# CLP3144: ABNORMAL PSYCHOLOGY Spring 2023

Section: 3077

**Modality:** Face to Face **Room #:** PSY 130

**Meeting Time:** Thursdays 4:05pm-7:05pm

Graduate Instructor: Hemy Choi, M.S.

Zoom Office: <a href="https://ufl.zoom.us/j/5901394989">https://ufl.zoom.us/j/5901394989</a>

Email: <a href="mailto:hemy.choi@ufl.edu">hemy.choi@ufl.edu</a>

Office Hours: Thursdays 10am-11am (standing meeting), 11am-12pm also available

upon appointment.

#### If you have a question:

- 1. Read the syllabus
- 2. Check Announcements
- 3. Ask the UTAs first (for general questions)
- 4. Ask Hemy (go directly to this step for more specialized concerns like accommodations)

\*The only way to contact us is via email. NOT through canvas. Please allow 24-48 hrs. to respond to your email during the weekdays. If you don't receive a response in 48 hours, please feel free to put "SECOND ATTEMPT" in the subject line. Emails sent on the weekend will be responded to during the following weekdays.

\*You are responsible for all information from announcements, so please check regularly. I know announcements can easily be forgotten, but it's the most efficient way for me to communicate to the whole class instead of painstakingly adding y'all's emails or using the canvas messaging system.

#### **Undergraduate TAs:**

Jeel Patel

Email: jeel.patel@ufl.edu

Ashley Dankese

Email: ashleydankese@ufl.edu

#### **COURSE OBJECTIVES:**

- Understand major categories of mental illness
  - o Gain knowledge in diagnostic criteria
- Understand current research and treatment approaches
- Begin developing a critical lens related to abnormality and diagnosis
- Apply this knowledge to real world examples

## **REQUIRED TEXTS**:

Nolen-Hoeksema, S. (2020). (Ab)normal Psychology (8th edition). New York: McGraw-Hill. (ISBN: 1260500187).

• If you have the 6th edition or 7th edition, and wonder if this will suffice, my answer is—it's fine by me, but you may miss something.

**EVALUATION CRITERIA:** The course is graded A to E. Course grades will be based on the following:

(a) Exams (100 points): Two exams will be given over the course of the semester, and they will include ONLY multiple-choice questions. Tests will be based on materials covered in class and from the textbook. Exams will be available on canvas during the class meeting time on the day they are scheduled. Exams will utilize honor lock system to ensure students are working individually, but the exams will be open-note (both electronic and non-electronic notes). However, quizlet, chegg, looking up questions on google etc. will not be allowed. So, please open up all materials prior to the beginning of the exam. The final is NOT cumulative.

### (b) DSM-V Diagnosis Paper (30 points)

- 1. Find a fictional character from a movie, book, or TV show that meets criteria for one or more psychological disorders in the DSM V
- 2. Using this character, write 4 MAXIMUM 5 pages (anything over will be deducted points), double-spaced, using times new roman size 12 font, and 1-inch page margins (**excluding references**), double-spaced, using times new roman size 12 font, and 1-inch page margins
- 3. Please review the more detailed rubric on canvas. A general outline of what I am looking for:
  - i. A brief biography of the character.
  - ii. A current understanding of what is going on in the character's life.
  - iii. The symptoms the character is exhibiting.
  - *iv.* A summary of the DSM-V diagnosis(es) that have specified criteria met from these symptoms.
  - v. Prognosis and treatment recommendations using APA style references

### (c) Research Participation (20 points)

- 1. Option 1: Participate in Research Experiments
  - i. Taking part in the Department of Psychology Participant Pool allows students to directly experience ongoing psychological research. For this option, you will complete 20 credits (10 hours) of participation in psychological research studies. During previous semesters, there have been rules about how many online research studies you could do, but now there are no restrictions. If you complete 20 credits (10 hours), you're good.

- *ii.* When you complete the research experience, you will receive 20 points that are added into your final grade. If you do NOT complete the full number of credits by the deadline, [you will receive points at a rate of 1 point per credit completed.]
- *iii.* You must be at least 18 years old to complete Option 1. If you are not 18 years old you must complete Option 2. Students who will turn 18 during the semester may choose to complete Option 1 after their birthday but are strongly encouraged to complete Option 2 to ensure they complete the research requirement.
- 2. Option 2: Critical Analysis Papers:
  - i. To do this option you MUST send an email to me saying so by March 22<sup>nd</sup> @ 11:59pm.
  - *ii.* Participating in research is a valuable component of understanding the science of psychology. However, students who prefer not to participate in research or do not meet the requirements for selecting Option 1 can select Option 2 as an alternative.
  - *iii.* For this option, you must read 4 scientific research articles from the approved list of peer-reviewed professional journals in the area of psychological science. You must submit 1 critical analysis paper per scientific article (4 papers total).
  - iv. Further instructions will be provided on canvas
- (d) Reflection Day Activity (5 points)
  - 1. Will be discussed on class day. No prep needed.

