com/PACE-Center-for-Girls-Alachua-116954225031968/?fref=ts</u> Our Mission:

Pace provides girls and young women an opportunity for a better future through education, counseling, training and advocacy.

# Our Philosophy:

Pace values all girls and young women, believing each one deserves an opportunity to find her voice, achieve her potential and celebrate a life defined by responsibility, dignity, serenity and grace.

#### **Direct Service**

Pace requires practicum students to commit to a minimum of 15 direct service hours per week. At Pace, we offer:

- ✓ Individual Counseling
- ✓ Group Counseling (parent bereavement, sexual trauma, etc.)
- ✓ Family counseling
- ✓ Crisis counseling
- ✓ Career Counseling
- ✓ Trauma Informed Care
- ✓ Psychoeducational Experiences
- ✓ Needs Assessments
- ✓ Individualized Care Plans
- ✓ Referrals to Community Agencies
- ✓ Creativity and Healing Opportunities

#### Supervision

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A mandatory orientation is provided, which covers job specific topics (Multicultural Environment, Parent Meetings, Documentation in the computer system, Deadlines, Policies on Suicide, Abuse, Human Trafficking etc.). Additionally, there are weekly supervision meetings with a licensed supervisor.

# **Application Procedures**

Onboarding Requirements include: DJJ Paperwork, DJJ training, specific background screening and a drug test.

# **Peaceful Paths** Gainesville, FL 352-377-5690

# \*\*\*Students should first contact site to check if a licensed supervisor is available any given semester\*\*\*

# Description

Peaceful Paths (formerly known as SPARC) is the state certified domestic abuse agency that serves survivors of domestic violence and intimate partner violence in Alachua, Bradford, and Union counties. Peaceful Paths provides a wide range of free and confidential services including emergency and extended shelter, crisis hotline, victim advocacy, youth programming, education and training, trauma counseling and support groups, community awareness and intervention. Peaceful Paths is a member of the Florida Coalition Against Domestic Violence (FCADV).

# **Direct Service**

Students may engage in the following activities as available: participation in and observation of educational procedures provided by Peaceful Paths staff; conduct individual or conjoint counseling for individuals, victims and their children, or groups; participation in psycho-educational and outreach activities; participation in staff meetings, group supervision (case review), and administrative meetings; and any other activities deemed relevant for didactic purposes. Direct service approximates 8-16 hours per week.

# Supervision

Students shall receive between one and two hours of individual supervision each week. Individual supervision shall consist of face-to-face supervision by the designated PEACEFUL PATHS staff. Such supervision shall occur on-site through the weekly case review or practicum student meetings. Students will also need to arrange weekly face-to-face supervision with a licensed psychologist or a licensed mental health professional. Additional individual supervision by other qualified staff may occur.

#### **Application Procedures**

Students should have completed their second-year practicum at the University of Florida Counseling Center or have comparable practicum experience completed elsewhere. Practicum students must demonstrate a desire to provide counseling and psycho-educational services for individuals, families, or groups. Contact Brandi Corbin (377-5690 or brandic@peacefulpaths.org) for application information and procedures.

# **Primary Care Institute**

605 NE 1st Street

Gainesville, FL 32601

http://primarycareinstitute.com/

Contacts: Dr. Danielle Jahn (drjahn@primarycareinstitute.com), Dr. Ken Swan (lkswan@ufl.edu)

# Description

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Primary Care Institute (PCI) is a private primary care practice (and a certified Patient Centered Medical Home) located in Gainesville, Florida. Our small family of providers comprises three family physicians, three nurse practitioners, and one licensed clinical psychologist (Dr. Danielle Jahn).

Dr. Jahn provides evidence-based and third party-reimbursable psychological services to a wide range of clientele, most of whom are also patients of our primary care practice. Under her supervision, advanced practicum students may provide these same services *for free or at reduced cost* to patients that lack sufficient mental health insurance coverage.

# **Direct Service**

Advanced practicum students provide a wide range of psychological services, and generally spend 8-16 hours per week at PCI. Students have a variety of opportunities at this practicum site, including psychotherapy, assessment, consultation, and research. Students are expected to see individual psychotherapy patients; most cases are short-term (4-16 weeks) and focus on typical psychiatric diagnoses (e.g., major depressive disorder, generalized anxiety disorder, insomnia) and health behavior change (e.g., obesity, uncontrolled diabetes or hypertension). Students also have the opportunity to lead or co-lead group psychotherapy, and can develop groups if they are interested and there is a need/patient demand. Consultation with primary care practitioners, including brief visits with patients during medical appointments and discussions of psychiatric issues with providers outside of appointments, occurs regularly. Finally, psychological and neuropsychological assessments are often needed; these range from brief cognitive screenings to full dementia and ADHD assessments, as well as pre-surgical evaluations and psychodiagnostic testing. Students have the opportunity to administer, score, interpret, and write up assessments.

Students may also choose to participate in the site's ongoing research activities, including (a) performing statistical analyses on patient data that we collect as a matter of course, (b) introducing new survey measures into our standard battery in order to test empirical hypotheses (e.g., for a thesis or dissertation project), and/or (c) co-authoring manuscripts to be submitted to peer-reviewed journals and professional conference presentations.

# Supervision

Dr. Jahn provides one hour of individual face-to-face supervision per week and is continually available for on-site consultation. Group supervision and consultation may also be available, dependent upon the number of practicum students at the site and schedules. For supervision, students audio record client sessions and Dr. Jahn reviews them prior to and in supervision. Dr. Jahn's supervision model is an integrated developmental one, and she works from a primarily cognitive-behavioral theoretical orientation. Supervision is a collaborative and open process designed to help students meet their specific goals and develop competencies in critical areas (as defined by the American Psychological Association).

# **Application Procedures**

# Requirements:

- Minimum two-semester commitment
- Desire to work with underserved populations
- Willingness to see a diverse patient populations
- Ability to work in a fast-paced medical setting
- Interest in the intersection between mental health and physical health issues
- Capacity to maintain a caseload of at least five individual therapy patients per week.

Students in the counseling psychology program who have completed their first practicum at the Counseling and Wellness Center are encouraged to apply by sending a copy of your curriculum vita and a brief (one paragraph) statement of interest to Dr. Jahn (<u>drjahn@primarycareinstitute.com</u>).

Application deadlines by starting semester:

- Summer / Fall: April 1<sup>st</sup>
- Spring: November 1<sup>st</sup>

# Psycho-Oncology Service UF Health Psychology Specialties

Department of Clinical and Health Psychology 1600 SW Archer Rd. G901, Shands North Tower Gainesville, FL 32610 Contact Deidre B. Pereira, PhD, ABPP (dpereira@ufl.edu, or 352-273-6039)

# Description

The Psycho-Oncology Service provides psychological evaluations and treatment to individuals affected by cancer referred by UF Health care providers for a wide variety of emotional and behavioral health concerns. Patients include diverse individuals with complex medical and psychological comorbidity referred for issues such as depression, suicidality, anxiety, PTSD, personality issues, substance use concerns, relational concerns, late effects of cancer, and end-of-life concerns in the context of cancer. In addition, the Psycho-Oncology Service conducts routine psychological evaluations on all hematopoietic stem cell transplant patients, as well as women being considered for prophylactic mastectomy. Finally, the Psycho-Oncology Service also provides routine psychological evaluation and treatment services to patients and caregivers affected by primary brain tumors through the Neuro-Oncology Quality of Life Clinic.

# **Direct Service**

Psychological evaluations are conducted on Thursdays across the calendar year. Practicum students can elect to participate in evaluations in the morning only, afternoon only, or both morning and afternoon. Prior to evaluations, students are expected to conduct thorough medical reviews on patients and present cases to Dr. Pereira during pre-evaluation supervision. During evaluations, students will assist with/conduct diagnostic interviews and testing and provide immediate feedback to patients. Following evaluations, students will attend post-evaluation supervision to discuss case conceptualizations, recommendations, and treatment plans. Students will then author reports and notes in the electronic health record and forward them to Dr. Pereira for editing and feedback. Given that our clinic is embedded in APA-accredited graduate and internship programs and an APPIC-accredited postdoctoral program, students will have the opportunity to partner with other trainees at more and less advanced levels.

As of 3/2020, most of our services are being conducted remotely via Zoom. Services will likely return to an in-person modality once the UF Health community has been vaccinated for COVID-19 and/or telehealth services are no longer covered by insurance companies.

#### Supervision

Dr. Pereira will be on site with the practicum student providing live observation and real-time supervision.

# **Application Procedures**

Graduate students who have completed at least a year of assessment practica are eligible to apply. Interested students should contact Dr. Pereira at <u>dpereira@ufl.edu</u> and provide a copy of their CV. Positions are generally available across all semesters.

# **Overview of Professional Development Opportunities**

# Activities to Promote Students' Leadership Competencies and Professional Development

# PROGRAM AND DEPARTMENT OPPORTUNITIES

# **Diversity Awareness and Affirmation Committee (DAAC)**

The objectives of DAAC are to (a) foster an environment of support for students of diverse cultural backgrounds and those interested in issues of multiculturalism and diversity, (b) provide mentorship opportunities for students within the department, (c) promote multicultural and diversity discourse through workshops, forums, presentations, trainings, and outreach programs, (d) facilitate communication between students and faculty in the department concerning issues of multiculturalism and diversity, and (e) promote cultural awareness among students and faculty through university/local/national events associated with diversity.

Following are some examples of activities planned and implemented by DAAC:

- Establish a mentorship program for incoming international students;
- Invite guest speakers of national stature on topics of diversity and multiculturalism;
- Facilitate student-based workshops to promote cultural awareness;
- Promote multicultural- and diversity-related workshops;
- Implement culturally diverse panels to promote general awareness among students, faculty, and campus communities;
- Hold mentoring luncheons for women faculty and students in the department.

# Student Representatives to the Counseling Psychology Area (SRCPA)

The objectives of the SRCPA are to (a) improve communication and facilitate the exchange of ideas between faculty and students, (b) foster professional development of students through interactions and networking with clinical practitioners and through professional experiences such as attending professional conferences, (c) promote leadership and problem solving skills, and (d) provide practical knowledge and support for career success, personal success, and successful matriculation through the Counseling Psychology Program.

Following are some examples of activities planned and implemented by the SRCPA:

- Assess the needs and interests of program students and faculty and organize activities to address these needs, (e.g., research presentations, practice job talks, discussions of internship application process).
- Participate in organization of Advanced Practicum Fair in which representatives from various practica meet with counseling psychology students and faculty to present information about their sites that will assist students in practicum site selections;
- Bring student feedback, interests, and ideas to the program;
- Share information, news, etc. with the students;
- Assist with program initiatives.

# Student Training and Research (STAR) Program

The objectives of the STAR Program are to raise funding to help support (a) student travel for the purpose of presenting papers and posters at professional conferences, (b) activities (e.g., Reunions and

production of the Program Alumni Newsletter) that maintain strong relations between alumni and current Program members, (c) colloquia by nationally known counseling psychologists, (d) annual presentation of an Outstanding Counseling Psychology Graduate Student Award, and (e) programs directed by the student participants in the Student Training Director Trainee/Advisory Council

Following are some examples of activities planned and implemented by the STAR Program:

- Production of the STAR Brochure that describes the STAR Program;
- Establishment of the STAR Fund through the University of Florida Foundation so that fund donations can be tax deductible.

# Graduate Student Advisory Board (GSAB) Counseling Area Representative

The GSAB is a student-run group composed of representatives from each of the five areas of UF's Psychology Department. Collectively, the goals of the GSAB are to (a) provide constructive feedback to the Department's Faculty Graduate Coordinator regarding graduate education and training, (b) collaborate with the Graduate Coordinator to enhance graduate and undergraduate education and training, (c) facilitate graduate student recruitment, retention, and professional development.

Responsibilities of the Counseling Area Representative may include

- Soliciting feedback from Counseling students regarding training to share with the GSAB.
- Attending monthly GSAB meetings.
- Participating or leading GSAB projects as they are assigned.

# NATIONAL OPPORTUNITIES

# American Psychological Association of Graduate Students (APAGS)

Students in the Program serve national leadership roles in APAGS committees (described below). APAGS is the largest group of psychology graduate students worldwide. Upon becoming student affiliates of the American Psychological Association, graduate students automatically become members of APAGS. APAGS is one of the largest constituencies of APA, with a membership that consists of approximately one-third of all APA members. From the APAGS website (<u>http://www.apa.org/apags/about/index.aspx</u>), the goals of the organization are:

- 1. to promote the highest standards in the research, teaching and practice of psychology in order to further the education and development of all psychology students.
- 2. to represent all graduate study specialties of psychology and to facilitate the exchange of information between these groups.
- 3. to promote graduate student leadership development in order to communicate and advocate the concerns of psychology students.
- 4. to establish and maintain channels of communication between APAGS and schools, universities, training centers, institutions and other members of the psychological community.
- 5. to be the voice of psychology students within the APA and in the psychological community at large.

