

CLP3144: ABNORMAL PSYCHOLOGY
Spring 2023

Section: 3078

Modality: Face to Face

Room #: PSY 130

Meeting Time: Wednesdays 4:05pm-7:05pm

Graduate Instructor: Meagan Henry, M.A.

Zoom Office: <https://ufl.zoom.us/j/8462517038>

Email: meagan.henry@ufl.edu

Office Hours: 10 – 11 am Mondays, or By Appointment

If you have a question:

1. Read the syllabus
2. Ask Meagan (go directly to this step for more specialized concerns like accommodations)

***The best way to contact me is via email. Please allow 24-48 hrs. to respond to your email during the weekdays. If you don't receive a response in 48 hours, please feel free to put "SECOND ATTEMPT" in the subject line. Emails sent on the weekend will be responded to during the following weekdays.**

COURSE OBJECTIVES:

- Understand major categories of mental illness
 - Gain knowledge in diagnostic criteria
- Understand current research and treatment approaches
- Begin developing a critical lens related to abnormality and diagnosis
- Apply this knowledge to real world examples

REQUIRED TEXTS:

Nolen-Hoeksema, S. (2020). (Ab)normal Psychology (8th edition). New York: McGraw-Hill. (ISBN: 1260500187).

- If you have the 6th edition or 7th edition, and wonder if this will suffice, my answer is—it's fine by me, but you may miss something.
- Come talk to me if you have trouble finding an affordable copy of this book.

Book Club Book (Just One!)

- For the Book Club Assignment (details below) please choose one of the following books to read this semester:
 - Adebayo, A. (2018). *Stay With Me*. New York City, NY: Random House.
 - Ananthaswamy, A. (2015). *The man who wasn't there: Tales from the edge of the self*. New York City, NY: Dutton.
 - Armstrong, S. C. (2009). *Not all Black girls know how to eat: A story of bulimia*. Chicago, IL: Lawrence Hill Books.

- Cho, G. (2021). *Tastes Like War: A Memoir*. New York City, NY: The Feminist Press at CUNY.
- Díaz, J. (2019). *Ordinary girls: A memoir*. Chapel Hill, NC: Algonquin Books of Chapel Hill.
- Haddon, M. (2018). *The curious incident of the dog in the night-time*. London: Vintage.
- Jonston, A. (2010). *Eating in the light of the moon: How women can transform their relationship with food through myths, metaphors, and storytelling*. Gurze Books.
- Lee, M. T. (2019). *Everything here is beautiful*. New York City, NY: Penguin Books.
- Nicely, S. (2018). *Is Fred in the refrigerator?: Taming OCD and reclaiming my life*. Marietta, GA: Nicely Done.
- Ronson, J. (2012). *The psychopath test: A journey through the madness industry*. NY, NY: Riverhead Books.
- Wang, E. W. (2019). *The collected schizophrenias: Essays*. Minneapolis, MN: Graywolf Press.
- Van der Kolk, B. (2015). *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*. Penguin, New York.
- Yalom, I. D. (2012). *Love's executioner: & other tales of psychotherapy*. Basic Books.

EVALUATION CRITERIA: The course is graded A to E. **Computer problems** under any circumstances will NOT excuse a late paper or assignment. Course grades will be based on the following:

- (a) Exams (100 points):** Two exams will be given over the course of the semester, and they will include ONLY multiple-choice questions. Tests will be based on materials covered in class and from the textbook. Exams will be available on canvas during the class meeting time on the day they are scheduled. Exams will utilize honor lock system to ensure students are working individually, but the exams will be open-note (both electronic and non-electronic notes). However, quizlet, chegg, looking up questions on google etc. will not be allowed. The final is NOT cumulative.
- (b) DSM-V Diagnosis Paper (30 points)**
1. Find a fictional character from a movie, book, or TV show that meets criteria for one or more psychological disorders in the DSM V
 2. Using this character, write 4 – MAXIMUM 5 pages (anything over will be deducted points), double-spaced, using times new roman size 12 font, and 1-inch page margins (**excluding references**), double-spaced, using times new roman size 12 font, and 1-inch page margins
 3. A more detailed rubric will be available on canvas. A general outline of what I am looking for:
 - i. A brief biography of the character.
 - ii. A current understanding of what is going on in the character's life.
 - iii. The symptoms the character is exhibiting.

