

THEME

6 hours, open book, internet access

Select one of the following two topics that have been recurrent or current themes in the counseling psychology literature. Provide an integrative review and critical analysis of the literature relevant to the theme. Conclude your answer with directions for future development of theory and research in this area. Your answer should be no longer than seven pages, excluding references, with one-inch margins and 12-point, Times Roman font.

1. There has been much more emphasis on integrating positive psychology and counseling psychology over the past several years. Drawing from the *Journal of Counseling Psychology* and *The Counseling Psychologist*, discuss how positive psychology overlaps with counseling psychology in research, theory, and practice.
2. Group therapy is a popular practice for counseling psychologists. Additionally, over the past several years there has been a considerable amount of research on this topic. Drawing from the *Journal of Counseling Psychology* and *The Counseling Psychologist*, provide an overview of the benefits and outcomes of group therapy and the conditions which make this treatment especially effective.

RESEARCH

3 hours, closed book

Anderson, R. S., & Levitt, D. H. (2015). Gender self-confidence and social influence: Impact on working alliance. *Journal of Counseling and Development, 93*(3), 280–288.

Write a review of the above identified article, a copy of which is attached. In your review, be sure to address each of the following content areas and questions:

1. Theoretical Perspective
 - a. Describe and critique the author's conceptual framework
 - b. Comment on the need for this study and its importance
 - c. How effectively does the author tie the study to relevant theory and prior research?
 - d. Describe and evaluate the clarity and appropriateness of the research questions or hypotheses.
2. Research Design and Analysis
 - a. Critique the appropriateness and adequacy of the study's design in relation to the research questions or hypotheses.
 - b. Critique the adequacy of the study's sampling methods (e.g., choice of participants) and their implications for generalizability.
 - c. Critique the adequacy of the study's procedures and materials (e.g., interventions, interview protocols, data collection procedures)
 - d. Critique the appropriateness and quality (e.g., reliability, validity) of the measures used.
 - e. Critique the adequacy of the study's data analyses. For example: Have important statistical assumptions been met? Are the analyses appropriate for the study's design? Are the analyses appropriate for the data collected?
 - f. Critique the adequacy of the study's consideration of cultural differences and other issues of diversity.
3. Interpretation and Implications of Results
 - a. Critique the author's discussion of the methodological and/or conceptual limitations of the results.
 - b. How consistent are the author's conclusions with the reported results?
 - c. How well did the author relate the results to the study's theoretical base?

In your view, what is the significance of the study, and what are its primary implications for theory, practical application, and future research?

THEORY

Done from home between August 10th and August 17th. Due August 17th

Explain the key concepts and processes involved in healthy and unhealthy development and therapeutic change according to your preferred theoretical orientation. Discuss the adequacy of these key elements of development and change in addressing issues of diversity. Compare and contrast these elements of your theory with one other distinct theoretical orientation of the three provided below. Review research that supports four aspects of your preferred theory. Be sure that some of the research that you review addresses issues of diversity.

The 3 theoretical orientations from which you are to **choose one** to compare with your preferred theory are as follows:

1. Existential-Humanistic Theory
2. Feminist Counseling Theory
3. Multicultural Counseling Theory

ETHICS

Done from home between August 10th and August 17th. Due August 17th

For the ethical dilemma provided below, please do the following:

- a. Explain why it is a dilemma (e.g., present relevant code or principles that are in conflict),
- b. Present any relevant research literature that addresses both sides of the dilemma and offers recommended action, and
- c. Explain a cogent rationale and plan for the action you would take to address the dilemma.

You are a psychologist in private practice, and one of your clients (James) is also a psychologist in the same town. Most of your work with James has focused on both his unhappy marriage and his relationship with his estranged father. Once and a while, however, James will utilize therapy to talk about his clients; generally, these conversations have centered around James making sure that his own issues are not getting in the way of providing his clients with the best possible care. However, during one session, James reveals that he has strong feelings towards one of his female clients. As you question James about this, he reveals that he has acted on these feelings. Specifically, he told the client of his attraction and she stated it was returned, and they agreed to meet for drinks outside of the therapy setting. James revealed that they have also had “some sexual contact.”