APAGS is governed by nine officers elected by APAGS members, as well as the chairs of five subcommittees:

- APAGS Science Committee,
- Committee on Ethnic Minority Affairs (CEMA),
- Advocacy Coordinating Team (ACT),
- Committee on Lesbian, Gay, Bisexual, and Transgender Concerns (CLGBTC), and

Program.

# • APAGS Convention Committee

Subcommittee members typically serve for 1-2 years, working with other members to design and implement programs and initiatives that are consistent with the goals of the specific subcommittee. After serving as a subcommittee member, members are eligible for consideration for a position as a subcommittee chair. Please see the APAGS website (provided above) for more information about getting involved with this organization.

# Student Affiliates of Seventeen (SAS) Representative to the APA Society of Counseling Psychology (Division 17)

A student from our program serves as a representative to SAS annually. SAS is a national organization for students associated with APA Society of Counseling Psychology (Division 17). The goals of SAS are to (a) facilitate communication between SAS/division 17 and counseling psychology programs and (b) to circulate information from SAS/division 17 to students within individual counseling psychology programs.

Responsibilities of the SAS Student Representative for the University of Florida include:

- Informing and educating UF counseling psychology students about APA, Division 17, and the SAS network.
- Circulating information (via email) from Division 17/SAS to UF counseling psychology students.
- Soliciting information from UF counseling psychology students about their professional activities (i.e. professional conferences, publications, presentations, internship-related information) and sharing that information in a monthly update to the SAS regional coordinator.

# **Student Reviewers for Scientific Journals**

Students from our program serve as student reviewers on scientific journals. For example, students may serve as co-reviewers with their advisors or other faculty on reviews for the *Journal of Counseling Psychology*. Students can also gain review experience by joining the Student Advisory Board for the *Psychology of Women Quarterly*.

# **Doctoral Qualifying Examination**

All doctoral students enrolled in the Counseling Psychology Program are required to take a Doctoral Qualifying Exam (DQE). This exam has a written component that is administered by the Program's Qualifying Exam Committee and an oral component that is administered by a student's Doctoral Supervisory Committee. The oral component is taken after the written component. Following the successful completion of the DQE, the student is officially admitted into doctoral candidacy.

The primary purpose of the DQE is to permit doctoral students to demonstrate their comprehension of the field of Counseling Psychology.

Students are eligible to take the DQE after they have:

- 1. filed a valid and current Doctoral Supervisory Committee Form with both the Graduate School and the Psychology Department's Graduate Coordinator;
- 2. had the Doctoral Supervisory Committee review and approve the student's Doctoral Planned Program of Study. This review can occur in an in-person meeting or via other communication method agreed upon by your committee. Have the Planned Program of Study form and accompanying materials signed by the Doctoral Supervisory Committee chairperson and placed in the student file.
- 3. submitted a completed and signed (by the Chairperson of his/her Doctoral Committee) "Application to take the Doctoral Qualifying Examination" to the Graduate Secretary to be filed in the program student file. Applications to take the written component of the DQE must be submitted to the Graduate Secretary by 4:30 p.m. on the Thursday prior to the week in which the exam is scheduled; that is, the deadline will be seven days prior to the day of the DQE. The written component of the DQE is administered once a year--in the Fall Semester. The oral component of the DQE, which is individualized for each student, does not require an application and typically occurs two to three weeks after the written exam at a time agreed to by the student and his/her Doctoral Committee.

# Content, Organization, and Development of the Doctoral Qualifying Exam (DQE)

#### 1. What topics are covered on the DQE?

Students will be required to demonstrate comprehensive knowledge in each of the following four domains: (1) theory, (2) ethics, (3) research, and (4) contemporary themes in the counseling psychology literature. Students are directed to attend to multicultural and diversity issues across the domains and responses to questions. Domain 1 and 2 are completed during a week time span prior to the start of the fall semester. Domains 3 and 4 are completed on a single day, the first Monday of the fall semester. Students are asked to submit an honesty pledge related to their qualifying exam.

<u>Domain 1: Theory</u> (completed during week prior to start of Fall semester, open book and internet) One week prior to the official start of Fall semester, students will be provided the following prompt along with three alternative theoretical orientations to choose from in addressing the prompt. This domain response should be no more than 10 pages in length, (not including references) using normal APA formatting (e.g., double spaced, times new roman, 1 inch margins, 12 point font). Students will not be allowed to discuss their answer with anyone else and will turn in their answer at the end of the week period. Prompt: Explain the key concepts and processes involved in healthy and unhealthy development and therapeutic change according to your preferred theoretical orientation. Discuss the adequacy of these key elements of development and change in addressing issues of diversity. Compare and contrast these elements of your theory with one other distinct theoretical orientation of the three that will be provided at the time of the exam. Review research that supports four aspects of your preferred theory. Be sure that some of the research that you review addresses issues of diversity.

Domain 2: Ethics (completed during week prior to start of Fall semester, open book and internet)

One week prior to the start of the fall semester, students will be provided with the following prompt along with an ethical dilemma which will be chosen by the faculty. This domain response should be no more than 10 pages in length (not including references), using normal APA formatting (e.g., double spaced, times new roman, 1 inch margins, 12 point font). Students will not be allowed to discuss their answer with anyone else and will turn in their answer at the end of the week period.

Prompt:

- 1. Explain why it is a dilemma (e.g., present relevant code or principles that are in conflict).
- 2. Present any relevant research literature that addresses both sides of the dilemma and offers recommended action.
- 3. Explain a cogent rationale and plan for the action they would take to address the dilemma.

<u>Domain 3: Research</u> (3 hours, closed book, completed the first Monday of Fall semester) One article will be selected that was published between June through June during the two years preceding the administration of the exam. The article selected will have appeared in the *Journal of Counseling Psychology* or the *Journal of Counseling and Development*. Students must write a review of the article in which the following questions and content are addressed:

- 1. Theoretical Perspective
  - a. Describe and critique the author's conceptual framework.
  - b. Comment on the need for this study and its importance.
  - c. How effectively does the author tie the study to relevant theory and prior research?
  - d. Describe and evaluate the clarity and appropriateness of the research questions or hypotheses.
- 2. Research Design and Analysis
  - a. Critique the appropriateness and adequacy of the study's design in relation to the research questions or hypotheses.
  - b. Critique the adequacy of the study's sampling methods (e.g., choice of participants) and their implications for generalizability.
  - c. Critique the adequacy of the study's procedures and materials (e.g., interventions, interview protocols, data collection procedures).
  - d. Critique the appropriateness and quality (e.g., reliability, validity) of the measures used.

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- e. Critique the adequacy of the study's data analyses. For example: Have important statistical assumptions been met? Are the analyses appropriate for the study's design? Are the analyses appropriate for the data collected?
- f. Critique the adequacy of the study's consideration of cultural differences and other issues of diversity.
- 3. Interpretation and Implications of Results
  - a. Critique the author's discussion of the methodological and/or conceptual limitations of the results.
  - b. How consistent are the author's conclusions with the reported results?
  - c. How well did the author relate the results to the study's theoretical base?
  - d. In your view, what is the significance of the study, and what are its primary implications for theory, practical application, and future research?

Domain 4: Thematic Review and Critical Analysis of Contemporary Counseling Psychology Literature (6 hours, open book, internet access, completed the first Monday of Fall semester)

Students will write an integrative review and critical analysis of a theme that faculty identify in the counseling psychology literature. To prepare for this portion of the exam, students should read all issues of the Journal of Counseling Psychology, The Counseling Psychologist, and the American Psychologist published during the two years preceding the administration of the exam. Understanding of this contemporary literature will be facilitated by familiarity with the earlier roots of this work; strong answers will demonstrate knowledge of the contemporary literature in the context of relevant historical roots. In addition, a strong answer is characterized by students demonstrating their own original, critical thinking and integration of empirical literature. Relatively weaker answers will simply repeat what other scholars have said about a theme. The answer to the Thematic Review question should be no longer than 7 pages, excluding References, with one-inch margins question. Following the and 12-point, Times Roman font. is text for the

Select one of the following two topics that have been recurrent or current themes in the counseling psychology literature. Provide an integrative review and critical analysis of the empirical and conceptual literature relevant to the theme. Conclude your answer with directions for future development of theory and research in this area.

#### 2. How important is it to be able to cite specific references, and how complete must these references be?

It is important to cite basic sources and major research in an area that is being addressed by an exam question. References are appropriately used to support points in your answer. Points being referenced should be accurate, and generalizations cited should be correct. A reference should minimally include the author's last name followed by year of publication as follows: ....(Corsini, 1973). <u>or</u> Corsini (1973). Additionally, students must submit a reference list in APA format for each DQE answer EXCEPT for the research domain; for the research domain students need only provide in text citations.

# **3.** Will students be penalized for using information unfamiliar to faculty in their answers on the written component of the DQE?

Counseling Psychology faculty members will be involved in generating exam questions and in selecting and/or approving the final questions that will constitute the written DQE. The Quals Committee will ask faculty members to evaluate questions that they are particularly competent to score. [However, a faculty

member will not be asked to score exam questions of a student whose doctoral committee he or she chairs.] At least three faculty members will score each exam. Given this procedure for generating, selecting, and evaluating exam questions, it is not likely that a student will be penalized for a response to an exam question because of a faculty member's level of knowledge about the topic that the question addresses. However, if there is some unfamiliar information in a student's response to an exam question, the faculty member who is grading that response may review that information before grading the student's response. Thus, it is important

#### 4. What are the purposes of the oral component of the DQE?

to cite the sources of information used in exam responses.

The purposes of the oral part of the Doctoral Qualifying Exam are to:

- a. provide each student the opportunity to clarify or supplement answers to exam questions that received less than satisfactory evaluations,
- b. further determine the degree that each student has integrated knowledge and skills for functioning as a scientist-practitioner in the field of Counseling Psychology, and
- c. provide members of the student's doctoral committee who may not have participated in the written examination process (e.g., external doctoral committee members) the opportunity to actively participate in the qualifying examination process, especially since it is the entire doctoral committee who will ultimately make the decision as to whether the DQE as a whole (i.e., the written and oral components collectively) has been successfully passed.

#### 5. What course work should be completed prior to taking quals?

- a. Three courses that constitute the Basic Counseling Psychology Core must be completed: PCO 6057, PCO 6931, and PCO 6278.
- b. It is strongly recommended, though not required, that you complete the following courses prior to taking the DQE because they constitute the Basic Scientific Psychology Core: PSB 6099, CLP 7934, SOP 6099, DEP 6099, and PSY 6608.
- c. The Master's Degree requirement or Master's Equivalency also must be completed before taking the DQE.

#### 6. May notes or references be utilized?

The third domain (research) is completely closed book. Notes, references, electronic documents, or other materials may not be accessed at any time during that portion of the DQE. The first, second, and fourth domains of the DQE are open book and any non-human resources can be used during that portion of the exam.

# 7. Are there any areas which were not addressed in the core courses which will be included in the quals questions, (e.g., women's issues, multicultural counseling, gay and lesbian issues, family systems theory, etc.)?

Yes, there may be topics from areas outside of those covered in the core courses. It is indeed likely that the exam will include coverage of areas such as those examples given above. It is expected that students can address such topics by extrapolating from content covered in the core courses and from knowledge acquired in other required courses including the pre-practicum and the practica.

# 8. Are there any particular guidelines that would be helpful in writing very good answers to DQE questions?

It is essential that students communicate their thoughts clearly and concisely when writing their answers. The following suggestions may assist in writing effective answers:

- a. Read a question twice.
- b. Notice that nouns and action verbs are the primary guides to what the question is asking.
- c. Spend a few minutes thinking about the main points to be included in the answer. Plan the answer using an introduction-body-summary format.
- d. Devote part of the allotted time for planning and outlining each answer.
- e. In the introduction, refer to the main idea to be discussed in the body of the answer and state any assumptions that will be made in answering the question.
- f. Write complete sentences and try to avoid verbosity. Make sure that each sentence is clear and concise.
- g. Make sure that each paragraph develops one complete thought. A good paragraph should contain five to ten well-integrated sentences.
- h. Cite references where appropriate to support the answer. Simply write the author's last name followed by the year of publication and enclose within parentheses, such as Fox (1969).
- i. Use subheadings and numbering where they are appropriate. Charts and graphs may be used as part of the answer.
- j. Emphasize quality rather than quantity in the answer.
- k. Limit your summary or conclusion to a paragraph and do not include new material in the summary.
- 1. Be mindful of the time limitation involved and estimate your response time accordingly.
- m. Move beyond repeating what other scholars have said and demonstrate your own original thinking. For instance, repeating the content of *TCP* major contributions is not sufficient. Strong responses would include describing your own novel integration of extant empirical data AND critical evaluation and integration of prior conceptual literature; the key here is to demonstrate your own original integration of the empirical and conceptual literature.

# **Resource Materials for Preparing to take the Doctoral Qualifying Examination (DQE)**

#### 1. What version of the APA Ethical Principles should students use to prepare for the DQE?

You are responsible for the most recent version of the APA Ethical Principles and Code of Conduct).

#### 2. Is there a list of suggested readings or types of readings to assist in preparing to take the DQE?

No, there is no specific list of readings for preparing to take the DQE. However, the descriptions of the domains of the DQE should inform students' readings and preparation.