- iv. A summary of the DSM-V diagnosis(es) that have specified criteria met from these symptoms.
- v. Prognosis and treatment recommendations using APA style references

(c) Psychology Book Club (30 points)

1. The thirteen trade books listed earlier in the syllabus all cover psychopathology-related topics. Some present cutting-edge, controversial ideas. Others are critically-acclaimed personal memoirs, designed to pull readers into the bona fide phenomenological experience of someone living with a “mental disorder.” I ask that you pick one (just one!) of the thirteen books listed at the beginning of the syllabus to read as we move through the semester. It’s up to you to read your trade book at your own pace during the semester. You can get started on this right away if you choose. When you are done, you will be asked to write an Amazon-esque review of the book.
2. This is not a book report, and thus there is no rubric! This assignment is meant to be a reflection of your thoughts about the book’s content and your reactions to the material. I will never test your memory on your book’s content. Still, this is a class assignment and proper grammar, punctuation, formatting, and attention to detail is expected. I recommend cracking open your book of choice no later than a month before the due date in order to avoid intense anxiety the night before it is due.
3. Write a minimum of one page (maximum two pages), double-spaced, using times new roman size 12 font, and 1 inch page margins.
4. **Further instructions/rubric will be provided in canvas.**

(d) Psychology Research Experience (20 points):

1. Option 1: Participate in Research Experiments
 - i. Taking part in the Department of Psychology Participant Pool allows students to directly experience ongoing psychological research. For this option, you will complete 20 credits (10 hours) of participation in psychological research studies. Important: If you are a residential student then you will only be able to earn a certain amount of your credits via online studies. We will notify you of the exact amount on SONA once we have calculated the number of online studies we have. The remaining credits must be completed by participating in studies in the lab.
 - ii. When you complete the research experience, you will receive points that are added into your final grade. If you do NOT complete the full number of credits by the deadline, you will receive points at a rate of 1 point per credit completed.
 - iii. You must be at least 18 years old to complete Option 1. If you are not 18 years old you must complete Option 2. Students who will turn 18 during the semester may choose to complete Option 1 after their birthday but are strongly encouraged to complete Option 2 to ensure they complete the research requirement.
 - iv. **Further instructions/rubric will be provided in canvas.**
2. Option 2: Critical Analysis Papers
 - i. Participating in research is a valuable component of understanding the science of psychology. However, students who prefer not to participate in

research or do not meet the requirements for selecting Option 1 can select Option 2 as an alternative.

- ii. For this option, you must read 4 scientific research articles from the approved list of peer-reviewed professional journals in the area of psychological science. You must submit 1 critical analysis paper per scientific article (4 papers total).

iii. Further instructions/rubric will be provided in canvas.

(e) Psychology Research Experience Check-In (5 points): Please complete the Canvas assignment by March 22nd to let me know if you will be choosing option 1 or 2 by either submitting a screenshot of your active SONA account or verifying your intent to complete the Critical Analysis Papers.

(f) Get to Know Me Survey (5 points): Answer some questions to help me get to know you and your interests a bit better!

(g) In-Class Activity/Attendance (60 points): Participating in course activities and attending lectures will count toward your grade. 12 lectures at 5 points each total 60 points toward your final grade.

- 1. If you cannot attend an in-class assignment due to a University approved reason (e.g., illness, religious reasons, emergency, etc.), you may earn points for the day by writing a 100-250 word paper on your reactions to the chapter(s). Please coordinate make-up assignments with me.

