

# ***PSYCHOLOGY OF PERSONALITY***



**Class# 29067**  
**Time: Monday**  
**(12:50-3:50 pm)**  
**Location: PSY 151**  
**Fall, 2023**

## **INSTRUCTOR AND OFFICE HOURS:**

Koree Badio, M.S. (she/her/hers)

PSY 235-D

kbadio@ufl.edu

Office Hours: In-person immediately after class or by appointment

## **Zoom Link for TA Office Hours**

<https://ufl.zoom.us/j/98391614808?pwd=MXJOeDZVN0NxTHo3ckgwWjEwSmYwQT09>

## **TA OFFICE HOURS:**

Reema Patel

Office Hours: Tuesdays 12:00 PM – 1:00 PM

Deena Cameron

Office Hours: Mondays 3:00 PM – 4:00 PM

Harmony Gibaldi

Office Hours: Thursdays 11:00 AM – 12:00 PM

Anastasia Frangoulis

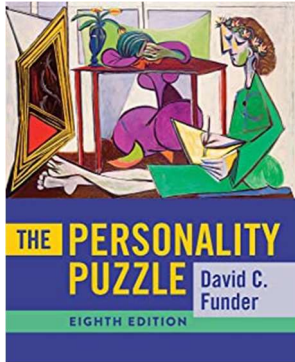
Office Hours: Wednesdays 4:00 PM – 5:00 PM

**Please contact the TAs through the Canvas e-Learning mail system. TA office hours will be held via Zoom using the Zoom links next to each TA's name.**

\*Questions or concerns about grading should be directed to the TA assigned to you.

## **Reading Materials:**

Please note that this course will be participating in the UF All Access program. Login at the following website and Opt-In to gain access to the digital course materials: <https://www.bsd.ufl.edu/AllAccess>. UF All Access will provide you with these recommended materials at a reduced price and the charge will be posted to your student account. You can opt in starting a week prior to the first day of class and ending on midnight on the last day of drop add.



**Digital Textbook Package.** This course uses a digital textbook (called *The Personality Puzzle*). This book is not required but is recommended to aid in studying for examinations.

### **COURSE DESCRIPTION:**

Welcome! Personality Psychology is the scientific study of the psychological forces that make people uniquely themselves. The hope of this course is that students are afforded a deeper sense of self and others in a way that promotes empathy and understanding of their personal and relational worlds. Moreover, this class is designed to help students develop critical thinking skills with respect to personality development, assessment, and research.

### **COURSE OBJECTIVES**

In this course, students will:

1. Acquire basic knowledge of personality psychology through diverse learning resources including empirical literature and digital sources.
2. Develop a holistic and comprehensive understanding of protective and risk factors that influence personality development.
3. Examine how personality psychology relates to important issues in their lives and in society.

### **E-LEARNING SYSTEM MATERIALS AND PROCEDURES:**

Power points, grades, Chat Room office hours, and other important materials can be accessed on the course website in the e-Learning System: <http://elearning.ufl.edu/>. It is a good idea to visit the course site before each class, to receive updates/announcements, such as grade postings and any schedule changes. **All email correspondence with teaching assistants must occur through**

**the e-learning mail system.** Please **use the instructor's UF email address (kbadio@ufl.edu)** to correspond with her.

### **EXAMS, ASSIGNMENTS, AND EXTRA CREDIT:**

**Canvas Discussions (15% of total grade).** You will be required to submit weekly discussion posts on e-learning that are due each Monday by 12:50 p.m. Discussion posts should focus on inquiries or reflections that you had pertaining to the readings and/or learning resources assigned that week or other relevant experiences in your daily life that relate to the topic at hand. Discussion posts will be graded as completion grades and are 15% of your grade. You are allowed up to 2 unexcused posts.

**Quizzes (40% of total grade).** There will be four quizzes that are 10%. Students who miss one or more quizzes during the semester will have an opportunity to take each missed quiz once during a 24-hour period that begins with the start of the official final exam period for this class. You can only make up *missed* quizzes. You cannot retake a quiz to improve your original score on that quiz. **The course schedule below gives the quiz make-up day and time.**

**Myers Brigg Reflection Paper (20% of total grade).** For this assignment, you will complete the Myers-Briggs Personality assessment (<https://www.16personalities.com/free-personality-test>). You will then submit a reflection paper (no more than 2 pages long) reporting your assessment results and providing a critical reflection of those results (e.g., how do your results fit, or don't fit, in your daily life). There is no minimum page requirement. However, the more detail you provide the better.

**Final Paper (25% of total grade).** You will be required to submit a 5–8-page double-spaced paper (not counting the title page) integrating the material we covered by answering: **(1)** How has your understanding of personality changed since completing this course? **(2)** Out of the five basic approaches to personality covered in class, which approach(es) do you resonate with the most and why? And **(3)** What strengths and areas of growth do you see with personality psychology's current method of conceptualizing, measuring, and diagnosing personality? You must use at least 6 references with at least 2 reliable outside sources not covered in class. APA format is not required, **but you are required to use Times New Roman 12-point font with 1-inch Margins.**

**Extra Credit Reflection Paper (3% total).** For extra credit, you can submit a 2–3-page double-spaced paper critically examining 2-3 resources listed on the course schedule. The extra credit assignment is due any time before and/or by the Final Exam date at 11:59 PM Your evaluation should be thoughtful, succinct, and supported by at least 1 reliable outside source.

