CLP3144: Abnormal Psychology (Section 11042)
Spring 2019

Instructor: Victoria Rodriguez, M.S.W., M.S.
Email: victoriaamparo@ufl.edu
Office: Psychology Building, Room 235-A

Classroom: Psychology Building, Room 130
Class Time: Tuesdays 8:35-10:25 am and Thursdays 9:35-10:25 am
Office Hours: By Appointment

Note: Unless you need to discuss a personal issue (e.g., missing an exam or a class) please email the TA and/or email the instructor and copy the TA on the email. When contacting the instructor and TA please do the following: (a) ensure that the answer to your question is not in the syllabus or on e-Learning, (b) always include the course number (CLP3144) in the subject line, (c) always include your first and last name in the body of the email, and (d) allow at least 24 hours for a response from the instructor or TA.

REQUIRED COURSE MATERIALS:
2. One (just one!) of these ten trade books:
These books are all affordable on online booksellers and most are available for free through the Alachua County Public Library. Some may also be available through the UF library or the Interlibrary loan service.

**COURSE DESCRIPTION:**
The general purpose of this course is to increase your understanding of historical foundations, theories, research, assessment, and treatment of psychopathology. This course will include basic knowledge of the Diagnostic and Statistical Manual of Mental Disorders-5 (DSM-5) used to classify a wide range of specific psychotic, cognitive, behavioral, emotional, and developmental disorders, as well as current research and treatment approaches. Students are also expected to understand the cultural and societal contexts of psychopathology and to develop a critical lens in exploring the impact of such contexts.

**CLASS ATTENDANCE AND PARTICIPATION:**
It is the expectation of the faculty in Psychology that all students attend all classes. Students are expected to be present for all classes, actively participate in discussions, and complete the reading assignments listed in this syllabus prior to the associated lecture. It is expected that you will be respectful in your behavior and comments. Disruptions, including those produced by electronics, will not be tolerated. Cell phones must be stowed, off or on silent mode, out of sight. Computers may be used during class. You are also expected to visit e-Learning on a regular basis, the primary medium the instructor will convey pertinent class materials and announcements. Although attendance will not be taken, you are expected to attend all classes. Excellent class attendance will increase your chance of getting an excellent grade in the course. Announcements such as schedule adjustments and which areas to focus on for the exams may be made in class without being posted online.

**EXAMINABLE MATERIAL:**
The lectures and the readings from the textbooks listed below as well as weekly supplemental materials posted on e-Learning define the full syllabus of this course. Material may be discussed in lecture that is absent from the textbook. This is particularly relevant as new developments are continually occurring in psychological research.

**GRADING PROCEDURES AND SCALES:**
Grading depends on your mastery of course materials as measured by exams, homework, knowledge checks, the book club paper, and the perspective paper. Grading rubrics may be provided to the students in order to clarify grading procedures. Your final grade is based on the total accumulation of points you acquire throughout the semester. You will not be graded on a curve. Percentage grades in this class are earned on the basis of points (described below), which are then converted to letter grades and grade point equivalents (as shown in the chart below).

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage Range</th>
<th>Points Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93% - 100%</td>
<td>278 – 300pts</td>
</tr>
<tr>
<td>A-</td>
<td>90% - 92%</td>
<td>269 – 277pts</td>
</tr>
<tr>
<td>Grade</td>
<td>Percentage</td>
<td>Points</td>
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<td>-------</td>
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</tr>
<tr>
<td>B+</td>
<td>87% - 89%</td>
<td>260 – 268pts</td>
</tr>
<tr>
<td>B</td>
<td>83% - 86%</td>
<td>248 – 259pts</td>
</tr>
<tr>
<td>B-</td>
<td>80% - 82%</td>
<td>239 – 247pts</td>
</tr>
<tr>
<td>C+</td>
<td>77% - 79%</td>
<td>230 – 238pts</td>
</tr>
<tr>
<td>C</td>
<td>73% - 76%</td>
<td>218 – 229pts</td>
</tr>
<tr>
<td>C-</td>
<td>70% - 72%</td>
<td>209 – 217pts</td>
</tr>
<tr>
<td>D+</td>
<td>67% - 69%</td>
<td>200 – 208pts</td>
</tr>
<tr>
<td>D</td>
<td>63% - 66%</td>
<td>188 – 199pts</td>
</tr>
<tr>
<td>D-</td>
<td>60% - 62%</td>
<td>179 – 187pts</td>
</tr>
<tr>
<td>F</td>
<td>≤ 59%</td>
<td>≤ 178pts</td>
</tr>
</tbody>
</table>