GRADING SCALE

Assignments	Points	Letter Grade	Percentage
(a) Exam I	50 points	A	92-100
(b) Exam II	50 points	A-	90-91.99
(c) DSM-V Diagnosis Paper	30 points	B+	88-89.99
(d) Book Club Paper	30 points	B	82-87.99
(e) Psychology Research Experience	20 points	B-	80-81.99
(f) Get to Know Me Quiz	5 points	C+	78-79.99
(g) Psychology Research Experience Check-in	5 points	C	72-77.99
(h) In-Class Activity/Attendance	60 points	C-	70-71.99
Total	250 points	D+	68-69.99
		D	62-67.99
		D-	60-61.99
		E	Below 60

A grade of “I” (incomplete) is assigned only for work which has been of a passing quality through the academic term but which, for good reason and with approval of the instructor, cannot be completed within the time frame of the semester. Students for whom special circumstances

may warrant an “I” must discuss this matter with the instructor before the last day of class. Grade meanings: <https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/>

Make-up exams will only be administered for official University approved absences, (<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx#absences>), and proper documentation will be required. Without documentation, missed exams will receive a score of zero. For unexcused absences, there will be no make-ups. In the event of a medical or personal emergency that forces you to miss an exam, you will be given an opportunity to make up the missed exam. If you experience an emergency, you are expected to contact me as soon as possible to schedule a make-up (and provide documentation). In all instances of exams taken before or after their scheduled administration, instructors maintain the right to substitute exams different from those administered to the rest of the class at the same level of difficulty as the missed exams. In all cases, decisions about whether and when to allow a student to make up an exam or assignment are left to the discretion of the professor. Make-up exams must take place within one week of the original exam unless there are extenuating circumstances. It is your responsibility as the student to work in conjunction with the instructor to determine a time/location of the make-up.

No other extra will be provided for this course under any circumstances, collectively for the whole class or individually.

Late Work

For all work except exams, you will receive a 10% grade reduction each day an assignment is late (e.g., 1 minute late to 23 hours and 59 minutes late is 10% off). Once 96 hours have passed since the assignment was due, you will receive a 0. If there is an extenuating circumstance (including sickness, death of a close friend or family member, mental health issues, etc) please contact me immediately so we can figure out an appropriate new due date. Documentation must be provided. Here is an example:

Item	Late category	Penalty
1	1 minute to 24 hours late	10% of maximum deducted from achieved grade
2	1 day + 1 minute late to 48 hours late	20% of maximum deducted from achieved grade
3	2 days + 1 minute late to 72 hours late	30% of maximum deducted from achieved grade
4	3 days + 1 minute late to 96 hours late	40% of maximum deducted from achieved grade
5	4 days + 1 minute late to 120 hours late	50% of maximum deducted from achieved grade
6	5 days + 1 minute late to 144 hours late	60% of maximum deducted from achieved grade

7	6 days + 1 minute late to 168 hours late	70% of maximum deducted from achieved grade
8	7 days + 1 minute late or longer	100% of maximum deducted from achieved grade

Religious Observances

Please compare your calendars to the schedule. Any student having a conflict in the schedule or feeling that missing a class due to religious observance will disadvantage them should contact me as soon as possible so that we can make any necessary arrangements!

Academic Honesty

“Cheating is defined in the UF Handbook, and it is the student’s responsibility to be familiar with its many forms

(including plagiarism). If a student is caught cheating, the first offense will result in a zero for that exam or assignment and a record of the event will be placed in a temporary file with the Office of Student Affairs. The second offense will result in an “E” for the course, and the student will go before the Honor Court. As a result of completing registration at UF, every student has agreed to the following statement: “I understand that UF expects its students to be honest in all their academic work. I agree to adhere to this commitment to academic honesty and understand that my failure to comply with this commitment may result in disciplinary action up to and including expulsion from the University.”

Disability Accommodations

This course is intended for all UF students, including those with mental, physical, or cognitive disabilities, illness, injuries, impairments, or any other condition that tends to negatively affect one’s equal access to education. If, at any point in the term, you find yourself not able to fully access the space, content, and experience of this course, you are welcome (and not required) to contact me by email or during office hours to discuss your specific needs. Furthermore, in compliance with the Americans With Disabilities Act (ADA), I will work with accommodations that are needed. If you have a documented disability and wish to discuss academic accommodations, please contact me. Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

Grade Disputes

If you have questions or concerns about a grade on any assignment, you will have one week from the date you receive the grade to discuss your concerns with the course instructor. **After that week, the grade will remain final.** If you are unable to meet with the instructor during that week due to reasonable circumstances, you must communicate this to the instructor during the one-week window and schedule a meeting time.

