

Joshua D. Perlin, M.S., ABD

Curriculum Vitae

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EDUCATION

2022 – Present	Ph.D., Social Psychology (<i>in progress</i>) GPA: 4.00 Qualifying Examinations: Passed with Distinction Advisor: Erin Westgate, Ph.D.	University of Florida
2020 – 2022	M.S., Social Psychology GPA: 4.00 Master’s Thesis: “‘We, as a people, will get to the promised land’: Examining redemptive life stories as a link between Judeo-Christian religious adherence and late midlife generativity” Advisor: Matthew Baldwin, Ph.D.	University of Florida
2014 – 2018	B.A., Psychology, <i>Summa Cum Laude</i> Ethics (official minor), Religion (unofficial minor) GPA: 3.99 Honors Thesis: “To view pain as wondrous: A multi-method investigation into narrative redemption, identity formation, and psychological well-being” Advisor: Robyn Fivush, Ph.D.	Emory University

RESEARCH INTERESTS

- Narrative identity and the life story model of personality, particularly the storytelling theme of redemption
- Lifespan development with a focus on the second half of life
- Psychology of religion, particularly Judeo-Christian religions, with special attention to religious master narratives, wisdom, and the virtues
- Self-transcendent positive emotions, with special attention to awe, hope, wonder, and reverence

RESEARCH POSITIONS

2022 – Present **Graduate Researcher**

Florida Social Cognition and Emotion Lab
Department of Psychology, University of Florida
 PI: Erin Westgate, Ph.D.

2021 – 2022 **Graduate Researcher**
Self, Mind, and Society Lab
Department of Psychology, University of Florida
 PI: Matthew Baldwin, Ph.D.

2020 – 2021 **Graduate Researcher**
Life Story Lab
Department of Psychology, University of Florida
 PI: Susan Bluck, Ph.D.

2018 – 2020 **Lab Manager**
Identity and Diversity Lab
Department of Psychology & Neuroscience, Duke University
 PI: Sarah Gaither, Ph.D.

2017 – 2018 **Research Assistant**
Family Narratives Lab
Department of Psychology, Emory University
 PI: Robyn Fivush, Ph.D.

GRANT FUNDING AND FELLOWSHIPS

2024 **Research Seed Grant**
International Society for the Science of Existential Psychology (ISSEP)
 Project: “Self-Transcendent Positive Emotions in ‘High’ and ‘Low’ Church Christian Ritual”
Total Award: \$3,000

2023 **Ruthellen Josselson Student Research Grant**
American Psychological Association Division 5, Society for Qualitative Inquiry in Psychology (SQIP)

Project: “Religious Socioecology and the Narrative Identities of High and Low Church Anglican Christians”

Total Award: \$500

2023

Graduate Grant Writing Series

Center for the Humanities and Public Sphere, University of Florida

Selected to participate in a five-part workshop on grant writing in the humanities and social sciences.

Total Award: \$300

2023

Rothman Doctoral Fellowship in the Humanities

Center for the Humanities and Public Sphere, University of Florida

Project: “Whose Narrative? Which Christianity?: Investigating the Impact of Religious Socioecology on the Narrative Identities of High and Low Church Anglicans”

Total Award: \$3,000

2023

SPSP–Psychgeist Scholarship

Society for Personality and Social Psychology

Scholarship for publishing psychological research in mainstream popular press outlets

Total Award: \$500

2023

Open Science of Religion Project

Templeton Foundation

Co-PI on a research grant awarded for a Registered Report (LePine, Perlin, et al., in principle acceptance) in order to carry out the proposed project; Project: “Church Contexts Are Meaningful”

Total Award: \$20,000

2022

Trish Calvert Ring Graduate Student Research Award

Department of Psychology, University of Florida

Project: “Judeo-Christian Religiosity and Redemptive Storytelling”

