ABNORMAL PSYCHOLOGY (CLP3144)

Section 3124 (16889) & **Section** 031D (10506) & Section 3123 (10508)

Spring 2026

Instructor: Feihong Wang, Ph.D.　　　　　　　　**Email:** feihongw@ufl.edu
Course Format: Asynchronous　　　　　　　　**Course credits**: 3
Live Zoom Office Hour: Tuesdays 10-11am Or schedule separate in-person (Psychology building 374) or zoom meetings via email
https://ufl.zoom.us/j/99973995198?pwd=S2JKcTBmRVdQYWVMV2JSZElLQ1dNdz09
Meeting ID: 999 7399 5198
Passcode: 905581

Graduate Teaching Assistants (GTA): TBD

Undergraduate Teaching Assistants (UTA): TBD

*The best way to contact the GTAs and me is via CANVAS messengers. Please email me or your designated GTAs to schedule a virtual or in-person meeting at an alternative time if the above times do not work for you.

Always contact the GTAs first with questions. Email me directly only in cases where your issues cannot be resolved by the GTAs, if the question needs my individual attention, or if the question

is related to the final grades. Phone meeting is available per request and by appointment only (please use Canvas Inbox to schedule a phone meeting)

* You may interact with UTAs via the Chat Room discussion boards on CANVAS. Please DO NOT email or messenger UTAs.

*Please allow 24 hrs. to respond to your emails during the weekdays. Emails sent on the weekend will be responded during the following weekdays. **Please include CLP3144** in the subject line for easy track of communication.*

Prerequisite Knowledge & Technology Requirements

- Prerequisite Course: PSY2012 General Psychology
- Proficiency in using CANVAS, using CANVAS messenger and uf emails with attachments as needed
- Proficiency in downloading and installing zoom, Chrome extension, Honorlock proctoring service
- Proficiency in using office words and excel files for learning reviews and preparations for assignments
- Access to a laptop or desktop computer with webcam (external or internal) with broadband internet access, compatible web browser, audio input, built-in, or external computer speakers. Click https://ufonline.ufl.edu/resources/computer-requirements/ for specific computer requirements

Required Textbook

Jennings, H. (2023). *Nolen-Hoeksema's Abnormal Psychology* (9thed.). New York, NY: McGraw Hill Education.
UF ALL ACCESS ISBN: 9781266233456

Notes: This course is participating in the UF ALL ACCESS program. The ALL ACCESS program will allow you to gain access to the required materials for the course at a significantly discounted price. Please contact your Bookstore on campus with any questions: allaccess@bsd.ufl.edu. **Once Opted in, you will be able to access the ebook via CONNECT in the course site. There are also in CONNECT reading assignments students can choose to complete or not. All required assignments will be on the CANVAS course site.**

*Please contact your Bookstore on campus with any questions: **allaccess@bsd.ufl.edu***

Please make sure you get the e-textbook as soon and early as possible since chapter quizzes start in the very first week. Instructor's mini-videos, Publisher's power point files, and other resources are available on CANVAS as your resources, but you definitely need the textbook to

guide and maximize your learning in this class.

Instructional materials for this course consist of only those materials specifically reviewed, selected, and assigned by the instructor. The instructor is only responsible for these instructional materials.

Course Objectives

Through this course, you will:
- learn abnormality in human behaviors, thoughts and emotions within and across cultural contexts and from both the continuous and the categorical DSM perspectives
- compare and contrast different theoretical perspectives of abnormality
- critically review the historical background of mental disorders and the diagnostic process and assessments of mental illnesses in the past and current ages
- identify a variety of emotional, behavioral, neurocognitive, psychotic, mood, and personality disorders and treatment options
- apply your learning to the real world
- gain insights, understanding, resilience, cultural competency, and global perspectives in mental health
- expand your knowledge about theories, factors, and symptoms of mental disorders
- solidify your communication abilities in discussing mental disorders
- strengthen your critical thinking about the historical, contemporary, and cultural backgrounds of mental disorders and their intersections with other fields such as mental health care and law enforcement systems

Course Requirements

Warm-up exercise (26 points): In each week, there will be a warm-up exercise as a quick check of your prior knowledge of relevant topics, or your engagement of the course materials for the week. Each exercise is worthy of 2 points, with unlimited attempts, and **due on Fridays**. Note the warm-up exercise for the spring break week (Island 10/Week 10) is optional.