Sexual Harassment & Disclosures of Sexual Violence

Sexual Harassment is not tolerated in this class, in the Department of Psychology, or at the University of Florida. Sexual harassment includes: the inappropriate introduction of sexual activities or comments in a situation where sex would otherwise be irrelevant. Sexual harassment is a form of sex discrimination and a violation of state and federal laws as well as of the policies and regulations of the university. All UF employees and students must adhere to UF's sexual harassment policy which can be found here: <https://hr.ufl.edu/forms-policies/policiesmanagers/sexual-harassment/>. Please review this policy and contact a university official if you have any questions about the policy.

As mandatory reporters, university employees (e.g., administrators, managers, supervisors, faculty, teaching assistants, staff) are required to report knowledge of sexual harassment to UF's Title IX coordinator. Title IX violation includes sexual harassment, sexual assault, stalking, domestic/intimate partner violence, etc. For assistance or to inform Title IX any incident(s) that may constitute a Title IX violation, please complete the Title IX Information Form here: <https://titleix.ufl.edu/title-ix-reportingform/>, or email inform@titleix.ufl.edu, or call 352-2731094.

Counseling and Student Health

If you find yourself facing problems affecting your coursework, UF offers free, confidential services in the form of individual and group therapy, workshops, and crisis consultation Monday through Friday, 8:00 AM to 5:00 PM through the Counseling and Wellness Center, 352-392-1575. Visit the website for more information <https://counseling.ufl.edu/> You Matter We Care website. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel. Crisis intervention is always available 24/7 from The Alachua County Crisis Center: (352) 264-6789. The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services, including primary care, women's health care, immunizations, mental health care, and pharmacy services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: www.health.ufl.edu/shcc

Customer Satisfaction

“Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at <https://evaluations.ufl.edu>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results/>.”

Schedule

Class	Date	Topic	Assignments
1	1/11	Overview of Syllabus Chapter 1: Looking at Abnormality	Attendance Canvas Assignment Due by 11:59pm

2	1/18	Chapter 2: Theories and Treatment of Abnormality	<p>***Get to Know Me/Panel Interest Survey Due by 11:59pm***</p> <p>Attendance Canvas Assignment Due by 11:59pm</p>
3	1/25	Chapter 3: Assessing and Diagnosing Abnormality	Attendance Canvas Assignment Due by 11:59pm
4	2/1	Chapter 5: Trauma, Anxiety, Obsessive-Compulsive, and Related Disorders	Attendance Canvas Assignment Due by 11:59pm
		Guest Lecture: Dr. Megan Barthle-Hererra	
5	2/8	Chapter 6: Somatic Symptoms and Dissociative Disorders	Attendance Canvas Assignment Due by 11:59pm
6	2/15	Chapter 7: Mood Disorders and Suicide	Attendance Canvas Assignment Due by 11:59pm
--	2/22	Exam 1	
7	3/1	Chapter 8: Schizophrenia Spectrum and Other Psychotic Disorders	Attendance Canvas Assignment Due by 11:59pm
		Guest Lecture: Dr. Caroline Sawyer	
8	3/8	Chapter 9: Personality Disorders	<p>***DSM-V Diagnosis Paper Due by 11:59pm***</p> <p>Attendance Canvas Assignment Due by 11:59pm</p>
--	3/15	No Class- Happy Spring Break	
9	3/22	Chapter 10: Neurodevelopmental and Neurocognitive Disorders	<p>***Psychology Research Assignment Check-In Due by 11:59pm.</p> <p>Attendance Canvas Assignment Due by 11:59pm</p>
		Guest Lecture: Dr. Savannah Tate	
10	3/29	Chapter 12: Eating Disorders	<p>***Book Club Paper Due by 11:59pm***</p> <p>Attendance Canvas Assignment Due by 11:59pm</p>
11	4/5	Chapter 13: Sexual Disorders and Gender Diversity	Attendance Canvas Assignment Due by 11:59pm
12	4/12	Chapter 14: Substance Use and Gambling Disorders	Attendance Canvas Assignment Due by 11:59pm
		Panel: Careers in Psychology/Grad School Options (TBD)	

--	4/19	Exam 2	
----	------	---------------	--

Note: Dates and assignments may change. This syllabus may change at the instructor's discretion.