# 3. What is a ballpark figure for how much students should study for the written DQE (what's expected)?

Two months of concentrated study is a ballpark estimation of the time needed to prepare to take the written DQE. However, more, or possibly less, time will be needed depending upon the following factors:

- a. time duration since completing core Psychology and Program courses;
- b. individual differences with regard to level of difficulty involved in organizing, integrating, and memorizing large amounts of information;
- c. personality differences that influence effective study behavior, and
- d. overall academic preparation prior to studying for the DQE.

### Administration of the Doctoral Qualifying Examination

# 1. When and how will the written DQE be administered? How much time will students be given to complete this exam?

The written component of the DQE will be administered during the first Monday of the start of the Fall semester. Unless otherwise notified, the written component of the DQE will follow this schedule:

8:00 a.m. – 11:00 a.m.	Domain 3 (Research)
12:00 p.m. – 6:00 p.m.	Domain 4 (Theme)

Note that the faculty view Domain 4, the Thematic Review and Critical Analysis question, as a four-hour task, but students may use the additional two hours time if needed.

Exams will be administered and completed in a computer lab room in the Department of Psychology or in alternative computer lab site.

At the end of each domain period, answers will be emailed to the administrative assistant within the department assigned to this task. Answers completed or provided after the ending time will not be submitted to exam graders. Students with documented disabilities requesting accommodations for taking the DQE must arrange these accommodations with the Chairperson of the Qualifying Exam Committee ten (10) days prior to the day of the qualifying exam.

### 2. What is the application procedure for taking the DQE?

Applications to take the written component of the qualifying exam are available in the Program Handbook and must be completed, signed by the chairperson of the student's doctoral committee, and submitted to the Graduate Secretary at least seven days prior to the day of the qualifying exam (no later than 4:30 p.m. on the Thursday before the week in which the exam is scheduled). The "Criteria for Eligibility to Sit for the Written Component of the Doctoral Qualifying Examination" information is included with the application.

Each student who applies to take the DQE will be notified that his/her application was received and that he/she is on the list of students scheduled to take the exam.

If the written component of the DQE must be re-taken, a new signed application must be submitted to the Graduate Secretary by the application deadline for the semester that it will be retaken. Failure to meet a DQE application deadline will necessitate that the student wait until the next administration of the examination.

#### 3. Who monitors the written component of the DQE? How?

The Chair of the Quals Committee will see that the qualifying exam is administered. Monitors may be present in the computer rooms during the time students complete the exam. If not, students will be informed where the monitor can be found in case of an emergency. Specific instructions as to time and place will be sent to or posted for qualifying students.

When the written component of the DQE ends, all answers will be emailed to the appropriate administrative assistant within the department.

# Grading of the Doctoral Qualifying Exam (DQE)

Grading of and feedback concerning the written component and later the oral component of the DQE will involve the following steps:

- Step 1. One copy of each exam question will be given to each of three faculty for grading. Approximately half of the faculty will grade the ethics and theory essays, and the other half will grade the research and theory essays. Faculty members will receive the exam questions that they are to grade no later than Friday of the week following the exam.
- Step 2. Three faculty members, using a scale of 1 to 5, will rate each answer. The scale is analogous to graduate school letter grades of consequence (i.e., 5=A, 4=B+, 3=B, 2=C+, 1=C).
- Step 3. Faculty who grade the answers to the four DQE questions will return graded exam responses to the Quals Committee no later than one week after receiving the exam answers to grade.
- Step 4. The Quals Committee will then (a) have grades on all exam answers recorded on the Quals Feedback Form (QFF) along with the grand sum rating/grade for all four questions, and (b) send copies of these graded exams and QFF to the chairperson and members of each student's doctoral committee after receiving the graded answers.

The grand sum of ratings for all four DQE domains reported on the QFF and any additional comments from raters will enable the student's doctoral committee to determine if the student will be allowed to advance to

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the oral component of the DQE. The maximum grand sum is 60. As an advisory guideline, faculty have agreed that a score of 36 or above would result in a recommendation that the student be permitted to advance to the oral portion of the DQE. This and any recommendation is only advisory to the student's doctoral supervisory committee. The doctoral committee might also want to calculate performance within each area of the exam to identify respective areas of strength warranting special acknowledgement or concerns warranting remediation. Remediation could occur through another written examination, during the oral portion of the exam, or through some other activity deemed relevant by the committee.

- Step 5. The chairperson of each student's doctoral supervisory committee will discuss the DQE performance and feedback with all members of the student's doctoral committee. The purpose of the discussion is to make one of the following decisions:
  - a. to inform the student that he/she demonstrated adequate performance on the written component of the DQE and thus can schedule the oral component of the DQE within approximately two to three weeks, or as soon as the student and his/her chairperson think is reasonable;
  - b. to inform the student that the written performance was deemed sufficiently inadequate that some form of remediation is warranted before the oral component of the DQE can be scheduled.

The student's doctoral committee chairperson will report the decision to the student in a Performance Feedback Meeting that will be held as soon as possible following receipt of the QFF.

At or before the Performance Feedback Meeting the student will receive the following:

- b. her/his graded exam answers from all faculty graders,
- c. the completed Doctoral Qualifying Exam Answer Evaluation Sheet that the faculty graders completed (one Sheet will be attached to each answer for each grader), and
- d. the Quals Feedback Form (QFF). This information will be helpful to a student in preparing for the individualized oral component of the DQE administered by her/his doctoral supervisory committee. Typically, questions are asked in the oral component of the DQE that address, among others, areas of weak performance on the written component of the DQE.

If a student's performance on the written common of the DQE is judged inadequate, the information presented at the Performance Feedback Meeting will be helpful in preparing the remediation plan or other activities deemed appropriate by the doctoral committee.

- Step 6. If the student's doctoral committee decides that he/she should advance to the oral component of the DQE, the student will schedule this oral component within two to three weeks after the Performance Feedback Meeting or within some time frame that the student and his/her doctoral committee chairperson agree is reasonable.
- Step 7. The oral component of the DQE ordinarily includes questions that a) address written DQE answers on which the student received Marginal Pass or Fail grades, b) are not related to the written DQE but assist individual committee members to evaluate the student's preparation to function as a counseling psychologist.

The oral component of the DQE is typically scheduled for 2 hours. When the doctoral committee chairperson ends the time for asking the student questions, the following steps typically occur in the order numbered:

1. the student leaves the examination room;

- 2. the committee discusses the student's performance and decides whether the student earned a Pass, Conditional Pass, or Fail on the DQE (based on her/his performance on the written and oral components of this exam). If the student earned a Conditional Pass, then the doctoral committee will decide what conditions the student must satisfy in order to earn a Pass on the DQE.
- 3. the committee chairperson will ask the student to return to the exam room and will take leadership in informing the student of the committee's decision regarding his/her level of passing on the exam;
- 4. the student will have the opportunity to make comments and ask questions of the entire committee;
- 5. if the student earns a Pass, the committee then signs an Admission to Candidacy Form (prepared by the Graduate Program Assistant) to document the successful completion of the DQE; if the student earns a Fail or Conditional Pass, the chairperson will meet with the student to work out the specific plan for passing the exam and advancing to doctoral candidacy. This plan will be formally put in writing by the doctoral committee chairperson within two weeks after the oral exam. A copy of this document will be sent to the student and a copy will be placed in the student's academic file.
- 6. finally, the doctoral committee chairperson will notify the Area/Training Director regarding the action taken concerning each student's DQE (i.e., pass, conditional pass, fail). This information is used in certifying each student's eligibility to apply for pre-doctoral internship.

It is the doctoral committee chairperson's responsibility to supervise the student in meeting whatever conditions specified by the student's doctoral committee as being necessary to earn a Pass on the DQE, and thus advance to doctoral candidacy.

# Application to Take the Written Component of the Doctoral Qualifying Examination (DQE)

Department of Psychology, University of Florida

**\*\*Note:** This form must be submitted to the Graduate Program Assistant at least 7 days prior to start of the DQE.

Date:			
Name:	UFID:		
Email:	Phone:		
Mailing Address:			
DOCTORAL SUPERVISORY COMMITTEE	Ξ		
Chair:	External:		
Member:	Member:		
Member:	Member:		
Has your Doctoral Supervisory Committee be	een approved by the Graduate School?	□Yes	□No
Has your Planned Program Form been filed v	with the Graduate Program Assistant?	□Yes	□No

Before applying to take the written component of the DQE, make sure these things are done and that you have met all other criteria specified on the checklist entitled, "Criteria for Eligibility to Sit for the Written Component of the Doctoral Qualifying Examination (DQE)."

SIGNATURES

Student

Doctoral Committee Chairperson

# **Criteria for Eligibility to Sit for the Written Component of the Doctoral Qualifying Examination (DQE)**

Once completed and signed by the student's Doctoral Committee Chairperson, this form <u>must be filed</u> with the Graduate Program Assistant in who will see that the form is placed in the student's program file.

#### **Check if completed:**

- □ Master's degree or Master's Equivalency (see Department of Psychology Graduate Regulations)
- □ These courses in the core program in Counseling Psychology Core (PCO 6057, PCO 6931, PCO 6278) or the equivalent of these courses.
- □ Valid and current Doctoral Supervisory Committee Form filed with the Graduate School, and Graduate Coordinator, and placement of a copy of this Form in the student's program file.
- □ Current Planned Program Form reviewed and approved by the Doctoral Supervisory Committee, and signed form is in the student's program file.
- □ Completed and signed application to take the written component of the DQE at least one week (7 days) in advance of this exam.

SIGNATURES:

Student

Date

Doctoral Committee Chairperson Date

# Internship

The Counseling Psychology Program requires completion of an APA-accredited pre-doctoral internship. Before applying for an internship, students must be admitted to candidacy for the doctorate. Students must have (1) completed the Master's degree or Master's Equivalency, (2) finished all proseminars, (3) successfully passed the Doctoral Qualifying Examination, and (4) successfully proposed their dissertation. No student will apply for internship without fulfilling all of these qualifications. Students are to complete all coursework before leaving for internship. The Area/Training Director or another faculty member appointed by the Area/Training Director conducts a non-credit preparation seminar each year in advance of internship application. It is elective but strongly advised. Students should also review the APPIC (www.appic.org) and APA (<u>http://www.apa.org/ed/accreditation/programs/internships-state.aspx</u>) web sites for additional helpful information.

A description of the Matching Process is inserted below. It is also available from the APPIC web site at: <u>https://natmatch.com/psychint/aboutoverview.html</u>

The rules of participation are also inserted below. They are also available from the APPIC web site at: <u>https://natmatch.com/psychint/aboutpolicies.html</u>

The schedule of specific dates changes from year to year. The general timeline is described below. Specific dates are available from the APPIC web site at: https://natmatch.com/psychint/aboutdates.html

# **Overview of the Matching Program**

# Introduction

The APPIC Internship Matching Program (the "Match") provides an orderly process to help applicants obtain positions in psychology internship programs of their choice, and to help internship programs obtain applicants of their choice. Similar matching programs are in use in many other health professions, including medicine, dentistry, pharmacy, podiatry, optometry and others.

The Association of Psychology Postdoctoral and Internship Centers (APPIC) is responsible for establishing the policies of the Match and for monitoring the implementation of the Match. The Match is administered by National Matching Services Inc. (NMS) on behalf of APPIC.

# **The Process**

With the Match, applicants must still apply to internship programs they are interested in, and applicants and programs interview and evaluate each other independently of the Match. However, no offers are made by programs during the interview period. Applicants and programs can evaluate each other fully before the programs must decide on their preferences for applicants, and before applicants must decide on their preferences for programs. After all interviews are completed, each applicant submits a Rank Order List on which the applicant lists the desired programs, in numerical order of the applicant's preference (first choice, second choice, etc.). Similarly, each internship program submits a Rank Order List on which the program lists the desirable applicants, in order of

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the program's preference. Each program also indicates the number of positions the program has available.

The Match then places individuals into positions based entirely on the preferences stated in the Rank Order Lists. An example and description of how the <u>matching algorithm</u> is processed is provided in another section of this web site. The result of the Match is that each applicant is placed with the most preferred internship program on the applicant's Rank Order List that ranks the applicant and does not fill all its positions with more preferred applicants. Similarly, each program is matched with the most preferred applicants on its list, up to the number of positions available, who rank the program and who do not receive positions at programs they prefer.

Since all offers, acceptances, rejections and final placements occur simultaneously, the Match is an effective and fair means of implementing a standardized acceptance date. It allows programs and applicants to evaluate each other fully before determining preferences, thus alleviating the pressures to make premature decisions based on incomplete information. Furthermore, the Match alleviates many common adverse situations from the recruitment process, such as applicants hoarding multiple offers, and applicants or programs reneging on a prior acceptance in order to accept a more preferred program or applicant that has subsequently become available. Also, a program can be assured that it will not be matched with more applicants than it has available positions.

In the Match, both applicants and internship programs should list choices in order of preference, without consideration for how they will be ranked by the other party. Decisions by applicants and programs regarding rankings can be based on the applicants' and programs' true preferences for each other, without the need to speculate on the likelihood of subsequent offers being made or accepted.