If you have questions or concerns about a grade on any assignment, you will have one week from the date you receive the grade to discuss your concerns with the course instructor. **After that week, the grade will remain final.** If you are unable to meet with the instructor during that week due to reasonable circumstances, you must communicate this to the instructor during the one-week window and schedule a meeting time.

**COURSE CODES:**
Course codes are your student ID numbers. These course codes allow for anonymous and fair grading from the TA and instructor. It is imperative that you include your course code rather than your name on homework assignments. **Any homework turned in without a course code will receive a zero.** If you include your name on the homework, you will receive a zero. These rules do not apply to exams. Because your exams will be multiple choice using scantron, you are required to include your name.

**GRADED ITEMS:**
Your grade in this course will be based on your performance of the following items:

<table>
<thead>
<tr>
<th>Graded Item</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Three exams (50 points each)</td>
<td>150</td>
</tr>
<tr>
<td>In-class knowledge checks (2 points each)</td>
<td>20</td>
</tr>
<tr>
<td>Homework assignments (15 points each)</td>
<td>60</td>
</tr>
<tr>
<td>Book Club Paper</td>
<td>20</td>
</tr>
<tr>
<td>Perspective Paper</td>
<td>50</td>
</tr>
<tr>
<td><strong>Total points available</strong></td>
<td><strong>300</strong></td>
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**EXAMS:**
There will be three multiple-choice exams. Exams will require the comprehension, application, and integration of course materials. Questions on the exam will come from the textbook or other assigned

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readings and material covered within the course (e.g., class lectures, guest presentation). There is no final exam for this class. Please be on time for exams. Class policy states that after the first person has completed and turned in their exam, you will not be able to start the exam. You will be awarded a zero for the exam.

Missing an exam is something to be avoided at all costs. In the event of a medical or personal emergency that forces you to miss an exam, you will be given an opportunity to make up the missed exam. In order to maintain fairness in grading, you may be asked to provide documentation that ensures the exam was missed for an adequate reason. Adequate reasons are excused absence which include: documented illness, deaths in the immediate family and other documented crises, call to active military duty, jury duty, religious holy days, and official University activities.

There is a procedure in place in order to make-up an exam missed due to an excused absence. First, contact the instructor as soon as possible via email. Upon deeming your make-up request as acceptable, the instructor will then arrange a special exam for you. Make-up exams may require essay answers, though they will cover the same material at the same level of difficulty as the exam missed. Make-up exams must take place within one week of the original exam unless there are extenuating circumstances. It is your responsibility as the student to work in conjunction with the instructor to determine a time for and location of the make-up exam.

**HOMEWORK ASSIGNMENTS:**
Homework assignments will address a wide range of course-related issues including content covered in class lectures, textbook readings, or diagnostic issues. There will be four, 1-2 page, homework assignments. These assignments are to be done in 12-point font, double-spaced, with 1” margins. The instructor will post a relevant news article, academic journal article, or blog post on the e-Learning website at least one week before the due date. The point of the assignment is for the student to synthesize new information regarding the assignment. No points will be awarded to a student who simply restates what is presented in the news article, academic article, or blog post. Independent thought is encouraged on these assignments. Late homework will be docked the following penalties:

