

**CLP 3144 Abnormal Psychology****Sections: 17373****Summer B In-person****M,T,W,R,F 12:30pm-1:45pm****Classroom: LAR 0330****Instructor:**

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**Course Purpose:** The purpose of this course is to increase understanding of theoretical foundations, assessment, and treatment of psychopathology. This will involve gaining basic knowledge of the Diagnostic and Statistical Manual of Mental Disorders-V (DSM-V) used to classify a wide range of specific psychotic, cognitive, behavioral, emotional, and developmental disorders, as well as current research and treatment approaches. Students are also expected to understand the cultural and societal contexts of psychopathology and to develop a critical lens in exploring the impact of such contexts. Lastly, students are expected to apply their learning to themselves and to the real world.

Abnormal Psychology is an introductory course that provides broad coverage of mental health issues that rise to the level of psychiatric disorders (e.g. psychopathology). Disorders covered this semester include anxiety, depression, psychosis, personality disorders, and many more. This class is not just a mundane list of symptoms and characteristics about different psychiatric disorders. You will develop critical thinking skills as applied to psychological assessment, diagnosis, and treatment plans/therapeutic interventions that may be appropriate for each disorder.

**Learning Objectives:**

During this course, students will learn to:

- Distinguish between normal and abnormal human behavior
- Summarize the processes of psychological assessment and diagnosis
- Identify symptoms and features commonly associated with diagnostic categories of mental health disorders
- Evaluate ethical, legal, and professional issues in the diagnosis, treatment, and study of abnormal psychology
- Critique the reliability and validity of diagnostic criteria listed in the DSM-5

- Examine abnormal psychology from psychodynamic, behavioral, social, cognitive, and humanistic theoretical perspectives

## Recommended Textbook:

Whitbourne, S.K. (2020). *Abnormal psychology: Clinical perspectives on psychological disorders* (9<sup>th</sup> ed). McGraw-Hill Higher Education.

## Course Structure

**Online Quizzes (60% of overall course grade):** There will be five (5) online quizzes throughout the course that will be posted on Canva. All quizzes count toward your overall course grade. These quizzes are designed to prompt your thinking about the topics/concepts covered in the textbook and lecture. The quizzes vary depending on the topics covered that week and will be in multiple-choice format. The quizzes are designed to help reinforce content learned throughout the semester that will be available to you via PowerPoint presentations.

**Discussion posts (10% of overall course grade):** There will be five (5) discussion posts throughout the course based on the topic(s) for that week posted on Canva. The post will prompt you to reflect on a topic from the week's lecture. You must reply with a two-to-three-sentence brief reflection on the original post to earn credit. You are encouraged to respond to your peer's thoughts with further reviews and questions about their thinking. You will need to submit your post each Wednesday by 11:59 pm.

**Final Reflection Paper (20% of overall course grade as detailed below):** This semester, you will complete a final reflection paper in which you will write about your understanding of psychopathology before and after completing this course. You will write a one-to-two-page double-spaced (APA format) essay on 1. How has your knowledge of psychopathology changed since completing this course? 2. What theoretical frameworks presented primarily fit with your world views? And 3. What do you believe you can do to positively impact those around you who might be or are experiencing psychopathology? Remember to incorporate theoretical frameworks as well as personal experiences in your thinking. Grading will be based on your ability to answer the three prompts sharing your learnings from the course and the ways you would like to apply these to your life.

**Attendance and Participation (10% of overall course grade):** Successful completion of this course requires **regular and active participation** in class prompts, reflections, and activities. Lectures and activities will clarify and expand upon information provided in your textbooks. Every Friday students will complete a group activity that will count towards their participation grade (2 points each Friday). Requirements for class attendance and related work in this course are consistent with university policies that can be found at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

**Late Work:** You will have 48 hours to complete the online quizzes posted each Friday after class (until Sunday 11:59pm), quizzes will automatically close Sundays at midnight. To receive credit for discussion posts, these must be posted each Wednesday by 11:59pm.

## Grading

Your final grade will be calculated by your performance on quizzes, your discussion board posts, your reflection paper and your overall participation in the class. Letter grades will be assigned according to the grading scale below.

**Online Quizzes – 60%**  
**Discussion Posts – 10%**  
**Attendance Participation 10%**  
**Final Reflection Paper - 20%**  
**Total: 100%**

A	=	93 – 100%				
A-	=	90 – 92.9%		C-	=	70 – 72%
B+	=	87 – 89.9%		D+	=	67 – 69.9%
B	=	83 – 86.9%		D	=	63- 66.9%
B-	=	80 – 82.9%		D-	=	60 – 62.9%
C+	=	77 – 79.9%		E	=	0 – 59.9%
C	=	73 – 76.9%				

**Academic Misconduct:** Cheating is defined in the UF Handbook and it is the student's responsibility to be familiar with its many forms (including plagiarism). If a student is caught cheating, the first offense will result in a zero for that exam or assignment and a record of the event will be placed in a temporary file with the Office of Student Affairs. The second offense will result in an 'E' for the course, and the student will go before the Honor Court. As a result of completing registration at UF, every student has agreed to the following statement: *I understand that UF expects its students to be honest in all their academic work. I agree to adhere to this commitment to academic honesty and understand that my failure to comply with this commitment may result in disciplinary action up to and including expulsion from the University.*" So...don't cheat.