Applicants and internship programs do NOT receive information about the rankings submitted by other applicants and programs. Each applicant is given only the final result the applicant obtains in the Match. Each program is provided only with the names of the applicants that it obtains in the Match, as well as the results of the Match for the other applicants ranked by that program.

### Phase I and Phase II of the Match

The Match will be conducted in two Phases. All eligible applicants that intend to participate in the Match must register for the Match prior to the Rank Order List deadline for Phase I of the Match. The two Phases of the Match will then proceed as follows:

**Phase I:** All applicants and programs must submit their Rank Order Lists by the Rank Order List deadline for Phase I of the Match. The matching algorithm will be processed using those Rank Order Lists to place applicants into positions. The results of Phase I of the Match will then be distributed; applicants who submitted ranks will be told whether or not they matched and to which program they matched, and internship training directors will be told which applicants matched to their program. The list of programs with unfilled positions in Phase I of the Match will be provided on this web site beginning shortly after the distribution of the results of Phase I of the Match.

**Phase II:** Programs with positions available will offer those positions to applicants in Phase II of the Match. Applicants who register for the Match prior to the Rank Order List deadline for Phase I of

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the Match and who do not obtain a position in Phase I (e.g., those who withdraw or remain unmatched) will be eligible to participate in Phase II. Those applicants may apply to programs that are participating in Phase II. All applicants and programs must submit their Rank Order Lists by the Rank Order List deadline for Phase II of the Match. A second match will be carried out using those Rank Order Lists, and the results of Phase II of the Match will then be distributed.

It is possible that, after completion of both Phases of the Match, some programs will be left with unfilled positions and some applicants will remain without internship placements. APPIC will operate a Post-Match Vacancy Service for unplaced applicants and programs with unfilled positions, which will begin operation shortly after the distribution of the results of Phase II of the Match.

# **APPIC MATCH POLICIES: 2016-2017**

Adopted July 28, 2016

#### The following policies will guide the 2017APPIC Match and Post-Match Vacancy Service. Adherence to these policies is a condition of membership in APPIC and of participation in the APPIC Match and/or Post-Match Vacancy Service.

#### Phase I of the Match

- The Rank Order List Submission Deadline is February 1, 2017 at 11:59 p.m. Eastern Time.
- Results of the Match will be released on APPIC Phase I Match Day, February 17, 2017.

#### Phase II of the Match

- The application deadline (see Policy 3b) is February 23, 2017 at 11:00 a.m. Eastern Time.
- The Rank Order List Submission Deadline is March 13, 2017 at 11:59 p.m. Eastern Time.
- Results of the Match will be released on APPIC Phase II Match Day, March 20, 2017.
- 1. These policies apply to all participants in the APPIC Match and Post-Match Vacancy Service, including APPIC member internship programs, non-APPIC member internship programs, and student applicants and their doctoral program faculty.
  - a. All participants shall abide by their agreements with APPIC for participation in the APPIC Match.
  - b. Internship training directors must ensure that all people involved in recruiting or selecting interns understand and adhere to these policies.

- c. Directors of APPIC Doctoral Program Associates and other doctoral programs with students participating in the APPIC Match must ensure that their students understand and adhere to these policies.
- d. Violations of APPIC Match Policies or Match Agreements by applicants or programs may result in sanctions by APPIC (e.g., being barred from future Matches) or legal action by other Match participants. In addition, violations by applicants may result in disciplinary action by the applicants' graduate and/or internship programs.

# 2. Internship programs must offer all of their internship positions in Phase I of the APPIC Match.

- a. Positions for which funding is not assured should not be offered in the Match.
- b. Positions that are left unfilled in Phase I of the Match must be offered in Phase II of the Match, in accordance with paragraph 8 and its subparagraphs below.
- c. Positions that are not offered in Phase I of the Match, such as positions for which funding becomes assured after the Phase I Rank Order List deadline or newly created positions, may be offered in Phase II of the Match, in accordance with paragraph 8 and its subparagraphs below.
- d. Positions that are not offered in Phase I or Phase II of the Match can be communicated and/or offered to applicants only after the results of Phase II of the Match are released, in accordance with paragraph 9 and its subparagraphs below.
- 3. For both Phase I and Phase II of the APPIC Match, the AAPI Online application service must be used by applicants to apply to all internship programs that are participating in the Match. For both Phases of the Match, all applications must be submitted using the AAPI Online, and no site may request a printed copy of an applicant's application materials.
  - a. Internship programs and applicants must abide by the APPIC AAPI Online Supplemental Materials policy, which states that the only supplemental materials that may be requested by internship programs or submitted by internship applicants are (a) a treatment or case summary, and (b) a psychological evaluation report.
  - b. All programs participating in Phase II of the Match must accept applications until the application deadline for Phase II established by APPIC. Programs may elect to continue accepting applications for Phase II beyond the application deadline, but are not required to do so.

# 4. For Phase I of the Match, internship programs that conduct on-site or telephone interviews must make a reasonable effort to notify every applicant who submits a complete set of application materials as to his/her interview status.

a. Sites that conduct open houses to which all applicants are invited and conduct no other interviews are exempt from this interview notification requirement (this process should be clearly stated in the APPIC Directory Online and/or sites' publicity materials).

- b. Notification of interview status for Phase I of the Match must occur no later than the interview notification date that appears in the program's APPIC Directory Online listing and/or other publicity materials, and may be communicated via e-mail, telephone, regular mail (to be received no later than the interview notification date), or other means.
- c. For Phase II of the Match, notification of interview status is not required.

# 5. Participants in the APPIC Match, including applicants and internship programs, may not communicate, solicit, accept, or use any ranking-related information pertaining to either Phase of the Match prior to the release of the results for Phase II of the Match.

- a. Internship programs must include the following statement on their web sites and in their brochures: "This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant."
- b. Internship programs may choose to inform applicants as to whether or not the applicants remain under consideration for admission (e.g., whether or not the applicants will be ranked) but may not communicate any other ranking information. The spirit of this item precludes any communication of rankings for either Phase of the Match prior to the release of the results for Phase II of the Match, however "veiled" or indirect such communication might be. However, sites and applicants are allowed to communicate about matters that do not involve the sharing of ranking information.
- c. Internship programs and applicants may never solicit information regarding applicants' and programs' rankings at any time, either during the Match or after the Match results are released.
- d. Internship sites that offer more than one program in the APPIC Match (i.e., sites with more than one program code number) are expected to ask applicants to identify the site's programs to which they are applying. In addition, these sites may, for the sole purpose of arranging interviews, ask applicants to designate their preferences regarding the programs at the site for which they wish to be interviewed. These sites may request interview preference information only when it is essential for making interview arrangements, and such information may not be used for any other purpose in the selection process. Furthermore, these sites may not solicit any information about applicants' final rankings of programs. Sites requesting interview preferences must state clearly in their written materials that these preferences will be used for arranging interviews only and for no other purpose.
- e. Any ranking information that is communicated between applicants and internship programs, even though such communication is a violation of these policies, is non-binding and may be changed at any time prior to the Rank Order List submission deadline. The only binding rankings are the confidential Rank Order Lists that are submitted to the APPIC Match.
- f. Internship programs may choose to provide applicants with information about the size of the applicant pool.

# 6. Results of the APPIC Match constitute binding agreements between applicants, internship programs, and APPIC that may not be reversed without APPIC's consent.

- a. Failure to receive timely notification of the APPIC Match results, for any reason, does **not** constitute a release from the obligations of the APPIC Match.
- b. Appointments of applicants to internship positions may be contingent upon the applicants satisfying certain eligibility requirements. Such eligibility requirements must be clearly specified in the internship programs' written materials and provided to applicants in advance of the deadline for submitting rankings for the APPIC Match.
- c. Internship training directors are encouraged to contact matched applicants by telephone as soon as possible after (but not before) 11:00 a.m. Eastern Time on the APPIC Match Day for each Phase of the Match. On each APPIC Match Day, no contact between internship sites and matched applicants should occur prior to 11:00 a.m. Eastern Time.
- d. It is not necessary for internship training directors to contact applicants with whom they have not been matched.
- 7. Internship training directors must put in writing their appointment agreements with matched applicants in letters postmarked or e-mailed no later than 7 days following receipt of the APPIC Match results for each Phase of the Match.
  - a. Letters must be addressed to the applicants and must include confirmation of conditions of the appointment, such as stipend, fringe benefits, and the dates on which the internship begins and ends.
  - b. Copies of these appointment letters must be sent simultaneously to applicants' academic training directors.
- 8. Positions that remain unfilled in Phase I of the Match must be offered in Phase II of the Match to applicants who do not obtain a position in Phase I. Positions not offered in Phase I of the Match, such as positions for which funding becomes assured after the Phase I Rank Order List deadline or newly created positions, may also be offered to eligible applicants in Phase II of the Match.
  - a. All applicants who register for Phase I of the Match and who do not obtain a position in Phase I (e.g., those who withdraw or remain unmatched) are eligible to participate in Phase II of the Match. Applicants who match to a position in Phase I are not eligible to participate in Phase II. Applicants who do not register for Phase I cannot register for or participate in Phase II.
  - b. All positions at an internship site that remain unfilled in Phase I of the Match must be offered to applicants in Phase II of the Match. A site can decide not to offer an unfilled position in Phase II only if it decides not to fill the position in the program for the coming year (e.g., anticipated loss of funding, shifting of funding to other purposes). Removing an unfilled position from Phase II of the Match for any other reason requires APPIC approval.
  - c. Internship programs with positions that are offered in Phase II of the Match may not take any actions to fill these positions prior to 11:00 a.m. Eastern Time on APPIC Phase I Match Day. Applicants who do not obtain a position in Phase I of the Match, along with other individuals acting on their behalf (e.g., doctoral program faculty), may not contact internship programs about available positions prior to 11:00 a.m. Eastern Time on APPIC Phase I Match Day. All

applications to programs for Phase II of the Match must be submitted using the AAPI Online, as specified in paragraph 3 above.

- 9. Upon completion of both Phases of the APPIC Match, internship programs that have one or more open positions may then make other direct offers of admission (verbal or written) to applicants who are not already matched or to applicants who did not participate in the APPIC Match. Applicants who are not matched to a position may then receive other direct offers of admission.
  - a. Internship programs that have or anticipate having open positions after completion of Phase II of the Match may not take any actions to fill these positions prior to 11:00 a.m. Eastern Time on APPIC Phase II Match Day. Applicants who are not matched to a position after completion of both Phases of the Match, along with other individuals acting on their behalf (e.g., doctoral program faculty), may not contact internship programs about open positions prior to 11:00 a.m. Eastern Time on APPIC Phase II Match Day.
  - b. Prior to making offers to fill open positions, internship training directors must verify with applicants, to the best of their abilities, that the applicants have not previously been matched to other internship programs nor accepted other offers.
  - c. Prior to making offers to fill open positions, internship training directors must ensure that doctoral programs have verified their applicants' eligibility and readiness for internship. Such verification can occur via a review of the appropriate application materials and/or via direct communication with the doctoral programs.
  - d. Applicants may not accept an offer if they have been matched or have already accepted an offer from another internship program.
  - e. An offer (verbal or written) that has been tendered by an internship program and accepted by an applicant constitutes a binding agreement between the program, the applicant, and APPIC that may not be reversed without APPIC's consent.
  - f. The internship training director must put in writing the appointment agreement with the applicant in a letter postmarked or e-mailed no later than 7 days following acceptance of the offer by the applicant, as described in paragraphs 7a and 7b above.

# 10. Individuals who perceive violations of these policies are urged to request compliance with APPIC policies from the appropriate party (parties).

- a. Unresolved compliance problems should be resolved informally, whenever possible, through consultation among applicants, internship training directors, academic training directors, and/or APPIC, or by other informal means. APPIC sponsors an "Informal Problem Consultation" process (described on the APPIC web site) that is recommended for use in addressing these issues.
- b. Internship training directors who become aware of violations of these policies by other internship training directors should (a) urge the affected applicants and academic training directors to follow the informal resolution procedures described above, (b) directly contact the other internship training directors, and/or (c) use the APPIC "Informal Problem Consultation" process.

- c. Perceived violations of APPIC Policies and/or the Match Agreement that are not resolved through the APPIC "Informal Problem Consultation" process may be reported as a formal complaint to the APPIC Standards and Review Committee (ASARC).
- 11. If a formal complaint is filed with APPIC regarding an alleged violation of these policies, the APPIC Standards and Review Committee (ASARC) will evaluate the allegations and recommend an appropriate course of action to the APPIC Board of Directors. The APPIC Board of Directors is the body that ultimately determines the course of action. ASARC policies are described on the APPIC web site. Formal complaints regarding violations of APPIC policies should be filed by submitting an ASARC Complaint Form (available from the APPIC web site) to:

Chair, APPIC Standards and Review Committee 17225 El Camino Real Onyx One - Suite #170 Houston, TX 77058-2748 Phone: (832) 284-4080 Fax: (832) 284-4079

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**NOTE:** APPIC members, and non-APPIC members who participate in the APPIC Match, may reprint the APPIC Match Policies in their program materials and brochures by stating "Reprinted with permission."

