

PCO7944: Counseling Practicum Fall 2024

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Class Time	Office Hours
Thursday 8:00am-10:00am (Class) 10:00am-11:00am (Seminar)	Email to schedule an office hours appointment.

See Appendix A for all University Policy and Procedures.

Goals and Requirements:

- To facilitate the development of both your skills and confidence as a mental health professional.
 - Core Areas: Conceptualization, Treatment Planning, Counseling Interventions, Documentation, and Professionalism.
- Increase your awareness and skills with respect to diversity, equity, and inclusion.
 - Develop cultural humility skills and develop deeper levels of understanding of your stimulus value and its effects on others.
- Develop an introduction of the “self” and utilizing the self as a therapy intervention/tool.

To accomplish these goals, the following is required of the practicum student:

1. Student will follow all current policies in their program's current Practicum Handbook and follow any/all current Policy and Procedures of their practicum sites .
 1. This also includes completing all Direct & Indirect Service Obligations
 2. If a student is concerned about any of their policies and procedures they should direct all questions to the Training Director of their respective programs.
2. Attend and actively participate in seminars, one-to-one supervision, supervision of group therapy (if applicable), and any other agreed upon activity (i.e., outreach) as per your contract. Prepare for supervision as directed by your supervisor.
3. Attend and actively engage in group supervision. Specifically:
 1. Be prepared at the start of each class session to raise issues for discussion, which can include issues related to therapy in general, your client work, yourself (e.g., self-care), or the dynamics in the group.
 2. If discussing a client, bring a specific segment of digital recording to share
 3. Be an active participant in class discussions. Additionally, everyone should always come prepared with a digital recording to share (we will watch at least some of a recording of each clinician throughout the semester).

Attendance:

Group supervision should only be missed in extenuating circumstances such as illness. In this case, please email, call, or text the instructor prior to class. If in doubt, discuss with instructor as far in advance as possible. Attendance will not be counted toward/against the student's course grade.

Classroom Etiquette:

1. Respect towards self, each other, clients, and anyone who may enter our classroom space.
2. Respect that not everyone is at the same place in their journeys.
 1. This is especially vital for topics/discussions involving cultural concerns. In this classroom, we agree that if we are learning then it is safe to explore one's

thoughts, feelings, and reactions towards different material. At no point is it allowed for students to engage in a disrespectful way (i.e., yelling, passive aggression, retaliation, etc.) towards each other.

3. Listen to Hear versus Listen to Respond.

4. Lean In

1. If we are choosing to be in class, we choose to lean into the process of growing as Counseling Psychologist which includes challenging each other to go deeper while respecting boundaries and impact.

5. Limit Distractions

1. If a student chooses to have their laptop out it is for classroom purposes only (i.e., taking notes) and not for distractions (i.e., video games, shopping, other assignments etc.).

Class Assignments

Session/Tape Review w/ Transcription

- Point Total: 30 points each (90 points total)
- Details: Full Details in Assignment. 10 min overview of client/process, 20 Minute Transcription; 20 Min of feedback and discussion

Final: Case Conceptualization

- Point Total: 100
- Details: We will do a more formalized case conceptualization of a client you are currently seeing, and I will include a rubric and guidelines.

Class Participation:

- Point Total: 10 Points per class (140 Points)

Class Schedule:

Instructor reserves the right to modify schedule as needed

Month	Class Date	Class/Assignments	NOTES:
January			
	15th	Syllabus Overview Determining Semester Goals Class Topic: Referring to Other Services	
	22 nd	Consultation Tape 1a: Tape Roulette	
	29 th	Consultation Tape 1b: Class Topic: Weaving in Skills alongside interventions	
February			
	5 th	Consultation Tape 1c: Tape Roulette	
	12th	Practicum Fair	NO CLASS

	19th	Consultation Tape 2a: Class Topic: TBD	
	26th	Consultation Tape 2b: Tape Roulette	
March			
	5th	Consultation Tape 2c: Class Topic: TBD	
	12th	Consultation Tape Roulette Class Topic: Finding the focus in session	
	19th	SPRING BREAK	NO CLASS
	26th	Consultation Tape 3a: Class Topic: TBD	
April			