Online Chapter Quiz (130 points): Each chapter has a chapter quiz with about 10 items worthy of 10 points. Chapter quizzes are **due on Saturdays**. You can try **maximal two times** to obtain the full or highest points to your capacity before the due date. The highest scores will be counted toward your quiz grade. Note the chapter quiz for the spring break week (Island 10/Week 10) is optional.

Journey Diary (30 points): Each week, you are introduced one focal topic on abnormal psychology with a variety of information and resources. In this multi-discussion assignment, you are expected to jot down your journey diary for at least **6**

weeks between Island/Week 2 and Island/Week 13 with one original and one response diary posts (5 points) for each of the six weeks **due on Sundays**. See specific instruction on CANVAS. Note the journey diary for the spring break week (Island 10/Week 10) is optional.

☑ **In-depth Topic Discussion (90 points)**: **Three** discussion topics will be posted on CANVAS during the semester with each worth 30 points**.** These discussion assignments are open for two weeks and **due on Sundays**. You need to have at least one original post and one response post to be graded for full credits in each discussion assignment. Both content and format matter in grading your discussion. Please submit your posts on time.

The discussion posts are also an avenue to assess your understanding of the course content, extend your knowledge of a specific topic, exercise your analytic skills, and facilitate your critical thinking and positive self-change. Self-exploration is an integral part of psychological learning, but keep in mind that **your posts will be seen by everyone in your discussion group and not just the instructor and the grading TAs. Therefore, please exercise respect and professionalism when posting discussion posts.**

☑ **Exams (120 points): Three exams** will be administered covering contents from the textbook and the course materials **including both the core readings** (e.g., textbook & lecture videos) **and additional readings** (e.g., relevant research papers, TedTalks, etc.) on CANVAS. **The exam with the lowest grade between Exam 1 and 2 will be dropped. Exam 3 is a mandatory exam.** Each exam is worthy of 60 points and consists of a variety of multiple-choice questions. All the exams are open-book open-note **60-item exams**. **Exam 1 and 2 are available for three days (Sundays through Tuesdays). Exam 3 will be open on the last day of class and close on the following Monday. You are allowed to attempt each exam only once.**
Please note that all the exams will be **Honorlock proctored** (https://honorlock.com/students/) to ensure the rigor and academic integrity of this course. **You are allowed to access the e-textbook and all the resources from CANVAS online, e-copies of resources in your computer which you take exams with, as well as your hard copy of resources and textbooks. However, you are not allowed to browse any other website sources using google, quizlet, etc.** If you use quizlet for exam review, please download your quizlet review notes in your computer or print them out for use during the exam. You are **not allowed to use secondary devices** for the exam either such as another laptop, iphone, iwatch, etc. In addition, when you take the exam, please dress appropriately and in the same way as you dress for an in-class exam. More instructions and resources on Honorlock are available on CANVAS.

☑ **SONA Research Participation (10 points**): Learning about Psychology requires reading, listening, and doing. As a supplement to lecture, you are required to participate in required credit hours of experimental research studies as defined by the SONA guide released on CANVAS, or to complete an equivalent alternate assignment. There is a Psychology Department requirement that all students enrolled in CLP3144 participate in a

research experience. Specific requirements are posted on CANVAS. Completion of this requirement affects your course grade based on the amount of research credits you earn. **Do NOT wait until the last minute** to complete this requirement. The longer you wait the harder it will be to get all the credits need!