### **GRADING SCALE**

Quiz 1	10%
Quiz 2	10%
Quiz 3	10%

Quiz 4	10%
Discussion Posts	15%
Myers Brigg Assignment	20%
Final Paper	25%

Grade	Percentage		Grade	Percentage
A	≥ 92%		C	73%-76.99%
A-	90%-91.99%		C-	70%-72.99%
B+	87%-89.99%		D+	67%-69.99%
B	83%-86.99%		D	63%-66.99%
B-	80%-82.99%		D-	60%-62.99%
C+	77%-79.99%		E	≤ 59.99%

### **CONTACTING INSTRUCTOR AND TA'S:**

The best way to contact the instructor is her UF email ([kbadio@ufl.edu](mailto:kbadio@ufl.edu)). The best way to contact the teaching assistants is via Canvas e-Learning.

### **SEXUAL HARASSMENT, MISCONDUCT, AND RETALIATION:**

Anyone at UF who believes that they have been subjected to sexual harassment, sexual misconduct, or related retaliation is strongly encouraged to promptly report such behavior to the Title IX Coordinator (<https://titleix.ufl.edu/title-ix-complaint-form/>) or to any UF mandated reporter, which includes university officials, administrators, supervisors, managers, graduate students employed by the university, or faculty members. UF supports the choice to report incidents anonymously or with identification. Incidents should be reported as soon as possible after the time of their occurrence to allow the university to take appropriate remedial action. No employee or student should assume UF officials know about a situation or incident.

### **ACADEMIC HONESTY:**

**Cheating will not be tolerated** at UF. Cheating is defined in the UF Handbook, and it is the student's responsibility to be familiar with its many forms (including plagiarism). If a student is caught cheating, the first offense will result in a zero for that quiz assignment and a record of the event will be placed in a temporary file with the Office of Student Affairs. The second offense will result in an "E" for the course, and the student will go before the Honor Court. As a result of completing registration at UF, every student has agreed to the following statement: "I understand that UF expects its students to be honest in all their academic work. I agree to adhere to this commitment to academic honesty and understand that my failure to comply with this commitment may result in disciplinary action up to and including expulsion from the University."

### **ACADEMIC ACCOMMODATIONS:**

In compliance with the Americans With Disabilities Act (ADA), I will work with accommodations that are needed. If you have a documented disability and wish to discuss academic accommodations, please contact me. Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the instructor when requesting accommodation.

**COURSE EVALUATIONS:**

“Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.”

**Course Schedule**

**\*The course schedule (e.g., topic, reading, resources, assignments) is subject to change**

Class	Date	Topic	Readings, Resources, & Assignments
1	8/28	Syllabus Review Chapter 1: The Study of the Person	<i>Carefully read syllabus and make revisions if necessary.</i>  <b>Drop/Add Before 11:59 pm, 8/28/2023.</b>
	9/4	<b>Labor Day</b>	<b>No class (No Discussion Post Due)</b>
2	9/11	Chapter 1: The Study of the Person	
3	9/18	Chapter 2: Personality Research Methods	
4	9/25	Chapter 3: Personality Assessment	<b>QUIZ 1 Due 09/24 at 11:59 PM</b>  Paunonen & LeBel (2012)
5	10/2	Chapter 4: Persons and Situations	
6	10/9	Chapter 5: Personality Judgement	
7	10/16	Chapter 6: Traits & Types: The Big Five and Beyond	<a href="#">Measuring Personality Crash Course</a>  Bucher et al., (2019)
8	10/23	Chapter 7: Personality Stability, Development, and Change	<b>QUIZ 2 Due 10/22 at 11:59 PM</b>  <a href="#">Brian Little Personality Puzzle TED Talk</a>

9	10/30	Chapter 17: Mental and Physical Health <b>Guest Lecture: Wafaa Ateyah M.S. – Personality Disorders</b>	DeLisi et al., (2019)
10	11/6	Chapter 12: Humanistic Psychology, Positive Psychology, and the Science of Happiness	Sergeant & Mongrain (2011)
11	11/13	Chapter 13: Cultural Variation in Experience, Behavior, and Personality	
12	11/20	Chapter 14: Personality Processes: Learning, Motivation, Emotion, and the Self	<b>QUIZ 3 Due 11/19 at 11:59 PM</b>
13	11/27	Chapter 15: The Self – What You Know About You	<b>Myers Brigg Test Results &amp; Reflection Due at 11:59 PM EST</b>
14	12/4	Chapter 16: Relationships and Business	<a href="#">The Need For Belonging And Human Behavior</a>  <b>QUIZ 4 Due 12/3 at 11:59 PM</b>  <b>Extra Credit Research Paper Assignment Due at 11:59 PM EST</b>
15	12/14	<b>FINAL</b>	<b>Final Paper</b>

[Updated by KB 8-17-2023, 1:28 pm]