### **Schedule of Dates**

For the APPIC Internship Matching Program to function successfully, all participants should attend to the sequence of events in the following months:

#### August

Internship Site Agreements for participation in the Match are sent to training directors, who must return their Agreements to National Matching Services Inc.

#### **August - December**

Applicant Agreements for participation in the Match can be downloaded from this web site. Alternatively, Agreements can be mailed to applicants, on request. To register for the Match, applicants must return their Agreements to National Matching Services Inc., accompanied by the appropriate fee.

Applicants must contact and apply to internship programs independently of the Match. Application deadlines for programs vary, therefore applicants should check with programs regarding their deadline dates.

#### November

By this date, a Listing of Participating Programs will be available for access by applicants and programs on this web site.

#### December

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Recommended date by which applicants should return their Agreements and fees to National Matching Services Inc. to register for the Match.

By this date instructions for submitting Rank Order Lists and obtaining Match results will be provided to applicants and training directors registered to participate in the Match.

#### February

Three important things happen in the month of February. See the APPIC (<u>www.appic.org</u>) web site for the specific dates and additional information.

- 1. Final date for submission of applicant and program Rank Order Lists. No Rank Order Lists or Agreements can be accepted after this date.
- 2. Applicants will be informed as to whether or not they have been matched to an internship position. However, applicants will NOT be told the specific program to which they are matched until Match Day.
- 3. APPIC Match Day: Results of the Match are released to applicants and training directors. No action to fill positions remaining unfilled is to be taken prior to 11:00 a.m. Eastern Standard Time on this date. Training directors must send letters of confirmation of the Match result to matched applicants and their academic program directors within 72 hours, according to the APPIC Match Policies.

# **Resources and Support**

#### **Program Resources**

The Counseling Psychology Program has the resources that are required to achieve its training goals and objectives. These resources include financial support, clerical and technical support, physical facilities, and student support services, as well as access to practicum facilities that support professional development.

### **Financial Support**

As one of five doctoral training areas in the Department of Psychology, the counseling psychology area receives a portion of the available Other Personnel Services (OPS) monies allocated each year to the Department to support Graduate students financially. The allocation to the Program tends to be one of the highest levels of OPS support of the five areas in the department. These funds are used to pay for Teaching Assistantships for faculty-instructed courses and for Graduate Instructors. The type of assistantship an individual student receives depends on Program needs and the student's interests and prior training. The amount of an assistantship varies depending on the recipient's year in the Program and responsibility (i.e., serving as a Teaching Assistant or a Graduate Instructor).

Counseling psychology students also have received highly competitive fellowships provided by the College or University or fellowships external to the University. Students also may receive financial support through research grants, training grants, or training contracts awarded to program faculty. Students also are informed of additional funding opportunities that can augment their training (e.g., UF Career Resource Center, North Florida Evaluation and Treatment Center, Partners in Adolescent Lifestyle Support Program). At least one counseling psychology student is typically supported in one or more of these positions each year.

# **Clerical and Technical Support**

The Counseling Psychology Program is supported by seven full-time career service individuals who serve the department (a personnel manager, fiscal officer, fiscal assistant, two department assistants, and two information technology specialists). These department staff members are assisted by part-time college work/study students. Additionally, miscellaneous support is provided in the form of copying facilities, office supplies, telephones, and a variety of professional services and equipment throughout the Department and University.

The Program is also supported by high quality technical resources that include excellent library and computer services. The University Library consists of two central units, Library East and Library West, in addition to eight branch libraries throughout campus. These libraries contain the major journals in psychology and related disciplines. Two of the branch libraries, the Education Library and the J. Hillis Miller Health Center Library, are conveniently located and well utilized by counseling psychology students and faculty. Many electronic research services, such as PsycINFO, PsycARTICLES, MEDLINE, and ERIC are available to graduate students. Additional information on the University of Florida's library system is available at: <u>www.uflib.ufl.edu/</u>.

On-campus and Department computer facilities are excellent, due in part to the University Computing and Networking Service's designation as the principal computing facility in Northeastern Florida for

state as well as university business. Detailed information about this Center's computer systems is available at <u>www.cns.ufl.edu</u>. In addition, the Center for Instruction and Research Computer Activities maintains a vax cluster for campus use. Statistical packages (e.g., SPSS) are available and periodically updated. Statistical consultants are available for assistance to faculty and students at no charge to them. Detailed information regarding the statistical consultation services is available at <u>www.circa.ufl.edu</u>. The Department supports a computer laboratory.

### **Training Materials and Equipment**

The Program maintains a full complement of testing and assessment instruments for use by students and faculty. Video presentation equipment is also readily available to students and faculty. Any other equipment needed for training students can be obtained from the Office of Instructional Resources (OIR), which will deliver and return needed equipment upon request. The OIR also provides complimentary software for instructional use (e.g., electronic grade books) and scores and records students' grades in support of instructional needs. At various locations on campus are extensive clinical laboratories and research facilities that can be used by faculty and students in the Program.

### **Physical Facilities**

The Program is housed centrally on the second floor of the Department of Psychology. Five of the core program faculty members have office space and dedicated research space in this location. Other faculty members have conveniently located office and research space. The students in the Program have office space in the Psychology Building, as well. Faculty and students also have assigned mailboxes with keys and have computers in their offices and/or in computer labs to support their research and scholarship. Computers are networked and supported by an email system to enhance interactions among faculty and students within the Program, and to support the development and maintenance of national and international colleagueship, as well. Additionally, physical facilities of the Department, such as its modern classrooms, are available to all faculty and students in the Program and are accessible to persons with disabilities. A student lounge, which is located near several core faculty offices, is also available to all students in the Department.

### **Student Support Services**

In addition to the above-specified program support that benefits students and faculty, there are a number of other student support services. Among these are personal counseling and academic, financial, and vocational advisement that are provided through Student Mental Health Center, the Graduate School, the Office of Financial Affairs, and the Career Resource Center, respectively.

Students are provided personal, social, and academic support through the first-year support group that typically is conducted by alumni of the Program who are not involved in the students' academic training. Furthermore, members of the student-directed Incoming Student Welcoming and Support Program provide students with social and emotional support and answers to the many questions that come with moving to a new community and being a new student. Each student's academic advisor and the Area/Training Director are also available to her/him to help address her/his questions, problems, and concerns.

# Support Group for First Year Students in Counseling Psychology

Each first year class can elect to participate in our arranged two-semester Support Group that is led by a psychologist who will not be involved in any other aspects of their training. A purpose of the group is to provide an opportunity for first year students to discuss their experiences in the Counseling Psychology Program and get their questions and concerns addressed. Another purpose of the group is to provide first year students with the opportunity to give and receive support in dealing with anxieties, stress, and adjustment issues that are common among graduate students.

The Support Group meets at a time and place that is convenient to most students. The specifics regarding the date, time and place as well as regarding the psychologists who will facilitate/host the group are provided at the Counseling Psychology Program orientation meeting.

# **Student Participation in Counseling**

The counseling psychology program strongly urges students to become involved in personal counseling during their doctoral studies. Typically, students find that their participation in counseling not only enhances their personal growth and development but also increases their competencies as psychologists. Please note, however, that participation in counseling is not a program requirement.

# **On-Campus Counseling**

Students at the University of Florida are able to receive counseling services at the University Counseling and Wellness Center (CWC) free of charge. Because this site also serves as a practicum training site for our program, you should know that the CWC has developed procedures to guard against problems that may arise from dual role relationships. Students who are interested in receiving services at the CWC should contact the CWC Training Director (Dr. Natasha Maynard-Pemba) or Practicum Director (Dr. Chun Chung Choi) about such services. Additional information about the CWC can be obtained at <a href="http://www.counseling.ufl.edu/cwc/">http://www.counseling.ufl.edu/cwc/</a>.

# **Off-Campus Counseling**

There are several ways to obtain counseling services from professionals off-campus. You can consult the CWC Training Director (Dr. Natasha Maynard-Pemba) or Practicum Director (Dr. Chun Chung Choi) for assistance in finding appropriate referrals. Some referral options will necessitate use of your student health insurance; other options may be provided pro bono by a local therapist.

Students are also welcome to use their private health insurance and seek services from a member of their insurance carrier's provider panel. Students are welcome to consult core or clinical faculty members for information about providers they may be considering.

Finally, students can seek counseling at the Alachua County Crisis Center (352-264-6785), which is a local service agency that provides counseling for free or at reduced rates. Please note that this is also a potential practicum training site for students in the Program and so dual role issues may arise. Thus, students are encouraged to consider this option within the context of the other options noted above.

# **Grievance Procedures**

#### **Department of Psychology**

If a graduate student believes that he or she has been the subject of improper or irregular demands or procedures, he or she may appeal the matter to the Graduate Studies Committee (GSC) in the Department of Psychology by filing a grievance. A grievance should be filed after first trying to resolve the situation with the parties involved. In the Graduate Student Handbook (http://gradschool.rgp.ufl.edu/), a grievance is defined as "dissatisfaction occurring when a student thinks that any condition affecting him or her is unjust or inequitable or creates unnecessary hardship. Areas in which student grievances may arise include scientific misconduct, sexual harassment, discrimination, employment-related concerns, and academic matters." The student may elect to discuss the appeal directly with the Graduate Studies Committee and to have one or more representatives present with him or her at that meeting, subject to prior arrangement and approval by the GSC. At the student's request, the meeting may also be open to all faculty and graduate students. If this is requested, notice of the meeting must be given to all faculty and graduate students at least seven working days prior the meeting. to

If the action of the GSC should fail to satisfy the student, he or she may appeal the GSC's action to the Policy and Planning Committee (P and P) of the Department of Psychology. If the matter is considered by the P and P, the procedures outlined for Faculty Grievances will be followed. These are as follows. The P and P Committee meeting on such an appeal shall have no other agenda at that meeting and will be convened as a "committee of the whole." The Chairperson of the Department will not act as Chairperson of the Committee at this special meeting; instead, the members (including the Department Chairperson) will elect a Chair for the meeting. The student may elect to discuss the appeal directly with the Policy and Planning Committee, and to have one or more representatives present with him or her at that meeting, subject to prior arrangement and approval of the P and P Committee. If the graduate student so desires, the P and P Committee meeting may be open to all interested faculty members and graduate students. If so, announcements of the meeting will be made to all faculty and graduate students at least seven working days before the meeting. These procedures will not be considered a substitute for any other Department, College, or University grievance procedure. The recommendation of the Policy and Planning Committee regarding the grievance will be made to the Chairperson of the Department, unless the grievance is filed against the Chairperson of the Department, in which case it is advanced to the Dean of the Graduate School.

The recommendation of the Policy and Planning Committee will be considered by the Department Chairperson (or Dean) in rendering a final decision regarding the grievance at the departmental level. If the Chairperson's decision does not resolve the grievance to the student's satisfaction, then the student may proceed with the grievance according to the procedures and policies outlined by the Graduate School in the <u>Graduate Student Handbook (http://gradschool.rgp.ufl.edu/</u>).

### **University of Florida**

For information on the University of Florida's grievance procedures please consult the Graduate Student Handbook at: <u>http://gradschool.rgp.ufl.edu/</u>

# **GRADUATE DEGREE REGULATIONS**

### DEPARTMENT OF PSYCHOLOGY

### UNIVERSITY OF FLORIDA

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This document outlines the rules, policies, and expectations placed on graduate students in the Department of Psychology at the University of Florida. These regulations apply to all graduate students in the Department and supplement those in the Graduate School Handbook (http://gradcatalog.ufl.edu/). This revision supersedes all previous versions.

The Graduate Catalog states that "It is the responsibility of the graduate student to become informed and to observe all regulations and procedures required by the program the student is pursuing...Ignorance of a rule does not constitute a basis for waiving that rule." Thus a regulation will never be waived nor an exception granted because of ignorance of the regulation.

Students may petition the Graduate Studies Committee, through their advisors, to postpone or waive any departmental regulation believed to hinder their progress. In general, however, such deviations are discouraged.

### I. GENERAL INFORMATION

The Department offers five areas of graduate specialization (also called areas of study): Behavior Analysis, Counseling, Developmental, Behavioral and Cognitive Neurocience, and Social. Each student is assigned to one area, based on his designated preference at the time of admission. Each area has a training coordinator who implements an appropriate curriculum and requirements for graduate students in that area. In addition, a department-wide Graduate Coordinator oversees the quality and implementation of the entire graduate program and ensures compliance with college and university policies. The Graduate Studies Committee, consisting of the Graduate Coordinator and two other appointed faculty members, serves to advise the Graduate Coordinator, and the Chair of the Department, on graduate student policies.

#### A. Graduate Advisor/Supervisory Committee.

Upon admission to the graduate program, each student will be assigned a faculty advisor who will facilitate course registration, supervise student research, and serve as a resource person. All students must also have a Supervisory Committee. The University requires that students formally appoint this committee no later than the end of the first year, or before they have acquired 12 or more credits, in order to retain good standing in the Graduate School. Section II.A.1 describes the Supervisory Committee for the Master's Degree and Section III.C describes the Supervisory Committee for the Doctorate. Special rules for committee structure apply to students who enter the program with a Master's Degree (see Section II.C). Committee appointment forms are available on the departmental website.