Total Award: \$2,975

2021

CLAS Graduate Student Travel Award

College of Liberal Arts & Sciences, University of Florida

Total Award: \$300

- 2021 – Present **Graduate Research Fellowship**
National Science Foundation
Total Award: \$144,000 across three years (*stipend*: \$34,000/year; *cost of education allowance*: \$12,000/year; *research/travel funds*: \$2,000/year)
- Spring 2021,
 Spring 2022,
 Fall 2022 **Departmental Graduate Student Travel Award**
Department of Psychology, University of Florida
Total across all awards: \$2,955
- Spring 2023,
 Summer 2023
- 2020 – Present **Graduate School Funding Award**
Department of Psychology, University of Florida
 Most prestigious fellowship awarded to incoming doctoral students in the Department of Psychology
Total Award: \$31,000/year for four years
- 2019 **Interdisciplinary Behavioral Research Center Grant**
Social Science Research Institute, Duke University
 Project: Awe, self-transcendence, and meaning in life
Total Award: \$1,200

HONORS AND AWARDS

- 2024 **Gerber Social Psychology Outstanding Research Award**
Department of Psychology, University of Florida
Total Award: \$2,000
- 2022 **Best Paper Award (Awarded for Perlin & Li, 2020)**
International Society for the Science of Existential Psychology (ISSEP)
Total Award: \$500 and one-year complimentary membership in ISSEP
- 2021 **Worth Publishers Student Registration Award**
International Society for the Science of Existential Psychology
Total Award: \$50

- 2021 **Robert Levitt Award for Student Research on Aging (Finalist)**
Institute for Learning and Retirement, Gainesville, FL
 One of the Top Five finalists for the annual award given to student research by the Institute for Learning in Retirement (ILR), a continuing education initiative offered for retirement community members in Gainesville, FL. The competition entailed submitting an abstract, recording a presentation aimed at discussing research findings to both a scholarly and community audience, and participating in a Question & Answer session;
Total Award: \$250
- 2018 **Undergraduate Humanities Honors Fellow**
The Bill & Carol Fox Center for Humanistic Inquiry, Emory University
 Fellowship awarded to seven undergraduate honors students at Emory University who address humanistic topics or using humanistic methods in their theses
- 2018 **Omicron Delta Kappa**
National Leadership Honor Society
 Selected for induction for undergraduate leadership at Emory University
- 2017 **The Beardslee Prize in Religious Literature (Runner Up)**
Emory University College of Arts & Sciences
 Selected for an extraordinary paper for a Religion course at Emory University; Project: Stories of the sangha: Narrative identity in the Tibetan monastic community
- 2017 **Psi Chi**
The International Honor Society in Psychology
- 2017 **Phi Beta Kappa**
The Nation's Oldest Academic Honor Society
- 2015 – 2017 **Dean's List**
Emory University College of Arts & Sciences

PEER-REVIEWED JOURNAL ARTICLES

* *Indicates a mentored undergraduate student or post-baccalaureate student*

†LePine, S. E., †Perlin, J. D., Tix, A., Baldwin, M., & Westgate, E. C. (in principle acceptance; Registered Report). Church contexts are meaningful. *Archive for the Psychology of Religion*.

†These two authors contributed equally to this work and therefore share first author

- *Suh, Y., **Perlin, J. D.**, Turner, A. F., West, A. L., & Gaither, S. E. (2022). The good life in cultural context: Examining Asian young adults' psychological well-being and narratives of negative experiences. *Journal of Research in Personality, 101*, 104282.
- Booker, J. A., & **Perlin, J. D.** (2021). Moving beyond redemptive magnitude: Examining redemptive forms and themes in young adults' narratives of difficult life experiences. *Identity: An International Journal of Theory and Research*.
- Booker, J. A. & **Perlin, J. D.** (2021). Using multiple character strengths to inform young adults' self-compassion: The potential of hope and forgiveness. *Journal of Positive Psychology, 16*(3), 379–389.
- Perlin, J. D.**, & Fivush, R. (2021). Revisiting redemption: A life span developmental account of the functions of narrative redemption. *Human Development, 65*(1), 23–42.
- Gaither, S. E., **Perlin, J. D.**, & Doan, S. N. (2020). Race, gender, and the development of cross-race egalitarianism. *Frontiers in Psychology, 11*, 1525.
- McAdams, D. P., & **Perlin, J. D.** (2020). HEXACO and the individual case. *European Journal of Personality, 34*(4), 533–534.
- Perlin, J. D.** & Li, L. (2020). Why does awe have prosocial effects? New perspectives on awe and the small self. *Perspectives on Psychological Science, 15*(2), 291–308.

CHAPTERS IN EDITED VOLUMES

- Perlin, J. D.**, & McAdams, D. P. (in press). Redemption: Stories heroes live by. In S. T. Allison, George R. Goethals, & James K. Beggan (eds.), *Encyclopedia of heroism studies*. Springer.

