DQE Fall 2012 Questions

Domain 1: Theory

Explain the key concepts and processes involved in healthy and unhealthy development and therapeutic change according to your preferred theoretical orientation. Discuss the adequacy of these key elements of development and change in addressing issues of diversity. Compare and contrast these elements of your theory with one other distinct theoretical orientation of the three provided below. Review research that supports four aspects of your preferred theory. Be sure that some of the research that you review addresses issues of diversity.

The 3 theoretical orientations from which you are to <u>choose one</u> to compare with your preferred theory are as follows:

- 1. Humanistic Theory
- 2. Cognitive-Behavioral Theory
- 3. Multicultural Counseling Theory

Domain 2: Ethical Dilemma

For the ethical dilemma provided below, please do the following:

- a. Explain why it is a dilemma (e.g., present relevant code or principles that are in conflict),
- b. Present any relevant research literature that addresses both sides of the dilemma and offers recommended action, and
- c. Explain a cogent rationale and plan for the action you would take to address the dilemma.

You are supervising Steve, a practicum student who is working in a high school-based program for at-risk adolescents. During one of your supervision sessions, Steve confides that he believes one of his female clients is involved in a relationship with one of the male coaches, "Coach John". He has seen them leave campus together. He believes his client is a junior and indicates that she has spoken about her on-again, off-again relationship with "her older boyfriend named John," but she has never identified him as "Coach John," per se. Steve reports that he confided his concerns to his client and asked her if she wanted to talk more opening and directly about "John" and the nature of their relationship. The next week his client did not show up for counseling and when Steve saw her on campus and asked her about it, he reports that his client said, "my boyfriend doesn't want me to go to counseling anymore." Steve asks you what he should do and how best for him to proceed.

Domain 3: Research (3 hours, closed book)

Soble, J.R., Spanierman, L.B., & Liao, Hsin-Ya. (2011). Effects of a brief video intervention on White university students' racial attitudes. *Journal of Counseling Psychology*, 58, 151-157.

Write a review of the above identified article, a copy of which is attached. In your review, be sure to address each of the following content areas and questions:

- 1. Theoretical Perspective
 - a. Describe and critique the author's conceptual framework
 - b. Comment on the need for this study and its importance
 - c. How effectively does the author tie the study to relevant theory and prior research?
 - d. Describe and evaluate the clarity and appropriateness of the research questions or hypotheses.
- 2. Research Design and Analysis
 - a. Critique the appropriateness and adequacy of the study's design in relation to the research questions or hypotheses.
 - b. Critique the adequacy of the study's sampling methods (e.g., choice of participants) and their implications for generalizability.
 - c. Critique the adequacy of the study's procedures and materials (e.g., interventions, interview protocols, data collection procedures)
 - d. Critique the appropriateness and quality (e.g., reliability, validity) of the measures used.
 - e. Critique the adequacy of the study's data analyses. For example: Have important statistical assumptions been met? Are the analyses appropriate for the study's design? Are the analyses appropriate for the data collected?
 - f. Critique the adequacy of the study's consideration of cultural differences and other issues of diversity.
- 3. Interpretation and Implications of Results
 - a. Critique the author's discussion of the methodological and/or conceptual limitations of the results.
 - b. How consistent are the author's conclusions with the reported results?
 - c. How well did the author relate the results to the study's theoretical base?
 - d. In your view, what is the significance of the study, and what are its primary implications for theory, practical application, and future research?

Domain 4: Thematic Review and Critical Analysis of Contemporary Counseling Psychology Literature (6 hours, open book, internet access).

<u>Select one</u> of the following two topics that have been recurrent or current themes in the counseling psychology literature. Provide an integrative review and critical analysis of the literature relevant to the theme. Conclude your answer with directions for future development of theory and research in this area. Your answer should be no longer than **seven pages**, excluding references, with one-inch margins and 12-point, Times Roman font.

(1) Work and relationships

(2) Feminist lens in counseling psychology. A feminist lens has become so integral to counseling psychology theory, research, and practice that it is often not acknowledged explicitly as such. How is a feminist lens shaping the current counseling psychology literature in ways that are acknowledged (i.e., explicit) and unacknowledged (i.e., implicit)