**Disabled Student Policy:** The university provides accommodations to students with disabilities that may affect the ability to participate in activities or to meet course requirements. If you are a student with a disability and would like to request disability-related accommodations, please contact the Disability Resource Center (and me) as early in the semester as possible. The DRC is located in 001 Building 0020 (Reid Hall). Their phone number is 392-8565. Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the disability Resource Center by visiting [disability.ufl.edu/students/get-started](https://disability.ufl.edu/students/get-started). It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

***Be sure to contact me as soon as possible and be assured these conversations will be held in strict confidence.***

**U Matter, We Care:** Your well-being is important to the University of Florida. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact [umatter@ufl.edu](mailto:umatter@ufl.edu) so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392-1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.

### **Course Evaluations:**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at

<https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

### Canvas:

This entire course is administered via the Canvas platform (<http://lss.at.ufl.edu>; click “**Canvas Login**”). We’ll be using Canvas heavily to supplement our in-class meetings. throughout the semester. Each student must become familiar with this software and ***check the course web site on a regular basis*** because important class updates and announcements will be posted online. You will be responsible for all class announcements made through canvas.

### COVID-19:

In response to COVID-19, the following recommendations are in place to maintain your learning environment, to enhance the safety of our in-classroom interactions, and to further the health and safety of ourselves, our neighbors, and our loved ones.

- If you are not vaccinated, get vaccinated. Vaccines are readily available and have been demonstrated to be safe and effective against the COVID-19 virus. Visit one.uf for screening / testing and vaccination opportunities.
- If you are sick, stay home. Please call your primary care provider if you are ill and need immediate care or the UF Student Health Care Center at 352-392-1161 to be evaluated.
- Course materials will be provided to you with an excused absence, and you will be given a reasonable amount of time to make up work.

## CLP3144 Abnormal Psychology – Summer B Class Schedule

Class Date	Topic	Canvas	Chapters
Week of June 28 <sup>th</sup>	Course Intro/Understanding  Abnormal Behavior  Theoretical Perspectives  Psychological Assessment & Diagnosis	<b>Wednesday- Complete Discussion Post (2 points)</b>  <b>Friday:</b> - <b>Complete Quiz 1 (10 points)</b>	<b>Chapters 1, 3, and 4</b>
Week of July 5 <sup>th</sup>	Anxiety/OCD/ Trauma Disorders  <b>Dr. Richard Ward</b> <b>Neuroscience of Anxiety</b>  Depressive and Bipolar Disorder	<b>Wednesday- Complete Discussion Post (2 points)</b>  <b>Friday:</b> - <b>Meet over Zoom (2 points)</b> - <b>Complete Quiz 1 (10 points)</b>	<b>Chapters 7 and 8</b>

Week of July 11 <sup>th</sup>	Dissociative/Somatic Disorders  Eating/Elimination/Impulse Control  Paraphilias/Gender Disorders	<b>Wednesday- Complete Discussion Post (2 points)</b>  <b>Friday:</b> - Meet over Zoom (2 points) - Complete Quiz 1 (10 points)	<b>Chapters 9, 10, and 11</b>
Week of July 18 <sup>th</sup>	<b>Ms. Arielle Marcus, CCC-SLP</b> <b>Neurodiversity</b>  Neurodevelopmental Disorders  Substance Abuse and Addiction  Schizophrenia/Psychotic Disorders	<b>Wednesday- Complete Discussion Post (2 points)</b>  <b>Friday:</b> - Meet over Zoom (2 points) - Complete Quiz 1 (10 points)	<b>Chapters 5, 6, and 12</b>
Week of July 25 <sup>th</sup>	Personality Disorders  Ethical and Legal Issues  Treatment  <b>Dr. Stephani Jahn, Licensed Psychologist</b> <b>Trauma-informed care</b> <b>Using Creativity in Therapy</b>	<b>Wednesday- Complete Discussion Post (2 points)</b>  <b>Friday:</b> - Meet over Zoom (2 points) - Complete Quiz 1 (20 points)	<b>Chapters 2, 14, and 15</b>
Week of August 1 <sup>st</sup>	Group reflections	- <b><u>Reflection Paper due Monday August 1<sup>st</sup></u></b>	