MANUSCRIPTS UNDER REVIEW/IN PREPARATION

* Indicates a mentored undergraduate student or post-baccalaureate student

- Ahmad, S. S., **Perlin, J. D.**, Meador, K., Koenig, H. G., & Hall, D. E. (in preparation). *Religious fluency and clergy coding*. [Data have been collected and analyzed; manuscript is currently being written].
- *Davis, E. S., **Perlin, J. D.**, & Westgate, E. C. (in preparation). *Do spoilers really spoil?* [Data for three studies have been collected and analyzed; Data collection for Study 4 is ongoing].
- Perlin, J. D.**, Baldwin, M., & McAdams, D. P. (in preparation). *Generativity declines across late midlife: A longitudinal study*. [Data have been collected and analyzed].
- Zaw, S., Krause, A., **Perlin, J. D.**, Lin, Y., Westgate, E., & Baldwin, M. (under revision). *The effects of past self-gratitude on self and identity*.

POPULAR PRESS PUBLICATIONS

Perlin, J. D. (2023, February 20). Awe: An existential emotion that promotes personal growth. *International Society for the Science of Existential Psychology*. <https://www.issep.org/article/awe>

INVITED TALKS

Perlin, J. D. (2022, October). *Religion as story, or: Why the psychology of religion should learn to love narrative*. Talk presented for the Department of Psychology at the University of Maine, Orono, Maine.

Perlin, J. D. (2022, June). *The varieties of redemption: Summarizing findings on a novel conceptualization of redemptive forms*. Talk presented for the Center on Autobiographical Memory Research at Aarhus University, Aarhus, Denmark.

Perlin, J. D., & Sharma, S. (2022, March). *Older adults' personal stories of loss and illness: Finding positive meaning in the face of difficulty*. Talk presented for the Institute for Learning in Retirement, Gainesville, FL.

Perlin, J. D., & Sharma, S. (2021, November). *Older adults' personal stories of loss and illness: Finding positive meaning in the face of difficulty*. Talk presented for the Community Coalition of Older Adults, Gainesville, FL.

CONFERENCE TALKS

* *Indicates a mentored undergraduate student or post-baccalaureate student*

Ahmad, S. S., **Perlin, J. D.**, Meador, K., Koenig, H. G., & Hall, D. E. (2024, April). *Speaking religion: Developing an interview to assess fluency within seven worldviews*. Paper presented at the Conference on Medicine and Religion, Indianapolis, IN.

Perlin, J. D., Baldwin, M., & McAdams, D. P. (2022, February). *On faith and future generations: A five-year longitudinal study of the relation between religiosity and generativity*. Data Blitz presented for the Existential Psychology Preconference at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.

Perlin, J. D., & Booker, J. A. (2021, October). *The varieties of redemption: Summarizing findings on a novel conceptualization of redemptive forms*. Data Byte presented at the annual meeting of the Society of Southeastern Social Psychologists, Virtual.

*Suh, Y., **Perlin, J. D.**, Turner, A. F., West, A. L., & Gaither, S. E. (2021, October). *The good life in cultural context: Examining Asian young adults' psychological well-being and narratives of negative experiences*. Talk presented at the annual meeting of the Society of Southeastern Social Psychologists, Virtual.

- *Zaw, S., Krause, A., **Perlin, J. D.**, Lin, Y., Westgate, E., & Baldwin, M. (2021, October). *Examining the influence of past-self gratitude on self-perceptions*. Data Byte presented at the annual meeting of the Society of Southeastern Social Psychologists, Virtual.
- *Zaw, S., Krause, A., **Perlin, J. D.**, Lin, Y., Westgate, E., & Baldwin, M. (2021, July). The effect of past self-gratitude on redemption & self-perceptions. Talk presented at the University of Florida McNair Scholars Summer Research Symposium, Gainesville, FL.
- Li, L., & **Perlin, J. D.** (accepted). *Awe and the multilayered self: A reinterpretation of awe's prosocial effects*. Talk accepted to the annual meeting of the Jean Piaget Society, Philadelphia, PA. Original conference delayed because of COVID-19, and then first author unable to speak the following year.
- Perlin, J. D.**, Gaither, S. E., & Doan, S. N. (2018, October). *Developing cross-race prosociality: White children's racial constancy beliefs predict increased sharing with racial outgroup members*. Selected for high marks to be a Data Blitz at the annual meeting of the Society for Southeastern Social Psychologists, Raleigh, NC.
- Perlin, J. D.**, Fivush, R., & Booker, J. A. (2018, April). *To view pain as wondrous: A multi-method investigation into narrative redemption, identity formation, and psychological well-being*. Talk presented at the Fox Center for Humanistic Inquiry Undergraduate Honors Colloquium, Atlanta, GA.