#### **GRADING SCALE**

Assignments	Points	Letter Grade	Percentage
(a) Exam I & II	100 points	A	92-100
(b) DSM-V Diagnosis Paper	•	A-	90-91.99
(c) Research Participation	20 points	B+	88-89.99
(d) in class assignment	5 points	В	82-87.99
Total	155 points		
		B-	80-81.99
		C+	78-79.99
		C	72-77.99
		C-	70-71.99
		D+	68-69.99
		D	62-67.99
		D-	60-61.99
		Е	Below 60

A grade of "I" (incomplete) is assigned only for work which has been of a passing quality through the academic term but which, for good reason and with approval of the instructor, cannot be completed within the time frame of the semester. Students for whom special circumstances may warrant an "I" must discuss this matter with the instructor before the last day of class. Grade meanings: <a href="https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/">https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/</a>

Make-up exams will only be administered for official University approved absences, (https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx#absences), and proper documentation will be required. Without documentation, missed exams will receive a score of zero. For unexcused absences, there will be no make-ups. In the event of a medical or personal emergency that forces you to miss an exam, you will be given an opportunity to make up the missed exam. If you experience an emergency, you are expected to contact me as soon as possible to schedule a make-up (and provide documentation). In all instances of exams taken before or after their scheduled administration, instructors maintain the right to substitute exams different from those administered to the rest of the class at the same level of difficulty as the missed exams. In all cases, decisions about whether and when to allow a student to make up an exam or assignment are left to the discretion of the professor. Make-up exams must take place within one week of the original exam unless there are extenuating circumstances. It is your responsibility as the student to work in conjunction with the instructor to determine a time/location of the make-up.

No other extra credit will be provided for this course under any circumstances, collectively for the whole class or individually.

#### Late Work

For all work except exams, you will receive a 10% grade reduction each day an assignment is late (e.g., 1 minute late to 23 hours and 59 minutes late is 10% off). Once 96 hours have passed since the assignment was due, you will receive a 0. If there is an extenuating circumstance (including sickness, death of a close friend or family member, mental health issues, etc) please contact me immediately so we can figure out an appropriate new due date. Documentation must be provided. Here is an example:

Item	Late category	Penalty
1	1 minute to 24 hours late	10% of maximum deducted from achieved grade
2	1 day + 1 minute late to 48 hours late	20% of maximum deducted from achieved grade
3	2 days + 1 minute late to 72 hours late	30% of maximum deducted from achieved grade
4	3 days + 1 minute late to 96 hours late	40% of maximum deducted from achieved grade

5	4 days + 1 minute late to 120 hours late	50% of maximum deducted from achieved grade
6	5 days + 1 minute late to 144 hours late	60% of maximum deducted from achieved grade
7	6 days + 1 minute late to 168 hours late	70% of maximum deducted from achieved grade
8	7 days + 1 minute late or longer	100% of maximum deducted from achieved grade

#### **Religious Observances**

Please compare your calendars to the schedule. Any student having a conflict in the schedule or feeling that missing a class due to religious observance will disadvantage them should contact me as soon as possible so that we can make any necessary arrangements!

#### A word (or two) on class environment...

Due to the content of this course, you may experience curiosity or discomfort. If you encounter personal issues you would like to explore further:

- I highly recommend speaking with a counselor at the UF Counseling & Wellness Center (http://www.counseling.ufl.edu/cwc/, 352-392-1575)
- Alachua County Crisis Center (http://www.alachuacounty.us/Depts/CSS/CrisisCenter/Pages/CrisisCenter.aspx), 352-264-6789).
- Crisis intervention is always available 24/7 from The Alachua County Crisis Center: (352) 264-6789.

I believe that students learn best when there is a class atmosphere of safety and respect for all. As the instructor, I will make every effort to create a safe class atmosphere, where debate and discussion can take place and students feel free to express their reactions, viewpoints, and experiences. I will treat each and every student enrolled in the course with respect. I will never demean or belittle a student, nor chastise students for asking questions or raising concerns regarding the course material.