#### B. Stipends.

Most assistantships are awarded on a 9-month, academic year, appointment and most fellowships are awarded on a 12-month appointment. All graduate students are eligible for up to four academic years of departmental funding as teaching assistants (TA) or graduate instructors (GI) - assuming satisfactory progress in the program. Students admitted on or after the fall of 2007 are eligible for five academic years of departmental funding as TA or GI. Students may avail themselves of this funding over no more than six years in the program. Students are strongly encouraged to apply for their own research funding from outside organizations.

In most cases, students must obtain grant funding in order to receive a summer semester stipend.

Students receiving assistantships through the department are discouraged from obtaining additional outside employment. The demands imposed by duties related to a stipend, plus those imposed by research and classroom activities, make it unlikely that satisfactory progress can be made if

additional obligations are incurred. If a student's Supervisory Committee determines that appropriate progress is not being made or would not be made because of conflicts arising from additional employment, the Committee may recommend termination of a stipend.

### C. Work-Related Experience.

All graduate students are required to do departmental research throughout their graduate careers. One or more faculty members will direct all research, teaching, or related activities. Generally students work most closely with their faculty advisor who also serves as the Supervisory Committee chair.

### D. Ethical Conduct.

All graduate students are required to conduct themselves in accord with APA Ethical Principles. All students should acquaint themselves with the current version of the APA Ethical Principles of Psychologists concerning responsibilities to the public, conduct of research, dissemination of information, and professional relationships. Also, no student should engage in any professional activity except under immediate supervision in a graduate course in which the student is formally registered, or under the direct supervision of the student's advisor or a qualified person designated by that advisor. APA Ethical Principles and Federal regulations governing the use of human and animal subjects are binding on all psychology graduate students.

### E. Changing Area of Specialization.

Students wishing to change from one area of specialization to another should submit a written request to the Area Coordinator of the new area for written approval. The Area Coordinator in the new area will coordinate all details of the transfer with the Graduate Coordinator.

### F. Dual areas of specialization.

Students admitted into the PhD program in psychology (but not the PhD program in Counseling Psychology) may develop a co-major with another training program in the department. In this case, the approval of the faculty of both areas is required, as well as faculty in each area willing to act as co-chairs of the student's committee. The student's Supervisory Committee must contain at least two members from each of the relevant areas of study. Before the end of the first semester in which the student desires to switch to dual areas of study the student must gain approval of her program from her committee and the GSC. The program of study should include classes required by each area, as well as a plan to attend and present research at area "brown bag" research colloquia: It need not contain as much as 50% of the classes required of students in each of the constituent areas but must respect the departmental requirements for graduate training (see Sections III. A and B).

A change to dual area status should normally be complete before the end of the student's second year of study in the department.

For a student admitted with dual area status, the GSC serves as the student's advisory group until the student's Supervisory Committee is appointed.

Students desiring admission as dual area students with support from departmentally administered funds should be put forward for support by the primary area of one of their prospective mentors.

#### G. The Doctoral Co-Major.

The Department has an approved Ph.D. co-major program with the College of Education. The requirements for this co-major are provided on the departmental website.

Interested students may also complete a Law degree in conjunction with the Ph.D., by obtaining the approval of their advisor and Supervisory Committee, and meeting the requirements of both programs.

#### H. Independent Studies Courses.

Independent study courses are PSY 6905 (Individual Work), PSY 6910 (Supervised Research), PSY 6971 (Master's Thesis), PSY 7979 (Advanced Research) and PSY 7980 (Doctoral Dissertation). Registration forms for PSY 6905 and other independent study courses are available on the department website.

PSY 6910 enrollment is limited to 5 credits total. PSY 7979 may be taken with no limit on credits once a student has completed the Master's Degree, or, in the case of a student who opts not to obtain a Master's Degree, as soon as a Ph.D. Supervisory Committee has been established. PSY 7980 (Doctoral Dissertation) may be taken only after admission to candidacy for the Ph.D. (that is, after the qualifying examination is completed).

After establishing a program of study with an appropriately expert faculty member, a student may enroll in PSY 6905 to do independent work on a topic not covered by established courses. PSY6905 enrollment is limited to 3 credits per semester. However, PSY 6905 may not be used for preliminary work on the Master's thesis or doctoral dissertation, and each student is limited to 10 credits of PSY 6905.

### I. Evaluation.

Student progress is evaluated continuously by the area faculty. This evaluation is based on the quality of the student's academic work, assigned instructional and research contributions and accomplishments, the student's professional and ethical conduct, and completion of degree requirements. By the end of the Spring semester of each year, area faculty will review the progress of all students in their area and determine whether the student is continuing in good standing. The area director will then give each student formal written feedback on the outcome of this process.

In the case of "Exceptional" students (see section 1.K), the GSC will take the role of the area faculty in determining the student's status, and the graduate coordinator will adopt the responsibility for formally informing the student of her status. In making this determination the GSC will take advice from the student's committee and other faculty who have taught or otherwise interacted with the student. The student's mentor is responsible for keeping the GSC informed on the student's progress.

Students who are not making satisfactory progress will be informed about what needs to be done to remediate their deficiencies and continue in the program.

Students with two unsatisfactory grades (a grade of C+ or lower, or an "I" that remains on the record for more than one term) will have their records referred to the Graduate Studies Committee which will determine whether those students should be allowed to continue in the program. Should the committee rule that a student be dropped from the program, the decision may be appealed to the Policy and Planning Committee of the Department. Under no circumstances will students be permitted to continue with three unsatisfactory grades. (Note: Any grade of C+ or lower in a required course must be replaced by presenting satisfactory evidence that B level competency has been acquired). Violations of ethical conduct by graduate students will be evaluated by the Graduate Studies Committee. If, in the judgment of the committee, unethical behavior of a sufficiently serious nature as to compromise a graduate student's promise as a psychologist, that student will be dropped from the program. Examples of such serious violations are felony convictions or gross violations of the APA ethical code or Federal guidelines. The appeals process is the same as in the case of failure to meet minimum standards of scholarship.

#### J. Continuous Enrollment.

The Department requires registration for two of every three contiguous semesters. Failure to maintain this continuity will result in the student's dismissal from the program. A dismissed student may apply for readmission when ready to resume status as a full-time student.

A student may request a leave of absence for no longer than one year. Such a request, which must be approved by the Area Coordinator and the Graduate Coordinator, is usually granted if the student is in good standing and has sufficient reasons for the leave of absence. At the end of the leave, the student must apply for readmission to the University of Florida, but reentry into the program is automatic. Reentry is not automatic for a student taking a leave of absence for longer than one year.

#### K. Exceptional Cases.

In exceptional cases, a student may follow a program of study outside any of the established areas of study of the department. In such a case the following conditions need to be met: (1) the scholarly interests of the student would not fall within one or two of the existing areas of the department, (2) the student's interests would be compatible with the supervisory capacities of a graduate faculty member in the department, and (3) the student's desired program of study would be within the expertise of the faculty of the department as a whole.

Before the end of the first semester in which the student desires to switch to exceptional status, the student must gain approval of her program from her committee and the GSC. The program of study should normally include classes required by at least three areas, as well as a plan to attend and present research at area "brown bag" research colloquia. For a student admitted with exceptional status, the GSC serves as the student's advisory group until the student's Supervisory Committee is appointed.

A change to exceptional status should normally be complete before the end of the student's second year of study in the department.

Students desiring admission as exceptional cases with support from departmentally administered funds should be put forward for support by the primary area of their prospective mentor.

#### L. Grievance Procedure.

The Graduate Student Handbook (http://graduateschool.ufl.edu/) defines a grievance as "dissatisfaction occurring when a student thinks that any condition affecting him or her is unjust or inequitable or creates unnecessary hardship. Areas in which student grievances may arise include scientific misconduct, sexual harassment, discrimination, employment-related concerns, and academic matters." The graduate school policy is defined in their handbook, university policies are online at http://www.hr.ufl.edu/eeo/harassment.htm, and the department's policy may be found on the department's website.

# **II. MASTER OF SCIENCES DEGREE**

All students intending to pursue a PhD degree must first show they have attained a level of research competency equivalent to that of a Master's degree in Psychology. Students may choose whether or not they wish to take a Master's Degree as part of their preparation for the doctorate, but in either case must submit a written report of original empirical research to their supervisory committee for examination.

All thesis and dissertation research must be approved by the University Institutional Review Board (University Human Subjects Committee) or by the Institutional Animal Care and Use Committee before any subjects (including pilot subjects) are tested. Approval by the thesis or doctoral committee in no way substitutes for the approval of an appropriate research review board. Students who violate this regulation will be solely liable for any legal or disciplinary action stemming from their research activities.

#### A. Master's degree

1. Master's Degree Supervisory Committee.

A Supervisory Committee must be formed no later than the end of the second semester in residence, or before completing 12 credits, in order to maintain good standing with the Graduate School. This committee will plan a program of study with the student, guide and evaluate student progress, and direct the student's research. The committee should consist of at least two members of the Graduate Faculty in Psychology, and either a faculty member from another department or a third member of the psychology faculty whose area of research specialization is different from that of the student. The chair of this committee will normally be the student's advisor. Student and advisor together recommend other committee members for approval by the appropriate Area Coordinator and the Graduate Coordinator. The Supervisory Committee must have at least one member who has a full-time appointment in the Department of Psychology.

Changes in membership of the committee may be made, but the original committee and the Graduate Coordinator must approve these changes. The Graduate School does not permit changes in the Supervisory Committee during the semester in which the degree is awarded, except by petition. Note that the Master's Supervisory Committee is automatically terminated with the awarding of the Master's Degree.

#### 2. Research Proposal

The department requires students to submit an abstract of a formal research proposal to their Supervisory Committee for approval.

#### 3. Course Requirements

Students must complete successfully at least six credits of PSY 6971 and at least six hours of coursework in psychology (not including research credits or independent study). The program of study also requires six hours of graduate coursework in quantitative methods of data analysis, as approved by the area of study. Completion of these requirements and any other courses required by the area must be certified by the Supervisory Committee prior to the date the MS degree is to be awarded. If completing in Fall or Spring, students need to be registered for a minimum of three credits of PSY6971 in their semester of graduation. If completing in the Summer, a minimum of two credits are required. In both instances, the terms of the assistantship (if any) may specify a higher minimum number of hours.

#### 4. Master's thesis

All students must submit a thesis, which must be an original, scholarly contribution to the student's area of Psychology. Most will entail empirical studies and all should be of a publishable quality as determined by the student's supervisory committee. Although the student will work closely with the advisor and Supervisory Committee throughout the thesis process, the writing and analysis of the thesis is expected to be conducted by the student. Should the student solicit any type of paid or substantive assistance in conducting the writing and analysis of the thesis, the student must provide a comprehensive description of all such assistance to the Supervisory Committee prior to scheduling the oral examination. Committee members may ask for additional details or prior drafts as needed to verify the independence of the work.

The thesis must be formatted for submission to an identified peer-reviewed scholarly journal.

After the thesis has been passed as acceptable by the Supervisory Committee at an oral examination, the student must format the final version according to the formatting requirements of the graduate school for Master's theses and submit that final version to the graduate school.

#### 5. Oral examination

The oral examination will be conducted by the Supervisory Committee on the thesis and other aspects of the student's program. All faculty members are invited to participate in every oral examination, and student observers are welcome if invited by the candidate and approved by the committee chair. The oral examination ordinarily will take place during the fall or spring semester; this exam will be given during the summer only with the consent of all members of the Supervisory Committee.

#### **B. Master's Equivalency**

Students who do not wish to acquire a Master's degree in our department, and who do not already have a Master's degree with a research report component that has been recognized by the student's supervisory committee as equivalent to a Master's degree with thesis in our department, need to follow the regulations for Master's degrees outlined in Subsection A above, with the following departures.

#### 1. Supervisory Committee

The student's work for Master's equivalency must be considered by a Ph.D. committee (see subsection III C below).

#### 2. Course Requirements

There are no specific course requirements apply beyond those specified below for the PhD degree and the requirements of the student's area.

#### 3. Thesis

Students must submit to their supervisory committee a research report following the regulations for a Master's thesis except that the thesis does not need reformatting after examination in line with the requirements of the graduate school and is not submitted to that body.

#### 4. Oral examination

Students submit to the same examination as for a Master's degree.

### C. Students with a prior Master's Degree

For students entering our program with a Master's Degree, the initial supervisory committee will be formatted as a Master's committee (subsection II.A.1 above). However a Doctoral Supervisory Committee must be appointed before the end of the student's second year in the program (see Section III.C below)

Students entering with a Master's Degree from an accredited institution continue their graduate studies in the Department of Psychology under one of the two scenarios described below. Within one year of entering the graduate program, all students with a Master's Degree must be given the opportunity to submit materials, including their Master's thesis, to their supervisory committee to find out their status. Either:

a) The Master's Degree is fully accepted by the Supervisory Committee and the student proceeds directly to the Ph.D., completing any remaining required coursework, the qualifying examination and the dissertation.