POSTER PRESENTATIONS

* Indicates a mentored undergraduate or post-baccalaureate student

- LePine, S. E., & **Perlin, J. D.** (2024, February). *Meaning in life and the socioecology of religion: Findings from a field experiment*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Zaw, S., Krause, A. N., **Perlin, J. D.**, Lin, Y., Westgate, E. C., & Baldwin, M. (2024, February). *Past self-gratitude vs. other-focused gratitude: Narrative differences in redemption categories and their influence on the self-concept*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- *Davis, E. S., **Perlin, J. D.**, & Westgate, E. C. (2023, October). *Spoilers ahead: The significance of story spoilers on meaning*. Poster presented at presentation at the annual meeting of the Society of Southeastern Social Psychologists, Charlotte, NC.
- *Beckey, P., **Perlin, J. D.**, & Baldwin, M. (2023, February). *Effects of religiosity and redemption on generativity*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- *Davis, E. S., **Perlin, J. D.**, & Westgate, E. C. (2023, February). *Do spoilers really spoil?* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Perlin, J. D.**, Baldwin, M., & McAdams, D. P. (2022, February). *From sin to salvation: Longitudinal associations between Judeo-Christian religiosity and redemptive life stories*. Poster presented for the

Psychology of Religion and Spirituality Preconference at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.

- *Zaw, S., Krause, A. N., **Perlin, J. D.**, Lin, Y., Westgate, E., & Baldwin, M. (2022, February). *Exploring the link between past self-gratitude and self-perceptions*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
- Sharma, S., **Perlin, J. D.**, & Bluck, S. (2021, November). *Recalling memories of life's challenges with purpose and redemption: Resources to foster resilience*. Poster presented at the annual meeting of the Gerontological Society of America, Virtual.
- *Zaw, S., Krause, A., **Perlin, J. D.**, Lin, Y., Westgate, E., & Baldwin, M. (2021, November). *Understanding the benefits of past self-gratitude on the self*. Poster presented at the annual Ronald E. McNair Scholars Open House, Gainesville, FL.
- *Suh, Y., **Perlin, J. D.**, Turner, A. F., & Gaither, S. E. (2021, April). *Rethinking ethnic identity threat: How narrative themes relate to psychological well-being for Asian American and Asian international students*. Poster presented at the biennial meeting of the Society for Research in Child Development, Virtual.
- Perlin, J. D.**, Sharma, S., Liao, H. W., & Bluck, S. (2021, February). *Who tells redemptive stories, and when? Narratives of self-disruptive life events across adulthood*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Virtual.
- *Gianneschi, J., *Suh, Y., **Perlin, J. D.**, & Gaither, S. E. (2020, October). *Looking on the bright side: The effects of redemption and acculturation on resilience in Asian university students*. Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Virtual.
- *Suh, Y., **Perlin, J. D.**, Turner, A. F., Gaither, S. E., & Rubin, D. C. (2020, February). *Comparing the experiences of Asian American and Asian international students: Themes of recovery and redemption in narratives of cultural threat*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Edwards, M. E., **Perlin, J. D.**, & Van Cappellen, P. (2020, February). *Shaken to the core: A naturalistic study of awe's effects on values, meaning, and religiosity*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Perlin, J. D.** & Booker, J. A. (2020, February). *Getting the whole story: Arrangement of themes across a narrative interact with displays of redemption*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Li, L., & **Perlin, J. D.** (2019, July). *Reconsidering awe's social effects: The need for accommodation and identity reconstruction*. Poster presented at the annual meeting of the Society for Philosophy and Psychology, San Diego, CA.