Likewise, I ask that students treat me, the teaching assistants, and one another with respect. You are free to disagree with each other or with the Instructor or the teaching assistants—but you are required to keep your disagreement professional and respectful. As outlined in the UF Student Honor Code and Student Conduct Code, "The University requires civility, respect, and integrity in the curricular program and encourages these behaviors in other activities among all members of the student community. Students are taught to exhibit high standards of behavior and concern for others and are encouraged to live up to these standards."

#### **Academic Honesty**

"Cheating is defined in the UF Handbook, and it is the student's responsibility to be familiar with its many forms

(including plagiarism). If a student is caught cheating, the first offense will result in a zero for that exam or assignment and a record of the event will be placed in a temporary file with the Office of Student Affairs. The second offense will result in an "E" for the course, and the student will go before the Honor Court. As a result of completing registration at UF, every student has agreed to the following statement: "I understand that UF expects its students to be honest in all their academic work. I agree to adhere to this commitment to academic honesty and understand that my failure to comply with this commitment may result in disciplinary action up to and including expulsion from the University."

#### **Disability Accommodations**

"Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester."

#### **Grade Disputes**

If you have questions or concerns about a grade on any assignment, you will have one week from the date you receive the grade to discuss your concerns with the course instructor. **After that week, the grade will remain final.** If you are unable to meet with the instructor during that week due to reasonable circumstances, you must communicate this to the instructor during the one-week window and schedule a meeting time.

#### Sexual Harassment & Disclosures of Sexual Violence

Sexual Harassment is not tolerated in this class, in the Department of Psychology, or at the University of Florida. Sexual harassment includes: the inappropriate introduction of sexual activities or comments in a situation where sex would otherwise be irrelevant. Sexual harassment is a form of sex discrimination and a violation of state and federal laws as well as of the policies and regulations of the university. All UF employees and students must adhere to UF's sexual harassment policy which can be found here: <a href="https://hr.ufl.edu/forms-policies/policiesmanagers/sexual-harassment/">https://hr.ufl.edu/forms-policies/policiesmanagers/sexual-harassment/</a>. Please review this policy and contact a university official if you have any questions about the policy.

As mandatory reporters, university employees (e.g., administrators, managers, supervisors, faculty, teaching assistants, staff) are required to report knowledge of sexual harassment to UF's Title IX coordinator. Title IX violation includes sexual harassment, sexual assault, stalking, domestic/intimate partner violence, etc. For assistance or to inform Title IX any incident(s) that may constitute a Title IX violation, please complete the Title IX Information Form here: <a href="https://titleix.ufl.edu/title-ix-reportingform/">https://titleix.ufl.edu/title-ix-reportingform/</a>, or email inform@titleix.ufl.edu, or call 352-2731094.

### **Customer Satisfaction**

"Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at https://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <a href="https://evaluations.ufl.edu/results/">https://evaluations.ufl.edu/results/</a>."

# **Schedule**

Class	Date	Topic	Assignments
1	1/12	Overview of Syllabus	
		Chapter 1: Looking at Abnormality	
2	1/10		
2	1/19	Chapter 2: Theories and Treatment of	
3	1/26	Abnormality Chapter 3: Assessing and Diagnosing	
3	1/20	Abnormality	
		Abhormanty	
4	2/2	Chapter 5: Trauma, Anxiety, Obsessive-	
		Compulsive, and Related Disorders	
6	2/9	Chapter 6: Somatic Symptoms and	
		Dissociative Disorders	
7	2/16	Exam 1	
8	2/23	Chapter 7: Mood Disorders and Suicide	
9	3/2	Chapter 8: Schizophrenia Spectrum and	
	- 1-	Other Psychotic Disorders	
10	3/9	Chapter 9: Personality Disorders	DSM-V Diagnosis Paper Due @ 11:59pm
	3/16	No Class- Happy Spring Break	
	3/22		Email instructor if you're doing
			option 2 research participation by
1.1	2/22		11:59pm.
11	3/23	Chapter 12: Eating Disorders	
12	3/30	Chapter 13: Sexual Disorders and Gender	
12	1/6	Charter 14: Substance Heaved Cambling	
13	4/6	Chapter 14: Substance Use and Gambling	
		Disorders	
14	4/13	Reflection Day	<b>During class activity</b>
			·
15	4/20	Exam 2	
	4/24		Research participation (both option
			1 and option 2) due @ 11:59pm

Note: Dates and assignments may change. This syllabus may change at the instructor's discretion.