<table>
<thead>
<tr>
<th>Late Timeframe</th>
<th>Penalty</th>
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<tbody>
<tr>
<td>1 minute to 24 hours late</td>
<td>10% of maximum deducted from achieved grade</td>
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<tr>
<td>1 day + 1 minute late to 48 hours late</td>
<td>20% of maximum deducted from achieved grade</td>
</tr>
<tr>
<td>2 days + 1 minute late to 72 hours late</td>
<td>30% of maximum deducted from achieved grade</td>
</tr>
<tr>
<td>3 days + 1 minute late to 96 hours late</td>
<td>40% of maximum deducted from achieved grade</td>
</tr>
<tr>
<td>4 days + 1 minute late to 120 hours late</td>
<td>50% of maximum deducted from achieved grade</td>
</tr>
<tr>
<td>5 days + 1 minute late 144 hours late</td>
<td>60% of maximum deducted from achieved grade</td>
</tr>
<tr>
<td>6 days + 1 minute late 168 hours late</td>
<td>70% of maximum deducted from achieved grade</td>
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</tbody>
</table>
Perspective Paper:
Multiculturalism, the need for cultural diversity, and cultural sensitivity have become important topics of research in contemporary psychology. It is obvious that psychology does not exist in a homogenous world. You are to write a paper about a cultural relevant topic in contemporary psychology. Some examples of themes are: why a diversity of perspectives are necessary in psychology (e.g. in research, in psychotherapy), culture-bound syndromes, a perceived discrepancy between how the DSM-5 defines a disorder and that disorder’s manifestation in a particular culture, and how psychotherapists/psychological researchers can incorporate cultural sensitivity in their work. Culture can be defined in terms of, for example: Hispanic/Latinx culture, blind culture, transgender culture, etc. You are encouraged to explore different, culture-related ideas from those presented above. If you have any questions about your topic, feel free to contact the instructor or TAs. The topic of your paper is required to be sent to the course instructor in advance (see date in syllabus) and receipt of this topic accounts for 5 points of the total score. The instructor will then either approve the topic, ask for clarification, or suggest that you select a new topic. This paper is to be three to five pages, double-spaced, using 12-point font, and 1” page margins. Points may be deducted if the paper exceeds five pages. The paper should also include the use of at least 3 scholarly (i.e., research) sources. Identification of appropriate sources will be reviewed in class.

Book Club Paper*:
The ten trade books listed at the beginning of the syllabus are all cover psychopathology-related topics. Some present cutting-edge, controversial ideas. “Others are critically-acclaimed personal memoirs, designed to pull readers into the bona fide phenomenological experience of someone living with a ‘mental disorder.’” I ask that you pick one (just one) of ten books listed at the beginning of the syllabus to read as we move through the semester. It’s up to you to read your trade book at your own pace during the course of the semester. You can get started on this right away if you so choose. When you’re done, you will be asked to write a paper that incorporates relevant ideas and concepts from the course. Did something the author said make you think of something we talked about in class? Or perhaps something you learned in another psychology course? Didn’t understand something? Disagree with the author? Found yourself surprised and rethinking some aspect of your life? The purpose of this paper is to (1) make sure you read the book and (2) to integrate broader concepts from the course. This paper is to be 2-3 pages, double-spaced, using 12-point font, and 1” page margins.

* Adapted from Dr. Ken Swan’s CLP3144 Syllabus

In-Class Knowledge Checks:
There will be twelve in-class knowledge checks throughout the semester. For each student, their best
ten in-class knowledge checks will be counted towards their final grade. These knowledge checks will occur randomly throughout the semester. No announcement will be made about the dates. No make-up knowledge checks will be given. There will be no exceptions.

**EXTRA CREDIT:**
For student evaluations of teaching ([https://evaluations.ufl.edu](https://evaluations.ufl.edu)), all members of the class will be awarded one (1) bonus point if 70% of the enrolled class completes evaluations, and two (2) bonus points if 100% of the enrolled class completes evaluations.

**ACCOMODATIONS FOR STUDENTS WITH DISABILITIES:**
If you require classroom accommodation because of a disability, you must first register with the Dean of Students Office ([http://www.dso.ufl.edu/](http://www.dso.ufl.edu/)). The Dean of Students Office will provide documentation to you, which you then give to the instructor when requesting accommodation. The College is committed to providing reasonable accommodations to assist students in their coursework.

