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**Professor:**

Dr, Shari Schwartz (email:) **Canvas Inbox Only**

**Virtual Office Hours:** Mondays, 3:00 pm – 5:00 pm

\*see Canvas for Zoom Office Hours login details

**Course Purpose:** Have you ever found yourself pondering whether your friend's sad affect is actually depressive disorder, or if your cousin's constant worrying is actually generalized anxiety disorder? Do you have an interest in what factors influence how psychologists distinguish between normal and abnormal behavior? Perhaps you have thought about why behavior in one culture is considered perfectly normal, but that same behavior is considered a psychological disorder in another culture. If so, then you are in the right place!

Abnormal Psychology is an introductory course that provides broad coverage of mental health issues that rise to the level of psychiatric disorders (e.g. psychopathology). Disorders covered this semester include anxiety, depression, psychosis, personality disorders, and many more. This class is not just a mundane list of symptoms and characteristics about different psychiatric disorders. You will develop critical thinking skills as applied to psychological assessment, diagnosis, and treatment plans/therapeutic interventions that may be appropriate for each disorder.

**This course confers General Education credit for Social Science (S).** Social and behavioral science courses provide instruction in the history, key themes, principles, terminology, and underlying theory or methodologies used in the social and behavioral sciences. Students will learn to identify, describe and explain social institutions, structures or processes. These courses emphasize the effective application of accepted problem-solving techniques. Students will apply formal and informal qualitative or quantitative analysis to examine the processes and means by which individuals make personal and group decisions, as well as the evaluation of opinions, outcomes or human behavior. Students are expected to assess and analyze ethical perspectives in individual and societal decisions.

**Learning Objectives:**

During this course, students will learn to:

- Distinguish between normal and abnormal human behavior
- Summarize the processes of psychological assessment and diagnosis
- Identify symptoms and features commonly associated with diagnostic categories of mental health disorders
- Evaluate ethical, legal, and professional issues in the diagnosis, treatment, and study of abnormal psychology
- Critique the reliability and validity of diagnostic criteria listed in the DSM-5
- Examine abnormal psychology from psychodynamic, behavioral, social, cognitive, and humanistic theoretical perspectives

## Required Textbook:

Whitbourne, S.K. (2023). *Abnormal psychology: Clinical perspectives on psychological disorders* (10<sup>th</sup> ed). McGraw-Hill Higher Education.

**For this course, you will need Connect rather than a physical textbook. Here are the ISBN numbers: ISBN10: 1265407983 | ISBN13: 9781265407988**

**Course Requirements and Expectations:** Keeping up with this online course is the student's responsibility (i.e., not mine). You can expect this class to be demanding but hopefully personally and intellectually fulfilling. The course requires you to read, think, write, and apply what you are learning. Class lectures, assignments, and additional required readings are only accessible through the course website. Assignments must be submitted electronically through the course website as well. I will **NOT** accept your assignment via email. In anticipation of technical difficulties, make sure you turn in assignments early and double check that they have uploaded. If you experience technical difficulties, you must contact (call or chat. Don't email) the UF help desk immediately to explain to them your technical difficulty (and send me your incident number via Canvas Inbox). I must have the case number for follow up.

All deadlines are in Eastern Standard Time (EST).

- 1) Extensions or make-ups will not be given for students based on technical difficulties on any course material. This includes **but is not limited to**:
  - a. Forgetting to hit the submit button on any of the course material.
  - b. Accidentally not including all the files or uploading the wrong file.
- 2) Do not wait until the last minute to complete course materials as this is an online course and things happen.
- 3) Students are responsible for all course announcements posted on Canvas. Thus, you must check Canvas on a daily basis so you do not miss any course announcement.
- 4) For course assignments it is YOUR responsibility to make sure that the correct file is uploaded and that all the files needed for the assignment are uploaded and in the correct format.
- 5) It is **your** responsibility to make sure that your presentation is visible and audible on all video presentation assignments.
- 6) We will communicate with you via Canvas Inbox thus you are responsible to check your Canvas Inbox every 24 hours.

The instructor and TA(s) are here to help you learn. Make use of office hours and Canvas Inbox to communicate with me and the graduate TA(s). Online office hours are held via Zoom and are posted in Course Announcements. For questions sent through Canvas Inbox, the TAs and/or I will typically reply within 48 hours of receiving the email during a normal week. Please allow more time for emails sent on official holidays, Fridays, or over the weekend. **All interactions with instructors and class members are expected to be professional and courteous.**

**No makeups will be given for any material in this course**, except for university excused absences with adequate documentation (i.e. doctor's note). Documentation must be provided ahead of the deadline before the course material is due unless there are extenuating, verifiable circumstances.

**Late Work:** All class work must be turned in on time in the manner outlined in the assignment instructions. Failure to do so will result in a zero on that assignment. Therefore, it is critical that you start your work early in the week each week as waiting until the end of the week may cause you to miss deadlines.

## Course Structure

**Online Discussions/Activities (30% of overall course grade):** There will be four (4) online discussion activities throughout the course. Only three (3) count toward your overall course grade as I will drop your lowest discussion grade. These activities are designed to get you thinking critically about the topics/concepts covered in the textbook and lecture. The activities vary and will consist of written interactive discussions and video discussions. Some of these will require McGraw-Hill Connect (please see textbook section of this syllabus for details). The activities are designed to help reinforce content learned throughout the semester. You will be provided with detailed instructions on Canvas regarding each activity.

**Reading Activity Quizzes (30% of overall grade):** There will be twelve (12) reading activity quizzes throughout the course based on the textbook readings. Only 10 of these will count toward your final grade, as I will drop your TWO lowest scores. These will be administered via Connect. You must have Connect access to complete these. These must be taken during the week in which they are open as there are no makeups for missed reading quizzes. No exceptions! Each quiz may include any combination of multiple choice, short essay, fill-in-the-blank, or true-false items.