Grading Scale (406 points in total)

Tasks	Points	Percentage
Warm-up Exercise (13 X 2 points)	26	6.4%
Journey Diary (6X5 entry) 5 lowest diary grades dropped out of the 11 diary assignments	30	7.39%
Online chapter quizzes (13X10 points/quiz)	130	32.02%
Exams (3X60/exam, lowest exam score between Exam 1 and 2 will be dropped; Exam 3 is mandatory)	120	29.56%
In-depth Topic Discussion (3x30/discussion)	90	22.17%
SONA Research Participation	10	2.46%

Note: **Warmups, quiz, and diary for Chapter 11 on the Spring Break Island/week are all optional and do not count toward the final grade.**

Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E
Percentage	93-100	90-92.4	87-89.4	83-86.4	80-82.4	77-79.4	73-76.4	70-72.4	67-69.4	63-66.4	60-62.4	<60
GPA Equivalency	4.0	3.67	3.33	3.00	2.67	2.33	2.00	1.67	1.33	1.00	0.67	0.00

Note: Final total percentage points with a decimal value equal to or greater than .5 will be rounded to the next number. For further information about current UF grading policies for assigning grade points, please see https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx.

Course Policies

Late Work: Requirements for make-up exams, assignments, and other work in the course are consistent with university policies. See https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/ for more information regarding the University Attendance Policies.

Specifically, late work for any of the warm-ups, quizzes, and exams are NOT accepted since you have been given sufficient periods of time to complete these assignments. However, if there is an **unforeseeable extreme situation** (e.g., hospitalization, severe accidents, etc.) or any situation that aligns with the university absence policies (see https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/) that has kept you from completing work on time, you **may email the GTA in charge of accommodations with justification and proof as soon as your situation allows with justification or proof** for a **one-time make-up opportunity without penalty.**

Missing the deadline due to oversleeping, forgetting, being in a bad mood, etc. are not justifiable reasons for the one-time make-up opportunity given the available time to complete each assignment.

For in-depth topic discussion assignments, late submission should be done via email to the designated GTA in charge of discussion grading and will lead to the loss of the response post points. Late submission for the original discussion post completed within 24 hours of the original due date leads to 80% of the earned assignment grade. Work submitted within 48 hours of the original due date leads to 60% of the earned assignment grade. Late submission and make-up requests after 48 hours of the original due date for Discussion assignment would not be accepted.

For journey diary assignments, no late work is accepted since you only need to produce 6 journey diaries out of 13 available journey diary weeks.

It is students' responsibility to plan well and allow enough time for the assignment submission since each assignment is available for several days and up to two weeks. It is also students' responsibility to double check and ensure successful assignment submissions. It is highly recommended for students to always submit assignments via a computer or a laptop rather than via the CANVAS app. from a smartphone or other similar device to ensure successful assignment submission. **Submission failure due to technical issues of any type or other last minute internet glitches etc. is not a legitimate reason for any assignment make-up.**

 Please DO NOT submit any assignments via the CANVAS app.! Issues have occurred for assignments submitted via CANVAS app. Please do all assignment submission in the course CANVAS website via a web browser.

Extra Credits:
Extra credits may be available occasionally as needed such as the extra-credit self-introduction discussion post. These opportunities are offered to the whole class to facilitate learning with a fixed deadline and no make-up opportunities at all. Seize the opportunity when it occurs! ☺

Course Technology: The students will be required to have access and use a personal computer with the access to the Internet.

This course is facilitated 100% online asynchronously through Canvas. You may access Canvas from UF's e-Learning webpage: http://elearning.ufl.edu/. Please contact the UF Help Desk by visiting http://helpdesk.ufl.edu or call 352-392-4357 if you have any technical difficulties with Canvas.

Course Communication: Students can communicate directly with the Instructor regarding the course material through the course management system (CANVAS). Electronic communication must demonstrate a formal tone and style and, unless absolutely urgent, will be responded to M-F from 9 AM to 5 PM.

Trigger Warning Statement: This course provides an open space for civil and critical exchange of ideas. Given the nature of the course, there are contents that some students may find disturbing. I will try to forewarn students about potentially disturbing contents. I also ask all students to help

to create an atmosphere of mutual respect and sensitivity in course interaction. If a student feels uncomfortable with a specific topic, the student should reach out to me the instructor for resolution.

Online Course Evaluation:
Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at https://gatorevals.aa.ufl.edu/students/.

Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via https://ufl.bluera.com/ufl/. Summaries of course evaluation results are available to students at https://gatorevals.aa.ufl.edu/public-results/.