**COUNSELING AND STUDENT HEALTH:**
Students may occasionally have personal issues that arise in the course of pursuing higher education or that may interfere with their academic performance. If you find yourself facing problems affecting your coursework, you are encouraged to talk with an instructor and to seek confidential assistance at the University of Florida Counseling and Wellness Center, 352-392-1575, or Student Mental Health Services, 352-392-1171. Visit their web sites for more information: [http://www.counseling.ufl.edu/](http://www.counseling.ufl.edu/) or [http://http://shcc.ufl.edu/smhs/](http://http://shcc.ufl.edu/smhs/)

The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services, including primary care, women’s health care, immunizations, mental health care, and pharmacy services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: [www.health.ufl.edu/shcc](http://www.health.ufl.edu/shcc)

Crisis intervention is always available 24/7 from The Alachua County Crisis Center: 352-264-6789.

**ACADEMIC HONESTY:**
Students are expected to act in accordance with the University of Florida policy on academic integrity. For more details visit: [www.dso.ufl.edu/judicial/procedures/academicguide.php](http://www.dso.ufl.edu/judicial/procedures/academicguide.php). Any student who cheats or helps another student cheat will receive a failing grade in the course. It is vital to remember that all out of class activities are individual assignments. Do not collaborate with others in the class.

**RELIGIOUS OBSERVATIONS:**
Please check your calendars with the course syllabus. Any student anticipating a conflict in the exam schedule or course schedule due to a religious observance must contact the instructor as soon as possible so that appropriate arrangements can be coordinated.
SYLLABUS CHANGE POLICY:
Except for changes that substantially affect implementation of the evaluation (grading) statement, this syllabus is a guide for the course and is subject to change with advance notice.

CLASS ATMOSPHERE**:
It is critically important to me to foster a class atmosphere of safety and respect for all. As the course instructor, I will make every effort to create a safe class environment, where debate and discussion are welcome and students feel free to express their reactions, viewpoints, and experiences. I will treat each and every student enrolled in the course with respect. I will never demean, belittle or chastise students for asking questions or raising concerns regarding the course material.

Likewise, I ask that students treat me, the teaching assistants, and one another with respect. You are free to disagree with each other, the teaching assistants, or me—but you are required to keep your disagreement professional and respectful. Additionally, if something said in class bothers you, please let me know. Because this is a large course, it is not possible for me to be aware of all individual concerns or issues. Knowing about problems can help me to prevent issues from continuing to occur.

**Adapted from Dr. Laurie Mintz’s SOP4777 Syllabus

TENTATIVE COURSE CALENDAR:

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>ASSIGNMENT DUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues., Jan. 8</td>
<td>Overview of the Syllabus</td>
<td>Read Chapter 1</td>
</tr>
<tr>
<td></td>
<td>Looking at Abnormality</td>
<td></td>
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<tr>
<td>Thurs., Jan. 10</td>
<td>No Class 😊</td>
<td></td>
</tr>
<tr>
<td>Tues., Jan. 15</td>
<td>Theories and Treatment of Abnormality **(Guest Lecturer)</td>
<td>Read Chapter 2</td>
</tr>
<tr>
<td>Thurs., Jan. 17</td>
<td>Assessing and Diagnosing Abnormality **(Guest Lecturer)</td>
<td>Read Chapter 3</td>
</tr>
<tr>
<td>Tues., Jan. 22</td>
<td>Trauma, Anxiety, Obsessive-Compulsive, and Related Disorders **(Guest Lecturer)</td>
<td>Read Chapter 5</td>
</tr>
<tr>
<td>Thurs., Jan. 24</td>
<td>Trauma, Anxiety, Obsessive-Compulsive, and Related Disorders **(Guest Lecturer)</td>
<td></td>
</tr>
<tr>
<td>Tues., Jan. 29</td>
<td>Somatic Symptom and Dissociative Disorders</td>
<td>Read Chapter 6</td>
</tr>
<tr>
<td>Thurs., Jan. 31</td>
<td>No Class 😊</td>
<td>Perspective Paper Topic Due</td>
</tr>
<tr>
<td>Tues., Feb. 5</td>
<td>Exam I (Chapters 1, 2, 3, 5, &amp; 6)</td>
<td></td>
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<tr>
<td>Thurs., Feb. 7</td>
<td>Mood Disorders and Suicide</td>
<td>Read Chapter 7</td>
</tr>
<tr>
<td>Tues., Feb. 12</td>
<td>Mood Disorders and Suicide</td>
<td>Homework 1 Due</td>
</tr>
<tr>
<td>Thurs., Feb. 14</td>
<td>Mood Disorders and Suicide</td>
<td></td>
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<tr>
<td>Date</td>
<td>Topic</td>
<td>Assignment</td>
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<tr>
<td>Tues., Feb. 19</td>
<td>Schizophrenia Spectrum and Other Psychotic Disorders</td>
<td>Read Chapter 8</td>
</tr>
<tr>
<td>Thurs., Feb. 21</td>
<td>Schizophrenia Spectrum and Other Psychotic Disorders</td>
<td></td>
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<tr>
<td>Tues., Feb. 26</td>
<td>Personality Disorders</td>
<td>Read Chapter 9</td>
</tr>
<tr>
<td>Thurs., Feb. 28</td>
<td>Personality Disorders</td>
<td><strong>Homework 2 Due</strong></td>
</tr>
<tr>
<td>Tues., Mar. 5</td>
<td>Spring Break—No Class 😊</td>
<td></td>
</tr>
<tr>
<td>Thurs., Mar. 7</td>
<td>Spring Break—No Class 😊</td>
<td></td>
</tr>
<tr>
<td>Tues., Mar. 12</td>
<td>Neurodevelopmental and Neurocognitive Disorders</td>
<td>Read Chapter 10</td>
</tr>
<tr>
<td>Thurs., Mar 14</td>
<td>Neurodevelopmental and Neurocognitive Disorders</td>
<td><strong>Homework 3 Due</strong></td>
</tr>
<tr>
<td>Tues., Mar. 19</td>
<td><strong>Exam II (Chapters 7, 8, 9, 10, &amp; 11)</strong></td>
<td></td>
</tr>
<tr>
<td>Thurs., Mar. 21</td>
<td>Disruptive, Impulse Control, and Conduct Disorders</td>
<td>Read Chapter 11</td>
</tr>
<tr>
<td>Tues., Mar. 26</td>
<td>Disruptive, Impulse Control, and Conduct Disorders</td>
<td></td>
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<tr>
<td>Thurs., Mar. 28</td>
<td>Eating Disorders</td>
<td>Read Chapter 12</td>
</tr>
<tr>
<td>Tues., Apr. 2</td>
<td>Eating Disorders</td>
<td><strong>Homework 4 Due</strong></td>
</tr>
<tr>
<td>Thurs., Apr. 4</td>
<td>Substance Use and Gambling Disorders</td>
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<tr>
<td>Tues., Apr. 9</td>
<td>Substance Use and Gambling Disorders</td>
<td></td>
</tr>
<tr>
<td>Wed., Apr. 10</td>
<td>Book Club Paper Due by 11:59 pm.</td>
<td><strong>Book Club Paper Due by 11:59 pm.</strong></td>
</tr>
<tr>
<td>Thurs., Apr. 11</td>
<td>In-Class Book Club Discussions</td>
<td></td>
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<tr>
<td>Tues., Apr. 16</td>
<td>Health Psychology</td>
<td>Read Chapter 15</td>
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<tr>
<td>Thurs., Apr. 18</td>
<td>Health Psychology</td>
<td></td>
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<tr>
<td>Tues., Apr. 23</td>
<td><strong>Exam III (Chapters 11, 12, 14, &amp; 15)</strong></td>
<td></td>
</tr>
<tr>
<td>Sun., Apr. 28</td>
<td>Perspective Paper Due by 11:59 pm.</td>
<td><strong>Perspective Paper Due by 11:59 pm.</strong></td>
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</table>

**ALL ASSIGNMENTS ARE DUE BY THE START OF CLASS—8:30 or 9:35 am—UNLESS OTHERWISE STATED**