	2nd	Consultation Tape 3b: Tape Roulette	
	9th	Consultation Tape 3c: Class Topic: Termination and Transitions	
	16th	Meaningful Goodbyes	Can be swapped with Finals
	23rd	Reading Days/Alternative Final Days	
	30th	Case Conceptualization Presentations: 8:00am 9:00am 10:00am	Can be swapped with 2/16 (would need to schedule 1 for a different time) or 2/23

Course Instruction previously requested:

- Deeper formal instruction on Acceptance and Commitment Therapy
- Use of Self
- Grief/Death/Dying
- Passionate Work vs. Good Work
- Values
- Professional Identity Development
- Risk Assessment
- Safety Planning

- Termination
- Referral
- Trauma in a short term model
- Human Sexuality
- Sex Education

Appendix A: University Policy and Procedures:

Attendance

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies. Click to read the [UF Attendance Policy](#).

Accommodations for Disability

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the disability Resource Center. It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester. Click to [Get Started with the Disability Resource Center](#).

Grades:

Information on current UF grading policies for assigning grade points. To review UF grading policy please use the following link ([Grades and Grading Policy](#))

Judgements of Competency:

In making judgments regarding competency, the instructor will rely upon their clinical judgment. In making such clinical judgments, the instructor will take into account sessions shown in class, case discussions in class, additional recordings viewed by the instructor as needed, and interactions with students in class. Of utmost importance, the instructor will rely heavily on the judgment and evaluations of the clinical supervisor, including but not limited to those obtained in meetings he may hold with supervisors and feedback provided in their written evaluation forms. (Nevertheless, in cases of disagreement, the instructor's assessment shall prevail).

- In cases of concern about a competency deficiency or problematic behavior, the procedures outlined in the UF CWC Training Manual will be followed.

- Additionally, Instructor will utilize the Counseling Psychology Program Student Handbook in the following ways:
 - If a supervisor of students enrolled in PCO 7944 (Practicum at the UF CWC) raises a concern about a student's competency, initiates their own internal remediation procedures, or recommends a grade other than "A," the area faculty will be promptly apprised of the situation by the Area/Training Director. The faculty may also choose to request a meeting with the PCO 7944 supervisor, practicum coordinator, or any other relevant training staff. Similarly, as stated in the Handbook, if in accordance with the University of Florida CWC Practicum Training Manual, if a student is terminated from PCO 7944, they will be placed on probation. (However, if the reason for termination involves a violation of the APA Ethics code, department policy will first be followed)

Note: All of the requirements are to be taken seriously. Not fulfilling a requirement could result in failing the course. See the instructor if you anticipate having a problem or are having a problem with any of these requirements.

Course Evaluations:

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals.

Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals (<https://ufl.bluera.com/ufl/>). Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

Honesty Policy:

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Conduct Code specifies a number of behaviors that are in violation of this code and the possible sanctions. Click here to [read the Code of Conduct](#). If you have any questions or concerns, please consult with the instructor or TAs in this class.

In-Class Recording Policy

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A “class lecture” is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or guest lecturer during a class session.

Publication without permission of the instructor is prohibited. To “publish” means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.

Campus Resources:

[U Matter, We Care](#): If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit their website to refer or report a concern and a team member will reach out to the student in distress.

[Counseling and Wellness Center](#): Visit the Counseling and Wellness Center website or call 352-392-1575 for information on crisis services as well as non-crisis services.

[Student Health Care Center](#): Call 352-392-1161 for 24/7 information to help you find the care you need, or visit the Student Health Care Center website.

[University Police Department](#): Visit UF Police Department website or call 352-392-1111 (or 9-1-1 for emergencies).

[UF Health Shands Emergency Room / Trauma Center](#): For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the UF Health Emergency Room and Trauma Center website.

[GatorWell Health Promotion Services](#): For prevention services focused on optimal wellbeing, including Wellness Coaching for Academic Success, visit the GatorWell website or call 352-273-4450.

Academic Resources:

[E-learning technical support](#): Contact the UF Computing Help Desk at 352-392-4357 or via e-mail at helpdesk@ufl.edu.

[Connections Center](#): Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

[Library Support](#): Various ways to receive assistance with respect to using the libraries or finding resources.

[Academic Resources](#): Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.

[Writing Studio](#): 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.