UF Policies

This course complies with all UF academic policies. For information on those polices and for resources for students, please see this link." (The direct link is https://syllabus.ufl.edu/syllabus-policy/uf-syllabus-policy-links/). Below are some highlighted policies.

Academic Conduct:
UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code". On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor of this class.

The Student Honor Code and Student Conduct Code states that: "A Student must not represent as the Student's own work all or any portion of the work of another. **Plagiarism** includes but is not limited to:
- Stealing, misquoting, insufficiently paraphrasing, or patch-writing.
- Self-plagiarism, which is the reuse of the Student's own submitted work, or the simultaneous submission of the Student's own work, without the full and clear acknowledgment and permission of the Faculty to whom it is submitted.
- Submitting materials from any source without proper attribution.
- Submitting a document, assignment, or material that, in whole or in part, is identical or substantially identical to a document or assignment the Student did not author."

*Note **ChatGPT or other AI tools are making life much more convenient. But learning is not about taking the short cut.** For all the assignments I design for my students, I aim to challenge*

*my students to exercise their critical thinking, written communication skills, and content mastery. If you take this shortcut, you underserve yourselves in gaining authentic learning experiences for academic improvement and growth. If you copy and paste what ChatGPT produces for you, that piece of work is no longer your own genuine work. As such, **AI generated work is considered as plagiarism with significant consequences in this class**. Stay away from it for your own authentic learning benefits!*

Accommodations for Students with Disabilities:
Students with disabilities requesting accommodations should first register with the Disability Resource Center (https://disability.ufl.edu/get-started/) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

Sexual Harassment & Disclosures of Sexual Violence
Sexual Harassment is not tolerated in this class, in the Department of Psychology, or at the University of Florida. Sexual harassment includes: the inappropriate introduction of sexual activities or comments in a situation where sex would otherwise be irrelevant. Sexual harassment is a form of sex discrimination and a violation of state and federal laws as well as of the policies and regulations of the university. All UF employees and students must adhere to UF's sexual harassment policy which can be found here: https://hr.ufl.edu/forms-policies/policies-managers/sexual-harassment/. Please review this policy and contact a university official if you have any questions about the policy.

As mandatory reporters, university employees (e.g., administrators, managers, supervisors, faculty, teaching assistants, staff) are required to report knowledge of sexual harassment to UF's Title IX coordinator. Title IX violation includes sexual harassment, sexual assault, stalking, domestic/intimate partner violence, etc. For assistance or to inform Title IX any incident(s) that may constitute a Title IX violation, please complete the Title IX Information Form here: https://titleix.ufl.edu/title-ix-reporting-form/, or email inform@titleix.ufl.edu, or call 352-273-1094.

In-Class Recording
Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A "class lecture" is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions,

student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To "publish" means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.

Class Demeanor or Netiquette
All members of the class are expected to follow rules of common courtesy in all email messages, threaded discussions, exams, and chats. Review the Netiquette Guide for Online Courses for expected student behavior.

Attendance
Requirements for class attendance are consistent with university policies. See https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/ for more information regarding the University Attendance Policies.

While in-person attendance is not built into the course requirements since this is an asynchronous online course, regular virtual interaction with the course website and course materials each week throughout the semester is strongly recommended to keep you on track for learning success.

Software Use
All faculty, staff, and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against University policies and rules, disciplinary action will be taken as appropriate. We, the members of the University of Florida community, pledge to uphold ourselves and our peers to the highest standards of honesty and integrity.

Course Incompletes
A grade of Incomplete "I" will only be given in extreme circumstances (i.e., illness) and must be pre-approved by the instructor. If approved, a contract will be drawn up with the student specifying assignments and due dates. According to the University, all incomplete work must be completed by the following semester or you will receive a punitive incomplete (i.e., the same as an "E").