**Exams (40% of overall grade):** There will be three (3) exams throughout the course based on the textbook readings. Only two (2) of these will count toward your final grade, as I will drop your lowest exam grade. Exams will be timed and administered via Honorlock on Canvas. Each exam will consist of a combination of multiple choice, short answer, fill-in-the-blank, or true-false questions. These must be taken during the week in which they are open as there are no makeups for exams.

**Turnitin.com:** Turnitin.com is a plagiarism detection service available to the faculty at UF. The website searches your paper for instances of plagiarism (from previously turned in papers, internet resources and publications). Examples of plagiarism include cutting and pasting. Students who plagiarize may receive a “zero” (E) for the entire course. Please make sure you read the sections on plagiarism in your Student Handbook and the APA manual. It is your responsibility to understand what plagiarism is and any misunderstandings on your part may not be used as excuses. **I submit all of your work through Turnitin.com**

**Attendance and Participation Policy:** Successful completion of this course requires *regular and active participation* in class activities and assignments on Canvas. Lectures and activities will clarify and expand upon information provided in your textbooks. Requirements for class attendance and related work in this course are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

## Grading

Your final grade will be calculated by your performance on class activities, your discussion board assignments, and your overall group project work, including your col. Letter grades will be assigned according to the grading scale below. **I do not round up grades.**

**Online Discussion Activities – 30%** of overall course grade

**Reading Quizzes – 30%** of overall course grade

**Exams – 40%** of overall course grade

**Total: 100%**

A	=	93 – 100%			
A-	=	90 – 92.9%		*C-	= 70 – 72%
B+	=	87 – 89.9%		D+	= 67 – 69.9%
B	=	83 – 86.9%		D	= 63- 66.9%
B-	=	80 – 82.9%		D-	= 60 – 62.9%
C+	=	77 – 79.9%		E	= 0 – 59.9%
C	=	73 – 76.9%			

\*A grade of C– is not a qualifying grade for major, minor, Gen Ed, or College Basic distribution credit.

**Grade Dispute Policy:** It is your responsibility to stay on top of your grades in the course. As such, you will have two days (2) after a course grade has posted to dispute the grade. Please note that the two-day timeframe includes weekends and holidays and will not be extended for any reason. The exception to this policy is your Module 11 and 12 grades because there will not be enough time to complete disputes and turn grades in by the university-imposed deadlines. Disputes will NOT be accepted after the last day of class. If you want to dispute a grade, you must write one paragraph explaining the dispute and one more paragraph explaining why your work is correct, with references to the course material, for each aspect of the work you are disputing (for a total of two paragraphs). Then send a private email to me with this information via Canvas Inbox.

**Academic Misconduct:** Cheating is defined in the UF Handbook and it is the student's responsibility to be familiar with its many forms (including plagiarism). If a student is caught cheating, the first offense will result in a zero for that exam or assignment and a record of the event will be placed in a temporary file with the Office of Student Affairs. The second offense will result in an 'E' for the course, and the student will go before the Honor Court. As a result of completing registration at UF, every student has agreed to the following statement: *I understand that UF expects its students to be honest in all their academic work. I agree to adhere to this commitment to academic honesty and understand that my failure to comply with this commitment may result in disciplinary action up to and including expulsion from the University.*" So...don't cheat.

**Disabled Student Policy:** The university provides accommodations to students with disabilities that may affect the ability to participate in activities or to meet course requirements. If you are a student with a disability and would like to request disability-related accommodations, please contact the Disability Resource Center (and me) as early in the semester as possible. The DRC is located in 001 Building 0020 (Reid Hall). Their phone number is 392-8565. Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the disability Resource Center by visiting [disability.ufl.edu/students/get-started](https://disability.ufl.edu/students/get-started). It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

***Be sure to contact me as soon as possible and be assured these conversations will be held in strict confidence.***

**U Matter, We Care:** Your well-being is important to the University of Florida. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact [umatter@ufl.edu](mailto:umatter@ufl.edu) so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392-1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.

**Course Evaluations:**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

**Canvas:**

This entire course is administered via the Canvas platform (<http://lss.at.ufl.edu>; click “**Canvas Login**”). We’ll be using Canvas heavily to supplement our in-class meetings throughout the semester. Each student must become familiar with this software and ***check the course web site on a regular basis*** because important class updates and announcements will be posted online. You will be responsible for all class announcements made through Canvas.

**CLP3144 Abnormal Psychology – Fall 2023**  
**Class Schedule**

<b>Class Date</b>	<b>Topic</b>	<b>Canvas</b>	
Week of May 12	Course Intro/Understanding Abnormal Behavior  And  Diagnosis and Treatment	Complete Modules 1 and 2	
Week of May 19	Psychological Assessment  <b>And</b>  Neurodevelopmental Disorders	Complete Modules 3 and 4  <b>Exam 1 due – see Canvas for details</b>	
Week of May 26	Schizophrenia/Psychotic Disorders  <b>And</b>  Depressive and Bipolar Disorder	Completes Module 5 and 6	
Week of June 2	Anxiety/OCD/ Trauma Disorders  And  Dissociative/Somatic Disorders	Complete Modules 7 and 8  <b>Exam 2 due – see Canvas for details</b>	
Week of June 9	Eating/Elimination/Impulse Control	Complete Modules 9 and 10	

	And Substance Abuse and Addiction		
Week of June 16	Neurocognitive Disorders  And Personality Disorders	Complete Modules 11 and 12  <b>Exam 3 Due – see Canvas for details</b>	