Or:

b) The Master's Degree is not accepted by the Supervisory Committee. In this case, the student will be required to complete a Master's Degree in our program or meet the Research Requirement as explained above in Sections II. A and B respectively.

Regardless of status, all students entering with graduate credit hours from other regionally accredited colleges or comparable international universities, may apply to have up to 30 credit hours of graduate coursework (all with grades of A or B) transferred to the University of Florida (UF) as a <u>block</u>. This transfer must be requested within the first year as a UF student.

In addition, students may request a waiver for a specific course required by the department or their area if they have successfully completed a comparable course at another recognized institution with a grade of A or B. This process requires the student to present a detailed course syllabus for the credit that was completed to a faculty member who teaches a comparable course at the UF. If that faculty member agrees that the course material is comparable, she must send a written acceptance of the completed coursework to the Graduate Coordinator. The written acceptance must include a statement that the student has completed coursework acceptable in lieu of a required course (the course name and number must be specified) at UF.

# III. THE DOCTORAL PROGRAM OF STUDY

The program of study consists of foundation courses and specialized experiences in designated areas of study. Students must demonstrate core knowledge within, and outside, the specialized area of study by completing appropriate coursework, teaching, and seminar participation. All students are expected to teach at least one course as the primary instructor, but no student will be given responsibility as a Graduate Instructor until he or she has completed the Master's Degree or its equivalent.

### A. Coursework and Teaching.

1. Core knowledge:

Students complete one of the options below.

#### Option A:

The student must successfully complete 9 graduate student credit hours within the Department of

Psychology from at least 3 different doctoral training areas, all of which must be from courses outside of the student's area of doctoral specialization; and the student must be the instructor of record in at least one assigned undergraduate course in psychology.

#### **Option B:**

The student must take 9 graduate student credit hours from courses outside of the student's area of doctoral specialization (within or outside the department of psychology), and the student must be the instructor of record for General Psychology (PSY 2012).

Before instructing a class for the first time all students must participate in a seminar on the teaching of psychology.

Students selecting Option B must meet with the coordinator of PSY2012 for two hours per week during the semester in which they instruct that class. These students may choose to receive course credit for those hours by enrolling in PSY6940.

#### 2. Statistics:

Six hours of graduate coursework in quantitative methods of data analysis, as approved by the area of study. Students who have completed six hours of statistics accepted in the Department of Psychology for the Master's Degree at the University of Florida are not required to take additional statistics courses, although many students choose to do so. Students may petition the appropriate instructor for a waiver of this requirement if they have already taken courses in this area (see Section II.C for a description of the waiver process).

#### **B.** Seminar Participation.

In addition to the Coursework and Teaching requirements stipulated above, all first-year students are required to participate in a weekly *Seminar on Psychological Science*, organized by the Graduate Coordinator. The Seminar is not a graded course and is not offered for formal course credit. All first-year graduate students will be responsible for attending these sessions (ordinarily 14 sessions per semester) during their first year in the program (fall and spring). Missing more than 2 sessions would require the student to attend the Seminar again for a full semester in the following year. Deficiencies in attendance can be remediated through the second year of the student's program of study (i.e., the conclusion of the spring term of the student's second year), after which the student would no longer be in good standing and would be subject to termination of his or her degree program. Consistent with Departmental Guidelines, any petition for waiver of this requirement can be made to the Graduate Studies Committee.

#### C. Doctoral Specialization and Supervisory Committee.

All students are expected to work towards the Ph.D. degree whether or not they elect to complete a Master's Degree as part of their training. The Ph.D. program is designed to encourage specialization of skills and competencies within one of the department's areas of graduate training. The Doctoral Supervisory Committee consists of at least four members, including the Committee Chair (advisor) and at least two other members who must hold Graduate Faculty Status in the Department of Psychology. In addition, the composition of the committee must be as follows: Chair, from the student's area of study; a second member from the student's area of study; a third member from within the Department of Psychology but outside of the area of study; a fourth member from outside the Department of Psychology. The outside member must be an individual who has Graduate Faculty Status in a department other than Psychology at the University of Florida. In order to maintain good standing in the Graduate School, this committee must be appointed the semester following completion of the Master's Degree.To appoint the committee, students select a member of

the Graduate Faculty in the area of study who is willing to chair the committee (normally, the student's advisor). Together, the student and advisor should identify the other potential committee members, ask if they agree to serve, and present this proposed committee to the Area Coordinator and the Graduate Coordinator for approval. Appropriate forms are available on the departmental website. The committee may be changed, if necessary, with the approval of the members of the original committee and the Graduate Coordinator. The Graduate School does not permit changes in the Supervisory Committee during the semester in which the degree is awarded, except by petition.

#### D. Ph.D. Qualifying Examination.

The basis for the qualifying examination will be the program of study that the student submitted to the Supervisory Committee prior to the examination. The program of study consists of specified content areas (e.g., topics, concepts, references) that the student is expected to know for the qualifying examination. This content is to be determined jointly by the student, his or her advisor, the faculty in the area of study, and the Supervisory Committee. The Supervisory Committee must approve a document prepared by the student that describes this jointly-determined content.

The qualifying examination, which is both written and oral, is administered and evaluated by the Ph.D. Supervisory Committee. Students must schedule the examination before earning 80 credit hours and at least two semesters prior to the date of graduation. The examination concerns the content areas identified in the student's program of study, skills required for dissertation research, and associated skills in the area of specialization, as well as background information and general competence. Upon the recommendation of the Ph.D. Committee, an "area paper" may constitute the written portion of the qualifying examination. The qualifying exam ordinarily will take place during the fall or spring semester; a summer exam will be given only with the consent of all members of the Supervisory Committee.

#### E. Doctoral Dissertation.

The departmental regulations concerning the dissertation proposal and defense are identical to those for the Master's described in Section II.A above. The Doctoral dissertation must be an original, scholarly contribution to the discipline of Psychology. Most will entail empirical studies. As with the thesis, the writing and analysis of the dissertation is expected to be conducted by the student. Should the student solicit any type of paid or substantive assistance in conducting the writing and analysis of the thesis, the student must provide a comprehensive description of all such assistance to the Supervisory Committee prior to scheduling the oral examination. Committee members may ask for additional details or prior drafts as needed to verify the independence of the work. Ph.D. candidates must complete a minimum of 12 credits of PSY 7980. They must also be registered for PSY 7980 during the final term. The Graduate school requires registration for a minimum of three credits of PSY 7980 for students defending their dissertation in Spring or Fall, and two credits if defending in summer. In both instances, the terms of the assistantship (if any) may specify a higher minimum number of hours. The final oral defense of the dissertation should be scheduled no later than three weeks before the end of the term, and the Graduate Program Assistant should be notified as soon as the meeting is scheduled. The final defense ordinarily will take place during the fall or spring semester; a summer defense will be given only with the consent of all members of the Supervisory Committee.

#### F. Practicum and Internship.

Practicum and internship assignments are administered through the Director of Training in Counseling Psychology. Internship credit will not be allowed before admission to candidacy for the Ph.D.

#### G. Students entering with a Master's Degree

For students entering with a Master's Degree, the initial supervisory committee will consist of the Chair (typically the student's advisor), and two other members from the Department of Psychology. This committee will serve until the student is ready to appoint a Doctoral Supervisory Committee, which must be appointed no later than the end of the student's second year in the program (the requirements for a Doctoral Supervisory Committee are described in Section III.C above)

Students entering with a Master's Degree from an accredited institution continue their graduate studies in the Department of Psychology under one of the two scenarios described below. All students who enter with a Master's Degree must be given the opportunity to submit materials and find out their status (a or b) within 1 year of entering the graduate program.

a) The Master's Degree is fully accepted by the Supervisory Committee and the student proceeds directly to the Ph.D., completing any remaining required coursework, the qualifying examination and the dissertation.

b) The Master's Degree is not accepted by the advisor and/or Supervisory Committee. In this case, the student will be required to complete a Master's Degree in our program or meet the Research Requirement as explained above in Section II above.

Regardless of status, all students entering with graduate credit hours from other regionally accredited colleges or comparable international universities, may apply to have up to 30 credit hours of graduate coursework (all with grades of A or B) transferred to the University of Florida (UF) as a <u>block</u>. This transfer must be requested within the first year as a UF student.

In addition, students may request a waiver for a specific course requirement if they have already completed a comparable course at another recognized institution with a grade of A or B. This process requires the student to present a detailed course syllabus for the credit that was completed to a faculty member who teaches a comparable course at the UF. If that faculty member agrees that the course material is comparable, she must send a written acceptance of the completed coursework to the Graduate Coordinator. The written acceptance must include a statement that the student has completed coursework acceptable in lieu of a required course (the course name and number must be specified) at UF. This process is used for courses that are departmental requirements and/or area requirements.

#### H. Summary of the Major Requirements for the Ph.D. Degree.

1. Appoint Ph.D. Supervisory Committee

2. Satisfy all coursework, teaching, and seminar requirements for university, department, and area

3. Complete the research requirement (Master's Degree or equivalent research experience)

4. Complete teaching requirement

5. Submit program of study including course work and/or qualifying examination plan to Ph.D. Committee for approval

6. Submit dissertation proposal to Ph.D. Committee for approval

7. Pass Ph.D. qualifying examination and submit formal paperwork for admission to candidacy

8. Pass oral defense of completed dissertation

9. Complete internship, if applicable

### **IV. AREA REQUIREMENTS**

In addition to the departmental requirements outlined here, each area of training has additional requirements for its students. It is each student's responsibility to meet those are requirements clarification of which may be obtained from the respective Area Coordinator.

Revised May 2012

#### Appendix A

### Preparing Professional Psychologists to Serve a Diverse Public

This statement was developed by the Education Directorate's Working Group on Restrictions Affecting Diversity Training in Graduate Education, and approved by the Board of Educational Affairs in March 2013.

#### **Statement of Purpose**

For psychologists to competently serve all members of the public now and in the future, professional psychology training programs strive to ensure that psychology trainees demonstrate acceptable levels of knowledge, skills and awareness to work effectively with diverse individuals. Clients/patients are complex individuals who belong to diverse cultures and groups. Trainees also bring a complex set of personal characteristics and diverse cultural or group memberships to the education and training process. An important component of psychology training to explore is when and how trainees' worldviews, beliefs or religious values interact with and even impede the provision of competent professional services to members of the public. It is essential that potential conflicts be acknowledged and addressed during training so that psychologists are prepared to beneficially and non-injuriously interact with all clients/patients. This statement is intended to help training programs address conflicts between trainees' worldviews, beliefs or religious values and professional psychology's commitment to offering culturally responsive psychological services to all members of the public, especially to those from traditionally marginalized groups.

#### **Commitment to a Supportive Training Environment**

Training environments foster the ability of trainees to provide competent care to the general public, and trainees' competencies in professional practice are evaluated regularly. Some trainees possess worldviews, values or religious beliefs that conflict with serving specific subgroups within the public. For example, they may experience strong negative reactions toward clients/patients who are of a particular sexual orientation, religious tradition, age or disability status. Trainers take a developmental approach to trainee skill and competency acquisition and support individual trainees in the process of developing competencies to work with diverse populations. Trainers respect the right of trainees to maintain their personal belief systems while acquiring such professional competencies. Trainers also model the process of personal introspection; the exploration of personal beliefs, attitudes and values; and the development of cognitive flexibility required to serve a wide diversity of clients/patients. Training to work with diverse clients/patients is integral to the curriculum, and consists of both didactic coursework and practical training.

Training programs, trainers and trainees cannot be selective about the core competencies needed for the practice of psychology because these competencies are determined by the profession for the benefit of the public. Further, training programs are accountable for ensuring that trainees exhibit the ability to work effectively with clients/patients whose group membership, demographic characteristics or worldviews create conflict with their own. Trainers respectfully work with trainees to beneficially navigate value- or belief- related tensions. At times, training programs may wish to consider client/patient re-assignment so trainees have time to work to develop their competence to work with client/patients who challenge trainees' sincerely held beliefs. Trainers utilize professional judgment in determining when client/patient re-assignment may be indicated in this situation as in all other possible situations in which client/patient re-assignment may be considered. The overriding consideration in such cases must always be the welfare of the client/patient. In such cases, trainers

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focus on the trainees' development, recognizing that tensions arising from sincerely held beliefs or values require pedagogical support and time to understand and integrate with standards for professional conduct. Thus trainees entering professional psychology training programs should have no reasonable expectation of being exempted from having any particular category of potential clients/patients assigned to them for the duration of training.

#### Commitment to Transparency in Educational Expectations, Policies and Procedures

Psychology training programs inform prospective trainees and the public of expected competencies to be attained during training. Publicly available program descriptions and admission materials should include the program's goals and objectives, content about training standards and the commitment to serving a diverse public. These expectations are reiterated throughout the course of training and in documents such as practicum contracts. Training programs are responsible for notifying prospective trainees, current students and the public that the failure to demonstrate appropriate levels of competence as set forth and assessed by the program could lead to dismissal from the doctoral training program.