Tentative Course Schedule

Island/Week	Dates	Topics	Chapter(s)	Due dates
1	1/12-1/18	Looking at Abnormality	1	All All Warm-ups due on Fridays 11:59pm EST All Chapter quizzes due on Saturdays 11:59pm EST All journey diaries due on Sundays 11:59pm EST
2	1/19-1/25	Theories and Treatment of Abnormality	2	Self-introduction closed Sunday
3	1/26-2/1	Trauma, Anxiety, obsessive-Compulsive, and related Disorders	5	**Discussion 1** open Monday
4	2/2-2/8	Mood Disorders and Suicide	7	**Discussion 1** due Sunday
5	2/9-2/15	Disruptive, Impulse-control, and Conduct Disorder	11	**Exam 1** (Ch. 1,2,5,7,11) open Sunday (assessing all core and additional readings)
6	2/16-2/22	Somatic symptom and Dissociative Disorders	6	**Exam 1** due Tuesday
7	2/23-3/1	Personality Disorders	9	**Discussion 2** open Monday
8	3/2-3/8	Schizophrenia Spectrum and Other Psychotic Disorders	8	**Discussion 2** due Sunday
9	3/9-3/15	Neurodevelopmental and Neurocognitive Disorder	10	
10	3/16-3/22	Eating Disorders	12	**Warm-up, Quiz, Island diary this week are Optional!** **Exam 2** (Ch. 6,9,8,10,12) open Sunday (assessing all core and additional readings)
11	3/23-3/29	Sexual Disorders	13	**Exam 2** due Tuesday

				Discussion 3 open Monday
12	3/30-4/5	Substance Use and Gambling Disorders	14	**Discussion 3** due Sunday
13	4/6-4/12	Assessing and diagnosing abnormality	3	
14	4/13-4/19	Health Psychology	15	
15	4/20/20-4/26	Wrap-Up		**Exam 3** (Ch. 13, 14, 3, 15 & all core and additional readings from Island 11-15 on 4/22 - 4/27

Campus Resources

Health and Wellness

U Matter, We Care: If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit U Matter, We Care website to refer or report a concern and a team member will reach out to the student in distress. [http://umatter.ufl.edu]

Counseling and Wellness Center: Visit the Counseling and Wellness Center website or call 352-392-1575 for information on crisis services as well as non-crisis services. [https://counseling.ufl.edu/]

Student Health Care Center: Call 352-392-1161 for 24/7 information to help you find the care you need, or visit the Student Health Care Center website. [https://shcc.ufl.edu/]

UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the UF Health Emergency Room and Trauma Center website. [http://ufhealth.org/emergency-room-trauma-center]

University Police Department: Visit the UF Police Department website or call 352-392-1111 (or 9-1-1 for emergencies). [http://police.ufl.edu]

Academic Resources*: E-learning technical support:* 352-392-4357 (select option 2) or e-mail to Learning-support@ufl.edu. [https://it.ufl.edu/helpdesk/]

Career Connections Center*:* 352-392-1601. Career assistance and counseling. [https://career.ufl.edu/]

Library Support*: Various ways to receive assistance with respect to using the libraries or finding resources.* [http://cms.uflib.ufl.edu/ask]

Academic Resources: 352-392-2010. Tutoring, test reviews, language studio, video resources, supplemental instructions, etc. [https://academicresources.clas.ufl.edu/about-us/]

Writing Studio: 352-846-1138. Help brainstorming, formatting, and writing papers. [http://writing.ufl.edu/writing-studio/]

On-Line Students Complaints: [https://pfs.tnt.aa.ufl.edu/state-authorization-status/#student-complaint]

Tips for Success

Taking a course online can be a lot of fun! Here are some tips that will help you get the most of this course while taking full advantage of the online format:

- Come to class and be really present both physically and mentally.
- Check and do the coursework on time each week. You can receive 0 points for work that is turned in late!
- Read ALL of the material contained on this site. There is a lot of helpful information that can save you time and help you meet the objectives of the course.
- Print out the Course Summary located in the Course Syllabus and check things off as you go.
- Ask for help or clarification of the material if you need it.
- Do not wait to ask questions! Waiting to ask a question might cause you to miss a due date.
- Do your work well before the due dates. Sometimes things happen. If your computer goes down when you are trying to submit an assignment, you'll need time to troubleshoot the problem.
- To be extra safe, back up your work to an external hard drive, thumb drive, or through a cloud service.

Together, let's make it a fun and successful semester!
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