Perlin, J. D. & Gaither, S. E. (2019, March). *Interreligious roommates and the first year of college: Exploring emotional and social outcomes*. Poster presentation at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Perlin, J. D. & Gaither, S. E. (2019, February). *Interreligious roommates and the first year of college: Exploring emotional and social outcomes*. Poster presentation at the Psychology of Religion and Spirituality Preconference at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

Perlin, J. D., Booker, J. A., & Fivush, R. (2019, February). *Silver linings are (sometimes) beneficial: Associations among narrative redemption, identity formation, and psychological well-being*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

Perlin, J. D., Booker, J. A., & Fivush, R. (2018, November). *Silver linings are (sometimes) beneficial: Associations among narrative redemption, identity formation, and psychological well-being*. Poster presentation at the annual UNC–Duke Research Meeting in Developmental Psychology.

Perlin, J. D. & Booker, J. A. (2018, March). *Eyes toward the future: Associations among hope, narrated agency, and well-being*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.

Perlin, J. D. & Booker, J. A. (2017, May). *The effects of goal motivation on well-being*. Poster presentation at the Emory Undergraduate Spring Research Symposium, Atlanta, GA.

TEACHING/MENTORSHIP

Summer 2024

Facilitator/Leader

Christian Study Center of Gainesville

Reading Group: “For the Life of the World”

Description: Read and discussed *For the Life of the World* by Alexander Schmemmann

Summer 2023

Facilitator/Leader

Christian Study Center of Gainesville

Reading Group: “Philosophy As a Way of Life”

Description: Read and discussed *Philosophy As A Way of Life: Spiritual Exercises from Socrates to Foucault* by Pierre Hadot.

Spring 2023

Facilitator/Leader

Christian Study Center of Gainesville

Reading Group: “Narrative, Virtue, and the Church: Reading Stanley Hauerwas”

Description: Read and discussed a variety of essays by and about the narrative theologian Stanley Hauerwas.

Summer 2021

Guest Lecture

Department of Psychology, University of Florida

Course: Introduction to Psychology (flipped classroom, online)

Instructor: Brenda Straka

Title: “Personality: A multi-leveled construct”

Spring 2021

Teaching Assistant

Department of Psychology, University of Florida

Course: Gerontology (online)

Instructor: Susan Bluck

Fall 2020

Teaching Assistant

Department of Psychology, University of Florida

Course: Developmental Psychology (online)

Instructor: Marina Klimenko

Summer 2020

Guest Lecture

Department of Psychology, Duke University

Course: Introduction to Psychology (online)

Instructor: Brenda Straka

Title: “Personality: A multi-leveled construct”

Honors Theses Supervised: Erika Davis (Fall 2022 – Spring 2023), *University of Florida*

Yeonju Suh (Fall 2019 – Spring 2020), *Duke University*

SERVICE

Ad Hoc Reviewer

Psychological Science

Emotion

Personality and Social Psychology Bulletin

Journal of Personality

Journal of Research in Personality

Journal of Adult Development

Professional Service

- Fall 2021 **Reviewer for Graduate Student Poster Award**
Society for Personality and Social Psychology
- Spring 2021 **Panelist for Graduate School Decision-Making**
Project SHORT
Provided advice to undergraduate students who are underrepresented in graduate education on how to select a graduate program.
- Fall 2020 **Reviewer for Outstanding Graduate Research Award**
Society for Personality and Social Psychology
- Fall 2020 **Free-Form Friday Facilitator**
Society for Personality and Social Psychology
Session Title: “Lab Management in Social-Personality Psychology”

University Service

- Fall 2023 **Graduate Member of Faculty Search Committee**
Department of Psychology, University of Florida
Committee Member for the 2023 Faculty Search Committee for a Quantitative Psychologist
- Spring 2021 **Reviewer for Undergraduate Research Forum Poster Award**
Department of Psychology, University of Florida
- Fall 2020 **Alumni Member of Evaluation Forum**
Bill & Carol Fox Center for Humanistic Inquiry, Emory University
Selected as an alumnus of the fellowship program to serve on an evaluation forum.

ADDITIONAL TRAINING/WORKSHOPS

2023

Everything You Wanted to Know about Grants But Were Too Afraid to Ask*Center for the Humanities and the Public Sphere, University of Florida**Facilitator: William Hart-Davidson*

2023

Graduate Grant Writing Series*Center for the Humanities and Public Sphere, University of Florida*

Selected to participate in a five-part workshop on grant-writing in the humanities and social sciences.