# Commitment to Establishing and Maintaining Standards for Professional Competence to Protect the Public

As the largest professional and scientific organization of psychologists in the United States, the American Psychological Association has sought to create, communicate and apply psychological knowledge for the public's benefit for more than a century. It does this, in part, by establishing a professional code of ethics and standards for professional education and training for practice. These APA documents mandate that education and training programs take reasonable steps to ensure that doctoral-level graduates are prepared to serve a diverse public.

Footnote: This statement was prepared as an educative summary of relevant pedagogical principles applicable to doctoral training of psychologists and is consistent with both the APA Ethics Code (2010) and the Guidelines and Principles for the Accreditation of Professional Psychology Programs of the APA's Commission on Accreditation (APA, 2012). APA's Ethics Committee and the Commission on Accreditation are responsible for interpreting and adjudicating these standards. This statement supports and is not intended to supersede either of these documents.

#### Find this article at:

http://www.apa.org/pi/lgbt/resources/policy/diversity-preparation.aspx

#### **Signature Requirement**

I have read and agree to abide by the Statement above.

Student name:

Student signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### Appendix B: FAQ's (Answered by current students in the program)

#### 1. How do we establish residency in FL?

Scroll down to the Florida residency question on the following website: <u>http://www.psych.ufl.edu/grad/frequently-asked-questions-2/</u>. Refer to <u>http://www.admissions.ufl.edu/residency.html</u> for more information.

#### 2. Do I have to stay in Gainesville during the summer between my first and second year?

Not necessarily. Talk with your advisor about their expectations of their students during the summer time. Not everyone is required to stay in Gainesville if they are not taking classes and some research can be done remotely!

# 3. What do I do if I want or need to stay in Gainesville in the summer between my first and second year but I don't have funding as a TA or course instructor?

Talk to your advisor about this early in the Spring semester before the summer so that you can discuss funding options! If your advisor does not have funding for you, you can check out <u>http://www.sfa.ufl.edu/types-of-aid/scholarships/</u> and see which grants, scholarships, or assistantships, both internal at UF and external, you may be eligible for.

#### 4. Can I use the gyms even if I'm not an undergrad?

Yes, the gyms and group fitness classes are available to graduate students since you are paying an activities fee that covers gym access.

# 5. Do I only have to register for Master's Thesis credits during the semester that I am defending my thesis?

You only need to register for three master's thesis credits during the semester you are graduating.

#### 6. Can I park anywhere in the residential areas of Gainesville?

Unfortunately, not always. Unless there are designated visitor parking spaces, many areas around apartment complexes correspond to different City of Gainesville parking zones.

# 7. Is there anything I can do in the summer before I start my first semester to speed up the registration process?

Yes! Once you receive your Gator ID *number* you can go ahead and log into your ONE UFL account to see if there are any holds that might delay registration. These are usually simple things like filling in an emergency contact, etc., but the registration process goes a lot more smoothly if these holds are cleared early.

#### 8. How many statistics courses are we expected to take?

Three! CLP 6527 Measurement, Research Design, and Statistical Analyses – Part I, CLP 6528 Measurement, Research Design, and Statistical Analyses – Part II, and Qualitative Research Methods in Psychology There may be an option to take a different statistics course with department/advisor/committee approval, but these are the most commonly taken courses.

# 9. When I went to register for courses online, I didn't find the statistics courses on the Psychology Department page!

They are taught by faculty in Clinical and Health Psychology so search for courses offered in "CLP."

#### 10. Are the classes that we are able to TA for always traditional, in-person format?

No, you may have the opportunity to be a TA for an online course.

#### 11. Do I go through a yearly review process?

Yes, at the end of each year, you will fill out a "Counseling Psychology Student Progress Report Form" along with your mentor to discuss your progress and make sure you are on track!

#### 12. How do I go about finding housing?

Many students choose to live at the Continuum because they have graduate apartments (offcampus), and it is close to downtown and UF. There are many housing options at UF, A lot of Graduate students also live in the downtown area, the Duckpond area, and behind Sorority Row. These areas are within biking distance (and about a 20 minute walk) from campus. The "midtown" area is a close walk to campus, but it has mostly Undergraduate students. UF also has on-campus graduate and family housing. It is not as "fabulous" as The Continuum, but it is a lot more affordable. There are other nice areas, but they are usually a bus ride or drive away. Gainesville has so many apartment complexes and houses for rent; if possible it would be best to come see for yourself!

#### 13. What does a 9-month rate of pay mean?

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This means that you only get paid during the fall and spring when you are a TA. UF does not stretch your stipend out over a year but rather they just do not pay you anything in the summer.

#### 14. Is there something I should be doing the summer before I start the program to prepare?

You will need to complete basic paperwork like accepting your offer and enrolling for classes, and you will also need to find a place to live. Some advisors might like students to start brainstorming about their research while others do not care either way. For the most part though, orientation (about a week before classes start) will walk you through starting the program and being a TA.

#### 15. If I attended UF for my undergraduate studies, do I need a new Gator 1 card?

No! Your old Gator 1 will be fine.

#### 16. How do students get to campus?

A majority of students have a parking decal and drive to campus. Having a car and parking decal on campus will be necessary in the third year of the program when students have to travel from campus to practicum sites that are off-campus. Gainesville also has very reliable buses and is bike friendly. Many students, especially in their first years, take the bus or bike to campus.

#### **17. Should I buy SPSS?**

You do not have to buy SPSS because you can access it through UF apps, which works well for many students. That being said though, the UF Apps version though does not allow you to save SPSS files sometimes and has poorer connections depending on sever issues and Wi-Fi, etc. Many students do choose to buy the student addition of SPSS from the HUB at UF. It's about \$35.

#### 18. How professionally should I dress for the program?

This depends greatly on your advisor and professors. You will need to dress professionally for seeing clients but everything else is variable. Some of the faculty members prefer that students dress in business attire for research, meetings, and classes, but others do not. It is a good idea to dress more professionally when you start and then you can get a sense of how formal you should be.

# 19. Will there be a computer provided for me, or will I have to bring a laptop to campus each day?

Most days you will have to bring your laptop to campus. Some labs do have computers students can use, but many do not. You will also <u>need</u> your laptop for some classes such as Statistics.

#### 20. How do you pick which classes you TA and teach?

These are typically assigned for you by the area director.

#### 21. What do you do if you have computer troubles?

If your computer troubles are on a computer in the Psychology Building, you can contact Psychology IT. If you are having trouble with your laptop, you can go to the UF Computer Help Desk located in the Hub. They also operate over email and by phone 24/7 at (352) 392-HELP (4357) or <u>helpdesk@ufl.edu</u>.

# 22. Can I go to the UF student infirmary on campus as a graduate student? How will I be charged?

Yes. The infirmary is located on campus and appointments can be made on the phone ahead of time. Walk-ins are not usually welcome. You will be charged to your myUFL account. Most basic services like yearly check-ups or going in for a check-up if you are sick are fully covered by Gator Grad Care (meaning you just make your appt., go in, and leave and are never charged for anything). If you have any lab work done, it is typically \$15.

# 23. Can I see a therapist at the UF Counseling and Wellness Center (CWC) even though I will be working there as a practicum student later on in the program?

Technically your student fees include therapy sessions at the CWC, but because many of the therapists will be our supervisors at some point it is recommended that you seek a therapist in the community. There is a list of local therapists who give student discounts and come highly recommended.

# 24. When should my Master's thesis defense committee be assembled? Who needs to be on this committee?

Your committee should be assembled (meaning you must ask committee members to be on your committee) by March of your first year in the program. Once committee members confirm you will fill out a form that can be found on the Psychology webpage, and that form will be submitted to the area director (Ryan Duffy). Your committee will consist of your advisor, a faculty member from the Counseling Psychology area, and a faculty member from a different psychology area or even different department.

# 25. What is the deal with parking on campus? How do I go about getting a decal? Where can I park?

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Parking on campus is difficult because there is only one lot that is close to the Psychology building that graduate students are allowed to park in. The lot fills quickly and can be approximately a 10-minute walk to the Psych building. You must go online to get a decal through UF transportation services. You cannot purchase the decal on campus. You will be directed to order a green decal. If you park on campus in a different colored zone you will get a ticket (usually \$30) and/or be towed.

# 26. How do I register for courses that are within the department and not available through One UF?

You must print out a form from the Department of Psychology main webpage and have your advisor sign it then bring the form to the main office of the Psychology building. David Fowler will register you for whatever courses you need.

#### 27. What is the deal with the first year seminar (SPS)?

SPS (Seminar in Psychological Science) is a mandatory, weekly, not-for-credit course that all first year psychology doctoral students (i.e., five areas-- counseling, developmental, brain and cognitive neuroscience, behavioral analysis, and social) are required to attend. It meets for an hour on Thursday afternoons for the entire first year and lecturers from each of the five areas rotate and speak each week.

# 28. What is the process for studying for our qualification exam, and when is the exam given? Should I worry about it during my first year?

You do not need to worry about Quals during your first or usually even your second year. I don't have the answer to the first part of this question maybe a third year can help me out. You should start studying for the qualification exam by the beginning of the summer of the year that you plan to take it. There are 4 essays you will need to write (a theory essay, an ethics essay, a research essay, and a current themes in counseling psychology essay). For the first two, you will be emailed with a prompt and the paper is due a week later. For the second two, you will come into the psych building and write them both in one day. The theory essay is essentially the same prompt every year; , and you just write about your theoretical orientation using academic sources and then compare that orientation to one of the additional orientation provided in that year's prompt. One of the best things you can do is to start writing this essay at the beginning of the summer since it's the most predictable. For the other essays, seek advice from older students about how to study.

#### 29. How do you go about choosing and applying for advanced practicum placements?

The first-year practicum you are required to work in the Counseling and Wellness Center but after that you have many other options that are thoroughly outlined in this Handbook. You can choose from any of them or find your own (you must work with a faculty member to make sure you will get hours for it) depending on what you think your interests are. It is recommended to spend

time talking to older students in the program to get a better idea of your options and what may be of interest to you.

# 30. What are my responsibilities as a teaching assistant (TA)? How should I dress if I am responsible for attending lectures?

Responsibilities may vary depending on the course, the professor, and whether the course is online or lecture based. Generally, TA's will spend their time grading papers, submitting grades, and answering emails from students. Sometimes you will have a co-TA to help share the responsibilities. It is important to meet with the professor whom you are TAing for in order to make sure you understand what is expected of you. If your professor wants you to attend class, you should dress conservatively and be respectful.

#### 31. What is the process for bringing in a thesis project from another Master's program?

You can get an additional Master's degree at UF by completing all of the degree requirements, you can use your previous thesis paper to count for your UF thesis project as long as it is approved by your Master's committee, or you can complete another thesis project to be submitted and approved by your Master's committee.

#### 32. How does transferring graduate credits work?

You can apply for a block transfer of up to 30 credits from your previous graduate institution. This will have to be approved by your Master's committee and submitted to the Psychology Department. It will then have to go through a number of additional steps before it appears on your transcript. Talk to Jackie Rollins in the front office about the process.

#### 33. Can I waive courses?

Yes. If you have completed the course or an equivalent course at a previous graduate institution, you can waive the course. You will have to contact the professor that is teaching the course and ask for the waiver by providing applicable documentation. You will then have to send the waiver approval to the Department for your records.

# 34. What are the charges and fees that are posted on my myUFL account? Do I have to pay those?

You do not have to pay all of those. The majority of it will be paid by the University, and you will be responsible for the leftover student fees every semester (usually ~\$600-\$700, so save and plan accordingly).

#### 35. Can I answer Canvas emails through my UF email?

You can, but you should also be checking your Canvas messages to make sure some have not slipped through.

#### 36. Do I have to register my car in FL?

No, but it is very helpful to register your car in FL when applying for residency. You will have to show that you have lived in FL for a year before applying, and having your car registered before the end of August would add to that evidence.

#### 37. How do I get around if I do not have a car in FL?

There are numerous bus routes across campus, Downtown, and other areas of Gainesville that are free to students! There is even a bus to the Gainesville airport. You will just need to show your Gator ID when boarding the buses.

#### 38. I have my Master's degree, so can I start teaching when I start the program?

No, but you can start after your first year as long as you have fully met the Master's Degree requirements at UF (including an approved research thesis project).

#### 39. How does my assistantship work?

Your assistantship pays for your tuition, but you are responsible for logging into MyUFL and paying for the fees associated with your credits. Your assistantship also provides a bi-weekly payment that you can receive through check or have directly deposited into your bank account.

#### 40. Do I start seeing clients when I start?

No, you will start seeing clients beginning your second year of the program, even if you start with your Master's.

# 41. Am I required to sign up for Gator Care insurance even if I am still covered by my parents' insurance?

I would encourage students to do this even if they have other insurance so that you can have the benefit of two forms of insurance for as long as possible. It can be very helpful in reducing costs with some providers and it allows for continuity if and when you no longer qualify to remain on your family's insurance policy. I learned that Gator Grad Care will be your primary insurance if you do this and your family insurance becomes secondary; in my experience this was not detrimental it just took me some time to determine which was which.